

Oxford Conference, 20-22 September 2017

# Programme

Society for Psychotherapy Research UK & European Chapters 4th joint conference 20 – 22 September 2017 Examination Schools, Oxford

"Psychotherapy practice and research: Finding the common ground"

#### Dear Colleagues,

It is with great pleasure that we welcome you to the 4<sup>th</sup> joint UK & European Chapters conference of the Society for Psychotherapy Research. Building on previous successful joint Chapter conferences, we are delighted to host this conference in the historic University City of Oxford, UK. With over 240 presentations from across four continents this conference continues in the SPR tradition of diversity and international dialogue.

As always, the conference will get underway with pre-conference workshops on Wednesday afternoon, followed by the official Opening Ceremony on Wednesday at 5:30pm. The theme of the conference, 'Psychotherapy Practice & Research: Finding the Common Ground', will be illuminated throughout the conference from numerous angles. This will begin with the keynote address by Bruce Wampold on Wednesday at 6.00pm entitled: 'Research on Psychotherapy Practice: Improving the Quality of Services'. Thursday and Friday will be bookended by two plenaries: 'Finding the Common Ground - What Are Our Current Concerns?' on Thursday morning, and 'Finding the Common Ground -Where Do We Go from Here?' on Friday afternoon. We hope these plenaries will allow us to keep the theme of dialogue between research and practice alive through the whole conference.

Due to the impressive number of submissions, we will have 10 parallel session tracks allowing a wide variety of sessions focusing on a diversity of therapeutic modalities, client groups, and research methods. There are four presentation formats including 46 panel sessions, 7 structured discussions, 10 brief paper sessions, and a poster session on Thursday evening. The program also features meetings on Thursday, after lunch, of various SPR 'Special Interest Groups' as well as the SPR UK and European Chapter meetings. Presenters should note that all rooms will be equipped with Windows-based laptops connected to projectors and speakers. Please bring your presentation on a USB flash drive and make sure to transfer the presentation to the laptop in good time before your presentation. Posters should be mounted on the poster boards in the North Writing School upon arrival to the conference (pins are available at the reception). As is usual at SPR conferences time is dedicated to the important task of socialising and digesting the days' events with colleagues. Please join us for a drinks reception and food following the Opening Ceremony on Wednesday and for drinks at the Poster session on Thursday evening. An SPR 'Oxford pub crawl' will follow the Poster session: all are welcome to visit some of Oxford's traditional and famous drinking places. The conference banquet dinner will take place on Friday evening - this promises to be an impressive event – not least for the unusual spectacle of seeing psychotherapy researchers in formal dress!

A conference such as this is dependent on the dedication and hard work of many people, all of whom deserve thanks. We extend our gratitude to our helpful local hosts at the Examination Schools and Balliol College. We also greatly appreciate the time and energy dedicated by all those who were involved in the Local Organising and Programme Committees.

Finally, we thank you, our conference delegates and presenters, for your contribution to making this a successful conference and for travelling to be with us from both near and far away. It is in the exchange of your experience and knowledge on which we rely to make this a truly rewarding and inspiring event.

We wish you a productive and enjoyable conference.

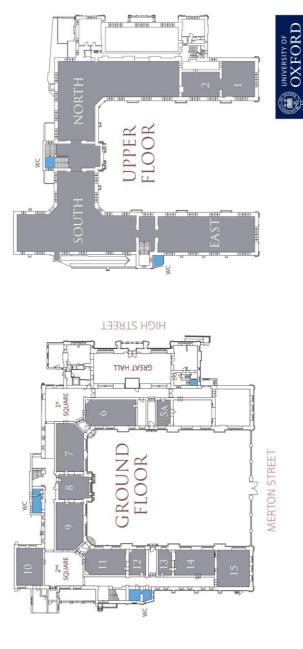
Susan Hajkowski Past-President UK Chapter	Stig Poulsen President European Chapter	Felicitas Rost President UK Chapter		
Scientific Programme Committee	Stig Poulsen (chair), Joha Daniel Hayes, Charlie Jao Mielimąka, Helene Nisse Mark Widdowson.	ckson, Michał		
Local Organising Committee	Susan Hajkowski (chair), Sheila Butler, Robert Elliott, Daniel Hayes, Charlie Jackson, Jo-Ann Pereira, Felicitas Rost, Mark Widdowson, Kevi Wright			
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# **PROGRAM AT A GLANCE**

# WEDNESDAY, SEPTEMBER 20

	Room 7	Room 8	Room 9	Room 10	Room 11	Room 14	Room 15
12:00- 14:00							
14:00- 17:00	Pre-Conference Workshop A Collaborative Study of Psychotherapist Training: Data Collection Procedures and Data Analysis Plans (SPRISTAD) Rønnestad, Orlinsky, Willutzki	Pre-Conference Workshop The MATRIX: A novel theory-neutral tool exploring dynamic psychotherapy <u>Mendlovic</u>	Pre-Conference Workshop Adult Attachment in Romantic Relationships: Overcoming the Fear of Love Firestone	Pre-Conference Workshop Inductive-Deduc -tive Thematic Analysis for Transcript Analysis: Flexible, accessible and rigorous Moller	Pre-Conference Workshop Comparing and Contrasting Two Models of Short-Term Psychotherapy: Differences and Similarities Messina	Pre-Conference Workshop Using nonverbal events in psychotherapy as clinical intervention in Functional analytic Psychotherapy (FAP) Kuei	Pre-Conference Workshop Working with narrative in Emotion-fo- cused Therapy : Implications for practice Angus
17:30- 18:00	Opening Welcome - South Writing School Hajkowski, Rost, Poulsen						
18:00- 19:30	Keynote Address - South Writing School Wampold						
19:30- 21:30			Welcome re	eception - North Wri	iting School		

# THURSDAY, SEPTEMBER 21

	Room 6	Room 7	Room 8	Room 9	Room 10	Room 11	Room 14	Room 15	East Writing School	South Writing School
09:00-		•		Openi	ng Plenary – S	outh Writing	School			
10:00					Ro	ost				
10:00-				Coff	ee Break - No	rth Writing Sc	hool			
10:30				con	ee break - No	Ten Whiting Se				
10:30-	Panel	Panel	Brief Paper	Panel		Panel		Structured	Panel	Panel
12:00	Training	Dynamic	Session	Effective-		Complexity		Discussion	Patient	Inter-
	Krall	therapy	Culture	ness of		science		Treatment	resources	session
		Ulberg	Aas	STPP		Gelo		Guidelines	Gumz	experience
				Messina				Elliott		Schröder
12:00-					unch – North	Writing Schoo	N			
13:30				L		Writing Schoo	7			
12:30-				Special		Special	Special	Special		
13:30				Interest		Interest	Interest	Interest		
				Group:		Group:	Group:	Group:		
				Child and		Case	SPRISTAD	Complexity		
				Family		Studies		Science		
				Therapy						
				Research						
13:30-	European	UK Chapter								
14:15	Chapter	Meeting								
	Meeting									

	Room 6	Room 7	Room 8	Room 9	Room 10	Room 11	Room 14	Room 15	East Writing School	South Writing School
14:30-	Panel	Panel	Brief Paper	Panel	Panel	Panel	Panel	Brief Paper	Panel	Panel
16:00	Adolescent	Parent	Session	Assimila-	Clinically	Affective	The person	Session	Compe-	Process
	depression	Infant	Measures I	tion model	relevant	relations	of the	Mentali-	tence	and
	Midgley	Psycho-	Giannone	research	research	and	therapist	zation	develop-	outcome
		therapy		Stiles	De Smet	alliance	McLeod	Hayden	ment	research in
		Avdi				Bänninger-			Löffler-	STPP
						Huber			Stastka	Buller
16:00- 16:30		Coffee Break – North Writing School								
16:30-	Structured	Panel	Panel	Brief Paper	Panel	Panel	Brief Paper	Panel	Panel	Panel
18:00	Discussion	Parental	Spirituality	Session	Psycholo-	Embodi-	Session	Mentaliza-	Alliance,	Practice
	The 2017	experien-	Sandage	Change	gical inter-	ment and	Therapist	tion-based	reflective	Research
	NICE	ces of child		processes I	vention in	nonverbal	perspec-	treatment	functioning	Networks
	Guidelines	mental		Desmet	domestic	synchrony	tives	Taubner	and	Butler
	for	health			violence	in psycho-	Rihacek		language	
	depression	Hayes			services	therapy			Gumz	
	Moller				Agnew-	Orsucci				
					Davies					
18:00- 20:00		Poster Session - with Book Launch sponsored by SAGE publications								

# THURSDAY, SEPTEMBER 21 (CONT.)

	Room 6	Room 7	Room 8	Room 9	Room 10	Room 11	Room 14	Room 15	East Writing School	South Writing School
08:30-	Structured	Panel	Panel	Panel	Panel	Panel	Panel	Panel	Panel	Panel
10:00	Discussion	Paraphilias,	Single case	Work	Measures	Mentali-	Embodi-	Personality	Randomi-	Psycho-
	Individua-	Violence	studies I	-related	П	zing the	ment and	character-	zed	therapy
	lized	and	Inslegers	challenges	Schauen-	mental	experience	ristics in	Controlled	training
	Psycho-	Personality		for	burg	health	in couple	psycho-	Trials of	research
	therapy	Disorder		therapists		needs of	therapy	therapy I	CBT	Gelo
	Treatment	Rost		Parry		children	Laitila	Mielimaka	Arnfred	
	of Young					and				
	People					families				
	Ulberg					Byrne				
10:00- 10:30				Coff	ee Break – No	rth Writing Sc	hool			
10:30-	Panel	Panel	Brief Paper	Panel	Brief Paper	Panel	Panel	Panel	Panel	Panel
10:30-	In-session	Naturalistic	Session	Change	Session	Elucidating	Practice	Practice	Personality	Therapists
12.00	Attach	outcome	Qualitative	processes	Change	clinical	into	oriented	characteris	as Persons.
	-ment and	studies	Qualitative	in child	processes	outcome	research in	research	tics in	Persons as
	Mentali-	Gergov	/ Conceptual	psycho-the	Orsucci	and	child	with	psycho-	Therapists
	zing	Gergov	Studies	rapy and	Orsucci	drop-out	psycho-	children	therapy II	Orlinsky
	Talia		Wright	assessment		Rost	therapy	and	Ehrenthal	Отплэку
	Talla		vviigiit	Odhammar		NUSL	Jorring	families	LITERUIA	
				Gunalinia			Joining	Grünbaum		
12:00-					unch North	Muiting Cal-				
13:00				L	unch – North	writing Schoo	ונ			

