



Oxford Conference, 20-22 September 2017

## Welcome to the Oxford conference newsletter!

We are delighted to introduce you to our conference newsletter.

Over the past months and years UK & European Chapters have worked closely together to put plans into place for the conference. Building on previous successful joint conferences we decided to host our conference in the UK this time. Oxford is, of course, a natural choice with its impressive University colleges and historic buildings – a perfect setting for academic debate, reflection and socialising in the evenings with colleagues and friends. We are fortunate to have two wonderful venues for the conference in the heart of Oxford; the Examination Schools for the conference venue and Balliol College for the banquet dinner.



After much consideration we arrived at a conference theme of: 'Psychotherapy Practice & Research: Finding the Common Ground'. We appreciate that this subject, with its challenges known and emerging, is not new. We are influenced in the choice of theme by a desire for an inclusive approach that appeals in relevance to both clinicians and researchers. We envisage that the conference will enable us to come together and continue this important dialogue about research and its clinical applications. We are sure that Professor Bruce Wampold in his key-note address will get us off to a good start.

We hope that you will find lots of information in this newsletter that is helpful in preparing for the conference and planning your trip. More information is available on the conference website at: <http://www.sprconference.com/EU-UK-2017/>

We are here to help with any questions or if you need any further information. Please feel free to email us.

Thank you and we look forward to welcoming you to Oxford!

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Oxford Conference, 20-22 September 2017

**\*\*\* REGISTRATION NOW OPEN \*\*\***

We are pleased to announce that registration for the conference is now open. Take advantage of the Early Bird rate and register soon!

You can access the registration page at: <http://www.psychotherapyresearch.org/event/UK-EU-2017>

Please note Early Bird rates will close on: **Monday 14 August 2017**

**Important registration information:**

- All conference fees are given in U.S dollars
- The student rate is available for **student members of SPR only**. If you are a current student and not a member of SPR you can join SPR and be eligible for the student conference rate. Membership details are at: [http://www.psychotherapyresearch.org/page/term\\_dues](http://www.psychotherapyresearch.org/page/term_dues)
- Latin American Chapter and East European SPR members require a code for registration: please email [susanhajkowski@gmail.com](mailto:susanhajkowski@gmail.com) to receive the code prior to registering

**Update on Submissions**

We are very excited about the programme of the conference, which covers a wide range of research areas with studies conducted in more than 20 countries. We welcome all the researchers sharing their work at the conference, not least those who will travel the long way from America and Asia to present their work.

The programme demonstrates the diverse field of psychotherapy research with a large number of panels and presentations of highly interesting studies. Each day of the conference, there will be 9 parallel tracks organized within a variety of themes including evidence-based treatments, training and therapist development, child and adolescent psychotherapy, treatments for personality disorders and feedback-informed psychotherapy. All in all, the programme consists of 8 pre-conference workshops, 2 plenary sessions, 44 panel sessions, 8 structured discussions, 10 brief paper sessions, and 1 poster session.

A preliminary programme will be posted on the conference website shortly.



Oxford Conference, 20-22 September 2017

## International Key-note Speaker

### 'Research on Psychotherapy Practice: Improving the Quality of Services'

We are delighted that Bruce Wampold Ph.D., ABPP will deliver a key-note address on the first morning of the conference. Professor Wampold is Director of the Research Institute at Modum Bad Psychiatric Center in Vikersund, Norway, Emeritus Professor of Counseling Psychology at the University of Wisconsin—Madison, and Chief Scientist, Theravue.com.

For further information about Professor Bruce Wampold go to:  
<http://www.sprconference.com/EU-UK-2017/index.html#schedule>



## Conference Venue

**The Examination Schools, 75-81 High Street, Oxford, OX1 4BG, UK**

The Examinations Schools of the University of Oxford are located in a central location on High Street. There are entrances on both the High Street at the front and cobbled Merton Street to the rear. Built between 1876 and 1882 and designed by Sir Thomas Jackson, the building was created to house the University of Oxford's examinations. The building stands on a part of the site of the 'Angel Inn', which is reputed to have been the first Inn in England.

The Schools is one of the largest buildings owned by the University and are still used for University examinations today. Each year thousands of undergraduates sit their exams in this historical Grade II listed building, in traditional sub-fusc (black and white attire which is an Oxford tradition that is still rigidly enforced). Given the purpose of the building each room is equipped with an historic ornate clock - a reminder for moderators to keep to time!

The conference provides unique access to the Examination Schools which is not usually open to the public.

