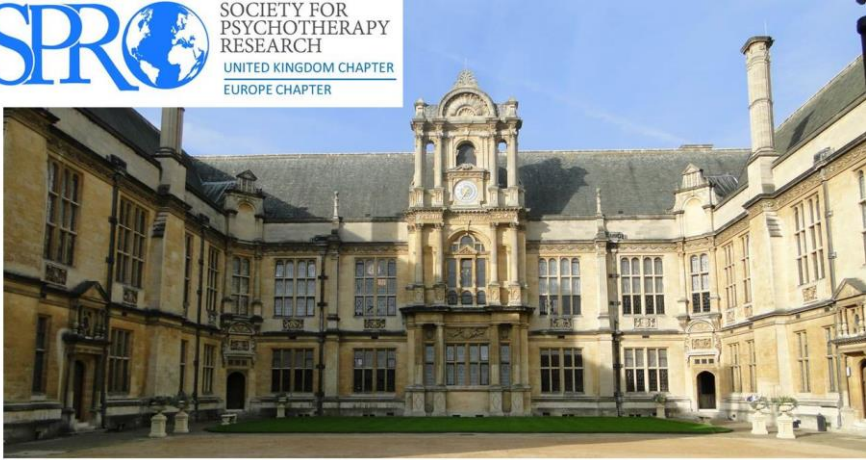




SOCIETY FOR
PSYCHOTHERAPY
RESEARCH
UNITED KINGDOM CHAPTER
EUROPE CHAPTER



Oxford Conference, 20-22 September 2017

Programme

Society for Psychotherapy Research
UK & European Chapters
4th joint conference
20 – 22 September 2017
Examination Schools, Oxford

**“Psychotherapy practice and research:
Finding the common ground”**

Dear Colleagues,

It is with great pleasure that we welcome you to the 4th joint UK & European Chapters conference of the Society for Psychotherapy Research. Building on previous successful joint Chapter conferences, we are delighted to host this conference in the historic University City of Oxford, UK. With over 240 presentations from across four continents this conference continues in the SPR tradition of diversity and international dialogue.

As always, the conference will get underway with pre-conference workshops on Wednesday afternoon, followed by the official Opening Ceremony on Wednesday at 5:30pm. The theme of the conference, 'Psychotherapy Practice & Research: Finding the Common Ground', will be illuminated throughout the conference from numerous angles. This will begin with the keynote address by Bruce Wampold on Wednesday at 6.00pm entitled: 'Research on Psychotherapy Practice: Improving the Quality of Services'. Thursday and Friday will be bookended by two plenaries: 'Finding the Common Ground - What Are Our Current Concerns?' on Thursday morning, and 'Finding the Common Ground - Where Do We Go from Here?' on Friday afternoon. We hope these plenaries will allow us to keep the theme of dialogue between research and practice alive through the whole conference.

Due to the impressive number of submissions, we will have 10 parallel session tracks allowing a wide variety of sessions focusing on a diversity of therapeutic modalities, client groups, and research methods. There are four presentation formats including 46 panel sessions, 7 structured discussions, 10 brief paper sessions, and a poster session on Thursday evening. The program also features meetings on Thursday, after lunch, of various SPR 'Special Interest Groups' as well as the SPR UK and European Chapter meetings. Presenters should note that all rooms will be equipped with Windows-based laptops connected to projectors and speakers. Please bring your presentation on a USB flash drive and make sure to transfer the presentation to the laptop in good time before your presentation. Posters should be mounted on the poster boards in the North Writing School upon arrival to the conference (pins are available at the reception).

As is usual at SPR conferences time is dedicated to the important task of socialising and digesting the days' events with colleagues. Please join us for a drinks reception and food following the Opening Ceremony on Wednesday and for drinks at the Poster session on Thursday evening. An SPR 'Oxford pub crawl' will follow the Poster session: all are welcome to visit some of Oxford's traditional and famous drinking places. The conference banquet dinner will take place on Friday evening - this promises to be an impressive event – not least for the unusual spectacle of seeing psychotherapy researchers in formal dress!

A conference such as this is dependent on the dedication and hard work of many people, all of whom deserve thanks. We extend our gratitude to our helpful local hosts at the Examination Schools and Balliol College. We also greatly appreciate the time and energy dedicated by all those who were involved in the Local Organising and Programme Committees.

Finally, we thank you, our conference delegates and presenters, for your contribution to making this a successful conference and for travelling to be with us from both near and far away. It is in the exchange of your experience and knowledge on which we rely to make this a truly rewarding and inspiring event.

We wish you a productive and enjoyable conference.

Susan Hajkowski
Past-President UK
Chapter

Stig Poulsen
President European
Chapter

Felicitas Rost
President UK Chapter

Scientific Programme
Committee

Stig Poulsen (chair), Johannes Ehrental,
Daniel Hayes, Charlie Jackson, Michał
Mielimąka, Helene Nissen-Lie, Jo-Ann Pereira,
Mark Widdowson.

Local Organising
Committee

Susan Hajkowski (chair), Sheila Butler, Robert
Elliott, Daniel Hayes, Charlie Jackson, Jo-Ann
Pereira, Felicitas Rost, Mark Widdowson, Kevin
Wright

Web & IT

Sven Schneider

Meetingsavvy.com

Brad Smith

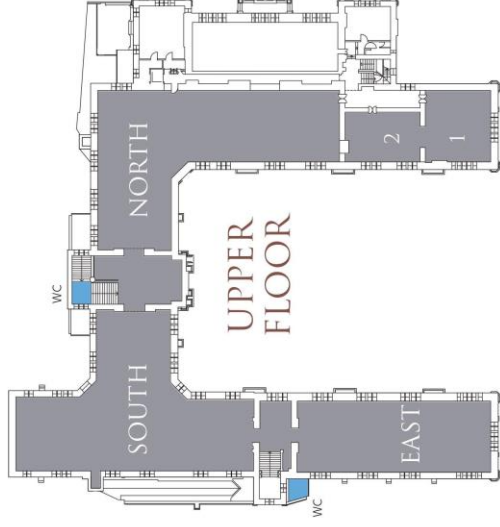
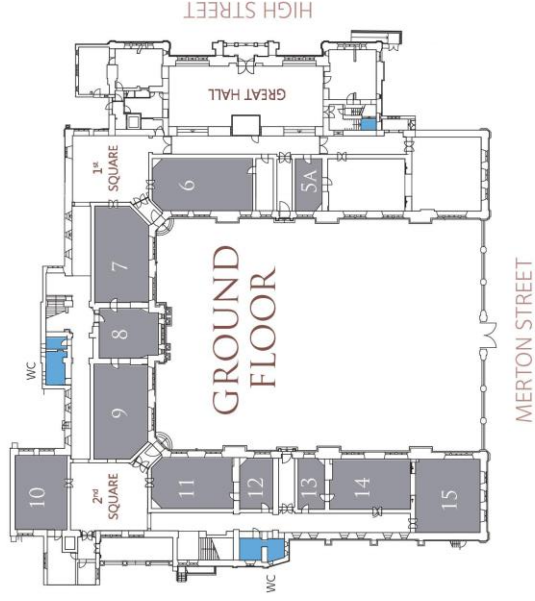
SPR Executive Officer

Marna S. Barrett

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PROGRAM AT A GLANCE

WEDNESDAY, SEPTEMBER 20

	Room 7	Room 8	Room 9	Room 10	Room 11	Room 14	Room 15
12:00-14:00	Registration - Great Hall, Examination Schools						
14:00-17:00	Pre-Conference Workshop A Collaborative Study of Psychotherapist Training: Data Collection Procedures and Data Analysis Plans (SPRISTAD) Rønnestad , Orlinsky , Willutzki	Pre-Conference Workshop The MATRIX: A novel theory-neutral tool exploring dynamic psychotherapy Mendlovic	Pre-Conference Workshop Adult Attachment in Romantic Relationships: Overcoming the Fear of Love Firestone	Pre-Conference Workshop Inductive-Deductive Thematic Analysis for Transcript Analysis: Flexible, accessible and rigorous Moller	Pre-Conference Workshop Comparing and Contrasting Two Models of Short-Term Psychotherapy: Differences and Similarities Messina	Pre-Conference Workshop Using nonverbal events in psychotherapy as clinical intervention in Functional analytic Psychotherapy (FAP) Kuei	Pre-Conference Workshop Working with narrative in Emotion-focused Therapy : Implications for practice Angus
17:30-18:00	Opening Welcome - South Writing School Hajkowski , Rost , Poulsen						
18:00-19:30	Keynote Address - South Writing School Wampold						
19:30-21:30	Welcome reception - North Writing School						

THURSDAY, SEPTEMBER 21

	Room 6	Room 7	Room 8	Room 9	Room 10	Room 11	Room 14	Room 15	East Writing School	South Writing School
09:00-10:00	Opening Plenary – South Writing School Rost									
10:00-10:30	Coffee Break - North Writing School									
10:30-12:00	Panel Training Krall	Panel Dynamic therapy Ulberg	Brief Paper Session Culture Aas	Panel Effectiveness of STPP Messina		Panel Complexity science Gelo		Structured Discussion Treatment Guidelines Elliott	Panel Patient resources Gumz	Panel Inter-session experience Schröder
12:00-13:30	Lunch – North Writing School									
12:30-13:30				Special Interest Group: Child and Family Therapy Research		Special Interest Group: Case Studies	Special Interest Group: SPRISTAD	Special Interest Group: Complexity Science		
13:30-14:15	European Chapter Meeting	UK Chapter Meeting								

THURSDAY, SEPTEMBER 21 (CONT.)

	Room 6	Room 7	Room 8	Room 9	Room 10	Room 11	Room 14	Room 15	East Writing School	South Writing School
14:30-16:00	Panel Adolescent depression Midgley	Panel Parent Infant Psychotherapy Avdi	Brief Paper Session Measures I Giannone	Panel Assimilation model research Stiles	Panel Clinically relevant research De Smet	Panel Affective relations and alliance Bänninger-Huber	Panel The person of the therapist McLeod	Brief Paper Session Mentalization Hayden	Panel Competence development Löffler-Stastka	Panel Process and outcome research in STPP Buller
16:00-16:30	Coffee Break – North Writing School									
16:30-18:00	Structured Discussion The 2017 NICE Guidelines for depression Moller	Panel Parental experiences of child mental health Hayes	Panel Spirituality Sandage	Brief Paper Session Change processes I Desmet	Panel Psychological intervention in domestic violence services Agnew-Davies	Panel Embodiment and nonverbal synchrony in psychotherapy Orsucci	Brief Paper Session Therapist perspectives Rihacek	Panel Mentalization-based treatment Taubner	Panel Alliance, reflective functioning and language Gumz	Panel Practice Research Networks Butler
18:00-20:00	Poster Session - with Book Launch sponsored by SAGE publications									

FRIDAY, SEPTEMBER 22

	Room 6	Room 7	Room 8	Room 9	Room 10	Room 11	Room 14	Room 15	East Writing School	South Writing School
08:30-10:00	Structured Discussion Individualized Psychotherapy Treatment of Young People Ulberg	Panel Paraphilias, Violence and Personality Disorder Rost	Panel Single case studies I Inslegers	Panel Work-related challenges for therapists Parry	Panel Measures II Schauenburg	Panel Mentalizing the mental health needs of children and families Byrne	Panel Embodiment and experience in couple therapy Laitila	Panel Personality characteristics in psychotherapy I Mielimaka	Panel Randomized Controlled Trials of CBT Arnfred	Panel Psychotherapy training research Gelo
10:00-10:30	Coffee Break – North Writing School									
10:30-12:00	Panel In-session Attachment and Mentalizing Talia	Panel Naturalistic outcome studies Gergov	Brief Paper Session Qualitative / Conceptual Studies Wright	Panel Change processes in child psychotherapy and assessment Odhammar	Brief Paper Session Change processes Orsucci	Panel Elucidating clinical outcome and drop-out Rost	Panel Practice into research in child psychotherapy Jorring	Panel Practice oriented research with children and families Grünbaum	Panel Personality characteristics in psychotherapy II Ehrenthal	Panel Therapists as Persons, Persons as Therapists Orlinsky
12:00-13:00	Lunch – North Writing School									

FRIDAY, SEPTEMBER 22 (CONT.)