## FRIDAY, SEPTEMBER 22

# FRIDAY, SEPTEMBER 22 (CONT.)

	Room 6	Room 7	Room 8	Room 9	Room 10	Room 11	Room 14	Room 15	East Writing School	South Writing School
13:00-	Brief Paper	Panel	Panel	Structured	Panel	Panel	Meeting	Structured		
14:00	Session	Compas-	Shared	Discussion	Child	Psycho-	European	Discussion		
	Randomi-	sion and	decision-	Complexity	psycho	therapy	Country	The UKCP		
	zed	Empathy in	making in	Science In	-therapy	assisted by	Coordi-	`Moments		
	Controlled	Psycho-	psycholo-	Psycho-	and the	animals	nators	of		
	Trials	therapy	gical	therapy	medical	among		Meeting`		
	Lunn	Elliott	therapies	Orsucci	model	children		PRN		
			Hayes		Peter	Levy		Lepper		
14:15-	Structured	Panel	Brief Paper	Structured		Panel	Brief Paper	Panel	Panel	
15:45	Discussion	Individual	Session	Discussion		The	Session	Discursive	Systematic	
	The	therapeu-	Single case	No such		psychology	Treatment	research	feedback in	
	SPRISTAD	tic decision	studies II	fool as		of suicidal	for	and	psycho-	
	Study of	making	Wahlström	Sweden:		imagery	children	embodied	therapy	
	Psycho-	Aas		National		Gjelsvik	and	synchrony	Rabung	
	therapist			guidelines			adoles-	in couple		
	Develop-			Philips			cents	therapy		
	ment						Hayes	Holma		
	Löffler-									
	Stastka									
15:45-				Coff	ee Break – No	orth Writing Sc	hool			
16:15		Coffee Break – North Writing School								
16:15-				Closin	ng Plenary – Se	outh Writing S	School			
17:30					Pou	ilsen				
19:00-				Conforance	Banquat C					
23:00				conterence	e banquet - Gi	rand Hall, Bal	nor conege			

# Wednesday, 20 September 2017

Wednesday | 12:00 PM--12:00 PM | Great Hall Registration

1. <b>Pre-Conference Workshop</b> quantitative & qualitative method Moderator: Naomi Petra Moller, Open University	Wednesday   2:00 PM5:00 PM   Room 10 Inductive-Deductive Thematic Analysis for Transcript Analysis: Flexible, accessible and rigorous Naomi Petra Moller, Open University Rachel Willcox, University of the West of England Victoria Clarke, University of the West of England
2. <b>Pre-Conference Workshop</b> <i>psychotherapy integration</i> <i>Moderator: Irene Messina,</i> <i>University of Padua</i>	Wednesday   2:00 PM5:00 PM   Room 11 Comparing and Contrasting Two Models of Short-Term Psychotherapy: Differences and Similarities
	Intensive Transactional Analysis Psychotherapy Marco Sambin, University of Padua; Francesco Scottà, Centro Psicologia Dinamica, Padova (Italy)
	Intensive Short-term Dynamic Psychotherapy Susan Hajkowski, University of Leicester, UK; Stephen Buller, Psychotherapy Foundation
3. Des Conferences Micelarkon	Wednesday   2:00 PM5:00 PM   Room 14

alliance & interpersonal process Moderator: Tien Kuei, University of Glasgow

Pre-Conference Workshop Using nonverbal events in psychotherapy as clinical intervention in Functional analytic **Psychotherapy (FAP)** 

Tien Kuei, University of Glasgow

4.

#### Pre-Conference Workshop

psychotherapy integration Moderator: Lynne Angus, York University, Canada

Wednesday | 2:00 PM--5:00 PM | Room 15 Working with narrative in Emotion-focused **Therapy : Implications for practice** 

Lynne Angus, York University, Canada Naomi Carpenter, York University, Canada

#### 5.

#### Pre-Conference Workshop

practice-training-research networks Moderators: Michael Helge Rønnestad, University of Oslo, Norway; David Orlinsky, University of Chicago, USA; Ulrike Willutzki, Department of

Psychology and Psychotherapy,

Witten/Herdecke University

### Wednesday | 2:00 PM--5:00 PM | Room 7 A Collaborative Study of Psychotherapist Training: Data Collection Procedures and Data Analysis Plans (SPRISTAD)

Discussants: Armin Hartmann, University of Freiburg, Germany; Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany; Henriette Löffler-Stastka, Medical University of Vienna, Austria; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Irene Messina, University of Padua; Salvatore Gullo, University Niccolò Cusano; Biljana van Rijn, Metanoia Institute; Erkki Heinonen, National Institute for Health and Welfare, Helsinki, Finland; Elitsa Tilkidzhieva, Sigmund Freud University, Vienna, Austria

#### 6.

#### **Pre-Conference Workshop**

quantitative & qualitative method Moderator: Shlomo Mendlovic, Tel Aviv University, Israel Wednesday | 2:00 PM--5:00 PM | Room 8 The MATRIX: A novel theory-neutral tool exploring dynamic psychotherapy

Shlomo Mendlovic, Tel Aviv University, Israel

#### 7.

#### **Pre-Conference Workshop**

attachment & development Moderator: Lisa Firestone, The Glendon Association Wednesday | 2:00 PM--5:00 PM | Room 9 Adult Attachment in Romantic Relationships: Overcoming the Fear of Love

Lisa Firestone, The Glendon Association

#### 8.

Moderators: Susan Hajkowski, University of Leicester, UK; Felicitas Rost, Tavistock and Portman NHS Foundation Trust; Stig Poulsen, University of Copenhagen, Denmark Wednesday | 5:30 PM--6:00 PM | South Writing School **Opening Welcome**  Wednesday | 6:00 PM--7:30 PM | South Writing School Keynote Address

Research on Psychotherapy Practice: Improving the Quality of Services Bruce Wampold, University of Wisconsin, Madison, USA

Wednesday | 7:30 PM--9:30 PM | North Writing School Welcome Reception

10.

# Thursday, 21 September 2017

#### 11. Plenary

Moderator: Felicitas Rost, Tavistock and Portman NHS Foundation Trust Thursday | 9:00 AM--10:00 AM | South Writing School Finding the common ground - what are our current concerns?

Lynne Angus, York University, Canada Sheila Butler, The Open University and KMPT NHS Robert Elliott, University of Strathclyde, Glasgow, UK John McLeod, Oslo University, Norway Nick Midgley, UCL / Anna Freud National Centre Randi Ulberg, University of Oslo, Norway

Thursday | 10:00 AM--10:30 AM | North Writing School Coffee Break

#### 12.

#### Structured Discussion evidence-based

psychotherapies Moderator: Robert Elliott, University of Strathclyde, Glasgow, UK Thursday | 10:30 AM-12:00 PM | Room 15 Evidence and Politics in the Mental Health Treatment Guideline Process: What Role for Psychotherapy Research?

Jeremy Clarke, London School of Economics Robert Elliott, University of Strathclyde, Glasgow, UK

Discussants: Robert Elliott, University of Strathclyde, Glasgow, UK; Jeremy Clarke, London School of Economics

#### 13.

#### Panel

psychotherapy integration Moderator: Antje Gumz, Berlin University of Psychology & University Medical Center Hamburg-Eppendorf Thursday | 10:30 AM--12:00 PM | East Writing School Focusing on patient resources and strengths in psychotherapy

Fostering resilience: Evaluation of an intervention module Ulrike Willutzki, Department of Psychology and Psychotherapy, Witten/Herdecke University; Philipp Victor, Department of Psychology and Psychotherapy, Witten/Herdecke University A meta-analysis of resource- and strength-focused interventions Antje Gumz, Berlin University of Psychology & University Medical Center Hamburg-Eppendorf; Tanja Szeles, Berlin University of Psychology; Thomas Munder, Berlin University of Psychology

Concepts of using patient resources in psychodynamic therapy Thomas Munder, Berlin University of Psychology; Kai Rugenstein, Berlin University of Psychology; Antje Gumz, Berlin University of Psychology & University Medical Center Hamburg-Eppendorf

**Discussant:** Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Germany;

#### Thursday | 10:30 AM--12:00 PM | Room 11 Complexity science and psychotherapy research

A dynamic systems approach to therapeutic alliance: Relational attunement and treatment outcome Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Salvatore Gullo, University Niccolò Cusano; Johann Kleinbub, University of Padua; Arianna Palmieri, University of Padua; Goria Lagetto, University of Salento; Erhard Mergenthaler, University of Ulm

Psychophysiologial syncronization and emotional-cognitive regulation in psychodynamic psychotherapy: a pilot study Arianna Palmieri, University of Padua; Johann Kleinbub, University of Padua; Omar C.G. Gelo, University of Salento & Sigmund Freud University; Erhard Mergenthaler, University of Ulm; Sergio Salvatore, University of Salento; Goria Lagetto, University of Salento

Developing clinically useful conceptualisation of complexity in family and relational systems: Preliminary findings from Case-Based research with "traumatized and traumatizing families". Sophie Holmes, Williams Road Family Therapy Centre

#### 14.

Panel

psychotherapy integration Moderator: Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria)

#### 15. Panel

psychotherapy training Moderator: Johannes Florian Krall, University of Klagenfurt, Austria

#### Thursday | 10:30 AM--12:00 PM | Room 6 Training and Therapist Development

How do newly certified integrative and TA psychotherapists experience their professional and personal growth? Spela Krizanec, Medical University Ljubljana; Sara Pristavec, Community Health Centre Domžale; Gregor Žvelc, University of Ljubljana, Faculty of Arts, Department of Psychology; University of Primorska

A qualitative exploration of child psychotherapists' perspectives on the links between their personal analysis during training and their own practice Coralie Lasvergnas, University College, London, UK; Evrinomy Avdi, Aristotle University of Thessaloniki; Nick Midgley, UCL / Anna Freud National Centre

Therapeutic attitudes and emotional responses in a sample of therapists in training. Mauro Di Lorenzo, Gruppo Scuole Psicoterapia Psicoanalitica (GSPP); Laura Bonalume,; Daniela Brambilla,; Chiara Gnesi,; Daniela Marzana,; Chiara Suttora,; Rossella Di Pierro,

Supervision of psychodrama trainees in counselling and psychotherapy Johannes Florian Krall, University of Klagenfurt, Austria

Discussant: Henriette Löffler-Stastka, Medical University of Vienna, Austria;

16.

#### Panel

child & family Moderator: Randi Ulberg, University of Oslo, Norway Thursday | 10:30 AM--12:00 PM | Room 7 Dynamic mechanism, dynamic change, and the depressed adolescents' experience of change in psychodynamic therapy

Structured case formulations in a study on adolescent psychotherapy Peter Tallberg, Østfold Hospital Trust, Norway; Elisabeth Ness, Vestfold Hospital Trust, Norway; Randi Ulberg, University of Oslo, Norway Assessment of Dynamic Change in Psychodynamic Psychotherapy with Adolescents Elisabeth Ness, Vestfold Hospital Trust, Norway; Peter Tallberg, Østfold Hospital Trust, Norway; Randi Ulberg, University of Oslo, Norway

Adolescents' experience of change in psychodynamic therapy; a qualitative study André Løvgren, University of Oslo, Norway; Jan Ivar Røssberg, Oslo University Hospital, Norway

Discussant: Elina Kanellopoulou, Sismanoglia General Hospital, Greece;

Thursday | 10:30 AM--12:00 PM | Room 9 Effectiveness of short-term psychodynamic psychotherapy

Intensive transactional analysis psychotherapy (ITAP): A new model for psychodynamic psychotherapy intensification Francesco Scottà, Centro Psicologia Dinamica, Padova (Italy); Marco Sambin, University of Padua

Videos of real therapy sessions Marco Sambin, University of Padua

Convergence between neurobiological models of psychotherapy and the I.T.A.P. theory Irene Messina, University of Padua; Marco Sambin, University of Padua

**Discussant:** Felicitas Rost, Tavistock and Portman NHS Foundation Trust;

Thursday | 10:30 AM--12:00 PM | South Writing School Intersession experiences (ISE) - filling in the gaps.

