Programme

Society for Psychotherapy Research
UK & European Chapters
4th joint conference
20 – 22 September 2017
Examination Schools, Oxford

“Psychotherapy practice and research: Finding the common ground”
Dear Colleagues,

It is with great pleasure that we welcome you to the 4th joint UK & European Chapters conference of the Society for Psychotherapy Research. Building on previous successful joint Chapter conferences, we are delighted to host this conference in the historic University City of Oxford, UK. With over 240 presentations from across four continents this conference continues in the SPR tradition of diversity and international dialogue.

As always, the conference will get underway with pre-conference workshops on Wednesday afternoon, followed by the official Opening Ceremony on Wednesday at 5:30pm. The theme of the conference, ‘Psychotherapy Practice & Research: Finding the Common Ground’, will be illuminated throughout the conference from numerous angles. This will begin with the keynote address by Bruce Wampold on Wednesday at 6.00pm entitled: ‘Research on Psychotherapy Practice: Improving the Quality of Services’. Thursday and Friday will be bookended by two plenaries: ‘Finding the Common Ground - What Are Our Current Concerns?’ on Thursday morning, and ‘Finding the Common Ground - Where Do We Go from Here?’ on Friday afternoon. We hope these plenaries will allow us to keep the theme of dialogue between research and practice alive through the whole conference.

Due to the impressive number of submissions, we will have 10 parallel session tracks allowing a wide variety of sessions focusing on a diversity of therapeutic modalities, client groups, and research methods. There are four presentation formats including 46 panel sessions, 7 structured discussions, 10 brief paper sessions, and a poster session on Thursday evening. The program also features meetings on Thursday, after lunch, of various SPR ‘Special Interest Groups’ as well as the SPR UK and European Chapter meetings. Presenters should note that all rooms will be equipped with Windows-based laptops connected to projectors and speakers. Please bring your presentation on a USB flash drive and make sure to transfer the presentation to the laptop in good time before your presentation. Posters should be mounted on the poster boards in the North Writing School upon arrival to the conference (pins are available at the reception).
As is usual at SPR conferences time is dedicated to the important task of socialising and digesting the days’ events with colleagues. Please join us for a drinks reception and food following the Opening Ceremony on Wednesday and for drinks at the Poster session on Thursday evening. An SPR ‘Oxford pub crawl’ will follow the Poster session: all are welcome to visit some of Oxford’s traditional and famous drinking places. The conference banquet dinner will take place on Friday evening - this promises to be an impressive event – not least for the unusual spectacle of seeing psychotherapy researchers in formal dress!

A conference such as this is dependent on the dedication and hard work of many people, all of whom deserve thanks. We extend our gratitude to our helpful local hosts at the Examination Schools and Balliol College. We also greatly appreciate the time and energy dedicated by all those who were involved in the Local Organising and Programme Committees.

Finally, we thank you, our conference delegates and presenters, for your contribution to making this a successful conference and for travelling to be with us from both near and far away. It is in the exchange of your experience and knowledge on which we rely to make this a truly rewarding and inspiring event.

We wish you a productive and enjoyable conference.

Susan Hajkowski  
Past-President UK Chapter

Stig Poulsen  
President European Chapter

Felicitas Rost  
President UK Chapter

Scientific Programme Committee  
Stig Poulsen (chair), Johannes Ehrenthal, Daniel Hayes, Charlie Jackson, Michał Mielimąka, Helene Nissen-Lie, Jo-Ann Pereira, Mark Widdowson.

Local Organising Committee  
Susan Hajkowski (chair), Sheila Butler, Robert Elliott, Daniel Hayes, Charlie Jackson, Jo-Ann Pereira, Felicitas Rost, Mark Widdowson, Kevin Wright

Web & IT  
Sven Schneider

Meetingsavvy.com  
Brad Smith

SPR Executive Officer  
Marna S. Barrett
# PROGRAM AT A GLANCE

## WEDNESDAY, SEPTEMBER 20

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<td>12:00-14:00</td>
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<td>10:30-12:00</td>
<td>Panel Training Krall</td>
<td>Panel Dynamic therapy Ulberg</td>
<td>Brief Paper Session Culture Aas</td>
<td>Panel Effectiveness of STPP Messina</td>
<td>Panel Complexity science Gelo</td>
<td>Structured Discussion Treatment Guidelines Elliott</td>
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<td>13:30-14:15</td>
<td>European Chapter Meeting</td>
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<td>14:30-16:00</td>
<td>Panel Adolescent depression &lt;br&gt;Midgley</td>
<td>Panel Parent Infant Psychotherapy &lt;br&gt;Avdi</td>
<td>Brief Paper Session Measures I &lt;br&gt;Giannone</td>
<td>Panel Assimilation model research &lt;br&gt;Stiles</td>
<td>Panel Clinically relevant research &lt;br&gt;De Smet</td>
<td>Panel Affective relations and alliance &lt;br&gt;Bänninger-Huber</td>
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<td>Structured Discussion &lt;br&gt;The 2017 NICE Guidelines for depression &lt;br&gt;Moller</td>
<td>Panel Parental experiences of child mental health &lt;br&gt;Hayes</td>
<td>Panel Spirituality &lt;br&gt;Sandage</td>
<td>Brief Paper Session Change processes I &lt;br&gt;Desmet</td>
<td>Panel Psychological intervention in domestic violence services &lt;br&gt;Agnew-Davies</td>
<td>Panel Embodiment and nonverbal synchrony in psychotherapy &lt;br&gt;Orsucci</td>
<td>Brief Paper Session Therapist perspectives &lt;br&gt;Rihacek</td>
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Poster Session - with Book Launch sponsored by SAGE publications
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<td>08:30-10:00</td>
<td>Structured Discussion</td>
<td>Inclusional Psychotherapy</td>
<td>Panel Paraphilias, Violence and Personality Disorder</td>
<td>Panel Work-related challenges for therapists</td>
<td>Panel Measures II Schauenburg</td>
<td>Panel Mentalizing the mental health needs of children and families</td>
<td>Panel Embodiment and experience in couple therapy</td>
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<td>Treatment of Young People Ulberg</td>
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<td>10:30-12:00</td>
<td>Panel In-session Attachment and Mentalizing Talia</td>
<td>Panel Naturalistic outcome Qualitative / Conceptual Studies Wright</td>
<td>Panel Change processes in child psychotherapy and assessment Odhammar</td>
<td>Panel Change processes Change processes Orsucci</td>
<td>Panel Elucidating clinical outcome and drop-out Rost</td>
<td>Panel Practice into research in child psychotherapy Jorring</td>
<td>Panel Practice oriented research with children and families Grunbaum</td>
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<td>Personality characteristics in psychotherapy II Ehrenthal</td>
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<td>Brief Paper Session Randomized Controlled Trials Lunn</td>
<td>Panel Compassion and Empathy in Psychotherapy Elliott</td>
<td>Panel Shared decision-making in psychological therapies Hayes</td>
<td>Structured Discussion Complexity Science in Psychotherapy Orsucci</td>
<td>Panel Child psychotherapy and the medical model Peter</td>
<td>Panel Psychotherapy assisted by animals among children Levy</td>
<td>Meeting European Country Coordinators</td>
<td>Structured Discussion The UKCP ‘Moments of Meeting’ PRN Lepper</td>
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<td>14:15-15:45</td>
<td>Structured Discussion The SPRISTAD Study of Psychotherapist Development Löffler-Stastka</td>
<td>Panel Individual therapeutic decision making Aas</td>
<td>Brief Paper Session Single case studies II Wahlström</td>
<td>Structured Discussion No such fool as Sweden: National guidelines Philips</td>
<td>Panel The psychology of suicidal imagery Gjelsvik</td>
<td>Brief Paper Session Treatment for children and adolescents Hayes</td>
<td>Panel Discursive research and embodied synchrony in couple therapy Holma</td>
<td>Panel Systematic feedback in psychotherapy Rabung</td>
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<td>Conference Banquet - Grand Hall, Balliol College</td>
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Wednesday, 20 September 2017

Wednesday | 12:00 PM--12:00 PM | Great Hall
Registration

1. **Pre-Conference Workshop**
   quantitative & qualitative method
   *Moderator: Naomi Petra Moller, Open University*
   Wednesday | 2:00 PM--5:00 PM | Room 10
   **Inductive-Deductive Thematic Analysis for Transcript Analysis: Flexible, accessible and rigorous**
   
   Naomi Petra Moller, Open University
   Rachel Willcox, University of the West of England
   Victoria Clarke, University of the West of England

2. **Pre-Conference Workshop**
   psychotherapy integration
   *Moderator: Irene Messina, University of Padua*
   Wednesday | 2:00 PM--5:00 PM | Room 11
   **Comparing and Contrasting Two Models of Short-Term Psychotherapy: Differences and Similarities**
   
   Intensive Transactional Analysis Psychotherapy
   Marco Sambin, University of Padua; Francesco Scottà, Centro Psicologia Dinamica, Padova (Italy)

   Intensive Short-term Dynamic Psychotherapy
   Susan Hajkowski, University of Leicester, UK; Stephen Buller, Psychotherapy Foundation

3. **Pre-Conference Workshop**
   alliance & interpersonal process
   *Moderator: Tien Kuei, University of Glasgow*
   Wednesday | 2:00 PM--5:00 PM | Room 14
   **Using nonverbal events in psychotherapy as clinical intervention in Functional analytic Psychotherapy (FAP)**
   
   Tien Kuei, University of Glasgow

4. **Pre-Conference Workshop**
   psychotherapy integration
   *Moderator: Lynne Angus, York University, Canada*
   Wednesday | 2:00 PM--5:00 PM | Room 15
   **Working with narrative in Emotion-focused Therapy: Implications for practice**
5. **Pre-Conference Workshop**

**practice-training-research networks**

*Moderators: Michael Helge Rønnestad, University of Oslo, Norway; David Orlinsky, University of Chicago, USA; Ulrike Willutzki, Department of Psychology and Psychotherapy, Witten/Herdecke University*

*Wednesday | 2:00 PM--5:00 PM | Room 7*

**A Collaborative Study of Psychotherapist Training: Data Collection Procedures and Data Analysis Plans (SPRISTAD)**

*Discussants: Armin Hartmann, University of Freiburg, Germany; Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany; Henriette Löffler-Stastka, Medical University of Vienna, Austria; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Irene Messina, University of Padua; Salvatore Gullo, University Niccolò Cusano; Biljana van Rijn, Metanoia Institute; Erkki Heinonen, National Institute for Health and Welfare, Helsinki, Finland; Elitsa Tilkidzhieva, Sigmund Freud University, Vienna, Austria*

