Preliminary Programme

(rev. 16/07/2017)

Society for Psychotherapy Research
UK & European Chapters
4th joint conference
Oxford, UK, 2017

“Psychotherapy practice and research: Finding the common ground”

Wednesday 20 September – Friday 22 September 2017
Examination Schools, High Street, Oxford, OX1 4BG, UK
Wednesday, 20 September

1. **Pre-Conference Workshop**
   *psychotherapy integration*
   **Moderator:** Lynne Angus, York University, Canada
   
   **Wednesday | 2:00 PM--5:00 PM | Room 1**
   **Working with narrative in Emotion-focused Therapy: Implications for practice**
   
   Lynne Angus, York University, Canada
   Naomi Carpenter, York University, Canada
   Christianne Macaulay, York University, Canada
   Jasmine Khattra, York University, Canada

2. **Pre-Conference Workshop**
   *quantitative & qualitative method*
   **Moderator:** Naomi Petra Moller, Open University
   
   **Wednesday | 2:00 PM--5:00 PM | Room 11**
   **Inductive-Deductive Thematic Analysis for Transcript Analysis: Flexible, accessible and rigorous**
   
   Naomi Petra Moller, Open University
   Rachel Willcox, University of the West of England
   Victoria Clarke, University of the West of England

3. **Pre-Conference Workshop**
   *alliance & interpersonal process*
   **Moderator:** Tien Kuei, University of Glasgow
   
   **Wednesday | 2:00 PM--5:00 PM | Room 14**
   **Using nonverbal events in psychotherapy as clinical intervention in Functional analytic Psychotherapy (FAP)**
   
   Tien Kuei, University of Glasgow
4. Pre-Conference Workshop
psychotherapy integration
Moderator: Irene Messina, University of Padua

Wednesday | 2:00 PM--5:00 PM | Room 15
Comparing and Contrasting Two Models of Short-Term Psychotherapy: Differences and Similarities

Intensive Transactional Analyisis
Psychotherapy  Marco Sambin, University of Padua; Francesco Scottà, Centro Psicologia Dinamica, Padova (Italy)

Intensive Short-term Dynamic
Psychotherapy  Susan Hajkowski, University of Leicester, UK; Stephen Buller, Psychotherapy Foundation

5. Pre-Conference Workshop
quantitative & qualitative method
Moderator: Shlomo Mendlovic, Tel Aviv University, Israel

Wednesday | 2:00 PM--5:00 PM | Room 2
The MATRIX: A novel theory-neutral tool exploring dynamic psychotherapy

Discussant: Shlomo Mendlovic, Tel Aviv University, Israel;
6. Pre-Conference Workshop
practice-training-research networks
Moderators: Michael Helge Rønnestad, University of Oslo, Norway; David Orlinsky, University of Chicago, USA; Ulrike Willutzki, Department of Psychology and Psychotherapy, Witten/Herdecke University

Wednesday | 2:00 PM--5:00 PM | Room 7

A Collaborative Study of Psychotherapist Training: Data Collection Procedures and Data Analysis Plans (SPRISTAD)
Discussants: Armin Hartmann, University of Freiburg, Germany; Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany; Henriette Löffler-Stastka, Medical University of Vienna, Austria; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Irene Messina, University of Padua; Salvatore Gullo, University Niccolò Cusano; Biljana van Rijn, Metanoia Institute; Erkki Heinonen, National Institute for Health and Welfare, Helsinki, Finland; Elitsa Tilkidzhieva, Sigmund Freud University, Vienna, Austria;

7. Pre-Conference Workshop
attachment & development
Moderator: Lisa Firestone, Ph.D., The Glendon Association

Wednesday | 2:00 PM--5:00 PM | Room 9

Adult Attachment in Romantic Relationships: Overcoming the Fear of Love

8. Opening Welcome

Moderators: Susan Hajkowski, University of Leicester, UK; Felicitas Rost, Tavistock and Portman NHS Foundation Trust; Stig Poulsen, University of Copenhagen, Denmark

Wednesday | 5:30 PM--6:00 PM | South Writing School
Opening Welcome
9. Moderator: Bruce Wampold, University of Wisconsin, Madison, USA
   Wednesday | 6:00 PM--7:30 PM | South Writing School
   **Keynote Address**
   
   Research on Psychotherapy Practice: Improving the Quality of Services  Bruce Wampold, University of Wisconsin, Madison, USA

10. Welcome Reception
    Wednesday | 7:30 PM--9:30 PM | North Writing School
    **Welcome reception**

Thursday, 21 September

11. Plenary
    Thursday | 9:00 AM--10:00 AM | South Writing School
    **Opening Plenary**

  Moderator: Felicitas Rost, Tavistock and Portman NHS Foundation Trust
12. Panel
alliance & interpersonal process
Moderator: Adam E J Gibson, University of Roehampton, London, UK

Thursday | 10:30 AM--12:00 PM | Room 1
Finding the common ground: Shared decision-making in psychological therapies and mental health

Behaviour Change Techniques (BCT's), Shared Decision Making, and Outcomes in Child and Youth Mental Health  Daniel Hayes, Evidence Based Practice Unit, University College London and Anna Freud Centre, UK.

Client experiences of goal negotiation in the early stages of Pluralistic Therapy  Gina Saskjia Di Malta, University of Roehampton, London, UK

Shared decision-making: What do the studies, clients, and interactions say? Triangulating the findings from three methodologies.  Adam E J Gibson, University of Roehampton, London, UK

13. Panel
alliance & interpersonal process
Moderator: Wolfgang Tschacher, University of Bern, Switzerland

Thursday | 10:30 AM--12:00 PM | Room 11
Embodiment and nonverbal synchrony in psychotherapeutic interaction

Evaluating interpersonal synchrony in naturalistic dyadic conversations using Motion Energy Analysis: Lessons from autism spectrum conditions and typical development  Alexandra Georgescu, University College London; Antonia Hamilton, University College London; Christine Falter, University Hospital of Cologne, Germany; Kai Vogeley, University Hospital of Cologne, Germany; Wolfgang Tschacher, University of Bern, Switzerland

Does nonverbal timing in patient-therapist interactions predict premature discontinuation in psychotherapy of patients with social anxiety disorder?  Désirée Thielemann, Jena University Hospital, Germany; Jane Dittmann, University Trier, Germany; Julian Rubel, University Trier, Germany; Brian Schwartz, University Trier, Germany;
Anne-Katharina Deisenhofer, University Trier, Germany; Wolfgang Lutz, University Trier, Germany; Bernhard Strauss, University of Jena, Germany; Uwe Altmann, Jena University Hospital, Germany

Nonverbal synchrony: The change of dyadic nowness over the course of psychotherapy, and its relation to outcome  
Brian Schwartz, University Trier, Germany; Jane Dittmann, University Trier, Germany; Anne-Katharina Deisenhofer, University Trier, Germany; Wolfgang Lutz, University Trier, Germany

Nonverbal synchrony -- a candidate common factor of psychotherapy?  
Wolfgang Tschacher, University of Bern, Switzerland; Fabian Ramseyer, Abteilung für Psychotherapie, Universitätsklinik für Psychiatrie und Psychotherapie, Universität Bern

14. Panel  
child & family  
Moderator: Dr Sarah Peter, Birkbeck

Thursday | 10:30 AM--12:00 PM | Room 14  
Psychoanalytic child psychotherapy and the medical model

Child psychotherapy with children who are medicated for ADHD: Discourse, power and interdisciplinary practice  
Dr Sarah Peter, Birkbeck

Encountering a cartwheeling princess: Relational psychoanalytic therapy of a child with attachment difficulties and ADHD  
Christine Laidlaw, University of South Africa

Psychoanalytic psychotherapy as a form of treatment for a young boy with OCD.  
Sayi Thomas, Tavistock Clinic, London, UK

The meaning of SSRI medication: a retrospective account from adolescents clinically referred and treated for depression  
Rita A Maroun, University College London / Anna Freud Centre
15. Panel

**psychotherapy integration**

*Moderator: Antje Gumz, Berlin University of Psychology*

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**Focusing on patient resources and strengths in psychotherapy**

**Fostering resilience: Evaluation of an intervention module** Ulrike Willutzki, Department of Psychology and Psychotherapy, Witten/Herdecke University; Philipp Victor, Department of Psychology and Psychotherapy, Witten/Herdecke University

**A meta-analysis of resource- and strength-focused interventions** Antje Gumz, Berlin University of Psychology; Tanja Szeles, Berlin University of Psychology; Thomas Munder, Berlin University of Psychology

**Concepts of using patient resources in psychodynamic therapy** Thomas Munder, Berlin University of Psychology; Kai Rugenstein, Berlin University of Psychology; Antje Gumz, Berlin University of Psychology

**The embodiment approach to patient resources** Wolfgang Tschacher, University Hospital of Psychiatry, Bern, Switzerland; Fabian Ramseyer, University Hospital of Psychiatry, Bern, Switzerland

Discussant: Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany;

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16. Panel

*Thursday | 10:30 AM–12:00 PM | Room 2*

**Spirituality**

*Moderator: Steven J. Sandage, Boston University*

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**Spiritual Care in Hospitals: An Applied Pilot Study of Spiritual Counselling** Zehra Ersahin, Social Sciences University of Ankara; Uzeyir Ok, Ibn Haldun University; H. Sinem Ugurlu Bakar, Ankara University
Therapists’ religious and spiritual beliefs: Locating the sacred within the therapeutic landscape  Chetna Duggal, Tata Institute of Social Sciences

Testing a Relational Spirituality Model with Adult Psychotherapy Clients  Steven J. Sandage, Boston University; David Paine, Boston University; Elizabeth Ruffing, Boston University; Sarah Moon, Boston University; David Rupert, Boston University; Miriam Bronstein, Boston University; Chance Bell, Boston University; Peter Jankowski, Bethel University