	Room 6	Room 7	Room 8	Room 9	Room 10	Room 11	Room 14	Room 15	East Writing School	South Writing School
13:00-14:00	Brief Paper Session Randomized Controlled Trials Lunn	Panel Compassion and Empathy in Psychotherapy Elliott	Panel Shared decision-making in psychological therapies Hayes	Structured Discussion Complexity Science In Psychotherapy Orsucci	Panel Child psychotherapy and the medical model Peter	Panel Psychotherapy assisted by animals among children Levy	Meeting European Country Coordinators	Structured Discussion The UKCP `Moments of Meeting` PRN Lepper		
14:15-15:45	Structured Discussion The SPRISTAD Study of Psychotherapist Development Löffler-Stastka	Panel Individual therapeutic decision making Aas	Brief Paper Session Single case studies II Wahlström	Structured Discussion No such fool as Sweden: National guidelines Philips		Panel The psychology of suicidal imagery Gjelsvik	Brief Paper Session Treatment for children and adolescents Hayes	Panel Discursive research and embodied synchrony in couple therapy Holma	Panel Systematic feedback in psychotherapy Rabung	
15:45-16:15	Coffee Break – North Writing School									
16:15-17:30	Closing Plenary – South Writing School Poulsen									
19:00-23:00	Conference Banquet - Grand Hall, Balliol College									

Wednesday, 20 September 2017

Wednesday | 12:00 PM--12:00 PM | Great Hall

Registration

1. **Pre-Conference Workshop** *quantitative & qualitative method*
Moderator: Naomi Petra Moller, Open University

Wednesday | 2:00 PM--5:00 PM | Room 10
Inductive-Deductive Thematic Analysis for Transcript Analysis: Flexible, accessible and rigorous

[Naomi Petra Moller, Open University](#)
[Rachel Willcox, University of the West of England](#)
[Victoria Clarke, University of the West of England](#)
2. **Pre-Conference Workshop** *psychotherapy integration*
Moderator: Irene Messina, University of Padua

Wednesday | 2:00 PM--5:00 PM | Room 11
Comparing and Contrasting Two Models of Short-Term Psychotherapy: Differences and Similarities

Intensive Transactional Analysis Psychotherapy
[Marco Sambin, University of Padua](#); [Francesco Scottà, Centro Psicologia Dinamica, Padova \(Italy\)](#)

Intensive Short-term Dynamic Psychotherapy [Susan Hajkowski, University of Leicester, UK](#); [Stephen Buller, Psychotherapy Foundation](#)
3. **Pre-Conference Workshop** *alliance & interpersonal process*
Moderator: Tien Kuei, University of Glasgow

Wednesday | 2:00 PM--5:00 PM | Room 14
Using nonverbal events in psychotherapy as clinical intervention in Functional analytic Psychotherapy (FAP)

[Tien Kuei, University of Glasgow](#)
4. **Pre-Conference Workshop** *psychotherapy integration*
Moderator: Lynne Angus, York University, Canada

Wednesday | 2:00 PM--5:00 PM | Room 15
Working with narrative in Emotion-focused Therapy : Implications for practice

Lynne Angus, York University, Canada
Naomi Carpenter, York University, Canada

5. **Pre-Conference Workshop**
practice-training-research networks
Moderators: Michael Helge Rønnestad, University of Oslo, Norway; David Orlinsky, University of Chicago, USA; Ulrike Willutzki, Department of Psychology and Psychotherapy, Witten/Herdecke University
- Wednesday | 2:00 PM--5:00 PM | Room 7
A Collaborative Study of Psychotherapist Training: Data Collection Procedures and Data Analysis Plans (SPRISTAD)
- Discussants: [Armin Hartmann, University of Freiburg, Germany](#); [Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany](#); [Henriette Löffler-Stastka, Medical University of Vienna, Austria](#); [Omar C.G. Gelo, University of Salento \(Italy\) & Sigmund Freud University \(Austria\)](#); [Irene Messina, University of Padua](#); [Salvatore Gullo, University Niccolò Cusano](#); [Biljana van Rijn, Metanoia Institute](#); [Erkki Heinonen, National Institute for Health and Welfare, Helsinki, Finland](#); [Elitsa Tilkidzhieva, Sigmund Freud University, Vienna, Austria](#)
6. **Pre-Conference Workshop**
quantitative & qualitative method
Moderator: Shlomo Mendlovic, Tel Aviv University, Israel
- Wednesday | 2:00 PM--5:00 PM | Room 8
The MATRIX: A novel theory-neutral tool exploring dynamic psychotherapy
- [Shlomo Mendlovic, Tel Aviv University, Israel](#)
7. **Pre-Conference Workshop**
attachment & development
Moderator: Lisa Firestone, The Glendon Association
- Wednesday | 2:00 PM--5:00 PM | Room 9
Adult Attachment in Romantic Relationships: Overcoming the Fear of Love
- [Lisa Firestone, The Glendon Association](#)
8. *Moderators: Susan Hajkowski, University of Leicester, UK; Felicitas Rost, Tavistock and Portman NHS Foundation Trust; Stig Poulsen, University of Copenhagen, Denmark*
- Wednesday | 5:30 PM--6:00 PM | South Writing School
Opening Welcome

9. Wednesday | 6:00 PM--7:30 PM | South Writing School

Keynote Address

Research on Psychotherapy Practice: Improving the Quality of Services [Bruce Wampold, University of Wisconsin, Madison, USA](#)

10. Wednesday | 7:30 PM--9:30 PM | North Writing School

Welcome Reception

Thursday, 21 September 2017

11.

Plenary

*Moderator: Felicitas Rost,
Tavistock and Portman NHS
Foundation Trust*

Thursday | 9:00 AM--10:00 AM | South Writing
School

Finding the common ground - what are our current concerns?

[Lynne Angus, York University, Canada](#)
[Sheila Butler, The Open University and KMPT NHS](#)
[Robert Elliott, University of Strathclyde, Glasgow, UK](#)
[John McLeod, Oslo University, Norway](#)
[Nick Midgley, UCL / Anna Freud National Centre](#)
[Randi Ulberg, University of Oslo, Norway](#)

Thursday | 10:00 AM--10:30 AM | North Writing
School

Coffee Break

12.

Structured Discussion

*evidence-based
psychotherapies*

*Moderator: Robert Elliott,
University of Strathclyde,
Glasgow, UK*

Thursday | 10:30 AM--12:00 PM | Room 15

Evidence and Politics in the Mental Health Treatment Guideline Process: What Role for Psychotherapy Research?

[Jeremy Clarke, London School of Economics](#)
[Robert Elliott, University of Strathclyde, Glasgow, UK](#)

Discussants: [Robert Elliott, University of Strathclyde,
Glasgow, UK](#); [Jeremy Clarke, London School of
Economics](#)

13.

Panel

psychotherapy integration
*Moderator: Antje Gumz, Berlin
University of Psychology &
University Medical Center
Hamburg-Eppendorf*

Thursday | 10:30 AM--12:00 PM | East Writing School

Focusing on patient resources and strengths in psychotherapy

**Fostering resilience: Evaluation of an intervention
module** [Ulrike Willutzki, Department of Psychology
and Psychotherapy, Witten/Herdecke University](#);
[Philipp Victor, Department of Psychology and
Psychotherapy, Witten/Herdecke University](#)

A meta-analysis of resource- and strength-focused interventions [Antje Gumz, Berlin University of Psychology & University Medical Center Hamburg-Eppendorf](#); [Tanja Szeles, Berlin University of Psychology](#); [Thomas Munder, Berlin University of Psychology](#)

Concepts of using patient resources in psychodynamic therapy [Thomas Munder, Berlin University of Psychology](#); [Kai Rugenstein, Berlin University of Psychology](#); [Antje Gumz, Berlin University of Psychology & University Medical Center Hamburg-Eppendorf](#)

Discussant: [Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Germany](#);

14.

Panel

psychotherapy integration

Moderator: Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria)

Thursday | 10:30 AM--12:00 PM | Room 11

Complexity science and psychotherapy research

A dynamic systems approach to therapeutic alliance: Relational attunement and treatment outcome [Omar C.G. Gelo, University of Salento \(Italy\) & Sigmund Freud University \(Austria\)](#); [Salvatore Gullo, University Niccolò Cusano](#); [Johann Kleinbub, University of Padua](#); [Arianna Palmieri, University of Padua](#); [Goria Lagetto, University of Salento](#); [Erhard Mergenthaler, University of Ulm](#)

Psychophysiological synchronization and emotional-cognitive regulation in psychodynamic psychotherapy: a pilot study [Arianna Palmieri, University of Padua](#); [Johann Kleinbub, University of Padua](#); [Omar C.G. Gelo, University of Salento & Sigmund Freud University](#); [Erhard Mergenthaler, University of Ulm](#); [Sergio Salvatore, University of Salento](#); [Goria Lagetto, University of Salento](#)

Developing clinically useful conceptualisation of complexity in family and relational systems: Preliminary findings from Case-Based research with "traumatized and traumatizing families". [Sophie Holmes, Williams Road Family Therapy Centre](#)

15.

Panel

psychotherapy training

*Moderator: Johannes Florian
Krall, University of Klagenfurt,
Austria*

Thursday | 10:30 AM--12:00 PM | Room 6

Training and Therapist Development

How do newly certified integrative and TA psychotherapists experience their professional and personal growth? [Spela Krizanec, Medical University Ljubljana](#); Sara Pristavec, Community Health Centre Domžale; Gregor Žvelc, University of Ljubljana, Faculty of Arts, Department of Psychology; University of Primorska

A qualitative exploration of child psychotherapists' perspectives on the links between their personal analysis during training and their own practice [Coralie Lasvergnas, University College, London, UK](#); Evrinomy Avdi, Aristotle University of Thessaloniki; Nick Midgley, UCL / Anna Freud National Centre

Therapeutic attitudes and emotional responses in a sample of therapists in training. [Mauro Di Lorenzo, Gruppo Scuole Psicoterapia Psicoanalitica \(GSPP\)](#); Laura Bonalume,; Daniela Brambilla,; Chiara Gnesi,; Daniela Marzana,; Chiara Suttora,; Rossella Di Pierro,

Supervision of psychodrama trainees in counselling and psychotherapy [Johannes Florian Krall, University of Klagenfurt, Austria](#)

Discussant: [Henriette Löffler-Stastka, Medical University of Vienna, Austria](#);

16.

Panel

child & family

*Moderator: Randi Ulberg,
University of Oslo, Norway*

Thursday | 10:30 AM--12:00 PM | Room 7

Dynamic mechanism, dynamic change, and the depressed adolescents' experience of change in psychodynamic therapy

Structured case formulations in a study on adolescent psychotherapy [Peter Tallberg, Østfold Hospital Trust, Norway](#); Elisabeth Ness, Vestfold Hospital Trust, Norway; Randi Ulberg, University of Oslo, Norway

Assessment of Dynamic Change in Psychodynamic Psychotherapy with Adolescents [Elisabeth Ness, Vestfold Hospital Trust, Norway](#); Peter Tallberg, Østfold Hospital Trust, Norway; Randi Ulberg, University of Oslo, Norway

Adolescents' experience of change in psychodynamic therapy; a qualitative study [André Løvgren, University of Oslo, Norway](#); Jan Ivar Røssberg, Oslo University Hospital, Norway

Discussant: [Elina Kanellopoulou, Sismanoglia General Hospital, Greece](#);

17.