6. **Pre-Conference Workshop**

**quantitative & qualitative method**

*Moderator: Shlomo Mendlovic, Tel Aviv University, Israel*

*Wednesday | 2:00 PM--5:00 PM | Room 8*

**The MATRIX: A novel theory-neutral tool exploring dynamic psychotherapy**

*Shlomo Mendlovic, Tel Aviv University, Israel*

7. **Pre-Conference Workshop**

**attachment & development**

*Moderator: Lisa Firestone, The Glendon Association*

*Wednesday | 2:00 PM--5:00 PM | Room 9*

**Adult Attachment in Romantic Relationships: Overcoming the Fear of Love**

*Lisa Firestone, The Glendon Association*

8. **Moderators: Susan Hajkowski, University of Leicester, UK; Felicitas Rost, Tavistock and Portman NHS Foundation Trust; Stig Poulsen, University of Copenhagen, Denmark**

*Wednesday | 5:30 PM--6:00 PM | South Writing School*

**Opening Welcome**
9. **Wednesday | 6:00 PM--7:30 PM | South Writing School**
   **Keynote Address**

   **Research on Psychotherapy Practice: Improving the Quality of Services** Bruce Wampold, University of Wisconsin, Madison, USA

10. **Wednesday | 7:30 PM--9:30 PM | North Writing School**
    **Welcome Reception**
Thursday, 21 September 2017

11. Plenary

Moderator: Felicitas Rost, Tavistock and Portman NHS Foundation Trust

Thursday | 9:00 AM--10:00 AM | South Writing School
Finding the common ground - what are our current concerns?

Lynne Angus, York University, Canada
Sheila Butler, The Open University and KMPT NHS
Robert Elliott, University of Strathclyde, Glasgow, UK
John McLeod, Oslo University, Norway
Nick Midgley, UCL / Anna Freud National Centre
Randi Ulberg, University of Oslo, Norway

Thursday | 10:00 AM--10:30 AM | North Writing School
Coffee Break

12. Structured Discussion

evidence-based psychotherapies
Moderator: Robert Elliott, University of Strathclyde, Glasgow, UK

Thursday | 10:30 AM--12:00 PM | Room 15
Evidence and Politics in the Mental Health Treatment Guideline Process: What Role for Psychotherapy Research?

Jeremy Clarke, London School of Economics
Robert Elliott, University of Strathclyde, Glasgow, UK

Discussants: Robert Elliott, University of Strathclyde, Glasgow, UK; Jeremy Clarke, London School of Economics

13. Panel

psychotherapy integration
Moderator: Antje Gumz, Berlin University of Psychology & University Medical Center Hamburg-Eppendorf

Thursday | 10:30 AM--12:00 PM | East Writing School
Focusing on patient resources and strengths in psychotherapy

Fostering resilience: Evaluation of an intervention module Ulrike Willutzki, Department of Psychology and Psychotherapy, Witten/Herdecke University; Philipp Victor, Department of Psychology and Psychotherapy, Witten/Herdecke University
A meta-analysis of resource- and strength-focused interventions  Antje Gumz, Berlin University of Psychology & University Medical Center Hamburg-Eppendorf; Tanja Szeles, Berlin University of Psychology; Thomas Munder, Berlin University of Psychology

Concepts of using patient resources in psychodynamic therapy Thomas Munder, Berlin University of Psychology; Kai Rugenstein, Berlin University of Psychology; Antje Gumz, Berlin University of Psychology & University Medical Center Hamburg-Eppendorf

Discussant: Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Germany;

Thursday | 10:30 AM--12:00 PM | Room 11
Complexity science and psychotherapy research

A dynamic systems approach to therapeutic alliance: Relational attunement and treatment outcome
Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Salvatore Gullo, University Niccolò Cusano; Johann Kleinbub, University of Padua; Arianna Palmieri, University of Padua; Goria Lagetto, University of Salento; Erhard Mergenthaler, University of Ulm

Psychophysiological synchronization and emotional-cognitive regulation in psychodynamic psychotherapy: a pilot study
Arianna Palmieri, University of Padua; Johann Kleinbub, University of Padua; Omar C.G. Gelo, University of Salento & Sigmund Freud University; Erhard Mergenthaler, University of Ulm; Sergio Salvatore, University of Salento; Goria Lagetto, University of Salento

Developing clinically useful conceptualisation of complexity in family and relational systems: Preliminary findings from Case-Based research with "traumatized and traumatizing families". Sophie Holmes, Williams Road Family Therapy Centre
15. 
Panel
psychotherapy training
Moderator: Johannes Florian Krall, University of Klagenfurt, Austria

Thursday | 10:30 AM--12:00 PM | Room 6
Training and Therapist Development

How do newly certified integrative and TA psychotherapists experience their professional and personal growth? Spela Krizanec, Medical University Ljubljana; Sara Pristavec, Community Health Centre Domžale; Gregor Žvelc, University of Ljubljana, Faculty of Arts, Department of Psychology; University of Primorska

A qualitative exploration of child psychotherapists' perspectives on the links between their personal analysis during training and their own practice Coralie Lasvergnas, University College, London, UK; Evrinomy Avdi, Aristotle University of Thessaloniki; Nick Midgley, UCL / Anna Freud National Centre

Therapeutic attitudes and emotional responses in a sample of therapists in training. Mauro Di Lorenzo, Gruppo Scuole Psicoterapia Psicoanalitica (GSPP); Laura Bonalume,; Daniela Brambilla,; Chiara Gnesi,; Daniela Marzana,; Chiara Suttora,; Rossella Di Pierro,

Supervision of psychodrama trainees in counselling and psychotherapy Johannes Florian Krall, University of Klagenfurt, Austria

Discussant: Henriette Löffler-Stastka, Medical University of Vienna, Austria;

16. 
Panel
child & family
Moderator: Randi Ulberg, University of Oslo, Norway

Thursday | 10:30 AM--12:00 PM | Room 7
Dynamic mechanism, dynamic change, and the depressed adolescents' experience of change in psychodynamic therapy

Structured case formulations in a study on adolescent psychotherapy Peter Tallberg, Østfold Hospital Trust, Norway; Elisabeth Ness, Vestfold Hospital Trust, Norway; Randi Ulberg, University of Oslo, Norway
Assessment of Dynamic Change in Psychodynamic Psychotherapy with Adolescents  
Elisabeth Ness, Vestfold Hospital Trust, Norway; Peter Tallberg, Østfold Hospital Trust, Norway; Randi Ulberg, University of Oslo, Norway

Adolescents' experience of change in psychodynamic therapy; a qualitative study  
André Løvgren, University of Oslo, Norway; Jan Ivar Røssberg, Oslo University Hospital, Norway

Discussant: Elina Kanellopoulou, Sismanoglia General Hospital, Greece;

17. Panel

evidence-based psychotherapies

Moderator: Irene Messina, University of Padua

Thursday | 10:30 AM--12:00 PM | Room 9

Effectiveness of short-term psychodynamic psychotherapy

Intensive transactional analysis psychotherapy (ITAP): A new model for psychodynamic psychotherapy intensification  
Francesco Scottà, Centro Psicologia Dinamica, Padova (Italy); Marco Sambin, University of Padua

Videos of real therapy sessions  
Marco Sambin, University of Padua

Convergence between neurobiological models of psychotherapy and the I.T.A.P. theory  
Irene Messina, University of Padua; Marco Sambin, University of Padua

Discussant: Felicitas Rost, Tavistock and Portman NHS Foundation Trust;

18. Panel

alliance & interpersonal process

Moderator: Thomas Schröder, University of Nottingham, UK

Thursday | 10:30 AM--12:00 PM | South Writing School

Intersession experiences (ISE) - filling in the gaps.

Introduction: 35 years of ISE research  
Thomas Schröder, University of Nottingham, UK; Sally Stewart, Nottinghamshire Healthcare NHS Trust, UK
Intersession experiences of British psychological therapists studied in depth Danielle De Boos, University of Nottingham, UK; Sally Stewart, Nottinghamshire Healthcare NHS Trust, UK; Thomas Schröder, University of Nottingham, UK

Intersession experiences of British psychological therapists studied over time. Sally Stewart, Nottinghamshire Healthcare NHS Trust, UK; Thomas Schröder, University of Nottingham, UK; Nima Moghaddam, University of Lincoln, UK

The interaction between in-session processes and intersession experiences in patients with mental disorders from a psychodynamic perspective. Thorsten-Christian Gablonski, Heidelberg University, Germany; Sylke Andreas, Department of Psychology, University of Witten/Herdecke & Institute of Psychology, Alpen-Adria Univ

Methods of longitudinal Cluster Analysis versus Growth Curve Modelling of Intersession Trajectories: A reanalysis of the ANTOP-Intersession Experience Data. Armin Hartmann, University of Freiburg


Culture & identity
Moderator: Benjamin Aas, Paracelsus Medical University, Salzburg, Austria

Thursday | 10:30 AM--12:00 PM | Room 8

Culture

Social inequalities and therapeutic practice in the Social Clinics of Athens: An exploratory inquiry into the work of volunteer counsellors Christina Sachpasidi, University of Edinburgh

Elephants in the room!: Counselling non-English speaking clients through interpreters. Merih B Fidan, University of Leicester, UK

Pride or Prejudice?: The Role of Ethnicity and Culture in the Mental Health and Professional Development of Medical Students Diana Bass, University of Exeter
Psygration: Proof of concept for an online cross-language platform for psychological assessment. Benjamin Aas, Paracelsus Medical University, Salzburg, Austria

Thursday | 12:00 PM--1:30 PM | North Writing School
Lunch

Thursday | 12:30 PM--1:30 PM | Room 11
Special Interest Group: Case Studies

Thursday | 12:30 PM--1:30 PM | Room 14
Special Interest Group: SPRISTAD

Thursday | 12:30 PM--1:30 PM | Room 15
Special Interest Group: Complexity Science

Thursday | 12:30 PM--1:30 PM | Room 9
Special Interest Group: Child and Family Therapy Research