17.
Panel

Thursday | 10:30 AM–12:00 PM | Room 6
Training and therapist Development

Moderator: Johannes Florian Krall, University of Klagenfurt, Austria

How do newly certified integrative and TA psychotherapists experience their professional and personal growth?  Spela Krizanec, Medical University Ljubljana; Sara Pristavec, Community Health Centre Domžale; Gregor Žvelc, University of Ljubljana, Faculty of Arts, Department of Psychology; University of Primorska

A qualitative exploration of child psychotherapists' perspectives on the links between their personal analysis during training and their own practice  Coralie Lasvergnas, University College, London, UK; Evrinomy Avdi, Aristotle University of Thessaloniki; Nick Midgley, UCL / Anna Freud National Centre

Therapeutic attitudes and emotional responses in an sample of therapist in training.  Mauro Di Lorenzo, Gruppo Scuole Psicoterapia Psicoanalitica (GSPP); Laura Bonalume,; Daniela Brambilla,; Chiara Gnesi,; Daniela Marzana,; Chiara Suttora,; Rossella Di Pierro,

Supervision of psychodrama trainees in counselling and psychotherapy  Johannes Florian Krall, University of Klagenfurt, Austria
18. **Panel**  
child & family  
Moderator: Randi Ulberg,  
University of Oslo, Norway

Thursday | 10:30 AM--12:00 PM | Room 7  

**Dynamic mechanism, dynamic change, and the depressed adolescents' experience of change in psychodynamic therapy**

Structured case formulations in a study on adolescent psychotherapy  
Peter Tallberg, Østfold Hospital Trust, Norway; Elisabeth Ness, Vestfold Hospital Trust, Norway; Randi Ulberg, University of Oslo, Norway

Assessment of Dynamic Change in Psychodynamic Psychotherapy with Adolescents  
Elisabeth Ness, Vestfold Hospital Trust, Norway; Peter Tallberg, Østfold Hospital Trust, Norway; Randi Ulberg, University of Oslo, Norway

Adolescents' experience of change in psychodynamic therapy; a qualitative study  
André Løvgren, University of Oslo, Norway; Jan Ivar Røssberg, Oslo University Hospital, Norway

Discussant: Elina Kanellopoulou, Sismagnolio General Hospital, Greece;

19. **Panel**  
evidence-based psychotherapies  
Moderator: Irene Messina,  
University of Padua

Thursday | 10:30 AM--12:00 PM | Room 9  

**Effectiveness of short-term psychodynamic psychotherapy**

Intensive transactional analysis psychotherapy (ITAP): A new model for psychodynamic psychotherapy intensification  
Francesco Scottà, Centro Psicologia Dinamica, Padova (Italy); Marco Sambin, University of Padua

The change process in short intensive dynamic psychotherapy  
Jan Derksen,

Convergence between neurobiological models of psychotherapy and the I.T.A.P. theory  
Marco Sambin, University of Padua; Irene Messina, University of Padua

Discussant: Felicitas Rost, Tavistock and Portman NHS Foundation Trust;
20. Brief Paper Session

Moderator: Benjamin Aas, Paracelsus Medical University, Salzburg, Austria

Thursday | 10:30 AM--12:00 PM | Room 10

Culture


Elephants in the room!: Counselling non-English speaking clients through interpreters. Merih B Fidan, University of Leicester, UK

Pride or Prejudice? : The Role of Ethnicity and Culture in the Mental Health and Professional Development of Medical Students. Diana Bass, Kings College London. University of Exeter (UK) Diana Bass, University of Exeter

Psygration: Proof of concept for an online cross-language platform for psychological assessment. Benjamin Aas, Paracelsus Medical University, Salzburg, Austria

21. Brief Paper Session

Moderator: Jarl Wahlström, University of Jyväskylä

Thursday | 10:30 AM--12:00 PM | Room 8

Single case studies I

A contrasting juxtaposition of analyzing a dream series by the dream interpretation method of depth psychology including individual psychology and psychoanalysis and the dream generation model of U. Moser and I. von Zeppelin. Gabriela Pap, Medical University of Vienna, Austria

Complex trauma and (therapeutic) relationships: A single-case study. Kimberly Van Nieuwenhove, Ghent University, Belgium; Reitske Meganck, Ghent University, Belgium; Mattias Desmet, Ghent University, Belgium

Why did she leave? An evidence-based case study of a dropout in an effective psychotherapy of depression. Petr Doležal, Masaryk University, Faculty of Social Studies, Brno, CZ; Michal Cevelicek, Masaryk University

Displaying Agency Problems at the Outset of Psychotherapy. Jarl Wahlström, University of Jyväskylä; Minna-Leena Seilonen, University of Jyväskylä
22. **Lunch**

Thursday | 12:00 PM--1:30 PM | North Writing School

**Lunch / Special Interest Groups**

23. **UK Chapter Meeting**

Thursday | 1:30 PM--2:30 PM | Room 1

*Moderator: Felicitas Rost, Tavistock and Portman NHS Foundation Trust*

24. **European Chapter Meeting**

Thursday | 1:30 PM--2:30 PM | Room 6

*Moderator: Stig Poulsen, University of Copenhagen, Denmark*

25. **Panel**

Quantitative & Qualitative Method

*Moderator: Melissa Miléna De Smet, Ghent University, Belgium*

Thursday | 2:30 PM--4:00 PM | Room 1

**Moving towards clinically relevant research - acknowledging the responsibility of the researcher**

Shaping the object of science throughout the data collection process in psychotherapy research

Ufuoma Norman, Ghent University, Belgium; Femke Truijens, Ghent University, Belgium; Mattias Desmet, Ghent University, Belgium

An idiosyncratic approach to the study of outcome: integrating the first-person perspective into standard outcome research

Melissa Miléna De Smet, Ghent University, Belgium; Reitske Meganck, Ghent University, Belgium

**Q-Sort Methodology: Making Assessment Measures Clinically Meaningful**

Felicitas Rost, Tavistock and Portman NHS Foundation Trust

Discussants: Stig Poulsen, University of Copenhagen, Denmark
26. Panel
**alliance & interpersonal process**

*Moderator: Eva Bänninger-Huber, University of Innsbruck, Austria*

**Thursday | 2:30 PM--4:00 PM | Room 11**

**Affective relationship patterns and working alliance**

*Prototypical Affective Microsequences (PAMs) and feelings of countertransference in psychoanalytic psychotherapy*  
Eva Huber, University of Innsbruck; Michael Hafener, University of Innsbruck; Eva Bänninger-Huber, University of Innsbruck, Austria

*The Interactive Organization of Intense Gaze Avoiding Laughter*  
Peter Muntigl, University of Ghent; Eva Bänninger-Huber, University of Innsbruck, Austria

*Interactive emotion regulation in the context of crying*  
Eva Bänninger-Huber, University of Innsbruck, Austria; Michael Pöll, University of Innsbruck, Austria

Discussant: Wolfgang Tschacher, University of Bern, Switzerland;

27. Panel
**child & family**

*Moderator: Evrinomy Avdi, Aristotle University of Thessaloniki*

**Thursday | 2:30 PM--4:00 PM | Room 14**

**Exploring aspects of the therapeutic process in Parent Infant Psychotherapy**

*Exploring shifts in parental constructions of the infant during parent infant psychotherapy*  
Nancy Rostant, University College London; Evrinomy Avdi, Aristotle University of Thessaloniki; Tessa Baradon, Anna FReud National Centre for Children and Families; Michelle Sleed, Anna Freud Center, London, UK

*Patterns of Maternal Behaviour Associated with the Development of Infant Disorganised Attachment and Clinical Technique in Parent-Infant Psychotherapy*  
Sarah Anne Miltz, Anna Freud Center, London, UK; Evrinomy Avdi, Aristotle University of Thessaloniki; Tessa Baradon, Anna FReud National Centre for Children and Families; Michelle Sleed, Anna Freud Center, London, UK
How Babies Actively Engage in Therapy: A naturalistic observational study of a baby in Parent Infant Psychotherapy  Elaine Pennicott-Banks, University College, London, UK; Evrinomy Avdi, Aristotle University of Thessaloniki; Michelle Sleed, Anna Freud Center, London, UK

Discussant: Esther Cohen, Hebrew University, Jerusalem, Israel;

Thursday | 2:30 PM--4:00 PM | Room 2

New directions in assimilation model research: Theory-building case studies on setbacks, dementia, bereavement, and digital imagery

Therapist activities preceding setbacks in a poor-outcome case  Isabel Caro Gabalda, University of Valencia, Spain; William B Stiles, Miami University, Oxford, USA

Dementia and existential threat: negotiating the fear of a loss of control  Richard Iain Lloyd Cheston, University of the West of England

Assimilation of grief experiences following spousal bereavement.  John Wilson, York St John University

Digital images as therapeutic meaning bridges. Case Study research into the use of avatar based software by adolescents in school counselling  Biljana van Rijn, Metanoia Institute; Caroline Falconer, University of Nottingham, UK; Evi Chryssafidou, Metanoia Institute; William B Stiles, Miami University, Oxford, USA

29.
Panel  
practice-training-research networks  
Moderator: Henriette Löffler-Stastka, Medical University of Vienna, Austria

Thursday | 2:30 PM--4:00 PM | Room 6

Competence development in Psychotherapy Training

Mentalizing in psychotherapy training. An exploratory study on change in mentalizing skills as an effect of psychotherapy training  Ingrid Pleschberger, Medical University of Vienna, Austria; Henriette Löffler-Stastka, Medical University of Vienna, Austria
MASC to assess the mentalization capacity of therapists before and after a standardized MBT-training. Richard Horn, Medical University of Vienna, Austria; Isabella Klaus, Kaiser Franz Joseph Hospital Vienna, Psychiatric Department, Vienna Austria; Kurt Stastka, Kaiser Franz Joseph Hospital, Psychiatric Department, Vienna; Henriette Löffler-Stastka, Medical University of Vienna, Austria