Panel

evidence-based psychotherapies

Moderator: Irene Messina, University of Padua

Thursday | 10:30 AM--12:00 PM | Room 9

Effectiveness of short-term psychodynamic psychotherapy

Intensive transactional analysis psychotherapy (ITAP): A new model for psychodynamic psychotherapy intensification [Francesco Scottà, Centro Psicologia Dinamica, Padova \(Italy\)](#); Marco Sambin, University of Padua

Videos of real therapy sessions [Marco Sambin, University of Padua](#)

Convergence between neurobiological models of psychotherapy and the I.T.A.P. theory [Irene Messina, University of Padua](#); Marco Sambin, University of Padua

Discussant: [Felicitas Rost, Tavistock and Portman NHS Foundation Trust](#);

18.

Panel

alliance & interpersonal process

Moderator: Thomas Schröder, University of Nottingham, UK

Thursday | 10:30 AM--12:00 PM | South Writing School

Intersession experiences (ISE) - filling in the gaps.

Introduction: 35 years of ISE research [Thomas Schröder, University of Nottingham, UK](#); Sally Stewart, Nottinghamshire Healthcare NHS Trust, UK

Intersession experiences of British psychological therapists studied in depth [Danielle De Boos](#), [University of Nottingham, UK](#); Sally Stewart, Nottinghamshire Healthcare NHS Trust, UK; Thomas Schröder, University of Nottingham, UK

Intersession experiences of British psychological therapists studied over time. [Sally Stewart](#), [Nottinghamshire Healthcare NHS Trust, UK](#); Thomas Schröder, University of Nottingham, UK; Nima Moghaddam, University of Lincoln, UK

The interaction between in-session processes and intersession experiences in patients with mental disorders from a psychodynamic perspective. [Thorsten-Christian Gablonski](#), [Heidelberg University, Germany](#); Sylke Andreas, Department of Psychology, University of Witten/Herdecke & Institute of Psychology, Alpen-Adria Univ

Methods of longitudinal Cluster Analysis versus Growth Curve Modelling of Intersession Trajectories: A reanalysis of the ANTOP-Intersession Experience Data. [Armin Hartmann](#), [University of Freiburg](#)

19.

Brief Paper Session

culture & identity

Moderator: Benjamin Aas, Paracelsus Medical University, Salzburg, Austria

Thursday | 10:30 AM--12:00 PM | Room 8

Culture

Social inequalities and therapeutic practice in the Social Clinics of Athens: An exploratory inquiry into the work of volunteer counsellors [Christina Sachpasidi](#), [University of Edinburgh](#)

Elephants in the room!: Counselling non-English speaking clients through interpreters. [Merih B Fidan](#), [University of Leicester, UK](#)

Pride or Prejudice?: The Role of Ethnicity and Culture in the Mental Health and Professional Development of Medical Students [Diana Bass](#), [University of Exeter](#)

Psygration: Proof of concept for an online cross-language platform for psychological assessment. [Benjamin Aas](#), [Paracelsus Medical University, Salzburg, Austria](#)

Thursday | 12:00 PM--1:30 PM | North Writing School

Lunch

Thursday | 12:30 PM--1:30 PM | Room 11

Special Interest Group: Case Studies

Thursday | 12:30 PM--1:30 PM | Room 14

Special Interest Group: SPRISTAD

Thursday | 12:30 PM--1:30 PM | Room 15

Special Interest Group: Complexity Science

Thursday | 12:30 PM--1:30 PM | Room 9

Special Interest Group: Child and Family Therapy Research

*Moderator: Stig Poulsen,
University of Copenhagen,
Denmark*

Thursday | 1:30 PM--2:15 PM | Room 6

European Chapter Meeting

*Moderator: Felicitas Rost,
Tavistock and Portman NHS
Foundation Trust*

Thursday | 1:30 PM--2:15 PM | Room 7

UK Chapter Meeting

20.

Panel

*practice-training-research
networks*

*Moderator: Henriette
Löffler-Stastka, Medical
University of Vienna, Austria*

Thursday | 2:30 PM--4:00 PM | East Writing School

Competence development in Psychotherapy Training

Mentalizing in psychotherapy training. An exploratory study on change in mentalizing skills as an effect of psychotherapy training [Ingrid Pleschberger, Medical University of Vienna, Austria](#); [Henriette Löffler-Stastka, Medical University of Vienna](#),

MASC to assess the mentalization capacity of therapists before and after a standardized MBT-training. [Richard Horn, Medical University of Vienna](#); [Isabella Klaus, Kaiser Franz Joseph Hospital Vienna, Psychiatric Department, Vienna Austria](#); [Kurt Stastka, Kaiser Franz Joseph Hospital, Psychiatric Department, Vienna](#); [Henriette Löffler-Stastka, Medical University of Vienna](#)

Science and Heritage: Towards Competence Development in Person-Centred Psychotherapy Training [Brigitte Macke-Bruck, Medical University of Vienna, Austria](#); [Henriette Löffler-Stastka, Medical University of Vienna](#)

Changes in empathy, mentalization and the development of psychoanalytic core competences in psychotherapy trainees in the course of their training compared to experienced psychotherapists. [Isabelle Wolf, Medical University of Vienna](#); [Henriette Löffler-Stastka, Medical University of Vienna](#)

Discussants: [Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Germany](#); [Henriette Löffler-Stastka, Medical University of Vienna](#)

21.

Panel

quantitative & qualitative method

Moderator: Melissa Miléna De Smet, Ghent University, Belgium

Thursday | 2:30 PM--4:00 PM | Room 10

Moving towards clinically relevant research - acknowledging the responsibility of the researcher

Shaping the object of science throughout the data collection process in psychotherapy research [Ufuoma Norman, Ghent University, Belgium](#); [Femke Truijens, Ghent University, Belgium](#); [Mattias Desmet, Ghent University, Belgium](#)

An idiosyncratic approach to the study of outcome: integrating the first-person perspective into standard outcome research [Melissa Miléna De Smet, Ghent University, Belgium](#); [Reitske Meganck, Ghent University, Belgium](#)

Q-Sort Methodology: Making Assessment Measures Clinically Meaningful [Felicitas Rost, Tavistock and Portman NHS Foundation Trust](#)

Discussant: [Stig Poulsen, University of Copenhagen, Denmark](#);

22.

Panel

alliance & interpersonal process

Moderator: Eva

Bänninger-Huber, University of Innsbruck, Austria

Thursday | 2:30 PM--4:00 PM | Room 11

Affective relationship patterns and working alliance

Prototypical Affective Microsequences (PAMs) and feelings of countertransference in psychoanalytic psychotherapy [Eva Huber, University of Innsbruck](#); [Michael Hafener, University of Innsbruck](#); [Eva Bänninger-Huber, University of Innsbruck, Austria](#)

The Interactive Organization of Intense Gaze Avoiding Laughter [Peter Muntigl, University of Ghent](#); [Eva Bänninger-Huber, University of Innsbruck, Austria](#)

Interactive emotion regulation in the context of crying [Eva Bänninger-Huber, University of Innsbruck, Austria](#); [Michael Pöll, University of Innsbruck, Austria](#)

23.

Panel

quantitative & qualitative method

Moderator: John McLeod, Oslo University, Norway

Thursday | 2:30 PM--4:00 PM | Room 14

Innovative strategies for qualitative research into the person of the therapist

The 'Professional Ex': Collaboration in research with addiction counsellors with lived experience [Marguerite Woods, Institute for Integrative Counselling and Psychotherapy, Dublin](#)

Transference: A theatre play - and how it was created from research interviews with senior therapists [Marit Råbu, University of Oslo, Norway](#)

How the experience of being a client has informed the practice of a group of experienced psychotherapists: a collective autoethnography [John McLeod, Oslo University, Norway](#)

24.

Panel

evidence-based psychotherapies

Moderator: Nick Midgley, UCL / Anna Freud National Centre

Thursday | 2:30 PM--4:00 PM | Room 6

Treatment of adolescent depression

Cognitive behavioural therapy and short-term psychoanalytic psychotherapy versus a Brief Psychosocial Intervention in adolescents with unipolar major depressive disorder (IMPACT): a randomised controlled superiority trial [Shirley Reynolds, University of Reading](#)

Inside the therapy room - additional findings from IMPACT using the Comparative Psychotherapy Process Scales (CPPS) and the Adolescent Psychotherapy Q-Set (APQ). [Nick Midgley, UCL / Anna Freud National Centre](#); Sally O'Keeffe, University College, London, UK; Ana Calderon, University College, London, UK

Neuroanatomical Perspectives on the Aetiology and Treatment of Young People with Depression [John Suckling, University of Cambridge](#)

26.

Panel

alliance & interpersonal process

Moderator: William B Stiles, Miami University, Oxford, USA

Thursday | 2:30 PM--4:00 PM | Room 9

New directions in assimilation model research: Theory-building case studies on setbacks, dementia, bereavement, and digital imagery

Therapist activities preceding setbacks in a poor-outcome case [Isabel Caro Gabalda, University of Valencia, Spain](#); William B Stiles, Miami University, Oxford, USA

Dementia and existential threat: negotiating the fear of a loss of control [Richard Iain Lloyd Cheston, University of the West of England](#)

Assimilation of grief experiences following spousal bereavement. [John Wilson, York St John University](#)

Digital images as therapeutic meaning bridges. Case Study research into the use of avatar based software by adolescents in school counselling [Biljana van Rijn, Metanoia Institute](#); Caroline Falconer, University of Nottingham, UK; Evi Chryssafidou, Metanoia Institute; William B Stiles, Miami University, Oxford, USA

27.

Panel

evidence-based psychotherapies

Moderator: Stephen Buller, Psychotherapy Foundation

Thursday | 2:30 PM--4:00 PM | South Writing School
Effectiveness, process and outcome research in Short-Term Psychodynamic Psychotherapy (STPP)

Therapist interventions and rupture resolution of the therapeutic alliance in psychodynamic psychotherapy: Comparing responders and nonresponders [Yves de Roten, Lausanne University, Switzerland](#)

Clinical and Cost Effectiveness of Short-Term Psychodynamic Psychotherapy (STPP) as a Frontline Treatment for Somatoform Disorders in Primary Care [Stephen Buller, Psychotherapy Foundation](#); Susan Hajkowski, University of Leicester, UK

Developing a Rating Scale for the Evaluation of Ego Capacity in Short-Term Psychodynamic Psychotherapy (STPP) [Susan Hajkowski, University of Leicester, UK](#)

Discussant: [Johannes C. Ehrental, University of Klagenfurt, Austria](#);

28.

Brief Paper Session

attachment & development

Moderator: Markus C. Hayden, Alpen-Adria Universität Klagenfurt

Thursday | 2:30 PM--4:00 PM | Room 15
Mentalization and Reflective Functioning

Mentalization and its relationship to attachment and trauma in borderline personality disorder [K Dharani Devi, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India](#); Poornima Bhola, Prabha Chandra, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India

The Relation between the Therapist's Performance concerning Unconscious Tests and the Patient's Level of Reflective Functioning: An Explorative Study

[Denise Zeyer, Universität Witten, Germany](#); Carolina Seybert, IPU Berlin; Dorothea Huber, IPU Berlin; Isa Sammet, Klinikum Christophsbad; Sylke Andreas, Department of Psychology, University of Witten/Herdecke & Institute of Psychology, Alpen-Adria Univ

Reflective Functioning in Couple Therapy for Depression: Comparative Case Study of Good and Poor Outcomes [Lotta Aura Heiskanen, The Finnish Family Federation](#)

Mentalization, interpersonal problems, and attachment in close relationships over the course of treatment [Markus C. Hayden, Alpen-Adria Universität Klagenfurt](#); Pia K. Müllauer, University of Klagenfurt, Austria; Sylke Andreas, Department of Psychology, University of Witten/Herdecke & Institute of Psychology, Alpen-Adria Univ

29.