Moderator: Stig Poulsen, University of Copenhagen, Denmark

Thursday | 1:30 PM--2:15 PM | Room 6
European Chapter Meeting

Moderator: Felicitas Rost, Tavistock and Portman NHS Foundation Trust

Thursday | 1:30 PM--2:15 PM | Room 7
UK Chapter Meeting

20. Panel
practice-training-research networks
Moderator: Henriette Löffler-Stastka, Medical University of Vienna, Austria

Thursday | 2:30 PM--4:00 PM | East Writing School
Competence development in Psychotherapy Training
Mentalizing in psychotherapy training. An exploratory study on change in mentalizing skills as an effect of psychotherapy training. *Ingrid Pleschberger, Medical University of Vienna, Austria; Henriette Löffler-Stastka, Medical University of Vienna.*

*MASC to assess the mentalization capacity of therapists before and after a standardized MBT-training. Richard Horn, Medical University of Vienna; Isabella Klaus, Kaiser Franz Joseph Hospital Vienna, Psychiatric Department, Vienna Austria; Kurt Stastka, Kaiser Franz Joseph Hospital, Psychiatric Department, Vienna; Henriette Löffler-Stastka, Medical University of Vienna.*

*Science and Heritage: Towards Competence Development in Person-Centred Psychotherapy Training. Brigitte Macke-Bruck, Medical University of Vienna, Austria; Henriette Löffler-Stastka, Medical University of Vienna.*

*Changes in empathy, mentalization and the development of psychoanalytic core competences in psychotherapy trainees in the course of their training compared to experienced psychotherapists. Isabelle Wolf, Medical University of Vienna; Henriette Löffler-Stastka, Medical University of Vienna.*

*Discussants: Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Germany; Henriette Löffler-Stastka, Medical University of Vienna.*

21. Panel

Quantitative & qualitative method

*Moderator: Melissa Miléna De Smet, Ghent University, Belgium.*

*Moving towards clinically relevant research - acknowledging the responsibility of the researcher*

*Shaping the object of science throughout the data collection process in psychotherapy research. Ufuoma Norman, Ghent University, Belgium; Femke Truijens, Ghent University, Belgium; Mattias Desmet, Ghent University, Belgium.*
An idiosyncratic approach to the study of outcome: integrating the first-person perspective into standard outcome research Melissa Miléna De Smet, Ghent University, Belgium; Reitske Meganck, Ghent University, Belgium

Q-Sort Methodology: Making Assessment Measures Clinically Meaningful Felicitas Rost, Tavistock and Portman NHS Foundation Trust

Discussant: Stig Poulsen, University of Copenhagen, Denmark;

22. Panel alliance & interpersonal process
Moderator: Eva Bänninger-Huber, University of Innsbruck, Austria

Thursday | 2:30 PM--4:00 PM | Room 11
Affective relationship patterns and working alliance

Prototypical Affective Microsequences (PAMs) and feelings of countertransference in psychoanalytic psychotherapy Eva Huber, University of Innsbruck; Michael Hafener, University of Innsbruck; Eva Bänninger-Huber, University of Innsbruck, Austria

The Interactive Organization of Intense Gaze
Avoiding Laughter Peter Muntigl, University of Ghent; Eva Bänninger-Huber, University of Innsbruck, Austria

Interactive emotion regulation in the context of crying Eva Bänninger-Huber, University of Innsbruck, Austria; Michael Pöll, University of Innsbruck, Austria

23. Panel quantitative & qualitative method
Moderator: John McLeod, Oslo University, Norway

Thursday | 2:30 PM--4:00 PM | Room 14
Innovative strategies for qualitative research into the person of the therapist

The 'Professional Ex': Collaboration in research with addiction counsellors with lived experience Marguerite Woods, Institute for Integrative Counselling and Psychotherapy, Dublin

Transference: A theatre play - and how it was created from research interviews with senior therapists Marit Råbu, University of Oslo, Norway
How the experience of being a client has informed the practice of a group of experienced psychotherapists: a collective autoethnography

John McLeod, Oslo University, Norway

Thursday | 2:30 PM--4:00 PM | Room 6

Panel
evidence-based psychotherapies

Moderator: Nick Midgley, UCL / Anna Freud National Centre

Treatment of adolescent depression

Cognitive behavioural therapy and short-term psychoanalytic psychotherapy versus a Brief Psychosocial Intervention in adolescents with unipolar major depressive disorder (IMPACT): a randomised controlled superiority trial

Shirley Reynolds, University of Reading

Inside the therapy room - additional findings from IMPACT using the Comparative Psychotherapy Process Scales (CPPS) and the Adolescent Psychotherapy Q-Set (APQ).

Nick Midgley, UCL / Anna Freud National Centre; Sally O'Keeffe, University College, London, UK; Ana Calderon, University College, London, UK

Neuroanatomical Perspectives on the Aetiology and Treatment of Young People with Depression

John Suckling, University of Cambridge

Thursday | 2:30 PM--4:00 PM | Room 9

Panel
alliance & interpersonal process

Moderator: William B Stiles, Miami University, Oxford, USA

New directions in assimilation model research: Theory-building case studies on setbacks, dementia, bereavement, and digital imagery

Therapist activities preceding setbacks in a poor-outcome case

Isabel Caro Gabalda, University of Valencia, Spain; William B Stiles, Miami University, Oxford, USA

Dementia and existential threat: negotiating the fear of a loss of control

Richard Iain Lloyd Cheston, University of the West of England

Assimilation of grief experiences following spousal bereavement.

John Wilson, York St John University
Digital images as therapeutic meaning bridges. Case Study research into the use of avatar based software by adolescents in school counselling Biljana van Rijn, Metanoia Institute; Caroline Falconer, University of Nottingham, UK; Evi Chryssafidou, Metanoia Institute; William B Stiles, Miami University, Oxford, USA

27. Panel
evidence-based psychotherapies
Moderator: Stephen Buller, Psychotherapy Foundation

Thursday | 2:30 PM–4:00 PM | South Writing School
Effectiveness, process and outcome research in Short-Term Psychodynamic Psychotherapy (STPP)

Therapist interventions and rupture resolution of the therapeutic alliance in psychodynamic psychotherapy: Comparing responders and nonresponders Yves de Roten, Lausanne University, Switzerland

Clinical and Cost Effectiveness of Short-Term Psychodynamic Psychotherapy (STPP) as a Frontline Treatment for Somatoform Disorders in Primary Care Stephen Buller, Psychotherapy Foundation; Susan Hajkowski, University of Leicester, UK

Developing a Rating Scale for the Evaluation of Ego Capacity in Short-Term Psychodynamic Psychotherapy (STPP) Susan Hajkowski, University of Leicester, UK

Discussant: Johannes C. Ehrenthal, University of Klagenfurt, Austria;

28. Brief Paper Session
attachment & development
Moderator: Markus C. Hayden, Alpen-Adria Universität Klagenfurt

Thursday | 2:30 PM–4:00 PM | Room 15
Mentalization and Reflective Functioning

Mentalization and its relationship to attachment and trauma in borderline personality disorder K Dharani Devi, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India; Poornima Bhola, Prabha Chandra, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India
The Relation between the Therapist’s Performance concerning Unconscious Tests and the Patient’s Level of Reflective Functioning: An Explorative Study
Denise Zeyer, Universität Witten, Germany; Carolina Seybert, IPU Berlin; Dorothea Huber, IPU Berlin; Isa Sammet, Klinikum Christophshbad; Sylke Andreas, Department of Psychology, University of Witten/Herdecke & Institute of Psychology, Alpen-Adria Univ

Reflective Functioning in Couple Therapy for Depression: Comparative Case Study of Good and Poor Outcomes Lotta Aura Heiskanen, The Finnish Family Federation

Mentalization, interpersonal problems, and attachment in close relationships over the course of treatment Markus C. Hayden, Alpen-Adria Universität Klagenfurt; Pia K. Müllauer, University of Klagenfurt, Austria; Sylke Andreas, Department of Psychology, University of Witten/Herdecke & Institute of Psychology, Alpen-Adria Univ

29. Brief Paper Session
quantitative & qualitative method
Moderator: Francesca Giannone, Università di Palermo, Italy

Thursday | 2:30 PM--4:00 PM | Room 8
Measures I

The MATRIXscore- A Novel Tool for Measuring Theoretical Approaches of Psychodynamic Sessions Amit Saad, Shalvata Mental Health Center, Tel-Aviv University, Israel; Shlomo Mendlovic, Tel Aviv University, Israel; Boaz Schwarz, Bar-Ilan University, Israel; Ariel Ben-Yehuda, Shalvata Mental Health Center, Israel

Assessing treatment integrity in EFT: Tools for research and training Marina Lopes Monteiro, ISMAI - University Institute of Maia; Carla Cunha, Daniela Nogueira, João Salgado, ISMAI -- University Institute of Maia

Psychometric Properties of the Outcome Rating Scale (ORS) and Session Rating Scale 3.0 (SRS 3.0) in a Spanish Clinical Sample Danilo Moggia, Universitat de Barcelona, Spain; Noelia Niño-Robles, Guillem Feixas, Universitat de Barcelona, Spain; Scott D. Miller, Center for Clinical Excellence
The Italian adaptation of the Group Questionnaire: validity and factorial structure
Francesca Giannone, Università di Palermo, Italy; Maria Di Blasi, Università di Palermo; Cecilia Giordano, Università di Palermo, Italy; Cinzia Guarnaccia, Paris 8 University (Saint-Denis, France); Salvatore Gullo, University Niccolò Cusano; Gianluca Lo Coco, Università di Palermo, Italy

Thursday | 4:00 PM--4:30 PM | North Writing School
Coffee Break

30.
Structured Discussion
Evidence-based psychotherapies
Moderator: Naomi Petra Moller, Open University

Thursday | 4:30 PM--6:00 PM | Room 6
Uses and/or abuses of research? The 2017 NICE Guidelines for depression and the future of counselling and psychotherapy in treatment for depression in the NHS in England

Discussants: Bruce Wampold, University of Wisconsin, Madison, USA; Naomi Petra Moller, Open University, UK;

31.
Panel
Psychotherapy integration
Moderator: Antje Gumz, Berlin University of Psychology & University Medical Center Hamburg-Eppendorf

Thursday | 4:30 PM--6:00 PM | East Writing School
Alliance, reflective functioning, and language: Basic factors of psychodynamic psychotherapy

Implementation of Alliance-Focused Training to the German health care system Laurence Reuter, Berlin University of Psychology; Thomas Munder, Berlin University of Psychology; Antje Gumz, Berlin University of Psychology & University Medical Center Hamburg-Eppendorf

Reflective functioning as a specific factor in psychotherapy: a systematic review Sylke Andreas, Department of Psychology, University of Witten/Herdecke & Institute of Psychology, Alpen-Adria Univ; Luis Wehn, Institute of Psychology, Alpen-Adria Universität Klagenfurt; Jonas Lüdemann, Sven Rabung, Alpen-Adria-Universität Klagenfurt
Patient crying and supportive interventions: When do therapists use them? Michael Pöll, University of Innsbruck, Austria; Antje Gumz, Berlin University of Psychology & University Medical Center Hamburg-Eppendorf; Eva Bänninger-Huber, University of Innsbruck, Austria

Subjective concepts of the "talking cure": A qualitative study Christopher Marx, Berlin University of Psychology; Rajana Kersten, Berlin University of Psychology; Antje Gumz, Berlin University of Psychology & University Medical Center Hamburg-Eppendorf

32. Panel quantitative & qualitative method Moderator: Roxane McKechnie Agnew-Davies, University of Bristol

Thursday | 4:30 PM–6:00 PM | Room 10
Psychological advocacy towards healing (PATH): A randomized controlled trial and qualitative analysis of a new psychological intervention in domestic violence services.