Science and Heritage: Towards Competence Development in Person-Centred Psychotherapy Training Brigitte Macke-Bruck, Medical University of Vienna, Austria; Henriette Löffler-Stastka, Medical University of Vienna, Austria

Changes in empathy, mentalization and the development of psychoanalytic core competences in psychotherapy trainees in the course of their training compared to experienced psychotherapists. Isabelle Wolf, Medical University of Vienna, Austria; Henriette Löffler-Stastka, Medical University of Vienna, Austria

Discussants: Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany; Henriette Löffler-Stastka, Medical University of Vienna, Austria; Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany;

Thursday | 2:30 PM--4:00 PM | Room 7

Treatment of adolescent depression

Cognitive behavioural therapy and short-term psychoanalytic psychotherapy versus a Brief Psychosocial Intervention in adolescents with unipolar major depressive disorder (IMPACT): a randomised controlled superiority trial Shirley Reynolds, University of Reading

Inside the therapy room - additional findings from IMPACT using the Comparative Psychotherapy Process Scales (CPPS) and the Adolescent Psychotherapy Q-Set (APQ). Nick Midgley, UCL / Anna Freud National Centre; Sally O’Keeffe, University College, London, UK; Ana Calderon, University College, London, UK
31. Panel
quantitative & qualitative method
Moderator: John McLeod, Oslo University, Norway

Innovative strategies for qualitative research into the person of the therapist
The 'Professional Ex': Collaboration in research with addiction counsellors with lived experience
Marguerite Woods, Institute for Integrative Counselling and Psychotherapy, Dublin

Transference: A theatre play - and how it was created from research interviews with senior therapists
Marit Råbu, University of Oslo, Norway

How the experience of being a client has informed the practice of a group of experienced psychotherapists: a collective autoethnography
John McLeod, Oslo University, Norway

32. Panel
evidence-based psychotherapies
Moderator: Stephen Buller, Psychotherapy Foundation

Effectiveness, process and outcome research in Short-Term Psychodynamic Psychotherapy (STPP)

Therapist interventions and rupture resolution of the therapeutic alliance in psychodynamic psychotherapy: Comparing responders and nonresponders
Yves de Roten, Lausanne University, Switzerland

Clinical and Cost Effectiveness of Short-Term Psychodynamic Psychotherapy (STPP) as a Frontline Treatment for Somatoform Disorders in Primary Care
Stephen Buller, Psychotherapy Foundation; Susan Hajkowski, University of Leicester, UK

Neuroanatomical Perspectives on the Aetiology and Treatment of Young People with Depression
John Suckling, University of Cambridge
Developing a Rating Scale for the Evaluation of Ego Capacity in Short-Term Psychodynamic Psychotherapy (STPP)  Susan Hajkowski, University of Leicester, UK

Discussant: Johannes C. Ehrenthal, University of Klagenfurt, Austria;

Thursday | 2:30 PM--4:00 PM | Room 10

Measures II

The MATRIXscore - A Novel Tool for Measuring Theoretical Approaches of Psychodynamic Sessions  Amit Saad, Shalvata Mental Health Center, Tel-Aviv University, Israel; Shlomo Mendlovic, Tel Aviv University, Israel; Boaz Schwarz, Bar-Ilan University, Israel; Ariel Ben-Yehuda, Shalvata Mental Health Center, Israel

Assessing treatment integrity in EFT: Tools for research and training  Marina Lopes Monteiro, ISMAI - University Institute of Maia; Carla Cunha, ISMAI -- University Institute of Maia, Portugal; Daniela Nogueira, ISMAI -- University Institute of Maia, Portugal; João Salgado, ISMAI -- University Institute of Maia, Portugal

Psychometric Properties of the Outcome Rating Scale (ORS) and Session Rating Scale 3.0 (SRS 3.0) in a Spanish Clinical Sample  Danilo Moggia, Universitat de Barcelona, Spain; Noelia Niño-Robles, Universitat de Barcelona, Spain; Guillem Feixas, Universitat de Barcelona, Spain; Scott D. Miller, Center for Clinical Excellence

The Italian adaptation of the Group Questionnaire: validity and factorial structure  Francesca Giannone, Università di Palermo, Italy; Maria Di Blasi, Università di Palermo; Cecilia Giordano, Università di Palermo, Italy; Cinzia Guarnaccia, Paris 8 University (Saint-Denis, France); Salvatore Gullo, University Niccolò Cusano; Gianluca Lo Coco, Università di palermo, Italy
34. Brief Paper Session

**Mentalization and Reflective Functioning**

**Moderator: Markus C. Hayden,**
Alpen-Adria Universität Klagenfurt

**Mentalization, interpersonal problems, and attachment in close relationships over the course of treatment** Markus C. Hayden, Alpen-Adria Universität Klagenfurt; Pia K. Müllauer, University of Klagenfurt, Austria; Sylke Andreas, Universität Witten, Germany

**Mentalization and its relationship to attachment and trauma in borderline personality disorder** K Dharani Devi, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India; Poornima Bhola, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India; Prabha Chandra, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India

**The Relation between the Therapist’s Performance concerning Unconscious Tests and the Patient’s Level of Reflective Functioning: An Explorative Study** Denise Zeyer, Universität Witten, Germany; Carolina Seybert, IPU Berlin; Dorothea Huber, IPU Berlin; Isa Sammet, Klinikum Christophsbad; Sylke Andreas, Universität Witten, Germany

**Reflective Functioning in Couple Therapy for Depression: Comparative Case Study of Good and Poor Outcomes** Lotta Aura Heiskanen, The Finnish Family Federation

35. Structured Discussion

**Uses and/or abuses of research? The 2017 NICE Guidelines for depression and the future of counselling and psychotherapy in treatment for depression in the NHS in England**

**Moderator: Naomi Petra Moller,** Open University
36. Panel
practice-training-research networks
Moderator: Sheila Butler, The Open University UK and KMPT NHS

Thursday | 4:30 PM--6:00 PM | Room 1
Nurturing Common Ground with Practice Oriented Research and Practice Research Networks

Practice-research Landscapes  Sheila Butler, The Open University UK and KMPT NHS

Experiences of early stage therapists and researchers in the development of a Practice Research Network  Javier Fernández Alvarez, Universitat Jaume I

Using messy real data to advance understanding; CORC's approach  Miranda Wolpert, Anna Freud Center, London, UK

Reflections and Ways forward: Can participatory and collaborative POR and PRN models strengthen and add new dimensions to research and practice?  Sheila Butler, The Open University UK and KMPT NHS; Javier Fernández Alvarez, Universitat Jaume I; Miranda Wolpert, Anna Freud Center, London, UK


37. Panel

Moderator: Henning Schauenburg, Heidelberg University, Germany

Thursday | 4:30 PM--6:00 PM | Room 10
Measures I

Perceptions of Active Processes in Psychotherapy: Development of the Perceived Active Mechanisms of Psychotherapy Scale  Dana Tzur Bitan, Shalvata Mental Health Center; Aryeh Lazar, Ariel University; Ben Siton, Ariel University
The Development of the Relational Needs Scale  Gregor Žvele, University of Ljubljana, Faculty of Arts, Department of Psychology; University of Primorska; Karolina Jovanoska, Institute for Integrative Psychotherapy and Counselling, Ljubljana, Slovenia

Operationalized Psychodynamic Diagnosis (OPD) - an English E-Learning Course for a well implemented and broadly used clinical tool  Henning Schauenburg, Heidelberg University, Germany; Simone Jenissen, Heidelberg University, Germany; Manfred Cierpka, Heidelberg University, Germany

38. Panel
Psychotherapy integration
Moderator: Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria)

Thursday | 4:30 PM--6:00 PM | Room 11
Complexity science and psychotherapy research

A dynamic systems approach to therapeutic alliance: Relational attunement and treatment outcome  Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Salvatore Gullo, University Niccolò Cusano; Johann Kleinbub, University of Padua; Arianna Palmieri, University of Padua; Goria Lagetto, University of Salento; Erhard Mergenthaler, University of Ulm

Psychophysiological Synchronization and Emotional-Cognitive Regulation in Psychodynamic Psychotherapy: A Pilot Study  Arianna Palmieri, University of Padua; Johann Kleinbub, University of Padua; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Erhard Mergenthaler, University of Ulm; Sergio Salvatore, University of Salento; Goria Lagetto, University of Salento

Developing clinically useful conceptualisation of complexity in family and relational systems: Preliminary findings from Case-Based research with "traumatized and traumatizing families". Sophie Holmes, Williams Road Family Therapy Centre
39. Panel

Moderator: Naama Gershy, Hebrew University, Jerusalem, Israel

Parents in psychotherapy

Parental stress in the face of early regulatory disorders in infancy -- what matters most? Anna K. Georg, Heidelberg University, Germany; Paul Schröder, Heidelberg University, Germany

Exploring parental representations in mothers whose infants go on to develop disorganised attachment Juraj Kralik, UCL

Mindfulness skills training in the community- from nomothetic approach to individualized intervention Naama Gershy, Hebrew University, Jerusalem, Israel

40. Panel

Moderator: Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany

Mentalization-based treatment

Intensive outpatient Mentalization-Based Treatment (MBT-IOP) for Borderline Personality Disorder in adult population: A pilot study. Beatriz García Ruiz, Autonomous University of Barcelona & Sant Pere Claver Health Foundation, Barcelona, Spain; Carla Mahós Serrat, Sant Pere Claver Health Foundation. Barcelona, Spain; Glòria Mateu Vives, Sant Pere Claver Health Foundation, Barcelona, Spain

From clinical research to the development of a new treatment modality -- Mentalization-based Therapy for adolescents with conduct disorder Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany; Jana Volkert, Heidelberg University, Germany; Thorsten-Christian Gablonski, Heidelberg University, Germany