Brief Paper Session

quantitative & qualitative method

Moderator: Francesca Giannone, Università di Palermo, Italy

Thursday | 2:30 PM--4:00 PM | Room 8

Measures I

The MATRIXscore- A Novel Tool for Measuring Theoretical Approaches of Psychodynamic Sessions

[Amit Saad, Shalvata Mental Health Center, Tel-Aviv University, Israel](#); Shlomo Mendlovic, Tel Aviv University, Israel; Boaz Schwarz, Bar-Ilan University, Israel; Ariel Ben-Yehuda, Shalvata Mental Health Center, Israel

Assessing treatment integrity in EFT: Tools for research and training [Marina Lopes Monteiro, ISMAI - University Institute of Maia](#);

Carla Cunha, Daniela Nogueira, João Salgado, ISMAI -- University Institute of Maia

Psychometric Properties of the Outcome Rating Scale (ORS) and Session Rating Scale 3.0 (SRS 3.0) in a Spanish Clinical Sample [Danilo Moggia, Universitat de Barcelona, Spain](#);

Noelia Niño-Robles, Guillem Feixas, Universitat de Barcelona, Spain; Scott D. Miller, Center for Clinical Excellence

**The Italian adaptation of the Group
Questionnaire: validity and factorial structure**
[Francesca Giannone, Università di Palermo, Italy;](#)
Maria Di Blasi, Università di Palermo; Cecilia
Giordano, Università di Palermo, Italy; Cinzia
Guarnaccia, Paris 8 University (Saint-Denis, France);
Salvatore Gullo, University Niccolò Cusano; Gianluca
Lo Coco, Università di Palermo, Italy

Thursday | 4:00 PM--4:30 PM | North Writing School

Coffee Break

30.

Structured Discussion

*evidence-based
psychotherapies*

*Moderator: Naomi Petra
Moller, Open University*

Thursday | 4:30 PM--6:00 PM | Room 6

**Uses and/or abuses of research? The 2017
NICE Guidelines for depression and the
future of counselling and psychotherapy in
treatment for depression in the NHS in
England**

Discussants: [Bruce Wampold, University of Wisconsin,
Madison, USA;](#) [Naomi Petra Moller, Open University,
UK;](#)

31.

Panel

psychotherapy integration

*Moderator: Antje Gumz, Berlin
University of Psychology &
University Medical Center
Hamburg-Eppendorf*

Thursday | 4:30 PM--6:00 PM | East Writing School

**Alliance, reflective functioning, and
language: Basic factors of psychodynamic
psychotherapy**

**Implementation of Alliance-Focused Training to the
German health care system** [Laurence Reuter, Berlin
University of Psychology;](#) Thomas Munder, Berlin
University of Psychology; Antje Gumz, Berlin
University of Psychology & University Medical Center
Hamburg-Eppendorf

**Reflective functioning as a specific factor in
psychotherapy: a systematic review** [Sylke Andreas,
Department of Psychology, University of
Witten/Herdecke & Institute of Psychology,
Alpen-Adria Univ;](#) Luis Wehn, Institute of Psychology,
Alpen-Adria Universität Klagenfurt; Jonas Lüdemann,
Sven Rabung, Alpen-Adria-Universität Klagenfurt

Patient crying and supportive interventions: When do therapists use them? [Michael Pöll, University of Innsbruck, Austria](#); Antje Gumz, Berlin University of Psychology & University Medical Center Hamburg-Eppendorf; Eva Bänninger-Huber, University of Innsbruck, Austria

Subjective concepts of the "talking cure": A qualitative study [Christopher Marx, Berlin University of Psychology](#); Rajana Kersten, Berlin University of Psychology; Antje Gumz, Berlin University of Psychology & University Medical Center Hamburg-Eppendorf

32.

Panel

quantitative & qualitative method

Moderator: Roxane McKechnie Agnew-Davies, University of Bristol

Thursday | 4:30 PM--6:00 PM | Room 10

Psychological advocacy towards healing (PATH): A randomized controlled trial and qualitative analysis of a new psychological intervention in domestic violence services.

PATH (Psychological advocacy towards healing) Model [Roxane McKechnie Agnew-Davies, University of Bristol](#)

A randomized controlled trial of PATH in domestic violence services [Gene Feder, University of Bristol](#); Giulia Ferrari, University of Bristol

Women's experiences of a trial of a specialist psychological advocacy intervention following domestic violence or abuse: a nested qualitative study [Maggie Evans, University of Bristol](#)

Discussant: [Gene Feder, University of Bristol](#);

33.

Panel

alliance & interpersonal process

Moderator: Franco F. Orsucci, University College of London & NC-IUL University of London

Thursday | 4:30 PM--6:00 PM | Room 11

Embodiment and nonverbal synchrony in psychotherapeutic interaction

Does nonverbal timing in patient-therapist interactions predict premature discontinuation in psychotherapy of patients with social anxiety disorder? [Désirée Thielemann, Jena University](#)

[Hospital, Germany](#); Jane Dittmann, University Trier, Germany; Julian Rubel, University Trier, Germany; Brian Schwartz, University Trier, Germany; Anne-Katharina Deisenhofer, University Trier, Germany; Wolfgang Lutz, University Trier, Germany; Bernhard Strauss, University of Jena, Germany; Uwe Altmann, Jena University Hospital, Germany
Nonverbal synchrony: The change of dyadic nowness over the course of psychotherapy, and its relation to outcome [Brian Schwartz, University Trier, Germany](#); Jane Dittmann, University Trier, Germany; Anne-Katharina Deisenhofer, University Trier, Germany; Wolfgang Lutz, University Trier, Germany

Discussant: [Franco F. Orsucci, University College of London & NC-IUL University of London](#);

34.

Panel

*evidence-based
psychotherapies*

*Moderator: Svenja Taubner,
Institute for Psychosocial
Prevention, University Hospital
Heidelberg, Heidelberg,
Germany*

Thursday | 4:30 PM--6:00 PM | Room 15

Mentalization-based treatment

Reactivity to Social Exclusion in Borderline Personality Disorder Is Associated with Therapeutic Alliance in Mentalization-Based Group Therapy [Sebastian Euler, University of Basel](#); Mareike Busmann, University of Basel; Johannes Wrege, University of Basel; Marc Walter, University of Basel

Intensive outpatient Mentalization-Based Treatment (MBT-IOP) for Borderline Personality Disorder in adult population: A pilot study. [Beatriz García Ruiz, Autonomous University of Barcelona & Sant Pere Claver Health Foundation, Barcelona, Spain](#); [Carla Mañó Serrat, Sant Pere Claver Health Foundation. Barcelona, Spain](#); [Glòria Mateu Vives, Sant Pere Claver Health Foundation, Barcelona, Spain](#)

From clinical research to the development of a new treatment modality -- Mentalization-based Therapy for adolescents with conduct disorder [Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Germany](#); [Jana Volkert, Heidelberg University, Germany](#); [Thorsten-Christian Gablonski, Heidelberg University, Germany](#)

Discussant: [Björn Philips, Stockholm University, Sweden](#)

35.

Panel

child & family

Moderator: Daniel Hayes, Evidence Based Practice Unit, University College London and Anna Freud Centre, UK

Thursday | 4:30 PM--6:00 PM | Room 7

Parental experiences of infant, child and adolescent mental health diagnosis and treatment

A Qualitative Study of Therapy Experience for Depressed Mothers Receiving Parent-Infant Psychotherapy with their Infants [Sarah Elizabeth Spitzfaden, Anna Freud Center, London, UK](#); Michelle Slead, Anna Freud Center, London, UK; Tessa Baradon, Anna Freud National Centre for Children and Families; Evrinomy Avdi, Aristotle University of Thessaloniki

Child parent psychotherapy (CPP) - an evidence based model for treatment of traumatized children aged 0-6 [Anna Norlén, The Erica Foundation, Stockholm, Sweden](#)

The experience of being the parent of an adolescent with a diagnosis of depression in the UK [Emily Stapley, Anna Freud National Centre for Children and Families and UCL](#); Mary Target, Anna Freud National Centre for Children and Families and UCL; Nick Midgley, UCL / Anna Freud National Centre

36.

Panel

culture & identity

Moderator: Steven J. Sandage, Boston University

Thursday | 4:30 PM--6:00 PM | Room 8

Spirituality

Spiritual Care in Hospitals: An Applied Pilot Study of Spiritual Counselling [Zehra Ersahin, Social Sciences University of Ankara](#); Uzeyir Ok, Ibn Haldun University; H. Sinem Ugurlu Bakar, Ankara University
Testing a Relational Spirituality Model with Adult Psychotherapy Clients [Steven J. Sandage, Boston University](#); David Paine, Boston University; Elizabeth Ruffing, Boston University; Sarah Moon, Boston University; David Rupert, Boston University; Miriam Bronstein, Boston University; Chance Bell, Boston University; Peter Jankowski, Bethel University

37.

Panel

*practice-training-research
networks*

*Moderator: Sheila Butler, The
Open University UK and KMPT
NHS*

Thursday | 4:30 PM--6:00 PM | South Writing School

Nurturing Common Ground with Practice Oriented Research and Practice Research Networks

Practice-research Landscapes [Sheila Butler, The Open
University UK and KMPT NHS](#)

**Using messy real data to advance understanding;
CORC's approach** [Miranda Wolpert, Anna Freud
Center, London, UK](#)

**Reflections and Ways forward: Can participatory and
collaborative POR and PRN models strengthen and
add new dimensions to research and practice?** [Sheila
Butler, The Open University UK and KMPT NHS](#); Javier
Fernández Alvarez, Universitat Jaume I; Miranda
Wolpert, Anna Freud Center, London, UK

Discussants: [Sheila Butler, The Open University UK
and KMPT NHS](#); [Miranda Wolpert, Anna Freud Center,
London, UK](#); [Jeb Brown, Center for Clinical
Informatics](#);

38.

Brief Paper Session

therapist effects

*Moderator: Tomas Rihacek,
Masaryk University in Brno,
Czech Republic*

Thursday | 4:30 PM--6:00 PM | Room 14

Therapist perspectives

**A study of the working interface between the
different therapy and counselling modalities in a
low-cost service** [Mary Lister Ashby, Exeter University](#)

**A Question of Process: Implicit Theories Concerning
the Relationship of Psyche and Soma in the Analytic
Encounter** [Ann Addison, Society of Analytical
Psychology](#)

**An exploration of how psychoanalytic practitioners
understand Voluntary Childlessness in the clinical
setting.** [Sheila O'Sullivan, Centre for Psychoanalytic
Studies, Essex, UK](#)

Dimensions of therapeutic relationship: The therapist perspective [Tomas Rihacek, Masaryk University in Brno, Czech Republic](#); Jan Roubal, Masaryk University in Brno, Czech Republic

39.