PATH (Psychological advocacy towards healing) Model Roxane McKechnie Agnew-Davies, University of Bristol

A randomized controlled trial of PATH in domestic violence services Gene Feder, University of Bristol; Giulia Ferrari, University of Bristol

Women's experiences of a trial of a specialist psychological advocacy intervention following domestic violence or abuse: a nested qualitative study Maggie Evans, University of Bristol

Discussant: Gene Feder, University of Bristol;

33. Panel alliance & interpersonal process Moderator: Franco F. Orsucci, University College of London & NC-IUL University of London

Thursday | 4:30 PM–6:00 PM | Room 11
Embodiment and nonverbal synchrony in psychotherapeutic interaction

Does nonverbal timing in patient-therapist interactions predict premature discontinuation in psychotherapy of patients with social anxiety disorder? Désirée Thielemann, Jena University
Nonverbal synchrony: The change of dyadic nowness over the course of psychotherapy, and its relation to outcome

Brian Schwartz, University Trier, Germany; Jane Dittmann, University Trier, Germany; Anne-Katharina Deisenhofer, University Trier, Germany; Wolfgang Lutz, University Trier, Germany; Bernhard Strauss, University of Jena, Germany; Uwe Altmann, Jena University Hospital, Germany

Discussant: Franco F. Orsucci, University College of London & NC-IUL University of London;

Thursday | 4:30 PM--6:00 PM | Room 15

Mentalization-based treatment

Reactivity to Social Exclusion in Borderline Personality Disorder Is Associated with Therapeutic Alliance in Mentalization-Based Group Therapy

Sebastian Euler, University of Basel; Mareike Busmann, University of Basel; Johannes Wrege, University of Basel; Marc Walter, University of Basel

Intensive outpatient Mentalization-Based Treatment (MBT-IOP) for Borderline Personality Disorder in adult population: A pilot study. Beatriz García Ruiz, Autonomous University of Barcelona & Sant Pere Claver Health Foundation, Barcelona, Spain; Carla Maños Serrat, Sant Pere Claver Health Foundation, Barcelona, Spain; Glòria Mateu Vives, Sant Pere Claver Health Foundation, Barcelona, Spain

From clinical research to the development of a new treatment modality -- Mentalization-based Therapy for adolescents with conduct disorder

Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Germany; Jana Volkert, Heidelberg University, Germany; Thorsten-Christian Gablonski, Heidelberg University, Germany
35. **Panel**  
*child & family*

**Moderator:** Daniel Hayes, Evidence Based Practice Unit, University College London and Anna Freud Centre, UK

**Thursday | 4:30 PM–6:00 PM | Room 7**

**Parental experiences of infant, child and adolescent mental health diagnosis and treatment**

A Qualitative Study of Therapy Experience for Depressed Mothers Receiving Parent-Infant Psychotherapy with their Infants  
Sarah Elizabeth Spitzfaden, Anna Freud Center, London, UK; Michelle Sleed, Anna Freud Center, London, UK; Tessa Baradon, Anna Freud National Centre for Children and Families; Evrinomy Avdi, Aristotle University of Thessaloniki

Child parent psychotherapy (CPP) - an evidence based model for treatment of traumatized children aged 0-6  
Anna Norlén, The Erica Foundation, Stockholm, Sweden

The experience of being the parent of an adolescent with a diagnosis of depression in the UK  
Emily Stapley, Anna Freud National Centre for Children and Families and UCL; Mary Target, Anna Freud National Centre for Children and Families and UCL; Nick Midgley, UCL / Anna Freud National Centre

36. **Panel**  
*culture & identity*

**Moderator:** Steven J. Sandage, Boston University

**Thursday | 4:30 PM–6:00 PM | Room 8**

**Spirituality**

Spiritual Care in Hospitals: An Applied Pilot Study of Spiritual Counselling  
Zehra Ersahin, Social Sciences University of Ankara; Üzeyir Ok, Ibn Haldun University; H. Sinem Ugurlu Bakar, Ankara University

Testing a Relational Spirituality Model with Adult Psychotherapy Clients  
Steven J. Sandage, Boston University; David Paine, Boston University; Elizabeth Ruffing, Boston University; Sarah Moon, Boston University; David Rupert, Boston University; Miriam Bronstein, Boston University; Chance Bell, Boston University; Peter Jankowski, Bethel University
37. Panel
practice-training-research networks
Moderator: Sheila Butler, The Open University UK and KMPT NHS

Thursday | 4:30 PM--6:00 PM | South Writing School
Nurturing Common Ground with Practice Oriented Research and Practice Research Networks

Practice-research Landscapes Sheila Butler, The Open University UK and KMPT NHS

Using messy real data to advance understanding; CORC’s approach Miranda Wolpert, Anna Freud Center, London, UK

Reflections and Ways forward: Can participatory and collaborative POR and PRN models strengthen and add new dimensions to research and practice? Sheila Butler, The Open University UK and KMPT NHS; Javier Fernández Alvarez, Universitat Jaume I; Miranda Wolpert, Anna Freud Center, London, UK

Discussants: Sheila Butler, The Open University UK and KMPT NHS; Miranda Wolpert, Anna Freud Center, London, UK; Jeb Brown, Center for Clinical Informatics;

38. Brief Paper Session
therapist effects
Moderator: Tomas Rihacek, Masaryk University in Brno, Czech Republic

Thursday | 4:30 PM--6:00 PM | Room 14
Therapist perspectives

A study of the working interface between the different therapy and counselling modalities in a low-cost service Mary Lister Ashby, Exeter University

A Question of Process: Implicit Theories Concerning the Relationship of Psyche and Soma in the Analytic Encounter Ann Addison, Society of Analytical Psychology

An exploration of how psychoanalytic practitioners understand Voluntary Childlessness in the clinical setting. Sheila O’Sullivan, Centre for Psychoanalytic Studies, Essex, UK
Dimensions of therapeutic relationship: The therapist perspective Tomas Rihacek, Masaryk University in Brno, Czech Republic; Jan Roubal, Masaryk University in Brno, Czech Republic

Thursday | 4:30 PM--6:00 PM | Room 9

Change processes I

The Structure of Change in Psychotherapy: General or Specific Factors? Matthew Paul Constantinou, University College, London, UK; Liz Allison, University College, London, UK; Peter Fonagy, University College, London, UK

Does the Phase Model Predict Patterns of Change in Couple Therapy? Robert J. Lueger, Wisconsin School of Professional Psychology; William Pinsof, Pinsof Family Systems

Emotional and cognitive linguistic markers instability in psychotherapy diaries and their relationship with treatment outcome Catalin Zaharia, Sigmund Freud University; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Cosimo Talò, University of Salento; Guenter K. Schiepek, Paracelsus Medical University, Salzburg, Austria; Benjamin Aas, Paracelsus Medical University, Salzburg, Austria

Measuring the outcome of psychotherapy: Some remarkable psychometric observations. Mattias Desmet, Ghent University, Belgium; Reitske Meganck, Ghent University, Belgium; Ruth Inslegers, Ghent University, Belgium

Thursday | 6:00 PM--8:00 PM | North Writing School

Poster Session - with Book Launch sponsored by SAGE publications

Harnessing nonverbal events in psychotherapy as clinical intervention in Functional analytic Psychotherapy (FAP) Tien Kuei, University of Glasgow
A Qualitative Analysis of Novice Therapists' Hesitation to Using Voluntary Self-Disclosure and Developmental Process of the Professional Self
Akihiro Kusaoka, Hokkaido University, Japan

Adolescent patients' responses to transference interpretations focused on endings in short-term psychoanalytic psychotherapy Elena Della Rosa, University of Essex

Psychotherapy Group Supervision for Graduate Students: The Role of Group Processes in Fostering Professional Identity. Shulamit Geller, The Academic College of Tel-Aviv Yaffo; Keren Hanetz-Gamliel, The Academic College of Tel Aviv-Yafo

UK secondary school therapists' online communication with their clients and potential development in this area. Jeanette Hennigan, Middlesex University & Metanoia Institute; Stephen Goss, Middlesex University and Metanoia Institute

Guilt eliciting narratives and their enactment in psychotherapeutic interaction Sabine Monsberger, University of Innsbruck; Eva Bänninger-Huber, University of Innsbruck, Austria

What works for whom and how? Mechanisms of change in psychotherapy -- the MOP study. A randomized study of psychodynamic and cognitive behavioural therapy for patients with depressive disorder. Randi Egeland, Oslo University Hospital, Norway; Julie Horgen Evensen, Oslo University Hospital; Theresa Wilberg, Oslo University Hospital; Randi Ulberg, University of Oslo; Jan Ivar Røssberg, Oslo University Hospital

The headache of transcribing psychotherapy sessions: a researcher's panacea John Wilson, York St John University

Laughing in psychoanalytic psychotherapy: Functions and facial prototypes Stefan Salvenauer, Institute of Psychology, Innsbruck, Austria; Eva Bänninger-Huber, University of Innsbruck, Austria; Reto Bergauer, Institute of Psychology, Innsbruck, Austria
Development and refinement of the Vital Parenting Tasks (VPT) model for parent-child psychotherapy  
Laine Jaderberg, Metanoia Institute / Middlesex University; Alistair MacBeath, Metanoia Institute / Middlesex University