Reactivity to Social Exclusion in Borderline Personality Disorder Is Associated with Therapeutic Alliance in Mentalization-Based Group Therapy Sebastian Euler, University of Basel; Mareike Busmann, University of Basel; Johannes Wrege, University of Basel; Marc Walter, University of Basel
41. Panel
child & family
Moderator: Antonella Cirasola, Anna Freud Center, London, UK

Thursday | 4:30 PM--6:00 PM | Room 7
Parental experiences of infant, child and adolescent mental health diagnosis and treatment

A Qualitative Study of Therapy Experience for Depressed Mothers Receiving Parent-Infant Psychotherapy with their Infants
Sarah Elizabeth Spitzfaden, Anna Freud Center, London, UK; Michelle Sleed, Anna Freud Center, London, UK; Tessa Baradon, Anna Freud National Centre for Children and Families; Evrinomy Avdi, Aristotle University of Thessaloniki

Child parent psychotherapy (CPP) - an evidence based model for treatment of traumatized children aged 0-6
Anna Norlén, The Erica Foundation, Stockholm, Sweden

The experience of being the parent of an adolescent with a diagnosis of depression in the UK
Emily Stapley, Anna Freud National Centre for Children and Families and UCL; Mary Target, Anna Freud National Centre for Children and Families and UCL; Nick Midgley, UCL / Anna Freud National Centre

Discussant: Esther Cohen, Hebrew University, Jerusalem, Israel;

42. Panel
quantitative & qualitative method
Moderator: Roxane McKechnie Agnew-Davies, University of Bristol

Thursday | 4:30 PM--6:00 PM | Room 8
Psychological advocacy towards healing (PATH): A randomized controlled trial and qualitative analysis of a new psychological intervention in domestic violence services.

PATH (Psychological advocacy towards healing)
Model
Roxane McKechnie Agnew-Davies, University of Bristol

A randomized controlled trial of PATH in domestic violence services
Gene Feder, University of Bristol; Giulia Ferrari, University of Bristol
Women's experiences of a trial of a specialist psychological advocacy intervention following domestic violence or abuse: a nested qualitative study  Maggie Evans, University of Bristol

Discussant: Gene Feder, University of Bristol;

Thursday | 4:30 PM--6:00 PM | Room 2

Change processes II

The Structure of Change in Psychotherapy: General or Specific Factors?  Matthew Paul Constantinou, University College, London, UK; Liz Allison, University College, London, UK; Peter Fonagy, University College, London, UK

Does the Phase Model Predict Patterns of Change in Couple Therapy?  Robert J. Lueger, Wisconsin School of Professional Psychology; William Pinsof, Pinsof Family Systems

Therapeutic Alliance, Therapist Allegiance, and Therapist Adherence in a Randomized Controlled Pilot Trial comparing Cognitive Behavioral Therapy and Systemic Therapy for Social Anxiety Disorder  Anna Sandmeir, University Hospital Heidelberg; Christina Hunger, University Hospital Heidelberg, Germany; Rebecca Hilzinger, University Hospital Heidelberg, Germany; Johannes Mander, Heidelberg University, Germany; Hinrich Bents, Heidelberg University, Germany; Jochen Schweitzer, University Hospital Heidelberg, Germany

The cognitive change process in CBT - The evolution of cognitive restructuring throughout the therapeutic process  Nuno Peres de Sousa, University Institute of Maia - ISMAI; Carlos Correia, Instituto Universitário da Maia - ISMAI; João Salgado, ISMAI -- University Institute of Maia, Portugal; Liliana Meira, University Institute of Maia - ISMAI; Anita Santos, University Institute of Maia - ISMAI

Measuring the outcome of psychotherapy: Some remarkable psychometric observations.  Mattias Desmet, Ghent University, Belgium; Reitske Meganck, Ghent University, Belgium; Ruth Inslegers, Ghent University, Belgium
44. Brief Paper Session

**Therapist perspectives**

**Moderator:** Tomas Rihacek, Masaryk University in Brno, Czech Republic

- A study of the working interface between the different therapy and counselling modalities in a low-cost service  
  Mary Lister Ashby, Exeter University

- A Question of Process: Implicit Theories Concerning the Relationship of Psyche and Soma in the Analytic Encounter  
  Ann Addison, Society of Analytical Psychology

- An exploration of how psychoanalytic practitioners understand Voluntary Childlessness in the clinical setting.  
  Sheila O'Sullivan, Centre for Psychoanalytic Studies, Essex, UK

- Dimensions of therapeutic relationship: The therapist perspective  
  Tomas Rihacek, Masaryk University in Brno, Czech Republic; Jan Roubal, Masaryk University in Brno, Czech Republic

45. Poster Session

**Poster session**

- Harnessing nonverbal events in psychotherapy as clinical intervention in Functional analytic Psychotherapy (FAP)  
  Tien Kuei, University of Glasgow

- A Qualitative Analysis of Novice Therapists' Hesitation to Using Voluntary Self-Disclosure and Developmental Process of the Professional Self  
  Akihiro Kusaoka, Hokkaido University, Japan

- Couple therapy practice in India  
  Chetna Duggal, Tata Institute of Social Sciences

- Adolescent patients' responses to transference interpretations focused on endings in short-term psychoanalytic psychotherapy  
  Elena della Rosa, University of Essex

- Psychotherapy Group Supervision for Graduate Students: The Role of Group Processes in Fostering Therapeutic Skills  
  Shulamit Geller, The Academic College of Tel-Aviv Yaffo; Keren Hanetz-Gamliel, The Academic College of Tel Aviv-Yafo
UK secondary school therapists' online communication with their clients and potential development in this area. Jeanette Hennigan, Middlesex University & Metanoia Institute; Stephen Goss, Middlesex University and Metanoia Institute

Guilt eliciting narratives and their enactment in psychotherapeutic interaction Sabine Monsberger, University of Innsbruck; Eva Bänninger-Huber, University of Innsbruck, Austria

What works for whom and how? Mechanisms of change in psychotherapy -- the MOP study. A randomized study of psychodynamic and cognitive behavioural therapy for patients with depressive disorder. Randi Egeland, Oslo University Hospital, Norway; Julie Horgen Evensen, Oslo University Hospital, Norway; Theresa Wilberg, Oslo University Hospital, Norway; Randi Ulberg, University of Oslo, Norway; Jan Ivar Røssberg, Oslo University Hospital, Norway

The headache of transcribing psychotherapy sessions: a researcher's panacea John Wilson, York St John University

Laughing in psychoanalytic psychotherapy: Functions and facial prototypes Stefan Salvenauer, Institute of Psychology, Innsbruck, Austria; Eva Bänninger-Huber, University of Innsbruck, Austria; Reto Bergauer, Institute of Psychology, Innsbruck, Austria


Development and refinement of the Vital Parenting Tasks (VPT) model for parent-child psychotherapy Laine Jaderberg, Metanoia Institute / Middlesex University

Processes of affective regulation in the context of transference interpretations Julia Baumgartner, Universität Innsbruck, Austria; Eva Bänninger-Huber, University of Innsbruck, Austria
Therapist interventions and parental responses associated with emotional processing in the context of attachment-based family therapy (ABFT). Noa Tsviel, Ben Gurion University, Beer Sheva, Israel; Gary M. Diamond, Ben Gurion University, Beer Sheva, Israel

Associations of early childhood adversities with psychiatric problems, psychological functioning, and suitability for psychotherapy in adulthood -- specific patterns of vulnerability and resources in a sample of depressed and anxious outpatients Erkki Heinonen, National Institute for Health and Welfare, Helsinki, Finland; Paul Knekt, National Institute for Health and Welfare, Helsinki, Finland; Tommi Härkänen, National Institute for Health and Welfare, Helsinki, Finland; Esa Virtala, National Institute for Health and Welfare, Helsinki, Finland; Olavi Lindfors, National Institute for Health and Welfare, Helsinki, Finland

Learning to Continue to Develop Professionally: An Exploration of Therapists' Experience of Continuing Professional Development in a Higher Education setting: A preliminary study. Afra Turner, Middlesex University and Metanoia Institute London; Stephen Goss, Middlesex University and Metanoia Institute

When Life Gets in the Way: A systematic review of the assessment of life events in change over the course of psychotherapy for depression and anxiety in children and adolescents Emily Blackshaw, University of Roehampton; Mick Cooper, University of Roehampton; Chris DH Evans, University of Roehampton

Motivation to Change as a Mechanism of Mindfulness in Individual Trainee Psychotherapy of Depression and Anxiety: Results of a pragmatic Randomized Controlled Trial Paula Kröger, Heidelberg University, Germany; Paul Blanck, Heidelberg University, Germany; Hinrich Bents, Heidelberg University, Germany; Thomas Heidenreich, University of Applied Sciences Esslingen; Johannes Mander, Heidelberg University, Germany
Understanding mechanisms of psychotherapeutic action  Jean-Michel Thurin, National Institute for Health and Medical Research France; Monique Thurin, National Institute for Health and Medical Research France

The causality of change, a bridge between research and practice  Monique Thurin, National Institute for Health and Medical Research France; Jean-Michel Thurin, National Institute for Health and Medical Research France

The Single Case Archive  Liza Notaerts, Ghent University, Belgium; Juri Krivzov, Ghent University, Belgium; Ruth Inslegers, Ghent University, Belgium; Reitske Meganck, Ghent University, Belgium; Mattias Desmet, Ghent University, Belgium

Tracking Change in Italian Trainees' Experience of Therapeutic Work: preliminary Results of a two-year Longitudinal Evaluation  Irene Messina, University of Padua; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Salvatore Gullo, University Niccolò Cusano; Marco Sambin, University of Padua; David Orlinsky, University of Chicago, USA

Intensive Transactional Analysis Psychotherapy: a single-case series  Irene Messina, University of Padua; Francesco Scottà, Centro Psicologia Dinamica, Padova (Italy); Francesca Bianco, University of Padova, Italy; Enrico Benelli, Centro Psicologia Dinamica, Padova; Marco Sambin, University of Padua