Brief Paper Session

alliance & interpersonal process

Moderator: Mattias Desmet, Ghent University, Belgium

Thursday | 4:30 PM--6:00 PM | Room 9

Change processes I

The Structure of Change in Psychotherapy: General or Specific Factors? [Matthew Paul Constantinou, University College, London, UK](#); Liz Allison, University College, London, UK; Peter Fonagy, University College, London, UK

Does the Phase Model Predict Patterns of Change in Couple Therapy? [Robert J. Lueger, Wisconsin School of Professional Psychology](#); William Pinsof, Pinsof Family Systems

Emotional and cognitive linguistic markers instability in psychotherapy diaries and their relationship with treatment outcome [Catalin Zaharia, Sigmund Freud University](#); Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Cosimo Talò, University of Salento; Guenter K. Schiepek, Paracelsus Medical University, Salzburg, Austria; Benjamin Aas, Paracelsus Medical University, Salzburg, Austria

Measuring the outcome of psychotherapy: Some remarkable psychometric observations. [Mattias Desmet, Ghent University, Belgium](#); Reitske Meganck, Ghent University, Belgium; Ruth Inslegers, Ghent University, Belgium

40.

Thursday | 6:00 PM--8:00 PM | North Writing School

Poster Session - with Book Launch sponsored by SAGE publications

Harnessing nonverbal events in psychotherapy as clinical intervention in Functional analytic Psychotherapy (FAP) [Tien Kuei, University of Glasgow](#)

A Qualitative Analysis of Novice Therapists' Hesitation to Using Voluntary Self-Disclosure and Developmental Process of the Professional Self
[Akihiro Kusaoka, Hokkaido University, Japan](#)

Adolescent patients' responses to transference interpretations focused on endings in short-term psychoanalytic psychotherapy [Elena Della Rosa, University of Essex](#)

Psychotherapy Group Supervision for Graduate Students: The Role of Group Processes in Fostering Professional Identity. [Shulamit Geller, The Academic College of Tel-Aviv Yaffo](#); [Keren Hanetz-Gamliel, The Academic College of Tel Aviv-Yafo](#)

UK secondary school therapists' online communication with their clients and potential development in this area. [Jeanette Hennigan, Middlesex University & Metanoia Institute](#); [Stephen Goss, Middlesex University and Metanoia Institute](#)

Guilt eliciting narratives and their enactment in psychotherapeutic interaction [Sabine Monsberger, University of Innsbruck](#); [Eva Bänninger-Huber, University of Innsbruck, Austria](#)

What works for whom and how? Mechanisms of change in psychotherapy -- the MOP study. A randomized study of psychodynamic and cognitive behavioural therapy for patients with depressive disorder. [Randi Egeland, Oslo University Hospital, Norway](#); [Julie Horgen Evensen, Oslo University Hospital](#); [Theresa Wilberg, Oslo University Hospital](#); [Randi Ulberg, University of Oslo](#); [Jan Ivar Røssberg, Oslo University Hospital](#)

The headache of transcribing psychotherapy sessions: a researcher's panacea [John Wilson, York St John University](#)

Laughing in psychoanalytic psychotherapy: Functions and facial prototypes [Stefan Salvenauer, Institute of Psychology, Innsbruck, Austria](#); [Eva Bänninger-Huber, University of Innsbruck, Austria](#); [Reto Bergauer, Institute of Psychology, Innsbruck, Austria](#)

Development and refinement of the Vital Parenting Tasks (VPT) model for parent-child psychotherapy

[Laine Jaderberg, Metanoia Institute / Middlesex University](#); [Alistair MacBeath, Metanoia Institute / Middlesex University](#)

Processes of affective regulation in the context of transference interpretations

[Julia Baumgartner, Universität Innsbruck, Austria](#); [Eva Bänninger-Huber, University of Innsbruck, Austria](#)

Therapist interventions and parental responses associated with emotional processing in the context of attachment-based family therapy (ABFT).

[Noa Tsvieli, Ben Gurion University, Beer Sheva, Israel](#); [Gary M. Diamond, Ben Gurion University](#)

Associations of early childhood adversities with psychiatric problems, psychological functioning, and suitability for psychotherapy in adulthood -- specific patterns of vulnerability and resources in a sample of depressed and anxious outpatients

[Erkki Heinonen, National Institute for Health and Welfare, Helsinki, Finland](#); [Paul Knekt, Tommi Härkänen, Esa Virtala, Olavi Lindfors, National Institute for Health and Welfare, Helsinki](#)

Learning to Continue to Develop Professionally: An Exploration of Therapists' Experience of Continuing Professional Development in a Higher Education setting: A preliminary study.

[Afra Turner, Middlesex University and Metanoia Institute London](#); [Stephen Goss, Middlesex University and Metanoia Institute](#)

When Life Gets in the Way: A systematic review of the assessment of life events in change over the course of psychotherapy for depression and anxiety in children and adolescents

[Emily Blackshaw, University of Roehampton](#); [Mick Cooper, University of Roehampton](#); [Chris DH Evans, University of Roehampton](#)

Motivation to Change as a Mechanism of Mindfulness in Individual Trainee Psychotherapy of Depression and Anxiety: Results of a pragmatic Randomized Controlled Trial

[Paula Kröger, Heidelberg University, Germany](#); [Paul Blanck, Heidelberg](#)

University; Hinrich Bents, Heidelberg University; Thomas Heidenreich, University of Applied Sciences Esslingen; Johannes Mander, Heidelberg University

Understanding mechanisms of psychotherapeutic action [Jean-Michel Thurin, National Institute for Health and Medical Research France](#); Monique Thurin, National Institute for Health and Medical Research France

The causality of change, a bridge between research and practice [Monique Thurin, National Institute for Health and Medical Research France](#); Jean-Michel Thurin, National Institute for Health and Medical Research France

The Single Case Archive [Liza Notaerts, Ghent University, Belgium](#); Juri Krivzov, Ruth Inslegers, Reitske Meganck, Ghent University

Tracking Change in Italian Trainees' Experience of Therapeutic Work: preliminary Results of a two-year Longitudinal Evaluation [Irene Messina, University of Padua](#); [Omar C.G. Gelo, University of Salento \(Italy\) & Sigmund Freud University \(Austria\)](#); Salvatore Gullo, University Niccolò Cusano; Marco Sambin, University of Padua; David Orlinsky, University of Chicago, USA

Intensive Transactional Analysis Psychotherapy: a single-case series [Irene Messina, University of Padua](#); Francesco Scottà, Centro Psicologia Dinamica, Padova; Francesca Bianco, University of Padova, Italy; Enrico Benelli, Centro Psicologia Dinamica, Padova; Marco Sambin, University of Padua

A systematic review and meta-analysis on the prevalence of personality disorders in the general adult population in Western countries [Jana Volkert, Heidelberg University, Germany](#); Thorsten-Christian Gablonski, Heidelberg University, Germany; Sven Rabung, Alpen-Adria-Universität Klagenfurt

Therapists' attachment states of mind predict the quality of therapists' attunement in-session: Validation study of the Therapist Attunement Scales (TASc) [Alessandro Talia, Heidelberg University, Germany](#); Laura Muzi, Sapienza University of Rome,

Italy; Vittorio Lingiardi, Sapienza University of Rome, Italy; Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany

Narcissism and countertransference : Affective and relational characteristics of the client and therapist

[Philippe Bégin, Université de Sherbrooke](#); Delphine Séguin, Université de Sherbrooke; Amylie Paquin-Boudreault, Université de Trois-Rivières; Éléonore Sabourin-Guardo, Université de Sherbrooke; Jean Descôteaux, Université de Sherbrooke; Olivier Laverdière, Université de Sherbrooke

The first sessions of psychotherapy: A qualitative meta-analysis of alliance formation processes

[Kristina Osland Lavik, Helse Førde, Norway](#)

Different trajectories of symptoms change in Prolonged Exposure therapy for PTSD and their predictors. [Karolina Staniaszek, University of Warsaw, Poland](#)

The Depression Conundrum and The Advantages of Uncertainty [Jan Edmond Celie, Ghent University, Belgium](#)

The role of maternal reflective functioning and attachment style in the development of children's externalizing behaviors in a clinical sample [Karolina Dejko, Jagiellonian University, Kraków, Poland](#)

Friday, 22 September 2017

41.

Structured Discussion

*evidence-based
psychotherapies*

*Moderator: Randi Ulberg,
University of Oslo, Norway*

Friday | 8:30 AM--10:00 AM | Room 6

How to Develop Research on Individualized Psychotherapy Treatment of Young People with Mental Disorders?

Specific markers (moderators) in youth psychotherapy [Stig Poulsen, University of Copenhagen, Denmark](#)

Mechanisms of change (mediators) in youth psychotherapy [Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Germany](#)

Age customized process and treatment measures in youth psychotherapy [Fredrik Falkenström, Stockholm University, Sweden](#)

Age customized research designs in youth psychotherapy [Julian Childs, University College, London, UK](#)

Dissemination of results and communication with stakeholders [Michael Kaess, University of Bern, Switzerland](#)

Discussants: [Randi Ulberg, University of Oslo, Norway](#); [Elina Kanellopoulou, Sismanoglia General Hospital, Greece](#);

42.

Panel

*evidence-based
psychotherapies*

*Moderator: Sidse Arnfred,
University of Copenhagen,
Denmark*

Friday | 8:30 AM--10:00 AM | East Writing School

Randomized Controlled Trials of CBT

TAU nose to nose with CBT in treatment study. What TAU achieves that? [Ole Hultmann, University of Gothenburg](#); [Ulf Axberg, University of Gothenburg](#)

Rumination-focused cognitive behavioural therapy (CBT) versus standard CBT for depression: a phase II trial [Morten Hvenegaard, University of Copenhagen, Denmark](#); Stig Poulsen, Stine Møller, Stephen Austin, University of Copenhagen; Ben Grafton, University of Western Australia, Perth; Morten Kistrup; Nicole Rosenberg, Aarhus University, Denmark; Henriette Holm, SDU, Denmark; Edward Watkins, University of Exeter

Trans-diagnostic group CBT vs. standard group CBT for depression, social anxiety disorder and agoraphobia/panic disorder -- an example of the complexity of group therapy RCT design [Sidse Arnfred, University of Copenhagen, Denmark](#); Ruth Aharoni, Mental Health Capital Region, Copenhagen; Stig Poulsen, University of Copenhagen; Nicole Rosenberg, Aarhus University; Mikkel Arendt, Psychiatric Hospital Risskov, Aarhus; Bo Bach, Mental Health Region Zealand; Nina Reinholt, University of Copenhagen

43.

Panel

quantitative & qualitative method

Moderator: Henning Schauenburg, Heidelberg University, Germany

Friday | 8:30 AM--10:00 AM | Room 10

Measures II

Perceptions of Active Processes in Psychotherapy: Development of the Perceived Active Mechanisms of Psychotherapy Scale [Dana Tzur Bitan, Shalvata Mental Health Center](#); Aryeh Lazar, Ariel University; Ben Siton, Ariel University

The Development of the Relational Needs Scale [Gregor Žvelc, University of Ljubljana, Faculty of Arts, Department of Psychology](#); [University of Primorska](#); Karolina Jovanoska, Institute for Integrative Psychotherapy and Counselling, Ljubljana, Slovenia

Operationalized Psychodynamic Diagnosis (OPD) - an English E-Learning Course for a well implemented and broadly used clinical tool [Henning Schauenburg, Heidelberg University, Germany](#); Simone Jenissen, Heidelberg University; Manfred Cierpka, Heidelberg University

44.