For more information go to: <http://www.venues.ox.ac.uk/venues/examination-schools/>





Oxford Conference, 20-22 September 2017

### **Conference Banquet Dinner Grand Hall, Balliol College, Broad Street, OX1 3BJ**

The conference banquet will take place on the evening of Friday 22 September 2017 at Balliol College, Oxford. We invite you to come and dine with us and enjoy the splendour and tradition of one of Oxford's oldest colleges.

Balliol is one of the oldest Oxford colleges, founded in 1263. The main site is on historic Broad Street and the college houses an impressive array of buildings from its 19th-century façade to the College's oldest 15<sup>th</sup> century buildings. You can read more about the College's history by visiting:

[www.balliol.ox.ac.uk](http://www.balliol.ox.ac.uk)



The conference banquet will begin with pre-dinner drinks in the Master's Lodgings or Garden Quad (weather dependent). The banquet dinner will take place in the beautiful 19th-century dining Hall. With a vaulted ceiling, portraits on the walls and candles by night, this traditional college setting will make a magnificent venue for our banquet - and is also sure to conjure up some of the magic of Harry Potter.....

Following the dinner join us at the Buttery for an after dinner bar, just steps from the dining Hall, in the grounds of the College.

The banquet will consist of pre-dinner drinks, a three course set dinner, wine and coffee. Most dietary requirements can be catered for if indicated in advance. Additional guests are welcome.



We are truly hoping for a very special evening. This is a unique opportunity to experience the atmosphere, fine food and wine of a Dinner in Hall at Oxford.

**Please note that we recommend booking for the banquet dinner at the time of registration.** Bookings can be made no later than **Friday 8 September 2017**. Banquet tickets will not be available at the conference.



Oxford Conference, 20-22 September 2017

### **Dress for the Occasion**

In the spirit of an Oxford college 'Dinner in Hall' we respectfully request that guests wear formal dinner/evening dress. We hope that you will join us in keeping this tradition alive and making this a truly memorable occasion!

As a guide evening dress may consist of black tie; suit and tie; evening gown and cocktail dress. Information for suit hire in Oxford is given below. Please see the following link for some more information on 'Black Tie': [https://en.wikipedia.org/wiki/Black\\_tie](https://en.wikipedia.org/wiki/Black_tie)

Check out Oxford's 'Epic Harry Potter Locations' by clicking on the link below – and see if you can spot Balliol College - the stunning venue for our conference banquet!  
<https://www.youtube.com/watch?v=D8ekLyGuP0>

### **Staying in Oxford**

There are a number of options for staying in Oxford including hotels, and B&B accommodation at Oxford University Colleges.

**We greatly advise early booking as accommodation in Oxford gets booked up very quickly.**

There are a number of websites that can help with a search for accommodation in Oxford:  
[www.oxfordcity.co.uk/oxford/home\\_accommodation.html](http://www.oxfordcity.co.uk/oxford/home_accommodation.html)

### **Staying in University College Accommodation**

One option for accommodation is to stay in one of Oxford's University Colleges. This may offer a more affordable stay and an opportunity to experience an inside view of some of Oxford's most historic colleges. B&B and self-catering accommodation is available in a number of Oxford University Colleges. Many of the Colleges are within easy walking distance of the conference venue of the Examination Schools.

You may want to consider staying at Balliol College where the conference banquet will be held. Ensuite and standard rooms are available, B&B and room only options.

For information go to: <https://www.balliol.ox.ac.uk/host-an-event/accommodation> You can book by contacting: Jacqueline Gills: [jacqueline.gills@balliol.ox.ac.uk](mailto:jacqueline.gills@balliol.ox.ac.uk)





Oxford Conference, 20-22 September 2017

The conference website provides more information about Colleges closest to the conference venue: <http://www.sprconference.com/EU-UK-2017/elements/travel.html>

More options for staying in College accommodation can be found at: [www.universityrooms.com/en/city/oxford/home](http://www.universityrooms.com/en/city/oxford/home) or visit: <http://conference-oxford.com/bb-self-catering>

## Travel Information Getting to and around Oxford

**Oxford and Oxfordshire Official Tourism websites:**

<http://www.oxfordcity.co.uk/>

<http://www.experienceoxfordshire.org/>

### **Flights**

**London has four main airports:** Heathrow (West London), Gatwick (South London), Luton (North-West) and Stansted (North-East).

### **Coaches from the Airport to Oxford**

**The Oxford Bus Company** offers a coach service (called *airline*) from Heathrow and Gatwick

Information can be found here: <https://airline.oxfordbus.co.uk/>

### **Trains from London to Oxford**

**Great Western Railways** leaves from **London Paddington** station and has regular train services. Train journeys take between 1 and 1.5 hour depending on the service.