Introduction: 35 years of ISE research Thomas Schröder, University of Nottingham, UK; Sally Stewart, Nottinghamshire Healthcare NHS Trust, UK

17.

#### Panel

evidence-based psychotherapies Moderator: Irene Messina, University of Padua

#### 18.

Panel

alliance & interpersonal process Moderator: Thomas Schröder, University of Nottingham, UK Intersession experiences of British psychological therapists studied in depth Danielle De Boos, University of Nottingham, UK; Sally Stewart, Nottinghamshire Healthcare NHS Trust, UK; Thomas Schröder, University of Nottingham, UK

Intersession experiences of British psychological therapists studied over time. Sally Stewart, Nottinghamshire Healthcare NHS Trust, UK; Thomas Schröder, University of Nottingham, UK; Nima Moghaddam, University of Lincoln, UK

The interaction between in-session processes and intersession experiences in patients with mental disorders from a psychodynamic perspective. Thorsten-Christian Gablonski, Heidelberg University, Germany; Sylke Andreas, Department of Psychology, University of Witten/Herdecke & Institute of Psychology, Alpen-Adria Univ

Methods of longitudinal Cluster Analysis versus Growth Curve Modelling of Intersession Trajectories: A reanalysis of the ANTOP-Intersession Experience Data. Armin Hartmann, University of Freiburg

#### 19.

#### **Brief Paper Session**

culture & identity Moderator: Benjamin Aas, Paracelsus Medical University, Salzburg, Austria Thursday | 10:30 AM--12:00 PM | Room 8 Culture

Social inequalities and therapeutic practice in the Social Clinics of Athens: An exploratory inquiry into the work of volunteer counsellors Christina Sachpasidi, University of Edinburgh

Elephants in the room!: Counselling non-English speaking clients through interpreters. Merih B Fidan, University of Leicester, UK

Pride or Prejudice?: The Role of Ethnicity and Culture in the Mental Health and Professional Development of Medical Students Diana Bass, University of Exeter Psygration: Proof of concept for an online cross-language platform for psychological assessment. Benjamin Aas, Paracelsus Medical University, Salzburg, Austria

Thursday | 12:00 PM--1:30 PM | North Writing School Lunch

Thursday | 12:30 PM--1:30 PM | Room 11 Special Interest Group: Case Studies

Thursday | 12:30 PM--1:30 PM | Room 14 Special Interest Group: SPRISTAD

Thursday | 12:30 PM--1:30 PM | Room 15 Special Interest Group: Complexity Science

Thursday | 12:30 PM--1:30 PM | Room 9 Special Interest Group: Child and Family Therapy Research

Moderator: Stig Poulsen,	Thursday   1:30 PM2:15 PM   Room 6
University of Copenhagen, Denmark	European Chapter Meeting
Deninurk	

Thursday | 1:30 PM--2:15 PM | Room 7 UK Chapter Meeting

#### 20.

Panel practice-training-research networks Moderator: Henriette Löffler-Stastka, Medical University of Vienna, Austria

Moderator: Felicitas Rost,

Foundation Trust

Tavistock and Portman NHS

Thursday | 2:30 PM--4:00 PM | East Writing School Competence development in Psychotherapy Training Mentalizing in psychotherapy training. An exploratory study on change in mentalizing skills as an effect of psychotherapy training Ingrid Pleschberger, Medical University of Vienna, Austria; Henriette Löffler-Stastka, Medical University of Vienna,

MASC to assess the mentalization capacity of therapists before and after a standardized MBT-training. Richard Horn, Medical University of

Vienna; Isabella Klaus, Kaiser Franz Joseph Hospital Vienna, Psychiatric Department, Vienna Austria; Kurt Stastka, Kaiser Franz Joseph Hospital, Psychiatric Department, Vienna; Henriette Löffler-Stastka, Medical University of Vienna

Science and Heritage: Towards Competence Development in Person-Centred Psychotherapy Training Brigitte Macke-Bruck, Medical University of Vienna, Austria; Henriette Löffler-Stastka, Medical University of Vienna

Changes in empathy, mentalization and the development of psychoanalytic core competences in psychotherapy trainees in the course of their training compared to experienced psychotherapists. Isabelle Wolf, Medical University of Vienna; Henriette Löffler-Stastka, Medical University of Vienna

Discussants: Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Germany; Henriette Löffler-Stastka, Medical University of Vienna

21.

#### Panel

quantitative & qualitative method Moderator: Melissa Miléna De Smet, Ghent University, Belgium Thursday | 2:30 PM--4:00 PM | Room 10 Moving towards clinically relevant research acknowledging the responsibility of the researcher

Shaping the object of science throughout the data collection process in psychotherapy research Ufuoma Norman, Ghent University, Belgium; Femke Truijens, Ghent University, Belgium; Mattias Desmet, Ghent University, Belgium An idiosyncratic approach to the study of outcome: integrating the first-person perspective into standard outcome research Melissa Miléna De Smet, Ghent University, Belgium; Reitske Meganck, Ghent University, Belgium

Q-Sort Methodology: Making Assessment Measures Clinically Meaningful Felicitas Rost, Tavistock and Portman NHS Foundation Trust

Discussant: Stig Poulsen, University of Copenhagen, Denmark;

#### 22.

Panel

alliance & interpersonal process Moderator: Eva Bänninger-Huber, University of Innsbruck, Austria Thursday | 2:30 PM--4:00 PM | Room 11 Affective relationship patterns and working alliance

Prototypical Affective Microsequences (PAMs) and feelings of countertransference in psychoanalytic psychotherapy Eva Huber, University of Innsbruck; Michael Hafener, University of Innsbruck; Eva Bänninger-Huber, University of Innsbruck, Austria

The Interactive Organization of Intense Gaze Avoiding Laughter Peter Muntigl, University of Ghent; Eva Bänninger-Huber, University of Innsbruck, Austria

Interactive emotion regulation in the context of crying Eva Bänninger-Huber, University of Innsbruck, Austria; Michael Pöll, University of Innsbruck, Austria

#### 23.

#### Panel

quantitative & qualitative method Moderator: John McLeod, Oslo University, Norway

#### Thursday | 2:30 PM--4:00 PM | Room 14 Innovative strategies for qualitative research into the person of the therapist

The 'Professional Ex': Collaboration in research with addiction counsellors with lived experience Marguerite Woods, Institute for Integrative Counselling and Psychotherapy, Dublin

Transference: A theatre play - and how it was created from research interviews with senior therapists Marit Råbu, University of Oslo, Norway How the experience of being a client has informed the practice of a group of experienced psychotherapists: a collective autoethnography John McLeod, Oslo University, Norway

24.

#### Panel

evidence-based psychotherapies Moderator: Nick Midgley, UCL / Anna Freud National Centre

# Thursday | 2:30 PM--4:00 PM | Room 6 Treatment of adolescent depression

Cognitive behavioural therapy and short-term psychoanalytic psychotherapy versus a Brief Psychosocial Intervention in adolescents with unipolar major depressive disorder (IMPACT): a randomised controlled superiority trial Shirley Reynolds, University of Reading

Inside the therapy room - additional findings from IMPACT using the Comparative Psychotherapy Process Scales (CPPS) and the Adolescent Psychotherapy Q-Set (APQ). Nick Midgley, UCL / Anna Freud National Centre; Sally O'Keeffe, University College, London, UK; Ana Calderon, University College, London, UK

Neuroanatomical Perspectives on the Aetiology and Treatment of Young People with Depression John Suckling, University of Cambridge

#### 26.

#### Panel

alliance & interpersonal process Moderator: William B Stiles, Miami University, Oxford, USA Thursday | 2:30 PM--4:00 PM | Room 9 New directions in assimilation model research: Theory-building case studies on setbacks, dementia, bereavement, and digital imagery

Therapist activities preceding setbacks in a poor-outcome case Isabel Caro Gabalda, University of Valencia, Spain; William B Stiles, Miami University, Oxford, USA

Dementia and existential threat: negotiating the fear of a loss of control Richard Iain Lloyd Cheston, University of the West of England

Assimilation of grief experiences following spousal bereavement. John Wilson, York St John University

Digital images as therapeutic meaning bridges. Case Study research into the use of avatar based software by adolescents in school counselling Biljana van Rijn, Metanoia Institute; Caroline Falconer, University of Nottingham, UK; Evi Chryssafidou, Metanoia Institute; William B Stiles, Miami University, Oxford, USA

Thursday | 2:30 PM--4:00 PM | South Writing School Effectiveness, process and outcome research in Short-Term Psychodynamic Psychotherapy (STPP)

Therapist interventions and rupture resolution of the therapeutic alliance in psychodynamic psychotherapy: Comparing responders and nonresponders Yves de Roten, Lausanne University, Switzerland

Clinical and Cost Effectiveness of Short-Term Psychodynamic Psychotherapy (STPP) as a Frontline Treatment for Somatoform Disorders in Primary Care Stephen Buller, Psychotherapy Foundation; Susan Hajkowski, University of Leicester, UK

Developing a Rating Scale for the Evaluation of Ego Capacity in Short-Term Psychodynamic Psychotherapy (STPP) Susan Hajkowski, University of Leicester, UK

Discussant: Johannes C. Ehrenthal, University of Klagenfurt, Austria;

#### 28. Brief Paper Session

attachment & development Moderator: Markus C. Hayden, Alpen-Adria Universität Klagenfurt Thursday | 2:30 PM--4:00 PM | Room 15 Mentalization and Reflective Functioning

Mentalization and its relationship to attachment and trauma in borderline personality disorder K Dharani Devi, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India; Poornima Bhola, Prabha Chandra, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India

#### 27. Panel

evidence-based psychotherapies Moderator: Stephen Buller, Psychotherapy Foundation The Relation between the Therapist's Performance concerning Unconscious Tests and the Patient's Level of Reflective Functioning: An Explorative Study Denise Zeyer, Universität Witten, Germany; Carolina Seybert, IPU Berlin; Dorothea Huber, IPU Berlin; Isa Sammet, Klinikum Christophsbad; Sylke Andreas, Department of Psychology, University of Witten/Herdecke & Institute of Psychology, Alpen-Adria Univ