Panel

child & family

*Moderator: Nick Midgley, UCL /
Anna Freud National Centre*

Friday | 8:30 AM--10:00 AM | Room 11

Using a mentalizing approach to meet the mental health needs of children and their families

The Herts and Minds Study: Evaluating the effectiveness of Mentalization-Based Treatment (MBT) as an intervention for children in foster care [Nick Midgley, UCL / Anna Freud National Centre](#);

Sarah Jane Besser, University of Hertfordshire; Helen Dye, University of Hertfordshire; Pasco Fearon, University College London; Tim Gale, Hertfordshire Partnership University NHS Foundation Trust; Kiri Jefferies-Sewell, Hertfordshire Partnership University NHS Foundation Trust; Karen Irvine, Hertfordshire Partnership University NHS Foundation Trust; Joyce Robinson, Hertfordshire Partnership University NHS Foundation Trust; Solange Wyatt, University of Hertfordshire; Sally Wood, Anna Freud Center, London, UK; David Wellsted, University of Hertfordshire

A feasibility study of the Reflective Fostering Programme (RFP) [Sheila Redfern, Anna Freud Center, London, UK](#); Alistair Cooper, Anna Freud Center;; Grace West, Anna Freud Center; Antonella Cirasola, Anna Freud Center; Nick Midgley, UCL / Anna Freud National Centre

The Lighthouse Mentalization Based Treatment - Parenting Programme for maltreating parents [Michelle Slead, Anna Freud Center, London, UK](#); Gerry Byrne, Oxford Health NHS Foundation Trust

45.

Panel

*quantitative & qualitative
method*

*Moderator: Aarno A. Laitila,
University of Jyväskylä*

Friday | 8:30 AM--10:00 AM | Room 14

Relational Mind: Doing relational research on embodiment and experience in couple therapy

Preliminary steps into mixed methods case study: the value of ANS measures for couple therapy research [Aarno A. Laitila, University of Jyväskylä](#)

Embodied dialogue in a couple therapy -- bodily mirroring behavior and the spoken dialogue [Petra Nyman-Salonen, University of Jyväskylä](#)

Bridging research and clinical intervention: Stimulated Recall Interviews as creation of meaning in the personal, couple and therapeutic system
[Maria Borcsa, University of Applied Sciences Nordhausen](#)

Discussant: [John McLeod, Oslo University, Norway](#);

46.

Panel

client factors

Moderator: Michal Mielimaka, Jagiellonian University Medical College

Friday | 8:30 AM--10:00 AM | Room 15

Personality characteristics in psychotherapy I

Resistance, defensiveness, auto-presentation in patients treated for neurotic and personality disorders with group psychodynamic psychotherapy -- patterns of symptoms reporting [Katarzyna Cyranka, Jagiellonian University Medical College](#); [Krzysztof Rutkowski, Jagiellonian University Medical College](#); [Michal Mielimaka, Jagiellonian University Medical College](#); [Jerzy A. Sobanski, Jagiellonian University Medical College](#); [Edyta Dembinska, Jagiellonian University Medical College](#); [Anna Citkowska-Kisieleska, Jagiellonian University Medical College](#)

Importance of attachment styles in psychological treatment of patients with substance use disorders

[Ylva Gidhagen, Linköping University, Sweden](#); [Rolf Holmqvist, Linköping University, Sweden](#); [Björn Philips, Stockholm University, Sweden](#)

Coping strategies in patients treated with group psychotherapy for neurotic and personality disorders [Michal Mielimaka, Jagiellonian University Medical College](#);

[Katarzyna Cyranka, Jagiellonian University Medical College](#); [Krzysztof Rutkowski, Jagiellonian University Medical College](#); [Jerzy A. Sobanski, Jagiellonian University Medical College](#); [Edyta Dembinska, Jagiellonian University Medical College](#); [Anna Citkowska-Kisieleska, Jagiellonian University Medical College](#)

47.

Panel

*evidence-based
psychotherapies*

*Moderator: Felicitas Rost,
Tavistock and Portman NHS
Foundation Trust*

Friday | 8:30 AM--10:00 AM | Room 7

**Paraphilias, Violence and Personality
Disorder: Implementing Clinical Research at
the Portman Clinic**

**Trials and tribulations of implementing a
randomized controlled trial of MBT for antisocial
personality disorder in the UK Criminal Justice
System** [Jessica Yakeley, Portman Clinic, London, UK](#)

**Paraphilias and personality disorder: Changes in
personality functioning as a result of long-term
psychoanalytic psychotherapy** [Felicitas Rost,
Tavistock and Portman NHS Foundation Trust](#)

**Tracking subtle changes in personality functioning
and in behaviour: A Case Study** [Stephen Blumenthal,
Portman Clinic, London, UK](#)

Discussant: [Björn Philips, Stockholm University](#)

48.

Panel

*quantitative & qualitative
method*

*Moderator: Ruth Inslegers,
Ghent University, Belgium*

Friday | 8:30 AM--10:00 AM | Room 8

Single case studies I

**The evolution of the culture of publishing case
studies: away from the Obscure, rediscovery of the
Ordinary** [Juri Krivzov, Ghent University, Belgium](#); [Liza
Notaerts, Ruth Inslegers, Reitske Meganck, Ghent
University, Belgium](#)

**Case study research into psychotherapies for people
that present with physical symptoms, 2012-2016: A
review of the literature** [John Hills, University of
Leeds, London, UK](#); [Dr Jane Cahill, University of Leeds](#);
[Dr John Lees, University of Leeds](#); [Prof Dawn
Freshwater, University of Western Australia, Perth](#)

**The 'good' versus the 'bad'. A comparison between
'good', 'mixed' and 'poor' outcome published single
case studies using the Single Case Archive.** [Ruth
Inslegers, Ghent University, Belgium](#); [Reitske
Meganck, Juri Krivzov, Liza Notaerts, Ghent University](#)

Discussant: [Jochem Willemsen, University of Essex](#)

49.

Panel

therapist effects

*Moderator: Glenys Parry,
University of Sheffield, UK*

Friday | 8:30 AM--10:00 AM | Room 9

Work-related challenges for therapists

An evaluation of the use of cognitive analytic concepts in organisational service delivery for clients with multiple complex needs. [Karen Shannon, DKS Associates Liverpool](#); [Glenys Parry, University of Sheffield, UK](#)

A Mixed Methods Approach Investigating Cognitive Changes in Vicarious Trauma within Trainees and Qualified Therapists [Emma Louise Milard, Nottinghamshire Healthcare NHS Trust, UK](#); [Rachel Sabin-Farrell, University of Nottingham, UK](#); [Thomas Schröder, University of Nottingham, UK](#)

Let's talk about sex: An Investigation into female psychotherapists' experience of male clients' sexual attraction towards them. [Jasenka Lukac-Greenwood, Metanoia Institute](#); [Biljana van Rijn, Metanoia Institute](#)

50.

Panel

*practice-training-research
networks*

*Moderator: Omar C.G. Gelo,
University of Salento (Italy) &
Sigmund Freud University
(Austria)*

Friday | 8:30 AM--10:00 AM | South Writing School

Psychotherapy training research

Personal background, motivation and Interpersonal style of psychotherapy trainees with different theoretical orientations: Preliminary results from the Italian context [Irene Messina, University of Padua](#); [Omar C.G. Gelo, University of Salento \(Italy\) & Sigmund Freud University \(Austria\)](#); [Salvatore Gullo, University Niccolò Cusano](#); [Marco Sambin, University of Padua](#); [David Orlinsky, University of Chicago, USA](#)

Development of relational abilities in the process of becoming a psychotherapist: Preliminary results from the Austrian context [Omar C.G. Gelo, University of Salento \(Italy\) & Sigmund Freud University \(Austria\)](#); [Salvatore Gullo, University Niccolò Cusano](#); [Elitsa Tilkidzhieva, Sigmund Freud University, Vienna, Austria](#); [Vanessa Freitag, Sigmund Freud University Vienna](#); [Irene Messina, University of Padua](#)

Empathy in Psychoanalysis and Medical Education: What can we learn from each other? [Felicitas Datz, Medical University Vienna](#); Karoline Parth, Medical University of Vienna; Ingrid Preusche, Medical University of Vienna, Austria; Henriette Löffler-Stastka, Medical University of Vienna, Austria

Discussant: [David Orlinsky, University of Chicago, USA](#);

Friday | 10:00 AM--10:30 AM | North Writing School
Coffee Break

51.

Panel

client factors

Moderator: Johannes C. Ehrental, University of Klagenfurt, Austria

Friday | 10:30 AM--12:00 PM | East Writing School
Personality characteristics in psychotherapy II

Clinical applications of psychotherapy research: Levels of personality functioning as outcome, mediator and moderator [Johannes C. Ehrental, University of Klagenfurt, Austria](#)

Modelling vulnerability for psychopathology and its associations with childhood maltreatment and mentalising [Tobias Nolte, University College, London, UK](#); Laura Gibbon, University College, London, UK; Read Montague, University College, London, UK; Peter Fonagy, University College, London, UK

Perfectionism' Negative Impact in Psychotherapy: The Perfectionism Social Disconnection Model and Clinical Process and Outcome [Paul L Hewitt, University of British Columbia, Vancouver, Canada](#); Samuel Mikail, Sunlife Financial; Gord Flett, York University, Canada

52.

Panel

evidence-based psychotherapies

Moderator: Felicitas Rost, Tavistock and Portman NHS Foundation Trust

Friday | 10:30 AM--12:00 PM | Room 11
Elucidating clinical outcome and drop-out: Giving authority to the experience and private theories of adolescent and adult patients with depressive symptoms

When psychotherapy does not work. Lessons from the experiences of young adults in psychoanalytic psychotherapy [Camilla von Below, Stockholm University, Sweden](#); Andrzej Werbart, Stockholm University, Sweden

Giving depressed patients a voice: their experience of the outcome and helpful and unhelpful factors of long-term psychoanalytic psychotherapy [Imke Ahlers, Tavistock Clinic, London, UK](#); Felicitas Rost, Tavistock and Portman NHS Foundation Trust

A typology of therapy dropout in depressed adolescents [Sally O'Keeffe, University College, London, UK](#); Peter Martin, University College, London, UK; Nick Midgley, UCL / Anna Freud National Centre

Discussant: [Sheila Butler, The Open University UK and KMPT NHS](#);

53.

Panel

child & family

Moderator: Nina Tejs Jorring,

Friday | 10:30 AM--12:00 PM | Room 14

Practice into research and back again in child psychotherapy

Doing it collaboratively! A case study of designing quantitative effect-studies on narrative family therapy in a local clinical context [Nina Tejs Jorring,](#)

Time and Psychotherapy: How do child and adolescent psychodynamic psychotherapists working in NHS settings talk about time as a factor in therapeutic work? [Joanna Kathleen Bent-Hazelwood, Birkbeck University](#)

Prospective cohort study about the outcome of short-term-psychotherapy with children, adolescent and their families in a psychiatric ambulance [Sabine Pachta, Medical University of Vienna, Austria](#)

54.

Panel

child & family

Moderator: Liselotte

*Grünbaum, Aalborg University,
Denmark*

Friday | 10:30 AM--12:00 PM | Room 15

Practice oriented research with children, parents, and caregivers in a context of adverse early relationships and complex trauma

This shared parenting we do is hard to get your head around [Caryn Onions, Mulberry Busch School](#)

Sibling figures in mind and as reported by caregivers -- a psychoanalytic case study of complex trauma [Liselotte Grünbaum, Aalborg University, Denmark](#)

Placement breakdown in foster care with children under-five: a psychoanalytic view of the caregiving relationship under stress [Gillian Sloane Donachy, NHS Greater Glasgow & Clyde](#)

Discussant: [Gerry Byrne, Oxford Health NHS Foundation Trust](#)

55.