A systematic review and meta-analysis on the prevalence of personality disorders in the general adult population in Western countries  Jana Volkert, Heidelberg University, Germany; Thorsten-Christian Gablonski, Heidelberg University, Germany; Sven Rabung, Alpen-Adria-Universität Klagenfurt

Therapists' attachment states of mind predict the quality of therapists' attunement in-session: Validation study of the Therapist Attunement Scales (TASc)  Alessandro Talia, Heidelberg University, Germany; Laura Muzi, Sapienza University of Rome, Italy; Vittorio Lingiardi, Sapienza University of Rome, Italy; Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany
Narcissism and countertransference: Affective and relational characteristics of the client and therapist
Philippe Bégin, Université de Sherbrooke; Delphine Séguin, Université de Sherbrooke; Amylie Paquin-Boudreault, Université de Trois-Rivières; Éléonore Sabourin-Guardo, Université de Sherbrooke; Jean Descôteaux, Université de Sherbrooke; Olivier Laverdière, Université de Sherbrooke

The first sessions of psychotherapy: A qualitative meta-analysis of alliance formation processes
Kristina Osland Lavik, Helse Førde, Norway

Different trajectories of symptoms change in Prolonged Exposure therapy for PTSD and their predictors.
Karolina Staniaszek, University of Warsaw, Poland

The Depression Conundrum and The Advantages of Uncertainty
Jan Edmond Celie, Ghent University, Belgium

Friday, 22 September

46. Structured Discussion
evidence-based psychotherapies
Moderator: Randi Ulberg, University of Oslo, Norway

How to Develop Research on Individualized Psychotherapy Treatment of Young People with Mental Disorders?

Specific markers (moderators) in youth psychotherapy
Stig Poulsen, University of Copenhagen, Denmark

Mechanisms of change (mediators) in youth psychotherapy
Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany

Age customized process and treatment measures in youth psychotherapy
Fredrik Falkenström, Stockholm University, Sweden

Age customized research designs in youth psychotherapy
Julian Childs, University College, London, UK
Dissemination of results and communication with stakeholders  Michael Kaess, University of Bern, Switzerland

Discussants: Randi Ulberg, University of Oslo, Norway; Randi Ulberg, University of Oslo, Norway; Elina Kanellopoulou, Dismanoglia General Hospital, Greece;

Friday | 8:30 AM–10:00 AM | Room 9
Evidence and Politics in the Mental Health Treatment Guideline Process: What Role for Psychotherapy Research?

Jeremy Clarke, London School of Economics
Robert Elliott, University of Strathclyde, Glasgow, UK

Discussants: Robert Elliott, University of Strathclyde, Glasgow, UK; Jeremy Clarke, London School of Economics;

Friday | 8:30 AM–10:00 AM | Room 1
Paraphilias, Violence and Personality Disorder: Implementing Clinical Research at the Portman Clinic

Trials and tribulations of implementing a randomized controlled trial of MBT for antisocial personality disorder in the UK Criminal Justice System  Jessica Yakeley, Portman Clinic, London, UK

Paraphilias and personality disorder: Changes in personality functioning as a result of long-term psychoanalytic psychotherapy  Felicitas Rost, Tavistock and Portman NHS Foundation Trust

Tracking subtle changes in personality functioning and in behaviour: A Case Study  Stephen Blumenthal, Portman Clinic, London, UK
49.
Panel

Moderator: Jasenka Lukac-Greenwood, Metanoia Institute

Friday | 8:30 AM–10:00 AM | Room 10

Work-related stress in therapists

An evaluation of the use of cognitive analytic concepts in organisational service delivery for clients with multiple complex needs. Karen Shannon, DKS Associates Liverpool; Glenys Parry, University of Sheffield, UK

A Mixed Methods Approach Investigating Cognitive Changes in Vicarious Trauma within Trainees and Qualified Therapists Emma Louise Milard, Nottinghamshire Healthcare NHS Trust, UK; Rachel Sabin-Farrell, University of Nottingham, UK; Thomas Schröder, University of Nottingham, UK

Let’s talk about sex: An Investigation into female psychotherapists’ experience of male clients’ sexual attraction towards them. Jasenka Lukac-Greenwood, Metanoia Institute; Biljana van Rijn, Metanoia Institute

50.
Panel

Moderator: Eugénia Ribeiro, University of Minho

Friday | 8:30 AM–10:00 AM | Room 11

Psychophysiological correlates of Therapy Process Quality and Client’s Change

Psychophysiological markers of change in psychotherapy: An exploratory case study Joana Ribeiro Silva, Psychology Research Center, University of Minho; Daniela Alves, Psychology Research Center; University of Minho; Patrícia Oliveira-Silva, Portuguese Catholic University; Carina Magalhães, Psychology Research Center, University of Minho; Inês Sousa, Mathematics Department, University of Minho; Miguel Gonçalves, Psychology Research Center, University of Minho

Therapeutic Collaboration and Psychophysiological Synchrony: A Single Case Study Angela Ferreira, Psychology Research Center, University of Minho; Inês Sousa, Mathematics Department, University of Minho; Adriana Sampaio, Psychology Research Center, University of Minho; Eugénia Ribeiro, University of Minho
Dyads' psychophysiological activity during smooth and rough sessions
Eugénia Ribeiro, University of Minho; William B Stiles, Miami University, Oxford, USA; Adam Horvath, Simon Fraser University; Inês Sousa, Mathematics Department, University of Minho; Adriana Sampaio, Psychology Research Center, University of Minho; Angela Ferreira, Psychology Research Center, University of Minho

Friday | 8:30 AM—10:00 AM | Room 15

Personality characteristics in psychotherapy I

Panel

Moderator: Michal Mielimaka, Jagiellonian University Medical College

Resistance, defensiveness, auto-presentation in patients treated for neurotic and personality disorders with group psychodynamic psychotherapy -- patterns of symptoms reporting
Katarzyna Cyranka, Jagiellonian University Medical College; Krzysztof Rutkowski, Jagiellonian University Medical College; Michal Mielimaka, Jagiellonian University Medical College; Jerzy A. Sobanski, Jagiellonian University Medical College; Edyta Dembinska, Jagiellonian University Medical College; Anna Citkowska-Kisielewska, Jagiellonian University Medical College

Importance of attachment styles in psychological treatment of patients with substance use disorders
Ylva Gidhagen, Linköping University (Sweden); Rolf Holmqvist, Linköping University, Stockholm, Sweden; Björn Philips, Stockholm University, Sweden

Coping strategies in patients treated with group psychotherapy for neurotic and personality disorders
Michal Mielimaka, Jagiellonian University Medical College; Katarzyna Cyranka, Jagiellonian University Medical College; Krzysztof Rutkowski, Jagiellonian University Medical College; Jerzy A. Sobanski, Jagiellonian University Medical College; Edyta Dembinska, Jagiellonian University Medical College; Anna Citkowska-Kisielewska, Jagiellonian University Medical College
52. Panel
quantitative & qualitative method
Moderator: Aarno A. Laitila, University of Jyväskylä

Relational Mind: Doing relational research on embodiment and experience in couple therapy

Preliminary steps into mixed methods case study: the value of ANS measures for couple therapy research Aarno A. Laitila, University of Jyväskylä

Embodied dialogue in a couple therapy -- bodily mirroring behavior and the spoken dialogue Petra Nyman-Salonen, University of Jyväskylä

Bridging research and clinical intervention: Stimulated Recall Interviews as creation of meaning in the personal, couple and therapeutic system Maria Borcsa, University of Applied Sciences Nordhausen

Discussant: John McLeod, Oslo University, Norway;

53. Panel
practice-training-research networks
Moderator: Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria)

Psychotherapy training research

Personal background, motivation and Interpersonal style of psychotherapy trainees with different theoretical orientations: Preliminary results from the Italian context Irene Messina, University of Padua; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Salvatore Gullo, University Niccolò Cusano; Marco Sambin, University of Padua; David Orlinsky, University of Chicago, USA

Development of relational abilities in the process of becoming a psychotherapist: Preliminary results from the Austrian context Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Salvatore Gullo, University Niccolò Cusano; Elitsa Tilkidzhieva, Sigmund Freud University, Vienna, Austria; Vanessa Freitag, Sigmund Freud University Vienna; Irene Messina, University of Padua
Empathy in Psychoanalysis and Medical Education:
What can we learn from each other? Felicitas Datz, Medical University Vienna; Karoline Parth, Medical University of Vienna; Ingrid Preusche, Medical University of Vienna, Austria; Henriette Löffler-Stastka, Medical University of Vienna, Austria

Discussant: David Orlinsky, University of Chicago, USA;

Friday | 8:30 AM--10:00 AM | Room 7
Panel Title: Using a mentalizing approach to meet the mental health needs of children and their families

The Herts and Minds Study: Evaluating the effectiveness of Mentalization-Based Treatment (MBT) as an intervention for children in foster care Nick Midgley, UCL / Anna Freud National Centre; Sarah Jane Besser, University of Hertfordshire; Helen Dye, University of Hertfordshire; Pasco Fearon, University College London; Tim Gale, Hertfordshire Partnership University NHS Foundation Trust; Kiri Jefferies-Sewell, Hertfordshire Partnership University NHS Foundation Trust; Karen Irvine, Hertfordshire Partnership University NHS Foundation Trust; Joyce Robinson, Hertfordshire Partnership University NHS Foundation Trust; Solange Wyatt, University of Hertfordshire; Sally Wood, Anna Freud Center, London, UK; David Wellsted, University of Hertfordshire

A feasibility study of the Reflective Fostering Programme (RFP) Sheila Redfern, Anna Freud Center, London, UK; Alistair Cooper, Anna Freud Center, London, UK; Grace West, Anna Freud Center, London, UK; Antonella Cirasola, Anna Freud Center, London, UK; Nick Midgley, UCL / Anna Freud National Centre