Reflective Functioning in Couple Therapy for Depression: Comparative Case Study of Good and Poor Outcomes Lotta Aura Heiskanen, The Finnish Family Federation

Mentalization, interpersonal problems, and attachment in close relationships over the course of treatment Markus C. Hayden, Alpen-Adria Universität Klagenfurt; Pia K. Müllauer, University of Klagenfurt, Austria; Sylke Andreas, Department of Psychology, University of Witten/Herdecke & Institute of Psychology, Alpen-Adria Univ

#### 29.

#### **Brief Paper Session**

quantitative & qualitative method Moderator: Francesca Giannone, Università di Palermo, Italy Thursday | 2:30 PM--4:00 PM | Room 8 Measures I

The MATRIXscore- A Novel Tool for Measuring Theoretical Approaches of Psychodynamic Sessions Amit Saad, Shalvata Mental Health Center, Tel-Aviv University, Israel; Shlomo Mendlovic, Tel Aviv University, Israel; Boaz Schwarz, Bar-Ilan University, Israel; Ariel Ben-Yehuda, Shalvata Mental Health Center, Israel

Assessing treatment integrity in EFT: Tools for research and training Marina Lopes Monteiro, ISMAI -University Institute of Maia; Carla Cunha, Daniela Nogueira, João Salgado, ISMAI -- University Institute of Maia

Psychometric Properties of the Outcome Rating Scale (ORS) and Session Rating Scale 3.0 (SRS 3.0) in a Spanish Clinical Sample Danilo Moggia, Universitat de Barcelona, Spain; Noelia Niño-Robles, Guillem Feixas, Universitat de Barcelona, Spain; Scott D. Miller, Center for Clinical Excellence

#### The Italian adaptation of the Group Questionnaire:validity and factorial structure

Francesca Giannone, Università di Palermo, Italy; Maria Di Blasi, Università di Palermo; Cecilia Giordano, Università di Palermo, Italy; Cinzia Guarnaccia, Paris 8 University (Saint-Denis, France); Salvatore Gullo, University Niccolò Cusano; Gianluca Lo Coco, Università di Palermo, Italy

Thursday | 4:00 PM--4:30 PM | North Writing School Coffee Break

#### 30.

#### **Structured Discussion**

evidence-based psychotherapies Moderator: Naomi Petra Moller, Open University Thursday | 4:30 PM--6:00 PM | Room 6 Uses and/or abuses of research? The 2017 NICE Guidelines for depression and the future of counselling and psychotherapy in treatment for depression in the NHS in England

Discussants: Bruce Wampold, University of Wisconsin, Madison, USA; Naomi Petra Moller, Open University, UK;

#### 31.

#### Panel

psychotherapy integration Moderator: Antje Gumz, Berlin University of Psychology & University Medical Center Hamburg-Eppendorf Thursday | 4:30 PM--6:00 PM | East Writing School Alliance, reflective functioning, and language: Basic factors of psychodynamic psychotherapy

Implementation of Alliance-Focused Training to the German health care system Laurence Reuter, Berlin University of Psychology; Thomas Munder, Berlin University of Psychology; Antje Gumz, Berlin University of Psychology & University Medical Center Hamburg-Eppendorf

Reflective functioning as a specific factor in psychotherapy: a systematic review Sylke Andreas, Department of Psychology, University of Witten/Herdecke & Institute of Psychology, Alpen-Adria Univ; Luis Wehn, Institute of Psychology, Alpen-Adria Universität Klagenfurt; Jonas Lüdemann, Sven Rabung, Alpen-Adria-Universität Klagenfurt Patient crying and supportive interventions: When do therapists use them? Michael Pöll, University of Innsbruck, Austria; Antje Gumz, Berlin University of Psychology & University Medical Center Hamburg-Eppendorf; Eva Bänninger-Huber, University of Innsbruck, Austria

Subjective concepts of the "talking cure": A qualitative study Christopher Marx, Berlin University of Psychology; Rajana Kersten, Berlin University of Psychology; Antje Gumz, Berlin University of Psychology & University Medical Center Hamburg-Eppendorf

32.

#### Panel

quantitative & qualitative method Moderator: Roxane McKechnie Agnew-Davies, University of Bristol Thursday | 4:30 PM--6:00 PM | Room 10 Psychological advocacy towards healing (PATH): A randomized controlled trial and qualitative analysis of a new psychological intervention in domestic violence services.

PATH (Psychological advocacy towards healing) Model Roxane McKechnie Agnew-Davies, University of Bristol

A randomized controlled trial of PATH in domestic violence services Gene Feder, University of Bristol; Giulia Ferrari, University of Bristol

Women's experiences of a trial of a specialist psychological advocacy intervention following domestic violence or abuse: a nested qualitative study Maggie Evans, University of Bristol

Discussant: Gene Feder, University of Bristol;

#### 33.

#### Panel

alliance & interpersonal process Moderator: Franco F. Orsucci, University College of London & NC-IUL University of London Thursday | 4:30 PM--6:00 PM | Room 11 Embodiment and nonverbal synchrony in psychotherapeutic interaction

Does nonverbal timing in patient-therapist interactions predict premature discontinuation in psychotherapy of patients with social anxiety disorder? Désirée Thielemann, Jena University Hospital, Germany; Jane Dittmann, University Trier, Germany; Julian Rubel, University Trier, Germany; Brian Schwartz, University Trier, Germany; Anne-Katharina Deisenhofer, University Trier, Germany; Wolfgang Lutz, University Trier, Germany; Bernhard Strauss, University of Jena, Germany; Uwe Altmann, Jena University Hospital, Germany Nonverbal synchrony: The change of dyadic nowness over the course of psychotherapy, and its relation to outcome Brian Schwartz, University Trier, Germany; Jane Dittmann, University Trier, Germany; Anne-Katharina Deisenhofer, University Trier, Germany; Wolfgang Lutz, University Trier, Germany

Discussant: Franco F. Orsucci, University College of London & NC-IUL University of London;

Thursday | 4:30 PM--6:00 PM | Room 15 Mentalization-based treatment

#### Reactivity to Social Exclusion in Borderline Personality Disorder Is Associated with Therapeutic Alliance in Mentalization-Based Group Therapy Sebastian Euler, University of Basel; Mareike Busmann, University of Basel; Johannes Wrege, University of Basel; Marc Walter, University of Basel

Intensive outpatient Mentalization-Based Treatment (MBT-IOP) for Borderline Personality Disorder in adult population: A pilot study. Beatriz García Ruiz, Autonomous University of Barcelona & Sant Pere Claver Health Foundation, Barcelona, Spain; Carla Mañós Serrat, Sant Pere Claver Health Foundation. Barcelona, Spain; Glòria Mateu Vives, Sant Pere Claver Health Foundation, Barcelona, Spain

From clinical research to the development of a new treatment modality -- Mentalization-based Therapy for adolescents with conduct disorder Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Germany; Jana Volkert, Heidelberg University, Germany; Thorsten-Christian Gablonski, Heidelberg University, Germany

#### 34.

Panel

evidence-based psychotherapies Moderator: Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany Discussant: Björn Philips, Stockholm University, Sweden

#### 35.

#### Panel

child & family Moderator: Daniel Hayes, Evidence Based Practice Unit, University College London and Anna Freud Centre, UK Thursday | 4:30 PM--6:00 PM | Room 7 Parental experiences of infant, child and adolescent mental health diagnosis and treatment

A Qualitative Study of Therapy Experience for Depressed Mothers Receiving Parent-Infant Psychotherapy with their Infants Sarah Elizabeth Spitzfaden, Anna Freud Center, London, UK; Michelle Sleed, Anna Freud Center, London, UK; Tessa Baradon, Anna Freud National Centre for Children and Families; Evrinomy Avdi, Aristotle University of Thessaloniki

Child parent psychotherapy (CPP) - an evidence based model for treatment of traumatized children aged 0-6 Anna Norlén, The Erica Foundation, Stockholm, Sweden

The experience of being the parent of an adolescent with a diagnosis of depression in the UK Emily Stapley, Anna Freud National Centre for Children and Families and UCL; Mary Target, Anna Freud National Centre for Children and Families and UCL; Nick Midgley, UCL / Anna Freud National Centre

Thursday | 4:30 PM--6:00 PM | Room 8 Spirituality

Spiritual Care in Hospitals: An Applied Pilot Study of Spiritual Counselling Zehra Ersahin, Social Sciences University of Ankara; Uzeyir Ok, Ibn Haldun University; H. Sinem Ugurlu Bakar, Ankara University Testing a Relational Spirituality Model with Adult Psychotherapy Clients Steven J. Sandage, Boston University; David Paine, Boston University; Elizabeth Ruffing, Boston University; Sarah Moon, Boston University; David Rupert, Boston University; Miriam Bronstein, Boston University; Chance Bell, Boston University; Peter Jankowski, Bethel University

#### 36.

#### Panel

culture & identity Moderator: Steven J. Sandage, Boston University Panel practice-training-research networks Moderator: Sheila Butler, The Open University UK and KMPT NHS

37.

Thursday | 4:30 PM--6:00 PM | South Writing School Nurturing Common Ground with Practice Oriented Research and Practice Research Networks

Practice-research Landscapes Sheila Butler, The Open University UK and KMPT NHS

Using messy real data to advance understanding; CORC's approach Miranda Wolpert, Anna Freud Center, London, UK

Reflections and Ways forward: Can participatory and collaborative POR and PRN models strengthen and add new dimensions to research and practice? Sheila Butler, The Open University UK and KMPT NHS; Javier Fernández Alvarez, Universitat Jaume I; Miranda Wolpert, Anna Freud Center, London, UK

Discussants: Sheila Butler, The Open University UK and KMPT NHS; Miranda Wolpert, Anna Freud Center, London, UK; Jeb Brown, Center for Clinical Informatics;

#### 38. Brief Paper Session

therapist effects Moderator: Tomas Rihacek, Masaryk University in Brno, Czech Republic Thursday | 4:30 PM--6:00 PM | Room 14 Therapist perspectives

A study of the working interface between the different therapy and counselling modalities in a low-cost service Mary Lister Ashby, Exeter University

A Question of Process: Implicit Theories Concerning the Relationship of Psyche and Soma in the Analytic Encounter Ann Addison, Society of Analytical Psychology

An exploration of how psychoanalytic practitioners understand Voluntary Childlessness in the clinical setting. Sheila O'Sullivan, Centre for Psychoanalytic Studies, Essex, UK Dimensions of therapeutic relationship: The therapist perspective Tomas Rihacek, Masaryk University in Brno, Czech Republic; Jan Roubal, Masaryk University in Brno, Czech Republic

#### 39. Brief Paper Session

alliance & interpersonal process Moderator: Mattias Desmet, Ghent University, Belgium

#### Thursday | 4:30 PM--6:00 PM | Room 9 Change processes I

The Structure of Change in Psychotherapy: General or Specific Factors? Matthew Paul Constantinou, University College, London, UK; Liz Allison, University College, London, UK; Peter Fonagy, University College, London, UK

Does the Phase Model Predict Patterns of Change in Couple Therapy? Robert J. Lueger, Wisconsin School of Professional Psychology; William Pinsof, Pinsof Family Systems

Emotional and cognitive linguistic markers instability in psychotherapy diaries and their relationship with treatment outcome Catalin Zaharia, Sigmund Freud University; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Cosimo Talò, University of Salento; Guenter K. Schiepek, Paracelsus Medical University, Salzburg, Austria; Benjamin Aas, Paracelsus Medical University, Salzburg, Austria

Measuring the outcome of psychotherapy: Some remarkable psychometric observations. Mattias Desmet, Ghent University, Belgium; Reitske Meganck, Ghent University, Belgium; Ruth Inslegers, Ghent University, Belgium

Thursday | 6:00 PM--8:00 PM | North Writing School Poster Session - with Book Launch sponsored by SAGE publications

Harnessing nonverbal events in psychotherapy as clinical intervention in Functional analytic Psychotherapy (FAP) Tien Kuei, University of Glasgow

40.