Processes of affective regulation in the context of transference interpretations  
Julia Baumgartner, Universität Innsbruck, Austria; Eva Bänninger-Huber, University of Innsbruck, Austria

Therapist interventions and parental responses associated with emotional processing in the context of attachment-based family therapy (ABFT).  
Noa Tsvieli, Ben Gurion University, Beer Sheva, Israel; Gary M. Diamond, Ben Gurion University

Associations of early childhood adversities with psychiatric problems, psychological functioning, and suitability for psychotherapy in adulthood -- specific patterns of vulnerability and resources in a sample of depressed and anxious outpatients  
Erkki Heinonen, National Institute for Health and Welfare, Helsinki, Finland; Paul Knekt, Tommi Härkänen, Esa Virtala, Olavi Lindfors, National Institute for Health and Welfare, Helsinki

Afra Turner, Middlesex University and Metanoia Institute London; Stephen Goss, Middlesex University and Metanoia Institute

When Life Gets in the Way: A systematic review of the assessment of life events in change over the course of psychotherapy for depression and anxiety in children and adolescents  
Emily Blackshaw, University of Roehampton; Mick Cooper, University of Roehampton; Chris DH Evans, University of Roehampton

Motivation to Change as a Mechanism of Mindfulness in Individual Trainee Psychotherapy of Depression and Anxiety: Results of a pragmatic Randomized Controlled Trial  
Paula Kröger, Heidelberg University, Germany; Paul Blanck, Heidelberg
Understanding mechanisms of psychotherapeutic action Jean-Michel Thurin, National Institute for Health and Medical Research France; Monique Thurin, National Institute for Health and Medical Research France

The causality of change, a bridge between research and practice Monique Thurin, National Institute for Health and Medical Research France; Jean-Michel Thurin, National Institute for Health and Medical Research France

The Single Case Archive Liza Notaerts, Ghent University, Belgium; Juri Krivzov, Ruth Inslegers, Reitske Meganck, Ghent University

Tracking Change in Italian Trainees' Experience of Therapeutic Work: preliminary Results of a two-year Longitudinal Evaluation Irene Messina, University of Padua; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Salvatore Gullo, University Niccolò Cusano; Marco Sambin, University of Padua; David Orlinsky, University of Chicago, USA

Intensive Transactional Analysis Psychotherapy: a single-case series Irene Messina, University of Padua; Francesco Scottà, Centro Psicologia Dinamica, Padova; Francesca Bianco, University of Padova, Italy; Enrico Benelli, Centro Psicologia Dinamica, Padova; Marco Sambin, University of Padua

A systematic review and meta-analysis on the prevalence of personality disorders in the general adult population in Western countries Jana Volkert, Heidelberg University, Germany; Thorsten-Christian Gablonski, Heidelberg University, Germany; Sven Rabung, Alpen-Adria-Universität Klagenfurt

Therapists' attachment states of mind predict the quality of therapists' attunement in-session: Validation study of the Therapist Attunement Scales (TASc) Alessandro Talia, Heidelberg University, Germany; Laura Muzi, Sapienza University of Rome,
Italy; Vittorio Lingiardi, Sapienza University of Rome, Italy; Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany

**Narcissism and countertransference: Affective and relational characteristics of the client and therapist**
Philippe Bégin, Université de Sherbrooke; Delphine Séguin, Université de Sherbrooke; Amylie Paquin-Boudreau, Université de Trois-Rivières; Éléonore Sabourin-Guardo, Université de Sherbrooke; Jean Descôteaux, Université de Sherbrooke; Olivier Laverdière, Université de Sherbrooke

**The first sessions of psychotherapy: A qualitative meta-analysis of alliance formation processes**
Kristina Osland Lavik, Helse Førde, Norway

**Different trajectories of symptoms change in Prolonged Exposure therapy for PTSD and their predictors**. Karolina Staniaszek, University of Warsaw, Poland

**The Depression Conundrum and The Advantages of Uncertainty** Jan Edmond Celie, Ghent University, Belgium

**The role of maternal reflective functioning and attachment style in the development of children's externalizing behaviors in a clinical sample** Karolina Dejko, Jagiellonian University, Kraków, Poland
41. Structured Discussion
Evidence-based Psychotherapies
Moderator: Randi Ulberg,
University of Oslo, Norway

Friday | 8:30 AM--10:00 AM | Room 6
How to Develop Research on Individualized Psychotherapy Treatment of Young People with Mental Disorders?

Specific markers (moderators) in youth psychotherapy Stig Poulsen, University of Copenhagen, Denmark

Mechanisms of change (mediators) in youth psychotherapy Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Germany

Age customized process and treatment measures in youth psychotherapy Fredrik Falkenström, Stockholm University, Sweden

Age customized research designs in youth psychotherapy Julian Childs, University College, London, UK

Dissemination of results and communication with stakeholders Michael Kaess, University of Bern, Switzerland

Discussants: Randi Ulberg, University of Oslo, Norway; Elina Kanellopoulou, Sismanoglia General Hospital, Greece;

42. Panel
Evidence-based Psychotherapies
Moderator: Sidse Arnfred,
University of Copenhagen, Denmark

Friday | 8:30 AM--10:00 AM | East Writing School
Randomized Controlled Trials of CBT

TAU nose to nose with CBT in treatment study. What TAU achieves that? Ole Hultmann, University of Gothenburg; Ulf Axberg, University of Gothenburg
Rumination-focused cognitive behavioural therapy (CBT) versus standard CBT for depression: a phase II trial Morten Hvenegaard, University of Copenhagen, Denmark; Stig Poulsen, Stine Møller, Stephen Austin, University of Copenhagen; Ben Grafton, University of Western Australia, Perth; Morten Kistrup; Nicole Rosenberg, Aarhus University, Denmark; Henriette Holm, SDU, Denmark; Edward Watkins, University of Exeter

Trans-diagnostic group CBT vs. standard group CBT for depression, social anxiety disorder and agoraphobia/panic disorder -- an example of the complexity of group therapy RCT design Sidse Arnfred, University of Copenhagen, Denmark; Ruth Aharoni, Mental Health Capital Region, Copenhagen; Stig Poulsen, University of Copenhagen; Nicole Rosenberg, Aarhus University; Mikkel Arendt, Psychiatric Hospital Risskov, Aarhus; Bo Bach, Mental Health Region Zealand; Nina Reinholt, University of Copenhagen

Friday | 8:30 AM--10:00 AM | Room 10

43. Panel
quantitative & qualitative method
Moderator: Henning Schauenburg, Heidelberg University, Germany

Measures II

Perceptions of Active Processes in Psychotherapy: Development of the Perceived Active Mechanisms of Psychotherapy Scale Dana Tzur Bitan, Shalvata Mental Health Center; Aryeh Lazar, Ariel University; Ben Siton, Ariel University

The Development of the Relational Needs Scale Gregor Žvelc, University of Ljubljana, Faculty of Arts, Department of Psychology; University of Primorska; Karolina Jovanoska, Institute for Integrative Psychotherapy and Counselling, Ljubljana, Slovenia

Operationalized Psychodynamic Diagnosis (OPD) - an English E-Learning Course for a well implemented and broadly used clinical tool Henning Schauenburg, Heidelberg University, Germany; Simone Jenissen, Heidelberg University; Manfred Cierpka, Heidelberg University
44.
Panel
child & family
Moderator: Nick Midgley, UCL / Anna Freud National Centre

Friday | 8:30 AM--10:00 AM | Room 11
Using a mentalizing approach to meet the mental health needs of children and their families

The Herts and Minds Study: Evaluating the effectiveness of Mentalization-Based Treatment (MBT) as an intervention for children in foster care
Nick Midgley, UCL / Anna Freud National Centre; Sarah Jane Besser, University of Hertfordshire; Helen Dye, University of Hertfordshire; Pasco Fearon, University College London; Tim Gale, Hertfordshire Partnership University NHS Foundation Trust; Kiri Jefferies-Sewell, Hertfordshire Partnership University NHS Foundation Trust; Karen Irvine, Hertfordshire Partnership University NHS Foundation Trust; Joyce Robinson, Hertfordshire Partnership University NHS Foundation Trust; Solange Wyatt, University of Hertfordshire; Sally Wood, Anna Freud Center, London, UK; David Wellsted, University of Hertfordshire

A feasibility study of the Reflective Fostering Programme (RFP)
Sheila Redfern, Anna Freud Center, London, UK; Alistair Cooper, Anna Freud Center; Grace West, Anna Freud Center; Antonella Cirasola, Anna Freud Center; Nick Midgley, UCL / Anna Freud National Centre

The Lighthouse Mentalization Based Treatment - Parenting Programme for maltreating parents
Michelle Sleed, Anna Freud Center, London, UK; Gerry Byrne, Oxford Health NHS Foundation Trust

45.
Panel
quantitative & qualitative method
Moderator: Aarno A. Laitila, University of Jyväskylä

Friday | 8:30 AM--10:00 AM | Room 14
Relational Mind: Doing relational research on embodiment and experience in couple therapy

Preliminary steps into mixed methods case study: the value of ANS measures for couple therapy research
Aarno A. Laitila, University of Jyväskylä
Embodied dialogue in a couple therapy -- bodily mirroring behavior and the spoken dialogue Petra Nyman-Salonen, University of Jyväskylä

Bridging research and clinical intervention: Stimulated Recall Interviews as creation of meaning in the personal, couple and therapeutic system Maria Borcsa, University of Applied Sciences Nordhausen

Discussant: John McLeod, Oslo University, Norway;

46. Panel

client factors

Moderator: Michal Mielimaka, Jagiellonian University Medical College

Friday | 8:30 AM--10:00 AM | Room 15

Personality characteristics in psychotherapy I

Resistance, defensiveness, auto-presentation in patients treated for neurotic and personality disorders with group psychodynamic psychotherapy -- patterns of symptoms reporting Katarzyna Cyranka, Jagiellonian University Medical College; Krzysztof Rutkowski, Jagiellonian University Medical College; Michal Mielimaka, Jagiellonian University Medical College; Jerzy A. Sobanski, Jagiellonian University Medical College; Edyta Dembinska, Jagiellonian University Medical College; Anna Citkowska-Kisielewska, Jagiellonian University Medical College