Panel

attachment & development

*Moderator: Alessandro Talia,
Heidelberg University, Germany*

Friday | 10:30 AM--12:00 PM | Room 6

The impact of In-session Attachment and Mentalizing on Psychotherapy Process and Outcome: moderation and change

The relationship between in-session attachment, reflective functioning and therapeutic alliance in CBT-E and PPT for bulimia nervosa [Frederik Scharff, University of Copenhagen, Denmark](#); [Alessandro Talia, Heidelberg University, Germany](#); [Stig Poulsen, University of Copenhagen](#); [Susanne Lunn, University of Copenhagen](#); [Sarah Daniel, University of Copenhagen](#)

In-session attachment in two treatment modalities: outcome moderation and change [Paul Schröder, Heidelberg University, Germany](#); [Stig Poulsen, University of Copenhagen](#); [Susanne Lunn, University of Copenhagen](#); [Sarah Daniel, University of Copenhagen](#); [Alessandro Talia, Heidelberg University](#)

Mentalization as a predictor or outcome of psychotherapy in psychodynamic treatment? [Jana Volkert, Heidelberg University, Germany](#); [Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg](#); [Holger Schulz, Maria Dehoust, Anna Levke Brütt, University Medical Center Hamburg-Eppendorf](#); [Sylke Andreas, Department of Psychology, University of Witten/Herdecke & Institute of Psychology, Alpen-Adria Univ](#)

Facilitating clients' movement in the direction of secure attachment: A Task Analytic Investigation [Alessandro Talia, Heidelberg University, Germany](#); [Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany](#); [Sarah Daniel, University of Copenhagen, Denmark](#)

Discussant: [Henning Schauenburg, Heidelberg University, Germany](#);

56.

Panel

evidence-based

psychotherapies

Moderator: Vera Sabina

Gergov, University of Helsinki and Helsinki University Hospital

Friday | 10:30 AM--12:00 PM | Room 7

Naturalistic outcome studies

The effectiveness of couple therapy: outcomes in a naturalistic United Kingdom setting [David Stuart Hewison, Tavistock Relationships, London UK](#); [Michele Birtel, Tavistock Relationships, London UK](#)

Naturalistic follow-up study among adolescent psychiatric patients: are psychotherapeutic interventions effective in clinical settings and who drop out? [Vera Sabina Gergov, University of Helsinki and Helsinki University Hospital](#); [Jari Lahti, Helsinki Collegium for Advanced Studies, Finland](#); [Mauri Marttunen, National Institute for Health and Welfare, Helsinki, Finland](#); [Jari Lipsanen, University of Helsinki](#); [Nina Lindberg, University of Helsinki and Helsinki University Hospital](#)

Routine Measurement and Feedback - Evidence that therapists can significantly increase their personal effect size [Jeb Brown, Center for Clinical Informatics](#); [Ashley Simon, Center for Clinical Informatics](#)

Discussant: [Sidse Arnfred, University of Copenhagen](#)

57.

Panel

child & family

*Moderator: Fredrik Odhammar,
The Erica Foundation*

Friday | 10:30 AM--12:00 PM | Room 9

Change processes in child and adolescent psychotherapy and assessment

What have we learnt from young people about disclosing sexual abuse experiences? [Emma Brennan, Dublin City University](#); Rosaleen McElvaney, Dublin City University

Hospitalized children: symbolic play assessment, coping strategies and level of anxiety [Adriana Lis, University of Padova, Italy](#); Daniela Di Riso, University of Padova, Italy; Elisa Delvecchio, university of Perugia Italy; Cristina Alberti, University of Padova, Italy; Susy Comunian, University of Padova, Italy; Diana Mabilia, University of Padova, Italy

Different perspectives in measuring processes in psychodynamic child psychotherapy [Fredrik Odhammar, The Erica Foundation](#); Geoffrey Goodman, Long Island University, USA; Gunnar Carlberg, The Erica Foundation

Discussant: [Fredrik Odhammar, The Erica Foundation](#);

58.

Panel

therapist effects

*Moderator: David Orlinsky,
University of Chicago, USA*

Friday | 10:30 AM--12:00 PM | South Writing School

Therapists as Persons, Persons as Therapists: Converging Personal and Professional Facets

Correspondences Between Therapists' Personal Characteristics and Their Experiences of Therapeutic Work with Clients [David Orlinsky, University of Chicago, USA](#); Armin Hartmann, University of Freiburg, Germany; Michael Helge Rønnestad, University of Oslo, Norway

Correspondences Between Therapists' Personal Characteristics and Their Experiences of Professional Development [Michael Helge Rønnestad, University of Oslo, Norway](#); David Orlinsky, University of Chicago; Armin Hartmann, University of Freiburg, Germany

Discussants: [Ulrike Willutzki](#), Department of Psychology and Psychotherapy, Witten/Herdecke University; [Thomas Schröder](#), University of Nottingham, UK;

59.

Brief Paper Session

alliance & interpersonal process

Moderator: Franco F. Orsucci, University College of London & NC-IUL University of London

Friday | 10:30 AM--12:00 PM | Room 10

Change processes II

Four Perspectives on the Change Process in a Single Case Study: Client, Therapist, Outcome Researcher, and Process Researcher [Jan Roubal](#), Masaryk University in Brno, Czech Republic; Roman Hytych, Masaryk University in Brno, Czech Republic; Rolf Sandell, Linköping University and Lund University, Sweden; Tomas Rihacek, Masaryk University in Brno, Czech Republic

Change in dynamic psychotherapy. What differentiates good and poor outcome cases. [Giulio de Felice](#), Sapienza University of Rome & NCU University, London; Benjamin Aas, Paracelsus Medical University, Salzburg, Austria; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Guenter K. Schiepek, Paracelsus Medical University, Salzburg, Austria; Franco F. Orsucci, University College of London & NC-IUL University of London

Narrative Change Process in Dilemma-Focused Intervention: The Case of Maria [Danilo Moggia](#), Universitat de Barcelona, Spain; Guillem Feixas, Universitat de Barcelona, Spain; Víctor Vela, Universitat de Barcelona, Spain; Maria Manteca-Gómez, Universitat de Barcelona, Spain

Indices of change: analyzing the indexical properties of data from psychotherapy case work to discern patterns of therapeutic change over time [John Hills](#), University of Leeds, London, UK; Dr John Lees, University of Leeds, London, UK; Dr Jane Cahill, University of Leeds, London, UK; Prof Dawn Freshwater, University of Western Australia, Perth

Semiotic Dynamics: How Language is Changing

Franco F. Orsucci, [University College of London & NC-IUL University of London](#); Giulio de Felice, Sapienza University of Rome & NCU University, London

60.

Brief Paper Session

quantitative & qualitative method

Moderator: Kevin J. R. Wright, South London & Maudsley NHS MH Trust

Friday | 10:30 AM--12:00 PM | Room 8

Qualitative / Conceptual Studies

Patients' experiences with routine outcome monitoring (ROM) and clinical feedback (CF) systems: a systematic review and synthesis of qualitative empirical literature [Stig Magne Solstad, Helse Førde](#); Christian Moltu, Helse Førde; Louis Castonguay, Penn State University, University Park, USA

Narcissistic difficulties and development of relationship with authority in psychotherapy: qualitative analysis of subjective experience [Dovilė Petronytė - Kvedarauskiėnė, Vilnius University, Lithuania](#); [Gražina Gudaitė, Vilnius University](#)

Negative Delusion and Agentic Selfhood in Borderline Personality Disorder [Anna D. R. Bergqvist, Manchester Metropolitan University](#)

Exploring parental representations in mothers whose infants go on to develop disorganised attachment [Juraj Kralik, UCL](#)

The Use and Benefits of Expressive writing in treatment of PTSD and other traumas in EAP & Primary Care settings (IAPT). [Kevin J. R. Wright, South London & Maudsley NHS MH Trust](#)

Friday | 12:00 PM--1:00 PM | North Writing School

Lunch

61.

Structured Discussion

practice-training-research networks

Moderator: Georgia Lepper, University of Exeter UK

Friday | 1:00 PM--2:00 PM | Room 15

The UKCP 'Moments of Meeting' PRN: A learning experience in the common ground between research and practice

The MOM project design and what have we learnt from the Research side? [Tirril Harris, Kings College London](#)

Commentary and discussion [Sheila Butler, The Open University UK and KMPT NHS](#)

62.

Structured Discussion

quantitative & qualitative method

Moderator: Franco F. Orsucci, University College of London & NC-IUL University of London

Friday | 1:00 PM--2:00 PM | Room 9

Complexity Science In Psychotherapy

Discussants: [Franco F. Orsucci, University College of London & NC-IUL University of London](#); [Omar C.G. Gelo, University of Salento \(Italy\) & Sigmund Freud University \(Austria\)](#); [Giulio de Felice, Sapienza University of Rome & NCU University, London](#);

63.

Panel

child & family

Moderator: Dr Sarah Peter, Birkbeck

Friday | 1:00 PM--2:00 PM | Room 10

Psychoanalytic child psychotherapy and the medical model

Child psychotherapy with children who are medicated for ADHD: Discourse, power and interdisciplinary practice [Dr Sarah Peter, Birkbeck](#)

The meaning of SSRI medication: a retrospective account from adolescents clinically referred and treated for depression [Rita A Maroun, University College London / Anna Freud Centre](#)

Discussant: [Katharina Weitkamp, Medical School Hamburg](#)

64.

Panel

attachment & development

Moderator: Tamar Axelrad Levy, Hebrew University, Jerusalem, Israel

Friday | 1:00 PM--2:00 PM | Room 11

Studying change processes and therapy outcomes in psychotherapy assisted by animals among children

Studying change processes and therapy outcomes in psychotherapy assisted by animals among children with emotional distress. [Tamar Axelrad Levy, Hebrew University, Jerusalem, Israel](#); [Orya Tishby, Hebrew University, Jerusalem, Israel](#)

Animal-Assisted Group-Psychotherapy for Children: Conceptualization and a Mixed Methods Research [Orit Harel, Bar Ilan University](#); [Shlomo Romi, Bar Ilan University](#); [Deborah Court, Bar Ilan University](#)

Discussant: [Nick Midgley, UCL / Anna Freud National Centre](#);

65.

Panel

alliance & interpersonal process

Moderator: Robert Elliott, University of Strathclyde, Glasgow, UK

Friday | 1:00 PM--2:00 PM | Room 7

Compassion and Empathy in Psychotherapy: Two Approaches

Therapist Empathy and Psychotherapy Outcome: An Updated Meta-analysis and Review [Robert Elliott, University of Strathclyde, Glasgow, UK](#); [Arthur Bohart, Saybrook University, San Francisco, USA](#); [Jeanne Watson, University of Toronto, Canada](#); [David Murphy, University of Nottingham, UK](#)

Compassion in Psychotherapy: Views and experiences of psychotherapists [Neža Uršič, University of Ljubljana, Faculty of Arts, Department of Psychology](#); [Gregor Žvelc, University of Ljubljana, Faculty of Arts, Department of Psychology](#); [University of Primorska](#)

66.

Panel

alliance & interpersonal process

Moderators: Daniel Hayes, Evidence Based Practice Unit, University College London and Anna Freud Centre, UK

Friday | 1:00 PM--2:00 PM | Room 8

Finding the common ground: Shared decision-making in psychological therapies and mental health

Behaviour Change Techniques (BCT's), Shared Decision Making, and Outcomes in Child and Youth Mental Health [Daniel Hayes, Evidence Based Practice Unit, University College London and Anna Freud Centre, UK](#).

Client experiences of goal negotiation in the early stages of Pluralistic Therapy [Gina Saskjia Di Malta, University of Roehampton, London, UK](#)

67.

Brief Paper Session

evidence-based

psychotherapies

Moderator: Susanne Lunn, University of Copenhagen, Denmark

Friday | 1:00 PM--2:00 PM | Room 6

Randomized Controlled Trials

Effectiveness of EMDR in patients with substance use disorder and comorbid PTSD: a randomized controlled trial [Annett Lotzin, University Medical Center Hamburg-Eppendorf, Germany](#); Laycen Chuey-Ferrer, AHG Clinic Dormagen; Arne Hofman, EMDR-Institute Germany; Peter Liebermann, EMDR Institute Germany; Ingo Schäfer, University Medical Center Hamburg-Eppendorf, Hamburg

Improving cognitive function in serious mental health disorders. [Gary Donohoe, National University of Ireland Galway](#)

Bias in psychotherapy research -- a case example [Susanne Lunn, University of Copenhagen, Denmark](#)

Meeting

Moderator: Stig Poulsen, University of Copenhagen, Denmark

Friday | 1:00 PM--2:00 PM | Room 14

European Country Coordinators

68.