A Qualitative Analysis of Novice Therapists' Hesitation to Using Voluntary Self-Disclosure and Developmental Process of the Professional Self Akihiro Kusaoka, Hokkaido University, Japan

Adolescent patients' responses to transference interpretations focused on endings in short-term psychoanalytic psychotherapy Elena Della Rosa, University of Essex

Psychotherapy Group Supervision for Graduate Students: The Role of Group Processes in Fostering Professional Identity. Shulamit Geller, The Academic College of Tel-Avivy Yaffo; Keren Hanetz-Gamliel, The Academic College of Tel Aviv-Yafo

UK secondary school therapists' online communication with their clients and potential development in this area. Jeanette Hennigan, Middlesex University & Metanoia Institute; Stephen Goss, Middlesex University and Metanoia Institute

Guilt eliciting narratives and their enactment in psychotherapeutic interaction Sabine Monsberger, University of Innsbruck; Eva Bänninger-Huber, University of Innsbruck, Austria

What works for whom and how?Mechanisms of change in psychotherapy -- the MOP study.A randomized study of psychodynamic and cognitive behavioural therapy for patients with depressive disorder. Randi Egeland, Oslo University Hospital, Norway; Julie Horgen Evensen, Oslo University Hospital; Theresa Wilberg, Oslo University Hospital; Randi Ulberg, University of Oslo; Jan Ivar Røssberg, Oslo University Hospital

The headache of transcribing psychotherapy sessions: a researcher's panacea John Wilson, York St John University

Laughing in psychoanalytic psychotherapy:Functions and facial prototypes Stefan Salvenauer, Institute of Psychology, Innsbruck, Austria; Eva Bänninger-Huber, University of Innsbruck, Austria; Reto Bergauer, Institute of Psychology, Innsbruck, Austria Development and refinement of the Vital Parenting Tasks (VPT) model for parent-child psychotherapy Laine Jaderberg, Metanoia Institute / Middlesex University; Alistair MacBeath, Metanoia Institute / Middlesex University

Processes of affective regulation in the context of transference interpretations Julia Baumgartner, Universität Innsbruck, Austria; Eva Bänninger-Huber, University of Innsbruck, Austria

Therapist interventions and parental responses associated with emotional processing in the context of attachment-based family therapy (ABFT). Noa Tsvieli, Ben Gurion University, Beer Sheva, Israel; Gary M. Diamond, Ben Gurion University

Associations of early childhood adversities with psychiatric problems, psychological functioning, and suitability for psychotherapy in adulthood -- specific patterns of vulnerability and resources in a sample of depressed and anxious outpatients Erkki Heinonen, National Institute for Health and Welfare, Helsinki, Finland; Paul Knekt, Tommi Härkänen, Esa Virtala, Olavi Lindfors, National Institute for Health and Welfare, Helsinki

Learning to Continue to Develop Professionally: An Exploration of Therapists' Experience of Continuing Professional Development in a Higher Education setting: A preliminary study. Afra Turner, Middlesex University and Metanoia Institute London; Stephen Goss, Middlesex University and Metanoia Institute

When Life Gets in the Way: A systematic review of the assessment of life events in change over the course of psychotherapy for depression and anxiety in children and adolescents Emily Blackshaw, University of Roehampton; Mick Cooper, University of Roehampton; Chris DH Evans, University of Roehampton

Motivation to Change as a Mechanism of Mindfulness in Individual Trainee Psychotherapy of Depression and Anxiety: Results of a pragmatic Randomized Controlled Trial Paula Kröger, Heidelberg University, Germany; Paul Blanck, Heidelberg University; Hinrich Bents, Heidelberg University; Thomas Heidenreich, University of Applied Sciences Esslingen; Johannes Mander, Heidelberg University

Understanding mechanisms of psychotherapeutic action Jean-Michel Thurin, National Institute for Health and Medical Research France; Monique Thurin, National Institute for Health and Medical Research France

The causality of change, a bridge between research and practice Monique Thurin, National Institute for Health and Medical Research France; Jean-Michel Thurin, National Institute for Health and Medical Research France

The Single Case Archive Liza Notaerts, Ghent University, Belgium; Juri Krivzov, Ruth Inslegers, Reitske Meganck, Ghent University

Tracking Change in Italian Trainees' Experience of Therapeutic Work: preliminary Results of a two-year Longitudinal Evaluation Irene Messina, University of Padua; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Salvatore Gullo, University Niccolò Cusano; Marco Sambin, University of Padua; David Orlinsky, University of Chicago, USA

Intensive Transactional Analysis Psychotherapy: a single-case series Irene Messina, University of Padua; Francesco Scottà, Centro Psicologia Dinamica, Padova; Francesca Bianco, University of Padova, Italy; Enrico Benelli, Centro Psicologia Dinamica, Padova; Marco Sambin, University of Padua

A systematic review and meta-analysis on the prevalence of personality disorders in the general adult population in Western countries Jana Volkert, Heidelberg University, Germany; Thorsten-Christian Gablonski, Heidelberg University, Germany; Sven Rabung, Alpen-Adria-Universität Klagenfurt

Therapists' attachment states of mind predict the quality of therapists' attunement in-session: Validation study of the Therapist Attunement Scales (TASc) Alessandro Talia, Heidelberg University, Germany; Laura Muzi, Sapienza University of Rome, Italy; Vittorio Lingiardi, Sapienza University of Rome, Italy; Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany

Narcissism and countertransference : Affective and relational characteristics of the client and therapist Philippe Bégin, Université de Sherbrooke; Delphine Séguin, Université de Sherbrooke; Amylie Paquin-Boudreault, Université de Trois-Rivière; Éléonore Sabourin-Guardo, Université de Sherbrooke; Jean Descôteaux, Université de Sherbrooke; Olivier Laverdière, Université de Sherbrooke

The first sessions of psychotherapy: A qualitative meta-analysis of alliance formation processes Kristina Osland Lavik, Helse Førde, Norway

Different trajectories of symptoms change in Prolonged Exposure therapy for PTSD and their predictors. Karolina Staniaszek, University of Warsaw, Poland

The Depression Conundrum and The Advantages of Uncertainty Jan Edmond Celie, Ghent University, Belgium

The role of maternal reflective functioning and attachment style in the development of children's externalizing behaviors in a clinical sample Karolina Dejko, Jagiellonian University, Kraków, Poland

# Friday, 22 September 2017

#### 41.

#### **Structured Discussion**

evidence-based psychotherapies Moderator: Randi Ulberg, University of Oslo, Norway Friday | 8:30 AM--10:00 AM | Room 6 How to Develop Research on Individualized Psychotherapy Treatment of Young People with Mental Disorders?

Specific markers (moderators) in youth psychotherapy Stig Poulsen, University of Copenhagen, Denmark

Mechanisms of change (mediators) in youth psychotherapy Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Germany

Age customized process and treatment measures in youth psychotherapy Fredrik Falkenström, Stockholm University, Sweden

Age customized research designs in youthe psychotherapy Julian Childs, University College, London, UK

Dissemination of results and communication with stakeholders Michael Kaess, University of Bern, Switzerland

Discussants: Randi Ulberg, University of Oslo, Norway; Elina Kanellopoulou, Sismanoglia General Hospital, Greece;

42.

#### Panel

evidence-based psychotherapies Moderator: Sidse Arnfred, University of Copenhagen, Denmark Friday | 8:30 AM--10:00 AM | East Writing School Randomized Controlled Trials of CBT

TAU nose to nose with CBT in treatment study. What TAU achieves that? Ole Hultmann, University of Gothenburg; Ulf Axberg, University of Gothenburg Rumination-focused cognitive behavioural therapy (CBT) versus standard CBT for depression: a phase II trial Morten Hvenegaard, University of Copenhagen, Denmark; Stig Poulsen, Stine Møller, Stephen Austin, University of Copenhagen; Ben Grafton, University of Western Australia, Perth; Morten Kistrup; Nicole Rosenberg, Aarhus University, Denmark; Henriette Holm, SDU, Denmark; Edward Watkins, University of Exeter

Trans-diagnostic group CBT vs. standard group CBT for depression, social anxiety disorder and agoraphobia/panic disorder -- an example of the complexity of group therapy RCT design Sidse Arnfred, University of Copenhagen, Denmark; Ruth Aharoni, Mental Health Capital Region, Copenhagen; Stig Poulsen, University of Copenhagen; Nicole Rosenberg, Aarhus University; Mikkel Arendt, Psychiatric Hospital Risskov, Aarhus; Bo Bach, Mental Health Region Zealand; Nina Reinholt, University of Copenhagen

#### Friday | 8:30 AM--10:00 AM | Room 10 Measures II

Perceptions of Active Processes in Psychotherapy: Development of the Perceived Active Mechanisms of Psychotherapy Scale Dana Tzur Bitan, Shalvata Mental Health Center; Aryeh Lazar, Ariel University; Ben Siton, Ariel University

The Development of the Relational Needs Scale Gregor Žvelc, University of Ljubljana, Faculty of Arts, Department of Psychology; University of Primorska; Karolina Jovanoska, Institute for Integrative Psychotherapy and Counselling, Ljubljana, Slovenia

Operationalized Psychodynamic Diagnosis (OPD) - an English E-Learning Course for a well implemented and broadly used clinical tool Henning Schauenburg, Heidelberg University, Germany; Simone Jenissen, Heidelberg University; Manfred Cierpka, Heidelberg University

#### 43.

Panel

quantitative & qualitative method Moderator: Henning Schauenburg, Heidelberg University, Germany 44.