Importance of attachment styles in psychological treatment of patients with substance use disorders Ylva Gidhagen, Linköping University, Sweden; Rolf Holmqvist, Linköping University, Sweden; Björn Philips, Stockholm University, Sweden

Coping strategies in patients treated with group psychotherapy for neurotic and personality disorders Michal Mielimaka, Jagiellonian University Medical College; Katarzyna Cyranka, Jagiellonian University Medical College; Krzysztof Rutkowski, Jagiellonian University Medical College; Jerzy A. Sobanski, Jagiellonian University Medical College; Edyta Dembinska, Jagiellonian University Medical College; Anna Citkowska-Kisielewska, Jagiellonian University Medical College
47. Panel evidence-based psychotherapies
Moderator: Felicitas Rost, Tavistock and Portman NHS Foundation Trust

Paraphilias, Violence and Personality Disorder: Implementing Clinical Research at the Portman Clinic

Trials and tribulations of implementing a randomized controlled trial of MBT for antisocial personality disorder in the UK Criminal Justice System Jessica Yakeley, Portman Clinic, London, UK

Paraphilias and personality disorder: Changes in personality functioning as a result of long-term psychoanalytic psychotherapy Felicitas Rost, Tavistock and Portman NHS Foundation Trust

Tracking subtle changes in personality functioning and in behaviour: A Case Study Stephen Blumenthal, Portman Clinic, London, UK

Discussant: Björn Philips, Stockholm University

48. Panel quantitative & qualitative method
Moderator: Ruth Inslegers, Ghent University, Belgium

Single case studies I

The evolution of the culture of publishing case studies: away from the Obscure, rediscovery of the Ordinary Juri Krivzov, Ghent University, Belgium; Liza Notaerts, Ruth Inslegers, Reitske Meganck, Ghent University, Belgium

Case study research into psychotherapies for people that present with physical symptoms, 2012-2016: A review of the literature John Hills, University of Leeds, London, UK; Dr Jane Cahill, University of Leeds; Dr John Lees, University of Leeds; Prof Dawn Freshwater, University of Western Australia, Perth

The 'good' versus the 'bad'. A comparison between 'good', 'mixed' and 'poor' outcome published single case studies using the Single Case Archive. Ruth Inslegers, Ghent University, Belgium; Reitske Meganck, Juri Krivzov, Liza Notaerts, Ghent University

Discussant: Jochem Willemsen, University of Essex
49. Panel
therapist effects
Moderator: Glenys Parry,
University of Sheffield, UK

Friday | 8:30 AM--10:00 AM | Room 9
Work-related challenges for therapists

An evaluation of the use of cognitive analytic concepts in organisational service delivery for clients with multiple complex needs. Karen Shannon, DKS Associates Liverpool; Glenys Parry, University of Sheffield, UK

A Mixed Methods Approach Investigating Cognitive Changes in Vicarious Trauma within Trainees and Qualified Therapists Emma Louise Milard, Nottinghamshire Healthcare NHS Trust, UK; Rachel Sabin-Farrell, University of Nottingham, UK; Thomas Schröder, University of Nottingham, UK

Let's talk about sex: An Investigation into female psychotherapists' experience of male clients' sexual attraction towards them. Jasenka Lukac-Greenwood, Metanoia Institute; Biljana van Rijn, Metanoia Institute

50. Panel
practice-training-research networks
Moderator: Omar C.G. Gelo,
University of Salento (Italy) & Sigmund Freud University (Austria)

Friday | 8:30 AM--10:00 AM | South Writing School
Psychotherapy training research

Personal background, motivation and Interpersonal style of psychotherapy trainees with different theoretical orientations: Preliminary results from the Italian context Irene Messina, University of Padua; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Salvatore Gullo, University Niccolò Cusano; Marco Sambin, University of Padua; David Orlinsky, University of Chicago, USA

Development of relational abilities in the process of becoming a psychotherapist: Preliminary results from the Austrian context Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Salvatore Gullo, University Niccolò Cusano; Elitsa Tilkidzhieva, Sigmund Freud University, Vienna, Austria; Vanessa Freitag, Sigmund Freud University Vienna; Irene Messina, University of Padua
Empathy in Psychoanalysis and Medical Education: What can we learn from each other? Felicitas Datz, Medical University Vienna; Karoline Parth, Medical University of Vienna; Ingrid Preusche, Medical University of Vienna, Austria; Henriette Löfler-Stastka, Medical University of Vienna, Austria

Discussant: David Orlinsky, University of Chicago, USA;

Friday | 10:00 AM--10:30 AM | North Writing School
Coffee Break

51. Panel
client factors
Moderator: Johannes C. Ehrenthal, University of Klagenfurt, Austria

52. Panel
evidence-based psychotherapies
Moderator: Felicitas Rost, Tavistock and Portman NHS Foundation Trust

Friday | 10:30 AM--12:00 PM | East Writing School
Personality characteristics in psychotherapy II

Clinical applications of psychotherapy research: Levels of personality functioning as outcome, mediator and moderator Johannes C. Ehrenthal, University of Klagenfurt, Austria

Modelling vulnerability for psychopathology and its associations with childhood maltreatment and mentalising Tobias Nolte, University College, London, UK; Laura Gibbon, University College, London, UK; Read Montague, University College, London, UK; Peter Fonagy, University College, London, UK

Perfectionism' Negative Impact in Psychotherapy: The Perfectionism Social Disconnection Model and Clinical Process and Outcome Paul L Hewitt, University of British Columbia, Vancouver, Canada; Samuel Mikail, Sunlife Financial; Gord Flett, York University, Canada

Friday | 10:30 AM--12:00 PM | Room 11
Elucidating clinical outcome and drop-out: Giving authority to the experience and private theories of adolescent and adult patients with depressive symptoms
When psychotherapy does not work. Lessons from the experiences of young adults in psychoanalytic psychotherapy Camilla von Below, Stockholm University, Sweden; Andrzej Werbart, Stockholm University, Sweden

Giving depressed patients a voice: their experience of the outcome and helpful and unhelpful factors of long-term psychoanalytic psychotherapy Imke Ahlers, Tavistock Clinic, London, UK; Felicitas Rost, Tavistock and Portman NHS Foundation Trust

A typology of therapy dropout in depressed adolescents Sally O’Keeffe, University College, London, UK; Peter Martin, University College, London, UK; Nick Midgley, UCL / Anna Freud National Centre

Discussant: Sheila Butler, The Open University UK and KMPT NHS;

Friday | 10:30 AM--12:00 PM | Room 14
53. Panel child & family
Moderator: Nina Tejs Jorring,

Practice into research and back again in child psychotherapy

Doing it collaboratively! A case study of designing quantitative effect-studies on narrative family therapy in a local clinical context Nina Tejs Jorring,

Time and Psychotherapy: How do child and adolescent psychodynamic psychotherapists working in NHS settings talk about time as a factor in therapeutic work? Joanna Kathleen Bent-Hazelwood, Birkbeck University

Prospective cohort study about the outcome of short-term-psychotherapy with children, adolescent and their families in a psychiatric ambulance Sabine Pachta, Medical University of Vienna, Austria
54. Panel

child & family

Moderator: Liselotte Grünbaum, Aalborg University, Denmark

Friday | 10:30 AM--12:00 PM | Room 15

Practice oriented research with children, parents, and caregivers in a context of adverse early relationships and complex trauma

This shared parenting we do is hard to get your head around Caryn Onions, Mulberry Busch School

Sibling figures in mind and as reported by caregivers -- a psychoanalytic case study of complex trauma

Liselotte Grünbaum, Aalborg University, Denmark

Placement breakdown in foster care with children under-five: a psychoanalytic view of the caregiving relationship under stress

Gillian Sloane Donachy, NHS Greater Glasgow & Clyde

Discussant: Gerry Byrne, Oxford Health NHS Foundation Trust

55. Panel

attachment & development

Moderator: Alessandro Talia, Heidelberg University, Germany

Friday | 10:30 AM--12:00 PM | Room 6

The impact of In-session Attachment and Mentalizing on Psychotherapy Process and Outcome: moderation and change

The relationship between in-session attachment, reflective functioning and therapeutic alliance in CBT-E and PPT for bulimia nervosa

Frederik Scharff, University of Copenhagen, Denmark; Alessandro Talia, Heidelberg University, Germany; Stig Poulsen, University of Copenhagen; Susanne Lunn, University of Copenhagen; Sarah Daniel, University of Copenhagen

In-session attachment in two treatment modalities: outcome moderation and change

Paul Schröder, Heidelberg University, Germany; Stig Poulsen, University of Copenhagen; Susanne Lunn, University of Copenhagen; Sarah Daniel, University of Copenhagen; Alessandro Talia, Heidelberg University
Mentalization as a predictor or outcome of psychotherapy in psychodynamic treatment? Jana Volkert, Heidelberg University, Germany; Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg; Holger Schulz, Maria Dehoust, Anna Levke Brütt, University Medical Center Hamburg-Eppendorf; Sylke Andreas, Department of Psychology, University of Witten/Herdecke & Institute of Psychology, Alpen-Adria Univ

Facilitating clients' movement in the direction of secure attachment: A Task Analytic Investigation Alessandro Talia, Heidelberg University, Germany; Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany; Sarah Daniel, University of Copenhagen, Denmark

Discussant: Henning Schauenburg, Heidelberg University, Germany;

Friday | 10:30 AM--12:00 PM | Room 7
Naturalistic outcome studies

The effectiveness of couple therapy: outcomes in a naturalistic United Kingdom setting David Stuart Hewison, Tavistock Relationships, London UK; Michele Birtel, Tavistock Relationships, London UK

Naturalistic follow-up study among adolescent psychiatric patients: are psychotherapeutic interventions effective in clinical settings and who drop out? Vera Sabina Gergov, University of Helsinki and Helsinki University Hospital; Jari Lahti, Helsinki Collegium for Advanced Studies, Finland; Mauri Marttunen, National Institute for Health and Welfare, Helsinki, Finland; Jari Lipsanen, University of Helsinki; Nina Lindberg, University of Helsinki and Helsinki University Hospital

Routine Measurement and Feedback - Evidence that therapists can significantly increase their personal effect size Jeb Brown, Center for Clinical Informatics; Ashley Simon, Center for Clinical Informatics