Tickets and train times can be found on: <http://www.nationalrail.co.uk/>

### **Coaches from London to Oxford**

**Stagecoach's Oxford Tube** is a 24-hour, 7 day a week, coach service from **London Victoria**, which departs every 15 minutes or so during peak hours. It stops at several locations within Oxford, including on the High Street, where the Examinations school is located. Information and tickets can be found here: <https://www.stagecoachbus.com/>

**The Oxford Bus Company's X90** also runs 24 hour, 7 day a week, service. Information and tickets can be found here: <https://x90.oxfordbus.co.uk/>

### **Getting around Oxford and Oxfordshire**

The **Oxford Bus Company** offers several routes within Oxford and Oxfordshire.

<https://www.oxfordbus.co.uk/>

The company **Stagecoach** also offers a great bus service across the county, including S5 to Bicester Village and S3 and S7 to Blenheim Palace.

<https://www.stagecoachbus.com/>



Oxford Conference, 20-22 September 2017

## Food and Drink

There are many High Street as well as quirkier independent cafes, restaurants, gastro pubs and pubs in Oxford.

Gees <http://www.gees-restaurant.co.uk/menus/a-la-carte-menu/> is an elegant Mediterranean bistro in an old conservatory.

Walton Street in Jericho has several nice cafes and restaurants including the **Freud Cafe!** It also has several historical pubs, including **The Eagle & Child**, where JRR Tolkien and CS Lewis held a literary discussion group, known as the Inklings.

<http://www.nicholsonspubs.co.uk/restaurants/southeast/theeagleandchildoxford>

You will also find Brasserie Blanc <http://www.brasserieblanc.com/>, the Loch Fyne Oyster Bar <http://www.lochfynefoodandgrill.co.uk/locations/oxford> and Branca <http://www.branca.co.uk/menu/>, just to mention a few.

If you want to drink for a good cause, you may want to visit **The Lamb and Flag** (at 12 St Giles) where the money spend is put towards a fund to help PhD students at St John's College! If you want to combine dinner with a walk, the Trout Inn, Godstow Rd, Oxford OX2 8PN might be an option, or if you want to combine it with a punt, the Cherwell Boathouse Dining (<http://www.cherwellboathouse.co.uk/>) might be the choice.

However, there are many other places you can discover. If you need some further inspiration, the Guardian published a list of budget restaurants a couple of years ago: <https://www.theguardian.com/travel/2014/nov/19/top-10-budget-restaurants-cafes-oxford> If you want to keep your banquet dress or suit for another night and venture out to try some Michelin Star dining experience, you could try **Belmond Le Manoir aux Quat' Saisons** on Church Road, Great Milton, Oxford, OX44 7PD (<https://www.belmond.com/le-manoir-aux-quat-saisons-oxfordshire/>)

Maybe what you need is a G&Ds natural, local home-made ice cream, G&Ds is Oxford's premier independent "Ice-cream café". (3 locations) <http://www.gdcafe.com/website/index.php>



Oxford Conference, 20-22 September 2017

## Selected Sights in and around Oxford

### Oxford

Oxford's many historical and beautiful university colleges, college gardens and chapels can be reached by foot. The Bodleian Library is well worth visiting and University Church of St Mary the Virgin is a beautiful church and offers fantastic views from the tower.

If you are interested in an official tour, there is the Oxford Official University and City Walking Tour. More information can be found here: <http://www.experienceoxfordshire.org/product-category/tickets/tours/>.

The Pitt Rivers Museum <http://www.prm.ox.ac.uk/> and the Ashmolean Museum <http://www.ashmolean.org/> are both also well worth exploring. The Pitt Rivers Museum, often overlooked, has a very interesting ethnographic collection. The Ashmolean Museum has a fantastic restaurant with an excellent view over Oxford. If the weather holds up and if you fancy a walk after a long day at the conference, the Botanic Garden and the various University Parks are great places to unwind.