#### Panel

child & family Moderator: Nick Midgley, UCL / Anna Freud National Centre

Friday | 8:30 AM--10:00 AM | Room 11 Using a mentalizing approach to meet the mental health needs of children and their families

The Herts and Minds Study: Evaluating the effectiveness of Mentalization-Based Treatment (MBT) as an intervention for children in foster care Nick Midgley, UCL / Anna Freud National Centre; Sarah Jane Besser, University of Hertfordshire; Helen Dye, University of Hertfordshire; Pasco Fearon, University College London; Tim Gale, Hertfordshire Partnership University NHS Foundation Trust; Kiri Jefferies-Sewell, Hertfordshire Partnership University NHS Foundation Trust; Karen Irvine, Hertfordshire Partnership University NHS Foundation Trust; Joyce Robinson, Hertfordshire Partnership University NHS Foundation Trust; Solange Wyatt, University of Hertfordshire; Sally Wood, Anna Freud Center, London, UK; David Wellsted, University of Hertfordshire

A feasibility study of the Reflective Fostering Programme (RFP) Sheila Redfern, Anna Freud Center, London, UK; Alistair Cooper, Anna Freud Center,; Grace West, Anna Freud Center; Antonella Cirasola, Anna Freud Center; Nick Midgley, UCL / Anna Freud National Centre

The Lighthouse Mentalization Based Treatment -Parenting Programme for maltreating parents Michelle Sleed, Anna Freud Center, London, UK; Gerry Byrne, Oxford Health NHS Foundation Trust

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#### Panel

quantitative & qualitative method Moderator: Aarno A. Laitila, University of Jyväskylä Friday | 8:30 AM--10:00 AM | Room 14 Relational Mind: Doing relational research on embodiment and experience in couple therapy

Preliminary steps into mixed methods case study: the value of ANS measures for couple therapy research Aarno A. Laitila, University of Jyväskylä Embodied dialogue in a couple therapy -- bodily mirroring behavior and the spoken dialogue Petra Nyman-Salonen, University of Jyväskylä

Bridging research and clinical intervention: Stimulated Recall Interviews as creation of meaning in the personal, couple and therapeutic system Maria Borcsa, University of Applied Sciences Nordhausen

Discussant: John McLeod, Oslo University, Norway;

46.

#### Panel

client factors Moderator: Michal Mielimaka, Jagiellonian University Medical College

# Friday | 8:30 AM--10:00 AM | Room 15 Personality characteristics in psychotherapy I

Resistance, defensiveness, auto-presentation in patients treated for neurotic and personality disorders with group psychodynamic psychotherapy -- patterns of symptoms reporting Katarzyna Cyranka, Jagiellonian University Medical College; Krzysztof Rutkowski, Jagiellonian University Medical College; Michal Mielimaka, Jagiellonian University Medical College; Jerzy A. Sobanski, Jagiellonian University Medical College; Edyta Dembinska, Jagiellonian University Medical College; Anna Citkowska-Kisielewska, Jagiellonian University Medical College

Importance of attachment styles in psychological treatment of patients with substance use disorders Ylva Gidhagen, Linköping University, Sweden; Rolf Holmqvist, Linköping University, Sweden; Björn Philips, Stockholm University, Sweden

Coping strategies in patients treated with group psychotherapy for neurotic and personality disorders Michal Mielimaka, Jagiellonian University Medical College; Katarzyna Cyranka, Jagiellonian University Medical College; Krzysztof Rutkowski, Jagiellonian University Medical College; Jerzy A. Sobanski, Jagiellonian University Medical College; Edyta Dembinska, Jagiellonian University Medical College; Anna Citkowska-Kisielewska, Jagiellonian University Medical College 47. **Panel** evidence-based psychotherapies Moderator: Felicitas Rost, Tavistock and Portman NHS Foundation Trust Friday | 8:30 AM--10:00 AM | Room 7 Paraphilias, Violence and Personality Disorder: Implementing Clinical Research at the Portman Clinic

Trials and tribulations of implementing a randomized controlled trial of MBT for antisocial personality disorder in the UK Criminal Justice System Jessica Yakeley, Portman Clinic, London, UK

Paraphilias and personality disorder: Changes in personality functioning as a result of long-term psychoanalytic psychotherapy Felicitas Rost, Tavistock and Portman NHS Foundation Trust

Tracking subtle changes in personality functioning and in behaviour: A Case Study Stephen Blumenthal, Portman Clinic, London, UK

Discussant: Björn Philips, Stockholm University

48.

Panel

quantitative & qualitative method Moderator: Ruth Inslegers, Ghent University, Belgium Friday | 8:30 AM--10:00 AM | Room 8 Single case studies I

The evolution of the culture of publishing case studies: away from the Obscure, rediscovery of the Ordinary Juri Krivzov, Ghent University, Belgium; Liza Notaerts, Ruth Inslegers, Reitske Meganck, Ghent University, Belgium

Case study research into psychotherapies for people that present with physical symptoms, 2012-2016: A review of the literature John Hills, University of Leeds, London, UK; Dr Jane Cahill, University of Leeds; Dr John Lees, University of Leeds; Prof Dawn Freshwater, University of Western Australia, Perth

The 'good' versus the 'bad'. A comparison between 'good', 'mixed' and 'poor' outcome published single case studies using the Single Case Archive. Ruth Inslegers, Ghent University, Belgium; Reitske Meganck, Juri Krivzov, Liza Notaerts, Ghent University

Discussant: Jochem Willemsen, University of Essex

#### 49. Panel

therapist effects Moderator: Glenys Parry, University of Sheffield, UK

# 50.

#### Panel

practice-training-research networks Moderator: Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria)

# Friday | 8:30 AM--10:00 AM | Room 9 Work-related challenges for therapists

An evaluation of the use of cognitive analytic concepts in organisational service delivery for clients with multiple complex needs. Karen Shannon, DKS Associates Liverpool; Glenys Parry, University of Sheffield, UK

A Mixed Methods Approach Investigating Cognitive Changes in Vicarious Trauma within Trainees and Qualified Therapists Emma Louise Milard, Nottinghamshire Healthcare NHS Trust, UK; Rachel Sabin-Farrell, University of Nottingham, UK; Thomas Schröder, University of Nottingham, UK

Let's talk about sex: An Investigation into female psychotherapists' experience of male clients' sexual attraction towards them. Jasenka Lukac-Greenwood, Metanoia Institute; Biljana van Rijn, Metanoia Institute

Friday | 8:30 AM--10:00 AM | South Writing School **Psychotherapy training research** 

Personal background, motivation and Interpersonal style of psychotherapy trainees with different theoretical orientations: Preliminary results from the Italian context Irene Messina, University of Padua; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Salvatore Gullo, University Niccolò Cusano; Marco Sambin, University of Padua; David Orlinsky, University of Chicago, USA

Development of relational abilities in the process of becoming a psychotherapist: Preliminary results from the Austrian context Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Salvatore Gullo, University Niccolò Cusano; Elitsa Tilkidzhieva, Sigmund Freud University, Vienna, Austria; Vanessa Freitag, Sigmund Freud University Vienna; Irene Messina, University of Padua Empathy in Psychoanalysis and Medical Education: What can we learn from each other? Felicitas Datz, Medical University Vienna; Karoline Parth, Medical University of Vienna; Ingrid Preusche, Medical University of Vienna, Austria; Henriette Löffler-Stastka, Medical University of Vienna, Austria

Discussant: David Orlinsky, University of Chicago, USA;

Friday | 10:00 AM--10:30 AM | North Writing School Coffee Break

Friday | 10:30 AM--12:00 PM | East Writing School Personality characteristics in psychotherapy II

Clinical applications of psychotherapy research: Levels of personality functioning as outcome, mediator and moderator Johannes C. Ehrenthal, University of Klagenfurt, Austria

Modelling vulnerability for psychopathology and its associations with childhood maltreatment and mentalising Tobias Nolte, University College, London, UK; Laura Gibbon, University College, London, UK; Read Montague, University College, London, UK; Peter Fonagy, University College, London, UK

Perfectionism' Negative Impact in Psychotherapy: The Perfectionism Social Disconnection Model and Clinical Process and Outcome Paul L Hewitt, University of British Columbia, Vancouver, Canada; Samuel Mikail, Sunlife Financial; Gord Flett, York University, Canada

Friday | 10:30 AM--12:00 PM | Room 11 Elucidating clinical outcome and drop-out: Giving authority to the experience and private theories of adolescent and adult patients with depressive symptoms

#### 51.

#### Panel

client factors Moderator: Johannes C. Ehrenthal, University of Klagenfurt, Austria

#### 52.

### Panel

evidence-based psychotherapies Moderator: Felicitas Rost, Tavistock and Portman NHS Foundation Trust When psychotherapy does not work. Lessons from the experiences of young adults in psychoanalytic psychotherapy Camilla von Below, Stockholm University, Sweden; Andrzej Werbart, Stockholm University, Sweden

Giving depressed patients a voice: their experience of the outcome and helpful and unhelpful factors of long-term psychoanalytic psychotherapy Imke Ahlers, Tavistock Clinic, London, UK; Felicitas Rost, Tavistock and Portman NHS Foundation Trust

A typology of therapy dropout in depressed adolescents Sally O'Keeffe, University College, London, UK; Peter Martin, University College, London, UK; Nick Midgley, UCL / Anna Freud National Centre

Discussant: Sheila Butler, The Open University UK and KMPT NHS;

53. **Panel** child & family Moderator: Nina Tejs Jorring, Friday | 10:30 AM--12:00 PM | Room 14 Practice into research and back again in child psychotherapy

Doing it collaboratively! A case study of designing quantitative effect-studies on narrative family therapy in a local clinical context Nina Tejs Jorring,

Time and Psychotherapy: How do child and adolescent psychodynamic psychotherapists working in NHS settings talk about time as a factor in therapeutic work? Joanna Kathleen Bent-Hazelwood, Birkbeck University

Prospective cohort study about the outcome of short-term-psychotherapy with children, adolescent and their families in a psychiatric ambulance Sabine Pachta, Medical University of Vienna, Austria 54.

Panel child & family Moderator: Liselotte Grünbaum, Aalborg University, Denmark Friday | 10:30 AM--12:00 PM | Room 15 Practice oriented research with children, parents, and caregivers in a context of adverse early relationships and complex trauma

This shared parenting we do is hard to get your head around Caryn Onions, Mulberry Busch School

Sibling figures in mind and as reported by caregivers -- a psychoanalytic case study of complex trauma Liselotte Grünbaum, Aalborg University, Denmark

Placement breakdown in foster care with children under-five: a psychoanalytic view of the caregiving relationship under stress Gillian Sloane Donachy, NHS Greater Glasgow & Clyde

Discussant: Gerry Byrne, Oxford Health NHS Foundation Trust

55.