Discussant: Sidse Arnfred, University of Copenhagen
57. Panel
child & family
Moderator: Fredrik Odhammar, The Erica Foundation

Friday | 10:30 AM--12:00 PM | Room 9
Change processes in child and adolescent psychotherapy and assessment

What have we learnt from young people about disclosing sexual abuse experiences? Emma Brennan, Dublin City University; Rosaleen McElvaney, Dublin City University

Hospitalized children: symbolic play assessment, coping strategies and level of anxiety Adriana Lis, University of Padova, Italy; Daniela Di Riso, University of Padova, Italy; Elisa Delvecchio, university of Perugia Italy; Cristina Alberti, University of Padova, Italy; Susy Comunian, University of Padova, Italy; Diana Mabilia, University of Padova, Italy

Different perspectives in measuring processes in psychodynamic child psychotherapy Fredrik Odhammar, The Erica Foundation; Geoffrey Goodman, Long Island University, USA; Gunnar Carlberg, The Erica Foundation

Discussant: Fredrik Odhammar, The Erica Foundation;

58. Panel
therapist effects
Moderator: David Orlinsky, University of Chicago, USA

Friday | 10:30 AM--12:00 PM | South Writing School
Therapists as Persons, Persons as Therapists: Converging Personal and Professional Facets

Correspondences Between Therapists' Personal Characteristics and Their Experiences of Therapeutic Work with Clients David Orlinsky, University of Chicago, USA; Armin Hartmann, University of Freiburg, Germany; Michael Helge Rønnestad, University of Oslo, Norway

Correspondences Between Therapists' Personal Characteristics and Their Experiences of Professional Development Michael Helge Rønnestad, University of Oslo, Norway; David Orlinsky, University of Chicago; Armin Hartmann, University of Freiburg, Germany
59. **Brief Paper Session**

**alliance & interpersonal process**

**Moderator:** Franco F. Orsucci, University College of London & NC-IUL University of London

**Friday | 10:30 AM--12:00 PM | Room 10**

**Change processes II**

**Four Perspectives on the Change Process in a Single Case Study:** Client, Therapist, Outcome Researcher, and Process Researcher

Jan Roubal, Masaryk University in Brno, Czech Republic; Roman Hytych, Masaryk University in Brno, Czech Republic; Rolf Sandell, Linköping University and Lund University, Sweden; Tomas Rihacek, Masaryk University in Brno, Czech Republic

**Change in dynamic psychotherapy. What differentiates good and poor outcome cases.** Giulio de Felice, Sapienza University of Rome & NCU University, London; Benjamin Aas, Paracelsus Medical University, Salzburg, Austria; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Gunter K. Schiepek, Paracelsus Medical University, Salzburg, Austria; Franco F. Orsucci, University College of London & NC-IUL University of London

**Narrative Change Process in Dilemma-Focused Intervention: The Case of Maria**

Danilo Moggia, Universitat de Barcelona, Spain; Guillem Feixas, Universitat de Barcelona, Spain; Víctor Vela, Universitat de Barcelona, Spain; Maria Manteca-Gómez, Universitat de Barcelona, Spain

**Indices of change: analyzing the indexical properties of data from psychotherapy case work to discern patterns of therapeutic change over time**

John Hills, University of Leeds, London, UK; Dr John Lees, University of Leeds, London, UK; Dr Jane Cahill, University of Leeds, London, UK; Prof Dawn Freshwater, University of Western Australia, Perth
Semiotic Dynamics: How Language is Changing
Franco F. Orsucci, University College of London & NC-IUL University of London; Giulio de Felice, Sapienza University of Rome & NCU University, London

60.
Brief Paper Session
quantitative & qualitative method
Moderator: Kevin J. R. Wright, South London & Maudsley NHS MH Trust

Friday | 10:30 AM--12:00 PM | Room 8
Qualitative / Conceptual Studies

Patients' experiences with routine outcome monitoring (ROM) and clinical feedback (CF) systems: a systematic review and synthesis of qualitative empirical literature Stig Magne Solståd, Helse Førde; Christian Moltu, Helse Førde; Louis Castonguay, Penn State University, University Park, USA

Narcissistic difficulties and development of relationship with authority in psychotherapy: qualitative analysis of subjective experience Dovilė Petronytė - Kvedarauskienė, Vilnius University, Lithuania; Gražina Gudaitė, Vilnius University

Negative Delusion and Agentic Selfhood in Borderline Personality Disorder Anna D. R. Bergqvist, Manchester Metropolitan University

Exploring parental representations in mothers whose infants go on to develop disorganised attachment Juraj Kralik, UCL

The Use and Benefits of Expressive writing in treatment of PTSD and other traumas in EAP & Primary Care settings (IAPT). Kevin J. R. Wright, South London & Maudsley NHS MH Trust

Friday | 12:00 PM--1:00 PM | North Writing School
Lunch
61. **Structured Discussion**  
*practice-training-research networks*  
**Moderator:** Georgia Lepper, University of Exeter UK  
**Friday | 1:00 PM--2:00 PM | Room 15**  
*The UKCP 'Moments of Meeting' PRN: A learning experience in the common ground between research and practice*  

The MOM project design and what have we learnt from the Research side? Tirril Harris, Kings College London  

**Commentary and discussion** Sheila Butler, The Open University UK and KMPT NHS

62. **Structured Discussion**  
*quantitative & qualitative method*  
**Moderator:** Franco F. Orsucci, University College of London & NC-IUL University of London  
**Friday | 1:00 PM--2:00 PM | Room 9**  
*Complexity Science In Psychotherapy*  

Discussants: Franco F. Orsucci, University College of London & NC-IUL University of London; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Giulio de Felice, Sapienza University of Rome & NCU University, London;

63. **Panel**  
*child & family*  
**Moderator:** Dr Sarah Peter, Birkbeck  
**Friday | 1:00 PM--2:00 PM | Room 10**  
*Psychoanalytic child psychotherapy and the medical model*  

*Child psychotherapy with children who are medicated for ADHD: Discourse, power and interdisciplinary practice* Dr Sarah Peter, Birkbeck  

The meaning of SSRI medication: a retrospective account from adolescents clinically referred and treated for depression Rita A Maroun, University College London / Anna Freud Centre  

Discussant: Katharina Weitkamp, Medical School Hamburg

64. **Panel**  
*attachment & development*  
**Moderator:** Tamar Axelrad Levy, Hebrew University, Jerusalem, Israel  
**Friday | 1:00 PM--2:00 PM | Room 11**  
*Studying change processes and therapy outcomes in psychotherapy assisted by animals among children*
Studying change processes and therapy outcomes in psychotherapy assisted by animals among children with emotional distress. Tamar Axelrad Levy, Hebrew University, Jerusalem, Israel; Orya Tishby, Hebrew University, Jerusalem, Israel

Animal-Assisted Group-Psychotherapy for Children: Conceptualization and a Mixed Methods Research Orit Harel, Bar Ilan Univesity; Shlomo Romi, Bar Ilan University; Deborah Court, Bar Ilan University

Discussant: Nick Midgley, UCL / Anna Freud National Centre;

65. Panel
alliance & interpersonal process
Moderator: Robert Elliott, University of Strathclyde, Glasgow, UK

Friday | 1:00 PM--2:00 PM | Room 7
Compassion and Empathy in Psychotherapy: Two Approaches

Therapist Empathy and Psychotherapy Outcome: An Updated Meta-analysis and Review Robert Elliott, University of Strathclyde, Glasgow, UK; Arthur Bohart, Saybrook University, San Francisco, USA; Jeanne Watson, University of Toronto, Canada; David Murphy, University of Nottingham, UK

Compassion in Psychotherapy: Views and experiences of psychotherapists Neža Uršič, University of Ljubljana, Faculty of Arts, Department of Psychology; Gregor Žvelc, University of Ljubljana, Faculty of Arts, Department of Psychology; University of Primorska

66. Panel
alliance & interpersonal process
Moderators: Daniel Hayes, Evidence Based Practice Unit, University College London and Anna Freud Centre, UK

Friday | 1:00 PM--2:00 PM | Room 8
Finding the common ground: Shared decision-making in psychological therapies and mental health

Behaviour Change Techniques (BCT’s), Shared Decision Making, and Outcomes in Child and Youth Mental Health Daniel Hayes, Evidence Based Practice Unit, University College London and Anna Freud Centre, UK.
Client experiences of goal negotiation in the early stages of Pluralistic Therapy  
Gina Saskjia Di Malta, University of Roehampton, London, UK

67.  
Brief Paper Session  
evidence-based psychotherapies  
Moderator: Susanne Lunn, University of Copenhagen, Denmark

Friday | 1:00 PM--2:00 PM | Room 6  
Randomized Controlled Trials

Effectiveness of EMDR in patients with substance use disorder and comorbid PTSD: a randomized controlled trial  
Annett Lotzin, University Medical Center Hamburg-Eppendorf, Germany; Laycen Chuey-Ferrer, AHG Clinic Dormagen; Arne Hofman, EMDR-Institute Germany; Peter Liebermann, EMDR Institute Germany; Ingo Schäfer, University Medical Center Hamburg-Eppendorf, Hamburg

Improving cognitive function in serious mental health disorders.  
Gary Donohoe, National University of Ireland Galway

Bias in psychotherapy research -- a case example  
Susanne Lunn, University of Copenhagen, Denmark

Meeting  
Moderator: Stig Poulsen, University of Copenhagen, Denmark

Friday | 1:00 PM--2:00 PM | Room 14  
European Country Coordinators

68.  
Structured Discussion  
practice-training-research networks  
Moderator: Henriette Löffler-Stastka, Medical University of Vienna, Austria

Friday | 2:15 PM--3:45 PM | Room 6  
The SPRISTAD Study of Psychotherapist Development in Training -- Experiences and challenges of data collection in different countries and its impact on research activity

Discussants: Ulrike Willutzki, Department of Psychology and Psychotherapy, Witten/Herdecke University; Henriette Löffler-Stastka, Medical University of Vienna, Austria; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Salvatore Gullo, University Niccolò Cusano; Irene Messina, University of Padua; Erkki Heinonen, National Institute for Health and
Welfare, Helsinki, Finland; Biljana van Rijn, Metanoia Institute; Bernhard Strauss, University of Jena, Germany; Elitsa Tilkidzhieva, Sigmund Freud University, Vienna, Austria; Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Germany; David Orlinsky, University of Chicago, USA;