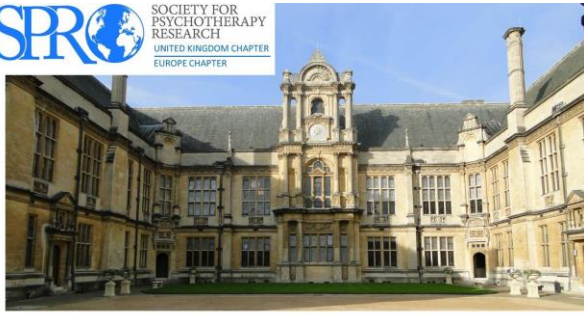
Oxford is obviously famous for providing locations for the Harry Potter films. For the Hogwarts dining room see <http://www.chch.ox.ac.uk/visiting/harry-potter> . For the Hogwarts library and infirmary see <http://www.bodleian.ox.ac.uk/about-us/filming/productions> . If you are bringing your family, or if you are just a Harry Potter fan, there's a **Harry Potter** and an **Alice in Wonderland Tour** (<http://www.experienceoxfordshire.org/product-category/tickets/tours/>) ... Although Weasleys' Wizard Wheezes cannot be found yet, **Alice's shop** , which features in the original story written by Lewis Carroll, still exists and offers many amazing treats (<http://aliceinwonderlandshop.com/>).

Of course, there is more to Oxford than its Harry Potter associations. Many other Film and TV productions have also taken place within its city walls. You may be interested in following Lyra's Oxford footsteps in the Golden Compass (<http://www.tourinaday.com/oxford/golden-compass-tour-oxford.pdf> ) or having a pint at one of the late Inspector Morse's watering holes ([http://www.visitoxfordandoxfordshire.com/see-and-do/inspector\\_morse\\_and\\_lewis.aspx](http://www.visitoxfordandoxfordshire.com/see-and-do/inspector_morse_and_lewis.aspx) ).

There seems to have been a peculiarly high incidence of children's classics created in Oxford. CS Lewis and JR Tolkien used to discuss their fantasy worlds in the Eagle and Child pub in St Giles (<http://www.nicholsonspubs.co.uk/theeagleandchildoxford/>) Lewis 'Alice in Wonderland' Carol was probably inspired by the Oxford Dodo in the Oxford University Museum of Natural History <http://www.museums.ox.ac.uk/natural-history> Pay it a visit if you want to see the original source of the 'Dodo Bird Verdict'!

If you have time to explore Oxford before or after the Conference ends, you might want to check this out: <http://www.tourinaday.com/oxford.html>





Oxford Conference, 20-22 September 2017

## Oxfordshire

Oxfordshire is a very beautiful county with many quaint villages and charming country side. To be recommended are **Woodstock** in the north of Oxford, which is also not far from Blenheim Palace. And **Burford**, west of Oxford, which is a stunningly beautiful picture-perfect town. **Blenheim Palace**, birth place of Sir Winston Churchill, is a UNESCO World Heritage Site and the palace and the amazing gardens are both well worth exploring.

More information about these sights and many more can be found under this link:

<http://www.experienceoxfordshire.org/places-to-go/>

## Jewish New Year

### Rosh Hashanah/Jewish New Year

The Oxford Jewish Congregation can be found at: <http://www.ojc-online.org/>

The Oxford Jewish Centre is at 21 Richmond Road, Oxford OX1 2JL.

The centre's telephone number is 01865 514 356 or 07525 785 200

For all enquiries, please e-mail [connections@ojc-online.org](mailto:connections@ojc-online.org)

Information about Rosh Hashanah can be found here: <http://www.ojc-online.org/index.php/religious-life/shabbat-festival-and-other-services/festivals-and-high-holy-days/rosh-hashanah>

## Suit and Dress Hire

If you are looking for suitable attire for the conference banquet here are some recommendations for suit and dress hire. All hire places are within 10 minute walk of the Examinations Schools

### Suits

**Walters of Oxford:** <http://www.walters-oxford.co.uk/>

10 Turl Street,

Oxford OX1 3DW

Tel: +44 (0) 1865 241848

**Shepherd Woodward:** <http://www.shepherdandwoodward.co.uk/>

109–113 High Street

Oxford OX1 4BT

**Moss Bros. Hire:** <http://www.mossbroshire.co.uk/>

Moss Oxford

59/61 Cornmarket Street, -

Oxford, OX1 3HB

01865 245019



Oxford Conference, 20-22 September 2017

### Dresses

**Ballroom Emporium:** <http://www.ballroomemporium.co.uk/>

5 & 6 The Plain  
Oxford, OX4 1AS

### Shopping

If you are looking to keep your dress or suit, you'll find **Debenhams** and **Marks & Spencer** as well as other smaller High Street shops in Oxford. **Bicester Village** offers more than 130 boutiques of the world's leading fashion and lifestyle brands and might have what you want to wear at our dinner there too!

**Thank you and see you soon in Oxford!**



Members of the Oxford  
conference committee