The Lighthouse Mentalization Based Treatment - Parenting Programme for maltreating parents Michelle Sleed, Anna Freud Center, London, UK; Gerry Byrne, Oxford Health NHS Foundation Trust
Panel

**Moderator: Ruth Inslegers, Ghent University, Belgium**

**Friday | 8:30 AM--10:00 AM | Room 8**

**Single case studies II**

**The evolution of the culture of publishing case studies: away from the Obscure, rediscovery of the Ordinary**

Juri Krivzov, Ghent University, Belgium; LizaNotaerts, Ghent University, Belgium; Ruth Inslegers, Ghent University, Belgium; Reitske Meganck, Ghent University, Belgium

**The 'good' versus the 'bad'. A comparison between 'good', 'mixed' and 'poor' outcome published single case studies using the Single Case Archive.**

Ruth Inslegers, Ghent University, Belgium; Reitske Meganck, Ghent University, Belgium; Juri Krivzov, Ghent University, Belgium; Liza Notaerts, Ghent University, Belgium

**Patients' experiences with routine outcome monitoring (ROM) and clinical feedback (CF) systems: a systematic review and synthesis of qualitative empirical literature**

Stig Magne Solstad, Helse Førde; Christian Moltu, Helse Førde; Louis Castonguay, Penn State University, University Park, USA

**Case study research into psychotherapies for people that present with physical symptoms, 2012-2016: A review of the literature**

John Hills, University of Leeds, London, UK; Dr Jane Cahill, University of Leeds, London, UK; Dr John Lees, University of Leeds, London, UK; Prof Dawn Freshwater, University of Western Australia, Perth

Panel

**Moderator: Vera Sabina Gergov, University of Helsinki and Helsinki University Hospital**

**Friday | 10:30 AM--12:00 PM | Room 1**

**Naturalistic outcome studies**

**Embedding outcome research in daily practice: The Cambridge Community Personality Disorder Service.**

Amanda Spong, Cambridgeshire & Peterborough NHS Trust; Lucy Fergusson, Cambridge and Peterborough Foundation NHS Trust; mark morris, Cambridge and Peterborough Foundation NHS Trust
The effectiveness of couple therapy: outcomes in a naturalistic United Kingdom setting  David Stuart Hewison, Tavistock Relationships, London UK; Michele Birtel, Tavistock Relationships, London UK

Naturalistic follow-up study among adolescent psychiatric patients: are psychotherapeutic interventions effective in clinical settings and who drop out? Vera Sabina Gergov, University of Helsinki and Helsinki University Hospital; Jari Lahti, Helsinki Collegium for Advanced Studies, Finland; Mauri Marttunen, National Institute for Health and Welfare, Helsinki, Finland; Jari Lipsanen, University of Helsinki; Nina Lindberg, University of Helsinki and Helsinki University Hospital

Routine Measurement and Feedback - Evidence that therapists can significantly increase their personal effect size  Jeb Brown, Center for Clinical Informatics; Ashley Simon, Center for Clinical Informatics

57.
Panel
attachment & development
Moderator: Alessandro Talia,
Heidelberg University, Germany

Friday | 10:30 AM--12:00 PM | Room 10
The impact of In-session Attachment and Mentalizing on Psychotherapy Process and Outcome: moderation and change

The relationship between in-session attachment, reflective functioning and therapeutic alliance in CBT-E and PPT for bulimia nervosa Frederik Scharff, University of Copenhagen, Denmark; Alessandro Talia, Heidelberg University, Germany; Stig Poulsen, University of Copenhagen, Denmark; Susanne Lunn, University of Copenhagen, Denmark; Sarah Daniel, University of Copenhagen, Denmark

In-session attachment in two treatment modalities: outcome moderation and change  Paul Schröder, Heidelberg University, Germany; Stig Poulsen, University of Copenhagen, Denmark; Susanne Lunn, University of Copenhagen, Denmark; Sarah Daniel, University of Copenhagen, Denmark; Alessandro Talia, Heidelberg University, Germany
Mentalization as a predictor or outcome of psychotherapy in psychodynamic treatment? Jana Volkert, Heidelberg University, Germany; Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany; Holger Schulz, University Medical Center Hamburg-Eppendorf, Germany; Maria Dehoust, University Medical Center Hamburg-Eppendorf, Germany; Anna Levke Brütt, University Medical Center Hamburg-Eppendorf, Germany; Sylke Andreas, Universität Witten, Germany

Facilitating clients’ movement in the direction of secure attachment: A Task Analytic Investigation Alessandro Talia, Heidelberg University, Germany; Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany; Sarah Daniel, University of Copenhagen, Denmark

Discussant: Henning Schauenburg, Heidelberg University, Germany;

Friday | 10:30 AM--12:00 PM | Room 14

Practice into research and back again in child psychotherapy

Learning from research: adopting STPP into clinical practice Jocelyn Catty, Tavistock Clinic, London, UK

Doing it collaboratively! A case study of designing quantitative effect-studies on narrative family therapy in a local clinical context Nina Tejs Jorring,

Time and Psychotherapy: How do child and adolescent psychodynamic psychotherapists working in NHS settings talk about time as a factor in therapeutic work? Joanna Kathleen Bent-Hazelwood, Birkbeck University

Children’s perceptions towards group-psychotherapy: meaning, process, and the contribution of animals Orit Harel, Bar Ilan University

Prospective cohort study about the outcome of short-term-psychotherapy with children, adolescent and their families in a psychiatric ambulance Sabine Pachta, Medical University of Vienna, Austria
Panel
Personality characteristics in psychotherapy II

Clinical applications of psychotherapy research: Levels of personality functioning as outcome, mediator and moderator  
Johannes C. Ehrenthal, University of Klagenfurt, Austria

Modelling vulnerability for psychopathology and its associations with childhood maltreatment and mentalising  
Tobias Nolte, University College, London, UK; Laura Gibbon, University College, London, UK; Read Montague, University College, London, UK; Peter Fonagy, University College, London, UK

Perfectionism' Negative Impact in Psychotherapy: The Perfectionism Social Disconnection Model and Clinical Process and Outcome  
Paul L Hewitt, University of British Columbia, Vancouver, Canada; Samuel Mikail, Sunlife Financial; Gord Flett, York University, Canada

Panel psychotherapy integration

Alliance, reflective functioning, and language: Basic factors of psychodynamic psychotherapy

Implementation of Alliance-Focused Training to the German health care system  
Laurence Reuter, Berlin University of Psychology; Thomas Munder, Berlin University of Psychology; Antje Gumz, Berlin University of Psychology & University Medical Center Hamburg-Eppendorf

Reflective functioning as a specific factor in psychotherapy: a systematic review  
Sylke Andreas, Department of Psychology, University of Witten/Herdecke & Institute of Psychology, Alpen-Adria Univ; Luis Wehn, Institute of Psychology, Alpen-Adria Universität Klagenfurt; Jonas Lüdemann, Institute of Psychology, Alpen-Adria Universität Klagenfurt; Sven Rabung, Alpen-Adria-Universität Klagenfurt
Patient crying and supportive interventions: When do therapists use them? Michael Pöll, University of Innsbruck, Austria; Antje Gumz, Berlin University of Psychology & University Medical Center Hamburg-Eppendorf; Eva Bänninger-Huber, University of Innsbruck, Austria

Subjective concepts of the "talking cure": A qualitative study Christopher Marx, Berlin University of Psychology; Rajana Kersten, Berlin University of Psychology; Antje Gumz, Berlin University of Psychology & University Medical Center Hamburg-Eppendorf

61. Panel
therapist effects
Moderator: David Orlinsky, University of Chicago, USA

Friday | 10:30 AM--12:00 PM | Room 6
Therapists as Persons, Persons as Therapists: Converging Personal and Professional Facets

Correspondences Between Therapists' Personal Characteristics and Their Experiences of Therapeutic Work with Clients David Orlinsky, University of Chicago, USA; Michael Helge Rønnestad, University of Oslo, Norway

Correspondences Between Therapists' Personal Characteristics and Their Experiences of Professional Development Michael Helge Rønnestad, University of Oslo, Norway; David Orlinsky, University of Chicago, USA

Discussants: Ulrike Willutzki, Department of Psychology and Psychotherapy, Witten/Herdecke University; Thomas Schröder, University of Nottingham, UK;

62. Panel
child & family
Moderator: Liselotte Grünbaum, Aalborg University, Denmark

Friday | 10:30 AM--12:00 PM | Room 7
Practice oriented research with children, parents, and caregivers in a context of adverse early relationships and complex trauma

This shared parenting we do is hard to get your head around Caryn Onions, Mulberry Busch School
Sibling figures in mind and as reported by caregivers -- a psychoanalytic case study of complex trauma  
Liselotte Grünbaum, Aalborg University, Denmark

Placement breakdown in foster care with children under-five: a psychoanalytic view of the caregiving relationship under stress  
Gillian Sloane Donachy, NHS Greater Glasgow & Clyde

Discussant: Gerry Byrne, Oxford Health NHS Foundation Trust;

Friday | 10:30 AM--12:00 PM | Room 8
Elucidating clinical outcome and drop-out: Giving authority to the experience and private theories of adolescent and adult patients with depressive symptoms

When psychotherapy does not work. Lessons from the experiences of young adults in psychoanalytic psychotherapy  
Camilla von Below, Stockholm University, Sweden; Andrzej Werbart, Stockholm University, Sweden

Giving depressed patients a voice: their experience of the outcome and helpful and unhelpful factors of long-term psychoanalytic psychotherapy  
Imke Ahlers, Tavistock Clinic, London, UK; Felicitas Rost, Tavistock and Portman NHS Foundation Trust

A typology of therapy dropout in depressed adolescents  
Sally O’Keeffe, University College, London, UK; Peter Martin, University College, London, UK; Nick Midgley, UCL / Anna Freud National Centre