Structured Discussion

practice-training-research networks

Moderator: Henriette Löffler-Stastka, Medical University of Vienna, Austria

Friday | 2:15 PM--3:45 PM | Room 6

The SPRISTAD Study of Psychotherapist Development in Training -- Experiences and challenges of data collection in different countries and its impact on research activity

Discussants: [Ulrike Willutzki, Department of Psychology and Psychotherapy, Witten/Herdecke University](#); [Henriette Löffler-Stastka, Medical University of Vienna, Austria](#); [Omar C.G. Gelo, University of Salento \(Italy\)](#) & [Sigmund Freud University \(Austria\)](#); [Salvatore Gullo, University Nicolò Cusano](#); [Irene Messina, University of Padua](#); [Erkki Heinonen, National Institute for Health and](#)

Welfare, Helsinki, Finland; Biljana van Rijn, Metanoia Institute; Bernhard Strauss, University of Jena, Germany; Elitsa Tilkidzhieva, Sigmund Freud University, Vienna, Austria; Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Germany; David Orlinsky, University of Chicago, USA;

69.

Structured Discussion

*evidence-based
psychotherapies*

*Moderator: Björn Philips,
Stockholm University, Sweden*

Friday | 2:15 PM--3:45 PM | Room 9

No such fool as Sweden: National guidelines and their influence on the practice of psychotherapy

Discussants: [Aarno A. Laitila, University of Jyväskylä](#); [Glenys Parry, University of Sheffield, UK](#); [Björn Philips, Stockholm University, Sweden](#); [Stig Poulsen, University of Copenhagen, Denmark](#); [Jan Ivar Røssberg, Oslo University Hospital, Norway](#); [Henning Schauenburg, Heidelberg University, Germany](#);

70.

Panel

*evidence-based
psychotherapies*

*Moderator: Sven Rabung,
Alpen-Adria-Universität
Klagenfurt*

Friday | 2:15 PM--3:45 PM | East Writing School

The value of systematic feedback in psychotherapy

Evidence for systematic feedback in psychotherapy: an overview of reviews [Sven Rabung, Alpen-Adria-Universität Klagenfurt](#); [Rebecca Kratochvil, Alpen-Adria-Universität Klagenfurt, Klagenfurt, Austria](#); [Jonas Lüdemann, Institute of Psychology, Alpen-Adria Universität Klagenfurt](#)

The overall effect of systematic feedback in outpatient psychotherapy: a systematic review with meta-analysis [Rebecca Kratochvil, Alpen-Adria-Universität Klagenfurt, Austria](#); [Jonas Lüdemann, Institute of Psychology, Alpen-Adria Universität Klagenfurt](#); [Sven Rabung, Alpen-Adria-Universität Klagenfurt](#)

The effect of systematic feedback on the therapy outcome of not-on-track outpatients: a systematic review with meta-analysis [Jonas Lüdemann, Institute of Psychology, Alpen-Adria Universität Klagenfurt](#); [Rebecca Kratochvil, Alpen-Adria-Universität](#)

Klagenfurt; Sven Rabung, Alpen-Adria-Universität
Klagenfurt

Discussant: [Bruce Wampold, University of Wisconsin,
Madison, USA;](#)

71.

Panel

translational research

*Moderator: Bergljot Gjelsvik,
University of Oxford*

Friday | 2:15 PM--3:45 PM | Room 11

**The psychology of suicidal imagery: Clinical
implications and possibilities for negotiating
urges**

Suicidal imagery: A catalyst in the suicidal process?

[Bergljot Gjelsvik, University of Oxford;](#) Eleanor
Chatburn, University of Oxford; Kirsten Benum,
University of Oslo, Norway; Hanne Weie Oddli,
University of Oslo, Norway

**Key characteristics of flash-forwards in recurrently
suicidal patients**

[Eleanor Chatburn, University of
Oxford;](#) Kirsten Benum, University of Oslo, Norway;
Hanne Weie Oddli, University of Oslo, Norway;
Bergljot Gjelsvik, University of Oxford

'I wanted to kill the body, not the experience'.

Suicidal imagery as transitional space. [Hanne Weie
Oddli, University of Oslo, Norway;](#) Kirsten Benum,
University of Oslo, Norway; Eleanor Chatburn,
University of Oxford; Bergljot Gjelsvik, University of
Oxford

Discussant: [Margrethe Halvorsen, Oslo University
Hospital, Norway;](#)

72.

Panel

*quantitative & qualitative
method*

*Moderator: Juha Holma,
University of Jyväskylä*

Friday | 2:15 PM--3:45 PM | Room 15

**Relational mind: Combining discursive
research and embodied synchrony in
studying couple therapy**

**Embodied dialogues in couple therapy sessions with
two therapists** [Juha Holma, University of Jyväskylä](#)

**Moving beyond language in discursive research on
psychotherapy: Examining embodied and discursive**

aspects of positioning in one couple therapy
[Evrinomy Avdi, Aristotle University of Thessaloniki](#)

Disconnection in transition phase to parenthood
[Helena Päivinen, University of Jyväskylä](#)

Discussant: [Chris D H Evans, University of Roehampton](#);

73.

Panel

quantitative & qualitative method

Moderator: Benjamin Aas, Paracelsus Medical University, Salzburg, Austria

Friday | 2:15 PM--3:45 PM | Room 7

Is it going to rain in Oxford? How psychotherapy research could change to allow for individual therapeutic decision making.

Phase Transitions in Psychotherapy: Bridging the Gap Between Theory and Practice [Guenter K. Schiepek, Paracelsus Medical University, Salzburg, Austria](#); Benjamin Aas, Paracelsus Medical University

Emotion Network Dynamics in Major Depressive Disorder: Why some patients may improve during psychotherapy whereas other patients do not.

[Maartje Eijlander, Radboud University, Nijmegen, Netherlands](#); [Claudi Bockting, University of Groningen, Netherlands](#); [Guenter K. Schiepek, Paracelsus Medical University](#); [Angelique Cramer, Tilburg University](#); [Marieke van Rooij, Radboud University, Nijmegen, Netherlands](#); [Anna Lichtwarck-Aschoff, Radboud University, Nijmegen, Netherlands](#)

Early-Warning Signals for Clinical Transitions in Clients with Mood Disorders [Merlijn Olthof, Radboud University, Nijmegen, Netherlands](#); [Marieke van Rooij, Radboud University, Nijmegen, Netherlands](#); [Anna Lichtwarck-Aschoff, Radboud University, Nijmegen, Netherlands](#); [Guenter K. Schiepek, Paracelsus Medical University, Salzburg, Austria](#); [Guido Strunk, Complexity-Research Vienna](#)

Optimal designs to examine whether individual affective changes in treated patients are clinically meaningful and preliminary results of an ESM micro trial. [Christien Slofstra, University of Groningen](#),

Optimal designs to examine whether individual affective changes in treated patients are clinically meaningful and preliminary results of an ESM micro trial. [Christien Slofstra, University of Groningen](#),

[Netherlands](#); Maaik Nauta, University of Groningen; Laura Bringmann, University of Groningen; Nicola Klein, University of Groningen; Nikolaos Batalas, Eindhoven University of Technology; Marieke Wichers, University of Groningen; Claudi Bockting, University of Groningen

Discussants: [Benjamin Aas, Paracelsus Medical University, Salzburg, Austria](#); [Claudi Bockting, University of Groningen, Netherlands](#); [Guenter K. Schiepek, Paracelsus Medical University, Salzburg, Austria](#);

74.

Brief Paper Session

child & family

Moderator: Daniel Hayes, Evidence Based Practice Unit, University College London and Anna Freud Centre, UK.

Friday | 2:15 PM--3:45 PM | Room 14

Treatment for children and adolescents

What Happens At The Point of NOT Understanding - working through shame to having an open responsiveness in the classroom setting. [Vanessa McHardy, UKCP](#)

Counselling demand and provision in primary schools in Ireland [Deirdre Dooley Judge, Dublin City University](#); Rosaleen McElvaney, Dublin City University; Evelyn Gordon, Dublin City University; Amy Byrne, Dublin City University

Maypole Dancing and Grotstein's "Bedlam": Complexity and Intensity in the Therapeutic Encounter in an Adolescent Psychoanalytic Psychotherapy Group [Monique Maxwell, Leicestershire Partnership NHS Trust - CAMHS](#)

Evaluation of i-THRIVE decision aids for improving shared decision making in child and youth health [Daniel Hayes, Evidence Based Practice Unit, University College London and Anna Freud Centre, UK.](#); Rosa Town, UCL and ANFCC; Emiliós Lemoniatís, Tavistock Clinic, London, UK; Julian Childs, University College, London, UK; Miranda Wolpert, Anna Freud Center, London, UK; Nick Midgley, UCL / Anna Freud National Centre; Anna Moore, UCL and AFC

Patterns of Disrupted Maternal Behaviour Associated with the Development of Disorganised Attachment in Infants within Parent-Infant

75.

Brief Paper Session

*quantitative & qualitative
method*

*Moderator: Jarl Wahlström,
University of Jyväskylä*

Psychotherapy: A Case Study [Sarah Anne Miltz, Anna Freud Center, London, UK](#); [Evrinomy Avdi, Aristotle University of Thessaloniki](#); [Tessa Baradon, Anna Freud National Centre for Children and Families](#); [Michelle Slead, Anna Freud Center, London, UK](#)

Friday | 2:15 PM--3:45 PM | Room 8

Single case studies II

A contrasting juxtaposition of analyzing a dream series by the dream interpretation method of depth psychology including individual psychology and psychoanalysis and the dream generation model of U. Moser and I. von Zeppelin [Gabriela Pap, Medical University of Vienna, Austria](#)

How to Research Clients' Experiences in Sandplay Therapy?- A Methodological Exploration [Ying Liu, The University of Edinburgh, UK](#)

Complex trauma and (therapeutic) relationships: A single-case study. [Kimberly Van Nieuwenhove, Ghent University, Belgium](#); [Reitske Meganck, Ghent University, Belgium](#); [Mattias Desmet, Ghent University, Belgium](#)

Why did she leave? An evidence-based case study of a dropout in an effective psychotherapy of depression [Petr Dolezal, Masaryk University, Faculty of Social Studies, Brno, CZ](#); [Michal Cevliceck, Masaryk University](#)

Beyond the impasse: reflections on dissociative identity disorder [Reitske Meganck, Ghent University, Belgium](#)

Displaying Agency Problems at the Outset of Psychotherapy [Jarl Wahlström, University of Jyväskylä](#); [Minna-Leena Seilonen, University of Jyväskylä](#)

Friday | 3:45 PM--4:15 PM | North Writing School

Coffee Break

76.
Plenary

*Moderator: Stig Poulsen,
University of Copenhagen,
Denmark*

Friday | 4:15 PM--5:30 PM | South Writing School
**Finding the common ground - where do we
go from here?**

[Julian Rubel, University Trier, Germany](#)
[Miranda Wolpert, Anna Freud Center, London, UK](#)
[William B Stiles, Miami University, Oxford, USA](#)
[Bruce Wampold, University of Wisconsin, Madison,
USA](#)

Friday | 7:00 PM--11:00 PM | Grand Hall, Balliol
College
Conference Banquet

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