69. Structured Discussion evidence-based psychotherapies
Moderator: Björn Philips, Stockholm University, Sweden

Friday | 2:15 PM--3:45 PM | Room 9
No such fool as Sweden: National guidelines and their influence on the practice of psychotherapy

Discussants: Aarno A. Laitila, University of Jyväskylä; Glenys Parry, University of Sheffield, UK; Björn Philips, Stockholm University, Sweden; Stig Poulsen, University of Copenhagen, Denmark; Jan Ivar Røssberg, Oslo University Hospital, Norway; Henning Schauenburg, Heidelberg University, Germany;

70. Panel evidence-based psychotherapies
Moderator: Sven Rabung, Alpen-Adria-Universität Klagenfurt

Friday | 2:15 PM--3:45 PM | East Writing School
The value of systematic feedback in psychotherapy

Evidence for systematic feedback in psychotherapy: an overview of reviews Sven Rabung, Alpen-Adria-Universität Klagenfurt; Rebecca Kratochvil, Alpen-Adria-Universität Klagenfurt, Klagenfurt, Austria; Jonas Lüdemann, Institute of Psychology, Alpen-Adria Universität Klagenfurt

The overall effect of systematic feedback in outpatient psychotherapy: a systematic review with meta-analysis Rebecca Kratochvil, Alpen-Adria-Universität Klagenfurt, Austria; Jonas Lüdemann, Institute of Psychology, Alpen-Adria Universität Klagenfurt; Sven Rabung, Alpen-Adria-Universität Klagenfurt

The effect of systematic feedback on the therapy outcome of not-on-track outpatients: a systematic review with meta-analysis Jonas Lüdemann, Institute of Psychology, Alpen-Adria Universität Klagenfurt; Rebecca Kratochvil, Alpen-Adria-Universität
71. Panel

**translational research**

_Discussant: Bruce Wampold, University of Wisconsin, Madison, USA;_

**Friday | 2:15 PM--3:45 PM | Room 11**

**The psychology of suicidal imagery: Clinical implications and possibilities for negotiating urges**

_Suicidal imagery: A catalyst in the suicidal process?_ Bergljot Gjelsvik, University of Oxford; Eleanor Chatburn, University of Oxford; Kirsten Benum, University of Oslo, Norway; Hanne Weie Oddli, University of Oslo, Norway

**Key characteristics of flash-forwards in recurrently suicidal patients** Eleanor Chatburn, University of Oxford; Kirsten Benum, University of Oslo, Norway; Hanne Weie Oddli, University of Oslo, Norway; Bergljot Gjelsvik, University of Oxford

_'I wanted to kill the body, not the experience'._ Suicidal imagery as transitional space. Hanne Weie Oddli, University of Oslo, Norway; Kirsten Benum, University of Oslo, Norway; Eleanor Chatburn, University of Oxford; Bergljot Gjelsvik, University of Oxford

_Discussant: Margrethe Halvorsen, Oslo University Hospital, Norway;_

72. Panel

**quantitative & qualitative method**

_Moderator: Juha Holma, University of Jyväskylä_

**Friday | 2:15 PM--3:45 PM | Room 15**

**Relational mind: Combining discursive research and embodied synchrony in studying couple therapy**

_Embodied dialogues in couple therapy sessions with two therapists_ Juha Holma, University of Jyväskylä

_Moving beyond language in discursive research on psychotherapy: Examining embodied and discursive_
aspects of positioning in one couple therapy
Evrinomy Avdi, Aristotle University of Thessaloniki

Disconnection in transition phase to parenthood
Helena Päivinen, University of Jyväskylä

Discussant: Chris D H Evans, University of Roehampton;

Friday | 2:15 PM--3:45 PM | Room 7
Is it going to rain in Oxford? How psychotherapy research could change to allow for individual therapeutic decision making.

Phase Transitions in Psychotherapy: Bridging the Gap Between Theory and Practice Guenter K. Schiepek, Paracelsus Medical University, Salzburg, Austria; Benjamin Aas, Paracelsus Medical University

Emotion Network Dynamics in Major Depressive Disorder: Why some patients may improve during psychotherapy whereas other patients do not. Maartje Eijlander, Radboud University, Nijmegen, Netherlands; Claudi Bockting, University of Groningen, Netherlands; Guenter K. Schiepek, Paracelsus Medical University; Angélique Cramer, Tilburg University; Marieke van Rooij, Radboud University, Nijmegen, Netherlands; Anna Lichtwarck-Aschoff, Radboud University, Nijmegen, Netherlands

Early-Warning Signals for Clinical Transitions in Clients with Mood Disorders Merlijn Olthof, Radboud University, Nijmegen, Netherlands; Marieke van Rooij, Radboud University, Nijmegen, Netherlands; Anna Lichtwarck-Aschoff, Radboud University, Nijmegen, Netherlands; Guenter K. Schiepek, Paracelsus Medical University, Salzburg, Austria; Guido Strunk, Complexity-Research Vienna

Optimal designs to examine whether individual affective changes in treated patients are clinically meaningful and preliminary results of an ESM micro trial. Christien Slofstra, University of Groningen,
74. **Brief Paper Session**  
*child & family*

**Moderator:** Daniel Hayes, Evidence Based Practice Unit, University College London and Anna Freud Centre, UK.

**Friday | 2:15 PM--3:45 PM | Room 14**

**Treatment for children and adolescents**

**What Happens At The Point of NOT Understanding - working through shame to having an open responsiveness in the classroom setting.** Vanessa McHardy, UKCP

**Counselling demand and provision in primary schools in Ireland** Deirdre Dooley Judge, Dublin City University; Rosaleen McElvaney, Dublin City University; Evelyn Gordon, Dublin City University; Amy Byrne, Dublin City University

**Maypole Dancing and Grotstein's "Bedlam": Complexity and Intensity in the Therapeutic Encounter in an Adolescent Psychoanalytic Psychotherapy Group** Monique Maxwell, Leicestershire Partnership NHS Trust - CAMHS

**Evaluation of i-THRIVE decision aids for improving shared decision making in child and youth health** Daniel Hayes, Evidence Based Practice Unit, University College London and Anna Freud Centre, UK.; Rosa Town, UCL and ANFCC; Emilios Lemoniatis, Tavistock Clinic, London, UK; Julian Childs, University College, London, UK; Miranda Wolpert, Anna Freud Center, London, UK; Nick Midgley, UCL / Anna Freud National Centre; Anna Moore, UCL and AFC

**Patterns of Disrupted Maternal Behaviour Associated with the Development of Disorganised Attachment in Infants within Parent-Infant**
Psychotherapy: A Case Study Sarah Anne Miltz, Anna Freud Center, London, UK; Evrinomy Avdi, Aristotle University of Thessaloniki; Tessa Baradon, Anna Freud National Centre for Children and Families; Michelle Sleed, Anna Freud Center, London, UK

75.
Brief Paper Session
Quantitative & qualitative method
Moderator: Jarl Wahlström, University of Jyväskylä

Friday | 2:15 PM--3:45 PM | Room 8
Single case studies II

A contrasting juxtaposition of analyzing a dream series by the dream interpretation method of depth psychology including individual psychology and psychoanalysis and the dream generation model of U. Moser and I. von Zeppelin Gabriela Pap, Medical University of Vienna, Austria

How to Research Clients’ Experiences in Sandplay Therapy? - A Methodological Exploration Ying Liu, The University of Edinburgh, UK

Complex trauma and (therapeutic) relationships: A single-case study. Kimberly Van Nieuwenhove, Ghent University, Belgium; Reitske Meganck, Ghent University, Belgium; Mattias Desmet, Ghent University, Belgium

Why did she leave? An evidence-based case study of a dropout in an effective psychotherapy of depression Petr Dolezal, Masaryk University, Faculty of Social Studies, Brno, CZ; Michal Cevalicek, Masaryk University

Beyond the impasse: reflections on dissociative identity disorder Reitske Meganck, Ghent University, Belgium

Displaying Agency Problems at the Outset of Psychotherapy Jarl Wahlström, University of Jyväskylä; Minna-Leena Seilonen, University of Jyväskylä

Friday | 3:45 PM--4:15 PM | North Writing School
Coffee Break
Plenary

Moderator: Stig Poulsen, University of Copenhagen, Denmark

Friday | 4:15 PM--5:30 PM | South Writing School
Finding the common ground - where do we go from here?

Julian Rubel, University Trier, Germany
Miranda Wolpert, Anna Freud Center, London, UK
William B Stiles, Miami University, Oxford, USA
Bruce Wampold, University of Wisconsin, Madison, USA

Friday | 7:00 PM--11:00 PM | Grand Hall, Balliol College
Conference Banquet
Aas, Benjamin: 19, 39, 59, 73
Addison, Ann: 38
Agnew-Davies, Roxane McKechnie: 32
Aharoni, Ruth: 42
Ahlers, Imke: 52
Alberti, Cristina: 57
Allison, Liz: 39
Altmann, Uwe: 33
Andreas, Sylke: 18, 28, 31, 55
Angus, Lynne: 4, 11
Arendt, Mikkel: 42
Arnfred, Sidse: 42, 56
Ashby, Mary Lister: 38
Austin, Stephen: 42
Avdi, Evrinomy: 15, 25, 35, 72
Axberg, Ulf: 42
Axelrad Levy, Tamar: 64
Bach, Bo: 42
Bänninger-Huber, Eva: 22, 31, 40
Baradon, Tessa: 25, 35
Bass, Diana: 19
Batalas, Nikolaos: 73
Baumgartner, Julia: 40
Bégin, Philippe: 40
Bell, Chance: 36
Benelli, Enrico: 40
Bent-Hazelwood, Joanna Kathleen: 53
Bents, Hinrich: 40
Benum, Kirsten: 71
Ben-Yehuda, Ariel: 29
Bergauer, Reto: 40
Bergqvist, Anna D. R.: 60
Besser, Sarah Jane: 44
Bhola, Poornima: 28
Bianco, Francesca: 40
Birtel, Michele: 56
Blackshaw, Emily: 40
Blanck, Paul: 40
Blumenthal, Stephen: 47
Bockting, Claudi: 73
Bohart, Arthur: 65
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Borcsa, Maria: 45
Brambilla, Daniela: 15
Brennan, Emma: 57
Bringmann, Laura: 73
Bronstein, Miriam: 36
Brown, Jeb: 37, 56
Brütt, Anna Levke: 55
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