Discussant: Sheila Butler, The Open University UK and KMPT NHS;

Friday | 10:30 AM--12:00 PM | Room 9
Change processes in child and adolescent psychotherapy

Moderator: Fredrik Odhammar, 
The Erica Foundation
What have we learnt from young people about disclosing sexual abuse experiences? Emma Brennan, Dublin City University; Rosaleen McElvaney, Dublin City University

Hospitalized children: symbolic play assessment, coping strategies and level of anxiety adriana lis, University of Padova, Italy; Daniela Di Riso, University of Padova, Italy; Elisa Delvecchio, university of Perugia Italy; Cristina Alberti, University of Padova, Italy; Susy Comunian, University of Padova, Italy; Diana Mabilia, University of Padova, Italy

Different perspectives in measuring processes in psychodynamic child psychotherapy Fredrik Odhammar, The Erica Foundation; Geoffrey Goodman, Long Island University, USA; Gunnar Carlberg, The Erica Foundation

65. Brief Paper Session

Friday | 10:30 AM--12:00 PM | Room 11

Change processes I

Four Perspectives on the Change Process in a Single Case Study: Client, Therapist, Outcome Researcher, and Process Researcher Jan Roubal, Masaryk University in Brno, Czech Republic; Roman Hytych, Masaryk University in Brno, Czech Republic; Rolf Sandell, Linköping University and Lund University, Sweden; Tomas Rihacek, Masaryk University in Brno, Czech Republic

Change in dynamic psychotherapy. What differentiates good and poor outcome cases. Giulio de Felice, Sapienza University of Rome & NCU University, London; Benjamin Aas, Paracelsus Medical University, Salzburg, Austria; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Guenter K. Schiepek, Paracelsus Medical University, Salzburg, Austria; Franco F. Orsucci, University College of London & NC-IUL University of London

Narrative Change Process in Dilemma-Focused Intervention: The Case of Maria Danilo Moggia, Universitat de Barcelona, Spain; Guillem Feixas, Universitat de Barcelona, Spain; Víctor Vela, Universitat de Barcelona, Spain; Maria Manteca-Gómez, Universitat de Barcelona, Spain
Indices of change: analyzing the indexical properties of data from psychotherapy case work to discern patterns of therapeutic change over time  
John Hills, University of Leeds, London, UK; Dr John Lees, University of Leeds, London, UK; Dr Jane Cahill, University of Leeds, London, UK; Prof Dawn Freshwater, University of Western Australia, Perth

Semiotic Dynamics: How Language is Changing  
Franco F. Orsucci, University College of London & NC-IUL University of London; Giulio de Felice, Sapienza University of Rome & NCU University, London

66. Lunch  
Friday | 12:00 PM--1:00 PM | North Writing School

67. Structured Discussion  
practice-training-research networks  
Moderator: Georgia Lepper, University of Exeter UK

The UKCP 'Moments of Meeting' PRN: A learning experience in the common ground between research and practice  
The MOM project design and what have we learnt from the Research side?  
Tirril Harris, Kings College London

Commentary and discussion  
Sheila Butler, The Open University UK and KMPT NHS

68. Structured Discussion  
quantitative & qualitative method  
Moderator: Franco F Orsucci, University College, London, UK

Complexity Science In Psychotherapy  
Discussants: Franco F. Orsucci, University College of London & NC-IUL University of London; Wolfgang Tschacher, University of Bern, Switzerland; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Giulio de Felice, Sapienza University of Rome & NCU University, London;
69. Panel
attachment & development
Moderator: Tamar Axelrad Levy, Hebrew University, Jerusalem, Israel

Friday | 1:00 PM–2:00 PM | Room 14

Studying change processes and therapy outcomes in psychotherapy assisted by animals among children

Studying change processes and therapy outcomes in psychotherapy assisted by animals among children with emotional distress. Tamar Axelrad Levy, Hebrew University, Jerusalem, Israel; Orya Tishby, Hebrew University, Jerusalem, Israel

Animal-Assisted Group-Psychotherapy for Children: Conceptualization and a Mixed Methods Research Orit Harel, Bar Ilan University; Shlomo Romi, Bar Ilan University; Deborah Court, Bar Ilan University

Discussant: Nick Midgley, UCL / Anna Freud National Centre;

70. Panel

Moderator: Reitske Meganck, Ghent University, Belgium

Friday | 1:00 PM–2:00 PM | Room 15

Personality disorders

What is the impact of treatment duration of psychologically based interventions for adults with borderline personality disorder? A systematic review. Amanda Spong, Cambridgeshire & Peterborough NHS Trust

Negative Delusion and Agentic Selfhood in Borderline Personality Disorder Dr Anna D R Bergqvist, Manchester Metropolitan University

Beyond the impasse: reflections on dissociative identity disorder Reitske Meganck, Ghent University, Belgium

71. Panel

Moderator: Robert Elliott, University of Strathclyde, Glasgow, UK

Friday | 1:00 PM–2:00 PM | Room 2

Empathy and compassion

Therapist Empathy and Psychotherapy Outcome: An
Updated Meta-analysis and Review  Robert Elliott, University of Strathclyde, Glasgow, UK; Arthur Bohart, Saybrook University, San Francisco, USA; Jeanne Watson, University of Toronto, Canada; David Murphy, University of Nottingham, UK

Compassion in Psychotherapy: Views and experiences of psychotherapists Neža Uršič, University of Ljubljana, Faculty of Arts, Department of Psychology; Gregor Žvelc, University of Ljubljana, Faculty of Arts, Department of Psychology; University of Primorska

Development and evaluation of a brief Self-Practice Compassion-Focused Therapy intervention prior to Treatment as Usual for trauma patients: A Pilot Randomised Controlled Trial Claire Michelle Rycroft, University of Lincoln; Thomas Schröder, University of Nottingham, UK; Rachel Sabin-Farrell, University of Nottingham, UK; Paul Gilbert, University of Derby

72. Brief Paper Session

Moderator: Nini Fang, University of Edinburgh

Friday | 1:00 PM–2:00 PM | Room 8

Qualitative / Conceptual Studies

No wonder: the problem of 'depression' in psychodynamic practice Nini Fang, University of Edinburgh

Narcissistic difficulties and development of relationship with authority in psychotherapy: qualitative analysis of subjective experience Dovilė Petronytė - Kvedarauskienė, Vilnius University, Lithuania; Gražina Gudaitė, Vilnius University

How to Research Clients’ Experiences in Sandplay Therapy?- A Methodological Exploration Ying LIU, The University of Edinburgh, UK

The Use and Benefits of Expressive writing in treatment of PTSD and other traumas in EAP & Primary Care settings (IAPT). Dr Kevin J. R. Wright, South London & Maudsley NHS MH Trust
73. Meeting

Moderator: Stig Poulsen,
University of Copenhagen,
Denmark

Friday | 1:00 PM--2:00 PM | Room 10

European Country Coordinators

74. Structured Discussion

practice-training-research networks

Moderator: Henriette Löffler-Stastka, Medical University of Vienna, Austria

Friday | 2:00 PM--3:30 PM | Room 6

The SPRISTAD Study of Psychotherapist Development in Training -- Experiences and challenges of data collection in different countries and its impact on research activity

Discussants: Ulrike Willutzki, Department of Psychology and Psychotherapy, Witten/Herdecke University; Henriette Löffler-Stastka, Medical University of Vienna, Austria; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Salvatore Gullo, University Niccolò Cusano; Irene Messina, University of Padua; Michael Helge Ronnestad, University of Oslo, Norway; Erkki Heinonen, National Institute for Health and Welfare, Helsinki, Finland; Biljana van Rijn, Metanoia Institute; David Orlinsky, University of Chicago, USA; Bernhard Strauss, University of Jena, Germany; Elitsa Tilkidzhieva, Sigmund Freud University, Vienna, Austria; David Orlinsky, University of Chicago, USA; Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany; David Orlinsky, University of Chicago, USA;
75. **Structured Discussion**

*Evidence-based psychotherapies*

**Moderator:** Björn Philips, Stockholm University, Sweden

**Friday | 2:00 PM–3:30 PM | Room 9**

**No such fool as Sweden: National guidelines and their influence on the practice of psychotherapy**

Discussants: Aarno A. Laitila, University of Jyväskylä; Glenys Parry, University of Sheffield, UK; Björn Philips, Stockholm University, Sweden; Stig Poulsen, University of Copenhagen, Denmark; Jan Ivar Røssberg, Oslo University Hospital, Norway; Henning Schauenburg, Heidelberg University, Germany;

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76. **Panel**

*Evidence-based psychotherapies*

**Moderator:** Sven Rabung, Alpen-Adria-Universität Klagenfurt

**Friday | 2:00 PM–3:30 PM | Room 1**

**The value of systematic feedback in psychotherapy**

**Evidence for systematic feedback in psychotherapy: an overview of reviews**
Sven Rabung, Alpen-Adria-Universität Klagenfurt; Rebecca Kratochvil, Alpen-Adria-Universität Klagenfurt, Klagenfurt, Austria; Jonas Lüdemann, Institute of Psychology, Alpen-Adria Universität Klagenfurt

**The overall effect of systematic feedback in outpatient psychotherapy: a systematic review with meta-analysis**
Rebecca Kratochvil, Alpen-Adria-Universität Klagenfurt, Klagenfurt, Austria; Jonas Lüdemann, Institute of Psychology, Alpen-Adria Universität Klagenfurt; Sven Rabung, Alpen-Adria-Universität Klagenfurt

**The effect of systematic feedback on the therapy outcome of not-on-track outpatients: a systematic review with meta-analysis**
Jonas Lüdemann, Institute of Psychology, Alpen-Adria Universität Klagenfurt; Rebecca Kratochvil, Alpen-Adria-Universität Klagenfurt, Klagenfurt, Austria; Sven Rabung, Alpen-Adria-Universität Klagenfurt

Discussant: Bruce Wampold, University of Wisconsin, Madison, USA;
Is it going to rain in Oxford? How psychotherapy research could change to allow for individual therapeutic decision making.