# Panel

attachment & development Moderator: Alessandro Talia, Heidelberg University, Germany Friday | 10:30 AM--12:00 PM | Room 6 The impact of In-session Attachment and Mentalizing on Psychotherapy Process and Outcome: moderation and change

The relationship between in-session attachment, reflective functioning and therapeutic alliance in CBT-E and PPT for bulimia nervosa Frederik Scharff, University of Copenhagen, Denmark; Alessandro Talia, Heidelberg University, Germany; Stig Poulsen, University of Copenhagen; Susanne Lunn, University of Copenhagen; Sarah Daniel, University of Copenhagen

In-session attachment in two treatment modalities:outcome moderation and change Paul Schröder, Heidelberg University, Germany; Stig Poulsen, University of Copenhagen; Susanne Lunn, University of Copenhagen; Sarah Daniel, University of Copenhagen; Alessandro Talia, Heidelberg University Mentalization as a predictor or outcome of psychotherapy in psychodynamic treatment? Jana Volkert, Heidelberg University, Germany; Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg; Holger Schulz, Maria Dehoust, Anna Levke Brütt, University Medical Center Hamburg-Eppendorf; Sylke Andreas, Department of Psychology, University of Witten/Herdecke & Institute of Psychology, Alpen-Adria Univ

Facilitating clients' movement in the direction of secure attachment: A Task Analytic Investigation Alessandro Talia, Heidelberg University, Germany; Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany; Sarah Daniel, University of Copenhagen, Denmark

Discussant: Henning Schauenburg, Heidelberg University, Germany;

# Friday | 10:30 AM--12:00 PM | Room 7 Naturalistic outcome studies

#### 56. **Panel**

evidence-based psychotherapies Moderator: Vera Sabina Gergov, University of Helsinki and Helsinki University Hospital

The effectiveness of couple therapy: outcomes in a naturalistic United Kingdom setting David Stuart Hewison, Tavistock Relationships, London UK; Michele Birtel, Tavistock Relationships, London UK

Naturalistic follow-up study among adolescent psychiatric patients: are psychotherapeutic interventions effective in clinical settings and who drop out? Vera Sabina Gergov, University of Helsinki and Helsinki University Hospital; Jari Lahti, Helsinki Collegium for Advanced Studies, Finland; Mauri Marttunen, National Institute for Health and Welfare, Helsinki, Finland; Jari Lipsanen, University of Helsinki; Nina Lindberg, University of Helsinki and Helsinki University Hospital

Routine Measurement and Feedback - Evidence that therapists can significantly increase their personal effect size Jeb Brown, Center for Clinical Informatics; Ashley Simon, Center for Clinical Informatics

Discussant: Sidse Arnfred, University of Copenhagen

57. Panel

child & family Moderator: Fredrik Odhammar, The Erica Foundation Friday | 10:30 AM--12:00 PM | Room 9 Change processes in child and adolescent psychotherapy and assessment

What have we learnt from young people about disclosing sexual abuse experiences? Emma Brennan, Dublin City University; Rosaleen McElvaney, Dublin City University

Hospitalized children: symbolic play assessment, coping strategies and level of anxiety Adriana Lis, University of Padova, Italy; Daniela Di Riso, University of Padova, Italy; Elisa Delvecchio, university of Perugia Italy; Cristina Alberti, University of Padova, Italy; Susy Comunian, University of Padova, Italy; Diana Mabilia, University of Padova, Italy Different perspectives in measuring processes in psychodynamic child psychotherapy Fredrik

Odhammar, The Erica Foundation; Geoffrey Goodman, Long Island University, USA; Gunnar Carlberg, The Erica Foundation

Discussant: Fredrik Odhammar, The Erica Foundation;

58.

### Panel

therapist effects Moderator: David Orlinsky, University of Chicago, USA Friday | 10:30 AM--12:00 PM | South Writing School Therapists as Persons, Persons as Therapists: Converging Personal and Professional Facets

Correspondences Between Therapists' Personal Characteristics and Their Experiences of Therapeutic Work with Clients David Orlinsky, University of Chicago, USA; Armin Hartmann, University of Freiburg, Germany; Michael Helge Rønnestad, University of Oslo, Norway

Correspondences Between Therapists' Personal Characteristics and Their Experiences of Professional Development Michael Helge Rønnestad, University of Oslo, Norway; David Orlinsky, University of Chicago; Armin Hartmann, University of Freiburg, Germany Discussants: Ulrike Willutzki, Department of Psychology and Psychotherapy, Witten/Herdecke University; Thomas Schröder, University of Nottingham, UK;

#### 59.

#### **Brief Paper Session**

alliance & interpersonal process Moderator: Franco F. Orsucci, University College of London & NC-IUL University of London

## Friday | 10:30 AM--12:00 PM | Room 10 Change processes II

Four Perspectives on the Change Process in a Single Case Study: Client, Therapist, Outcome Researcher, and Process Researcher Jan Roubal, Masaryk University in Brno, Czech Republic; Roman Hytych, Masaryk University in Brno, Czech Republic; Rolf Sandell, Linköping University and Lund University, Sweden; Tomas Rihacek, Masaryk University in Brno, Czech Republic

Change in dynamic psychotherapy. What differentiates good and poor outcome cases. Giulio de Felice, Sapienza University of Rome & NCU University, London; Benjamin Aas, Paracelsus Medical University, Salzburg, Austria; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Guenter K. Schiepek, Paracelsus Medical University, Salzburg, Austria; Franco F. Orsucci, University College of London & NC-IUL University of London

Narrative Change Process in Dilemma-Focused Intervention: The Case of Maria Danilo Moggia, Universitat de Barcelona, Spain; Guillem Feixas, Universitat de Barcelona, Spain; Víctor Vela, Universitat de Barcelona, Spain; Maria Manteca-Gómez, Universitat de Barcelona, Spain

Indices of change: analyzing the indexical properties of data from psychotherapy case work to discern patterns of therapeutic change over time John Hills, University of Leeds, London, UK; Dr John Lees, University of Leeds, London, UK; Dr Jane Cahill, University of Leeds, London, UK; Prof Dawn Freshwater, University of Western Australia, Perth Semiotic Dynamics: How Language is Changing Franco F. Orsucci, University College of London & NC-IUL University of London; Giulio de Felice, Sapienza University of Rome & NCU University, London

### 60. Brief Paper Session

quantitative & qualitative method Moderator: Kevin J. R. Wright, South London & Maudsley NHS MH Trust

# Friday | 10:30 AM--12:00 PM | Room 8 Qualitative / Conceptual Studies

Patients' experiences with routine outcome monitoring (ROM) and clinical feedback (CF) systems: a systematic review and synthesis of qualitative empirical literature Stig Magne Solstad, Helse Førde; Christian Moltu, Helse Førde; Louis Castonguay, Penn State University, University Park, USA

Narcissistic difficulties and development of relationship with authority in psychotherapy: qualitative analysis of subjective experience Dovilė Petronytė - Kvedarauskienė, Vilnius University, Lithuania; Gražina Gudaitė, Vilnius University

Negative Delusion and Agentic Selfhood in Borderline Personality Disorder Anna D. R. Bergqvist, Manchester Metropolitan University

Exploring parental representations in mothers whose infants go on to develop disorganised attachment Juraj Kralik, UCL

The Use and Benefits of Expressive writing in treatment of PTSD and other traumas in EAP & Primary Care settings (IAPT). Kevin J. R. Wright, South London & Maudsley NHS MH Trust

Friday | 12:00 PM--1:00 PM | North Writing School Lunch

61. Structured Discussion

practice-training-research networks Moderator: Georgia Lepper, University of Exeter UK Friday | 1:00 PM--2:00 PM | Room 15 The UKCP 'Moments of Meeting' PRN: A learning experience in the common ground between research and practice

The MOM project design and what have we learnt from the Research side? Tirril Harris, Kings College London

**Commentary and discussion** Sheila Butler, The Open University UK and KMPT NHS

### 62.

## **Structured Discussion**

quantitative & qualitative method Moderator: Franco F. Orsucci, University College of London & NC-IUL University of London

## Friday | 1:00 PM--2:00 PM | Room 9 Complexity Science In Psychotherapy

Discussants: Franco F. Orsucci, University College of London & NC-IUL University of London; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Giulio de Felice, Sapienza University of Rome & NCU University, London;

# 63.

# Panel

child & family Moderator: Dr Sarah Peter, Birkbeck

# Friday | 1:00 PM--2:00 PM | Room 10 Psychoanalytic child psychotherapy and the medical model

Child psychotherapy with children who are medicated for ADHD: Discourse, power and interdisciplinary practice Dr Sarah Peter, Birkbeck

The meaning of SSRI medication: a retrospective account from adolescents clinically referred and treated for depression Rita A Maroun, University College London / Anna Freud Centre

Discussant: Katharina Weitkamp, Medical School Hamburg

### 64.

#### Panel

attachment & development Moderator: Tamar Axelrad Levy, Hebrew University, Jerusalem, Israel Friday | 1:00 PM--2:00 PM | Room 11 Studying change processes and therapy outcomes in psychotherapy assisted by animals among children Studying change processes and therapy outcomes in psychotherapy assisted by animals among children with emotional distress. Tamar Axelrad Levy, Hebrew University, Jerusalem, Israel; Orya Tishby, Hebrew University, Jerusalem, Israel

Animal-Assisted Group-Psychotherapy for Children: Conceptualization and a Mixed Methods Research Orit Harel, Bar Ilan University; Shlomo Romi, Bar Ilan University; Deborah Court, Bar Ilan University

Discussant: Nick Midgley, UCL / Anna Freud National Centre;

#### 65.

### Panel

alliance & interpersonal process Moderator: Robert Elliott, University of Strathclyde, Glasgow, UK

#### 66.

#### Panel

alliance & interpersonal process Moderators: Daniel Hayes, Evidence Based Practice Unit, University College London and Anna Freud Centre, UK

# Friday | 1:00 PM--2:00 PM | Room 7 Compassion and Empathy in Psychotherapy: Two Approaches

Therapist Empathy and Psychotherapy Outcome: An Updated Meta-analysis and Review Robert Elliott, University of Strathclyde, Glasgow, UK; Arthur Bohart, Saybrook University, San Francisco, USA; Jeanne Watson, University of Toronto, Canada; David Murphy, University of Nottingham, UK

Compassion in Psychotherapy: Views and experiences of psychotherapists Neža Uršič, University of Ljubljana, Faculty of Arts, Department of Psychology; Gregor Žvelc, University of Ljubljana, Faculty of Arts, Department of Psychology; University of Primorska

Friday | 1:00 PM--2:00 PM | Room 8 Finding the common ground: Shared decision-making in psychological therapies and mental health

Behaviour Change Techniques (BCT's), Shared Decision Making, and Outcomes in Child and Youth Mental Health Daniel Hayes, Evidence Based Practice Unit, University College London and Anna Freud Centre, UK. Client experiences of goal negotiation in the early stages of Pluralistic Therapy Gina Saskjia Di Malta, University of Roehampton, London, UK

# 67.

### **Brief Paper Session**

evidence-based psychotherapies Moderator: Susanne Lunn, University of Copenhagen, Denmark

# Meeting

Moderator: Stig Poulsen, University of Copenhagen, Denmark

#### 68.

#### **Structured Discussion**

practice-training-research networks Moderator: Henriette Löffler-Stastka, Medical University of Vienna, Austria Friday | 1:00 PM--2:00 PM | Room 6 Randomized Controlled Trials