Phase Transitions in Psychotherapy: Bridging the Gap Between Theory and Practice  Guenter K. Schiepek, Paracelsus Medical University, Salzburg, Austria; Benjamin Aas, Paracelsus Medical University, Salzburg, Austria

Emotion Network Dynamics in Major Depressive Disorder: Why some patients may improve during psychotherapy whereas other patients do not.  Maartje Eijlander, Radboud University, Nijmegen, Netherlands; Claudi Bockting, University of Groningen, Netherlands; Guenter K. Schiepek, Paracelsus Medical University, Salzburg, Austria; Angelique Cramer, Tilburg University; Marieke van Rooij, Radboud University, Nijmegen, Netherlands; Anna Lichtwarck-Aschoff, Radboud University.

Early-Warning Signals for Clinical Transitions in Clients with Mood Disorders  Merlijn Olthof, Radboud University, Nijmegen, Netherlands; Marieke van Rooij, Radboud University, Nijmegen, Netherlands; Anna Lichtwarck-Aschoff, Radboud University, Nijmegen, Netherlands; Guenter K. Schiepek, Paracelsus Medical University, Salzburg, Austria; Guido Strunk, Complexity-Research Vienna

Optimal designs to examine whether individual affective changes in treated patients are clinically meaningful and preliminary results of an ESM micro trial.  Christien Slofstra, University of Groningen, Netherlands; Maaike Nauta, University of Groningen, Netherlands; Laura Bringmann, University of Groningen, Netherlands; Nicola Klein, University of Groningen, Netherlands; Nikolaos Batalas, Eindhoven University of Technology; Marieke Wichers, University of Groningen, Netherlands; Claudi Bockting, University of Groningen, Netherlands

Discussants: Benjamin Aas, Paracelsus Medical University, Salzburg, Austria; Claudi Bockting, University of Groningen, Netherlands; Guenter K. Schiepek, Paracelsus Medical University, Salzburg, Austria;
The psychology of suicidal imagery: Clinical implications and possibilities for negotiating urges

Suicidal imagery: A catalyst in the suicidal process?  Bergljot Gjelsvik, University of Oxford; Eleanor Chatburn, University of Oxford; Kirsten Benum, University of Oslo, Norway; Hanne Weie Oddli, University of Oslo, Norway

Key characteristics of flash-forwards in recurrently suicidal patients  Eleanor Chatburn, University of Oxford; Kirsten Benum, University of Oslo, Norway; Hanne Weie Oddli, University of Oslo, Norway; Bergljot Gjelsvik, University of Oxford

'I wanted to kill the body, not the experience'.  Hanne Weie Oddli, University of Oslo, Norway; Kirsten Benum, University of Oslo, Norway; Eleanor Chatburn, University of Oxford; Bergljot Gjelsvik, University of Oxford

Discussant: Margrethe Halvorsen, Oslo University Hospital, Norway;

Relational mind: Combining discursive research and embodied synchrony in studying couple therapy

Embodied dialogues in couple therapy sessions with two therapists  Juha Holma, University of Jyväskylä

Moving beyond language in discursive research on psychotherapy: Examining embodied and discursive aspects of positioning in one couple therapy  Evrinomy Avdi, Aristotle University of Thessaloniki

Disconnection in transition phase to parenthood  Helena Päivinen, University of Jyväskylä

Discussant: Chris DH Evans, University of Roehampton;
Panel

**Randomized Controlled Trials of CBT**

**Computer-assisted Cognitive-behavior Therapy versus standard Cognitive-behavior Therapy: A summary of findings**
Marna S Barrett, University of Pennsylvania, Philadelphia, USA; Tracy Eells, University of Louisville, USA; Greg Brown, University of Pennsylvania, Philadelphia, USA; Jesse Wright, University of Louisville, USA; Michael Thase, University of Pennsylvania, Philadelphia, USA

**Rumination-focused cognitive behavioural therapy (CBT) versus standard CBT for depression: a phase II trial**
Morten Hvenegaard, University of Copenhagen, Denmark; Stig Poulsen, University of Copenhagen, Denmark; Stine Møller, University of Copenhagen, Denmark; Stephen Austin, University of Copenhagen, Denmark; Ben Grafton, University of Western Australia, Perth; Morten Kistrup; Nicole Rosenberg, Aarhus University, Denmark; Henriette Holm, SDU, Denmark; Edward Watkins, University of Exeter

**Trans-diagnostic group CBT vs. standard group CBT for depression, social anxiety disorder and agoraphobia/panic disorder -- an example of the complexity of group therapy RCT design**
Sidse Arnfred, University of Copenhagen, Denmark; Ruth Aharoni, Mental Health Capital Region, Copenhagen; Stig Poulsen, University of Copenhagen, Denmark; Stig Poulsen, University of Copenhagen, Denmark; Nicole Rosenberg, Aarhus University, Denmark; Mikkel Arendt, Psychiatric Hospital Risskov, Aarhus; Bo Bach, Mental Health Region Zealand; Nina Reinholt, University of Copenhagen, Denmark

**Analysing results with different statistical models: The randomized controlled trial on cognitive behavioral therapy and systemic therapy for social anxiety disorders.**
Laura Klewinghaus, Heidelberg University, Germany; Christina Hunger, University Hospital, Heidelberg, Germany; Rebecca Hilzinger, University Hospital, Heidelberg, Germany; Johannes Mander, Heidelberg University, Germany; Hinrich Bents, Heidelberg University, Germany; Jochen Schweitzer, University Hospital, Heidelberg, Germany
81. Panel

**Intersession experiences (ISE) - filling in the gaps.**

**Introduction: 35 years of ISE research**  
Thomas Schröder, University of Nottingham, UK; Sally Stewart, Nottinghamshire Healthcare NHS Trust, UK

**Intersession experiences of British psychological therapists studied in depth**  
Danielle De Boos, University of Nottingham, UK; Sally Stewart, Nottinghamshire Healthcare NHS Trust, UK; Thomas Schröder, University of Nottingham, UK

**Intersession experiences of British psychological therapists studied over time.**  
Sally Stewart, Nottinghamshire Healthcare NHS Trust, UK; Thomas Schröder, University of Nottingham, UK; Nima Moghaddam, University of Lincoln, UK

**The interaction between in-session processes and intersession experiences in patients with mental disorders from a psychodynamic perspective.**  
Thorsten-Christian Gablonski, Heidelberg University, Germany; Sylke Andreas, Universität Witten, Germany

**Methods of longitudinal Cluster Analysis versus Growth Curve Modelling of Intersession Trajectories: A reanalysis of the ANTOP-Intersession Experience Data.**  
Armin Hartmann, University of Freiburg, Germany

82. Brief Paper Session

**Randomized Controlled Trials**

**Effectiveness of EMDR in patients with substance use disorder and comorbid PTSD: a randomized controlled trial**  
An nett Lotzin, University Medical Center Hamburg-Eppendorf, Germany; Laycen Chuey-Ferrer, AHG Clinic Dormagen; Arne Hofman, EMDR-Institute Germany; Peter Liebermann, EMDR Institute Germany; Ingo Schäfer, University Medical Center Hamburg-Eppendorf, Hamburg
The psychodrama in the treatment of obesity: process and outcome study  Filipa Mucha Vieira, University of Porto; Gabriela Moita, Portuguese Society of Psychodrama; Célia Sales, University of Porto; Sandra Torres, University of Porto

Improving cognitive function in serious mental health disorders.  Gary Donohoe, National University of Ireland Galway

TAU nose to nose with CBT in treatment study. What TAU achieves that?  Ole Hultmann, University of Gothenburg; Ulf Axberg, University of Gothenburg

Bias in psychotherapy research -- a case example  Susanne Lunn, University of Copenhagen, Denmark

83.

Brief Paper Session

Moderator: Daniel Hayes, Evidence Based Practice Unit, University College London and Anna Freud Centre, UK.

Friday | 2:00 PM--3:30 PM | Room 14

Treatment for children and adolescents

The narrative authorship model with children: a clinical example  Margarida Rangel Henriques, Faculty of Psychology and Sciences of Educacion of University of Porto, Portugal; Sara Silva, University of Porto; Alexandra Silva, University of Porto; Miguel Gonçalves, Psychology Research Center, University of Minho

What Happens At The Point of NOT Understanding - working through shame to having an open responsiveness in the classroom setting.  Vanessa McHardy, UKCP

Counselling demand and provision in primary schools in Ireland  Deirdre Dooley Judge, Dublin City University; Rosaleen McElvaney, Dublin City University; Evelyn Gordon, Dublin City University; Amy Byrne, Dublin City University

Maypole Dancing and Grotstein's "Bedlam": Complexity and Intensity in the Therapeutic Encounter in an Adolescent Psychoanalytic Psychotherapy Group  Dr Monique M-C Maxwell, Tavistock Clinic, London, UK
Evaluation of i-THRIVE decision aids for improving shared decision making in child and youth health

Daniel Hayes, Evidence Based Practice Unit, University College London and Anna Freud Centre, UK.; Rosa Town, UCL and ANFCC; Emilios Lemoniatis, Tavistock Clinic, London, UK; Julian Childs, University College, London, UK; Miranda Wolpert, Anna Freud Center, London, UK; Nick Midgley, UCL / Anna Freud National Centre; Anna Moore, UCL and AFC

84.
Plenary
Friday | 4:00 PM--5:30 PM | South Writing School
Closing Plenary

Moderators: Miranda Wolpert, Anna Freud Center, London, UK; Julian Rubel, University Trier, Germany

85.
Banquet
Friday | 7:00 PM--11:00 PM | Grand Hall, Balliol College
Conference Banquet
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