Effectiveness of EMDR in patients with substance use disorder and comorbid PTSD: a randomized controlled trial Annett Lotzin, University Medical Center Hamburg-Eppendorf, Germany; Laycen Chuey-Ferrer, AHG Clinic Dormagen; Arne Hofman, EMDR-Institute Germany; Peter Liebermann, EMDR Institute Germany; Ingo Schäfer, University Medical Center Hamburg-Eppendorf, Hamburg

Improving cognitive function in serious mental health disorders. Gary Donohoe, National University of Ireland Galway

Bias in psychotherapy research -- a case example Susanne Lunn, University of Copenhagen, Denmark

Friday | 1:00 PM--2:00 PM | Room 14 European Country Coordinators

Friday | 2:15 PM--3:45 PM | Room 6 The SPRISTAD Study of Psychotherapist Development in Training -- Experiences and challenges of data collection in different countries and its impact on research activity

Discussants: Ulrike Willutzki, Department of Psychology and Psychotherapy, Witten/Herdecke University; Henriette Löffler-Stastka, Medical University of Vienna, Austria; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Salvatore Gullo, University Niccolò Cusano; Irene Messina, University of Padua; Erkki Heinonen, National Institute for Health and Welfare, Helsinki, Finland; Biljana van Rijn, Metanoia Institute; Bernhard Strauss, University of Jena, Germany; Elitsa Tilkidzhieva, Sigmund Freud University, Vienna, Austria; Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Germany; David Orlinsky, University of Chicago, USA;

# 69. Structured Discussion

evidence-based psychotherapies Moderator: Björn Philips, Stockholm University, Sweden

# 70.

#### Panel

evidence-based psychotherapies Moderator: Sven Rabung, Alpen-Adria-Universität Klagenfurt

# Friday | 2:15 PM--3:45 PM | Room 9 No such fool as Sweden: National guidelines and their influence on the practice of psychotherapy

Discussants: Aarno A. Laitila, University of Jyväskylä; Glenys Parry, University of Sheffield, UK; Björn Philips, Stockholm University, Sweden; Stig Poulsen, University of Copenhagen, Denmark; Jan Ivar Røssberg, Oslo University Hospital, Norway; Henning Schauenburg, Heidelberg University, Germany;

# Friday | 2:15 PM--3:45 PM | East Writing School The value of systematic feedback in psychotherapy

Evidence for systematic feedback in psychotherapy: an overview of reviews Sven Rabung, Alpen-Adria-Universität Klagenfurt; Rebecca Kratochvil, Alpen-Adria-Universität Klagenfurt, Klagenfurt, Austria; Jonas Lüdemann, Institute of Psychology, Alpen-Adria Universität Klagenfurt

The overall effect of systematic feedback in outpatient psychotherapy: a systematic review with meta-analysis Rebecca Kratochvil, Alpen-Adria-Universität Klagenfurt, Austria; Jonas Lüdemann, Institute of Psychology, Alpen-Adria Universität Klagenfurt; Sven Rabung, Alpen-Adria-Universität Klagenfurt

The effect of systematic feedback on the therapy outcome of not-on-track outpatients: a systematic review with meta-analysis Jonas Lüdemann, Institute of Psychology, Alpen-Adria Universität Klagenfurt; Rebecca Kratochvil, Alpen-Adria-Universität Klagenfurt; Sven Rabung, Alpen-Adria-Universität Klagenfurt

Discussant: Bruce Wampold, University of Wisconsin, Madison, USA;

## 71.

#### Panel

translational research Moderator: Bergljot Gjelsvik, University of Oxford

# Friday | 2:15 PM--3:45 PM | Room 11 The psychology of suicidal imagery: Clinical implications and possibilities for negotiating urges

Suicidal imagery: A catalyst in the suicidal process? Bergljot Gjelsvik, University of Oxford; Eleanor Chatburn, University of Oxford; Kirsten Benum, University of Oslo, Norway; Hanne Weie Oddli, University of Oslo, Norway

Key characteristics of flash-forwards in recurrently suicidal patients Eleanor Chatburn, University of Oxford; Kirsten Benum, University of Oslo, Norway; Hanne Weie Oddli, University of Oslo, Norway; Bergljot Gjelsvik, University of Oxford

'I wanted to kill the body, not the experience'. Suicidal imagery as transitional space. Hanne Weie Oddli, University of Oslo, Norway; Kirsten Benum, University of Oslo, Norway; Eleanor Chatburn, University of Oxford; Bergljot Gjelsvik, University of Oxford

Discussant: Margrethe Halvorsen, Oslo University Hospital, Norway;

# 72.

# Panel

quantitative & qualitative method Moderator: Juha Holma, University of Jyväskylä Friday | 2:15 PM--3:45 PM | Room 15 Relational mind: Combining discursive research and embodied synchrony in studying couple therapy

Embodied dialogues in couple therapy sessions with two therapists Juha Holma, University of Jyväskylä

Moving beyond language in discursive research on psychotherapy: Examining embodied and discursive

#### aspects of positioning in one couple therapy Evrinomy Avdi, Aristotle University of Thessaloniki

**Disconnection in transition phase to parenthood** Helena Päivinen, University of Jyväskylä

Discussant: Chris D H Evans, University of Roehampton;

Friday | 2:15 PM--3:45 PM | Room 7 Is it going to rain in Oxford? How psychotherapy research could change to allow for individual therapeutic decision making.

Phase Transitions in Psychotherapy: Bridging the Gap Between Theory and Practice Guenter K. Schiepek, Paracelsus Medical University, Salzburg, Austria; Benjamin Aas, Paracelsus Medical University

Emotion Network Dynamics in Major Depressive Disorder: Why some patients may improve during psychotherapy whereas other patients do not. Maartje Eijlander, Radboud University, Nijmegen, Netherlands; Claudi Bockting, University of Groningen, Netherlands; Guenter K. Schiepek, Paracelsus Medical University; Angelique Cramer, Tilburg University; Marieke van Rooij, Radboud University, Nijmegen, Netherlands; Anna Lichtwarck-Aschoff, Radboud University, Nijmegen, Netherlands

Early-Warning Signals for Clinical Transitions in Clients with Mood Disorders Merlijn Olthof, Radboud University, Nijmegen, Netherlands; Marieke van Rooij, Radboud University, Nijmegen, Netherlands; Anna Lichtwarck-Aschoff, Radboud University, Nijmegen, Netherlands; Guenter K. Schiepek, Paracelsus Medical University, Salzburg, Austria; Guido Strunk, Complexity-Research Vienna

Optimal designs to examine whether individual affective changes in treated patients are clinically meaningful and preliminary results of an ESM micro trial. Christien Slofstra, University of Groningen,

73.

Panel

quantitative & qualitative method Moderator: Benjamin Aas, Paracelsus Medical University, Salzbura, Austria Netherlands; Maaike Nauta, University of Groningen; Laura Bringmann, University of Groningen; Nicola Klein, University of Groningen; Nikolaos Batalas, Eindhoven University of Technology; Marieke Wichers, University of Groningen; Claudi Bockting, University of Groningen

Discussants: Benjamin Aas, Paracelsus Medical University, Salzburg, Austria; Claudi Bockting, University of Groningen, Netherlands; Guenter K. Schiepek, Paracelsus Medical University, Salzburg, Austria;

# 74.

### **Brief Paper Session**

child & family Moderator: Daniel Hayes, Evidence Based Practice Unit, University College London and Anna Freud Centre, UK.

# Friday | 2:15 PM--3:45 PM | Room 14 Treatment for children and adolescents

What Happens At The Point of NOT Understanding working through shame to having an open responsiveness in the classroom setting. Vanessa McHardy, UKCP

Counselling demand and provision in primary schools in Ireland Deirdre Dooley Judge, Dublin City University; Rosaleen McElvaney, Dublin City University; Evelyn Gordon, Dublin City University; Amy Byrne, Dublin City University

Maypole Dancing and Grotstein's "Bedlam": Complexity and Intensity in the Therapeutic Encounter in an Adolescent Psychoanalytic Psychotherapy Group Monique Maxwell, Leicestershire Partnership NHS Trust - CAMHS

Evaluation of i-THRIVE decision aids for improving shared decision making in child and youth health Daniel Hayes, Evidence Based Practice Unit, University College London and Anna Freud Centre, UK.; Rosa Town, UCL and ANFCC; Emilios Lemoniatis, Tavistock Clinic, London, UK; Julian Childs, University College, London, UK; Miranda Wolpert, Anna Freud Center, London, UK; Nick Midgley, UCL / Anna Freud National Centre; Anna Moore, UCL and AFC

Patterns of Disrupted Maternal Behaviour Associated with the Development of Disorganised Attachment in Infants within Parent-Infant Psychotherapy: A Case Study Sarah Anne Miltz, Anna Freud Center, London, UK; Evrinomy Avdi, Aristotle University of Thessaloniki; Tessa Baradon, Anna Freud National Centre for Children and Families; Michelle Sleed, Anna Freud Center, London, UK

# 75. Brief Paper Session

quantitative & qualitative method Moderator: Jarl Wahlström, University of Jyväskylä

# Friday | 2:15 PM--3:45 PM | Room 8 Single case studies II

A contrasting juxtaposition of analyzing a dream series by the dream interpretation method of depth psychology including individual psychology and psychoanalysis and the dream generation model of U. Moser and I. von Zeppelin Gabriela Pap, Medical University of Vienna, Austria

How to Research Clients' Experiences in Sandplay Therapy?- A Methodological Exploration Ying Liu, The University of Edinburgh, UK

Complex trauma and (therapeutic) relationships: A single-case study. Kimberly Van Nieuwenhove, Ghent University, Belgium; Reitske Meganck, Ghent University, Belgium; Mattias Desmet, Ghent University, Belgium

Why did she leave? An evidence-based case study of a dropout in an effective psychotherapy of depression Petr Dolezal, Masaryk University, Faculty of Social Studies, Brno, CZ; Michal Cevelicek, Masaryk University

Beyond the impasse: reflections on dissociative identity disorder Reitske Meganck, Ghent University, Belgium

Displaying Agency Problems at the Outset of Psychotherapy Jarl Wahlström, University of Jyväskylä; Minna-Leena Seilonen, University of Jyväskylä

Friday | 3:45 PM--4:15 PM | North Writing School Coffee Break

# 76. **Plenary**

Moderator: Stig Poulsen, University of Copenhagen, Denmark Friday | 4:15 PM--5:30 PM | South Writing School Finding the common ground - where do we go from here?

Julian Rubel, University Trier, Germany Miranda Wolpert, Anna Freud Center, London, UK William B Stiles, Miami University, Oxford, USA Bruce Wampold, University of Wisconsin, Madison, USA

Friday | 7:00 PM--11:00 PM | Grand Hall, Balliol College

**Conference Banquet** 

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