



Programme

Society for Psychotherapy Research
5th joint European & UK
Chapters conference

19 – 21 September 2019
Jagiellonian University, Krakow



SOCIETY FOR PSYCHOTHERAPY RESEARCH
5th JOINT EUROPEAN & UK
CHAPTERS CONFERENCE
SEPARATION AND UNITY

‘Separation and Unity’



SOCIETY FOR
PSYCHOTHERAPY
RESEARCH
EUROPE CHAPTER
UNITED KINGDOM CHAPTER

Society for Psychotherapy Research

5th joint European & UK Chapters conference, Krakow 2019

Honorary Patronage



Supported by:



TREATme



Local Host



The Conference Venue

AUDITORIUM MAXIMUM UJ
19-21 September 2019

Regional Chapters Presidents

Europe

Svenja Taubner

United Kingdom

Felicitas Rost

Program Planning Committee

Svenja Taubner (chair), Felicitas Rost, Charlie Duncan, Kevin Wright, Ueli Kramer, Jan Boehnke, Julian Rubel, Krzysztof Rutkowski and Stig Poulsen

Local Host

Krzysztof Rutkowski

Local Organizing Committee

Michał Mielimąka (chair), Krzysztof Rutkowski, Edyta Dembińska, Anna Citkowska-Kisielevska, Jerzy Sobański, Katarzyna Klasa

Local Student Organizing Committee

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Dear Colleagues,

It is with great pleasure that we welcome you to the 5th joint European & UK Chapters conference of the Society for Psychotherapy Research. We are delighted to host this conference in the historic University City of Krakow, Poland. It is a pleasure to announce that the COST-Action program TREATme, the City of Krakow, the Polish Psychiatric Association, and the department of Psychotherapy Jagiellonian University Medical College are co-sponsoring and supporting the event.

We chose the conference title 'Separation and Unity' given the various political challenges that many European countries are currently facing - the looming Brexit being only one example. We also chose it to open up a space to engage in a much needed dialogue about the current and future role that psychotherapy research plays, within and between our countries, in order to secure the provision of a range of psychotherapies as well as the diversity of research paradigms in order to establish their evidence base and mechanisms of change.

The Venue

The meeting will be held at the Auditorium of the Jagiellonian University, one of the oldest universities in Europe and the largest research and teaching institution in Poland with over forty thousand students. The venue is located at Krupnicza 33 Str. within walking distance of the historic pearls of Krakow – the Main Square (Rynek Główny). The venue provides elevators and wheelchair ramps.

Program Structure

As per SPR tradition, we have an excellent range of methodological and clinical pre-conference workshops taking place on Thursday afternoon. At 6pm John Ogrodniczuk will open the conference with his keynote address entitled: 'Understanding and overcoming obstacles to better mental health among young men'. This will be followed by our opening ceremony with drinks in the Exhibition Room. We will have two plenary sessions. On Friday morning, SPR's founder David Orlinsky, joined by other long-standing members, will mark the Societies big anniversary this year by looking back at '50 years of international SPR'. We will close the conference on Saturday with a plenary on 'Separations and unity - future directions of psychotherapy research in Europe' with members from different countries starting us off into a final discussion and reflection upon the conference and its theme.

We would like to thank all of you for your excellent submissions. With over 240 presentations from across five continents, this conference promises to be an international, diverse and, without doubt, a very enriching event. We will have 7 parallel session tracks, including 30 panel sessions, 18 brief paper sessions, and 5 structured discussions. The poster session will be held on Friday evening and includes a drinks reception from 6-8pm. For those who want to move on together, we offer a 'Kraków pub crawl' afterwards – showing you around some of Krakow's most traditional and famous pubs.

Coffee will be available throughout the conference with scheduled tea/coffee breaks in the mid-morning and mid-afternoon on Friday and Saturday. Lunch will also be provided on both days and will take place from 12 -1pm in the Exhibition Room. Some of the SPR 'Special Interest Groups' offer a lunch meeting on Saturday. The EU and UK Chapter meetings will take place on Friday after lunch from 1-2pm.

For Presenters

We have allowed plenty of time to get from one presentation to the next. However, we recommend that presenters set up their presentations well in advanced. All rooms are equipped with Windows-based laptops connected to projectors and speakers. Please bring your presentation on a USB memory stick. Posters should be mounted on the poster boards in the Exhibition Room after lunch on Friday. Poster tack/clay is available at the reception.

Banquet

As per SPR tradition, we will end the conference with a celebratory banquet. We have something very special in store for you this time and hope very much that you will be able to join us. We will have dinner at the magnificent Wieliczka Salt Mine on Saturday at 6.30pm (ul. Daniłowicza 10, 32-020 Wieliczka). The dinner at this UNESCO world heritage site will be preceded by a guided tour of this important part of Polish history and tradition. The air in the mine has extraordinary properties: it is rich in sodium chloride aerosol, free from pollution, practically aseptic, has optimal humidity, and a temperature of 18°Celsius. We will dine in the spectacular Jan Haluszka I Chamber which is situated 135m [440 ft] underground. The tour will take 90 minutes and starts at 6.30pm. We provide a shuttle that leaves from outside the Auditorium Maximum at 6pm promptly.

Visit to Auschwitz-Birkenau Memorial

If you would like to visit the Auschwitz-Birkenau Memorial and Museum with colleagues and a member of the Local Organizing Committee, please reserve a space as soon possible for Sunday the 22 September for either the morning or early afternoon at: <http://auschwitz.org/en/visiting/> and let the conference organizers know about your booking.

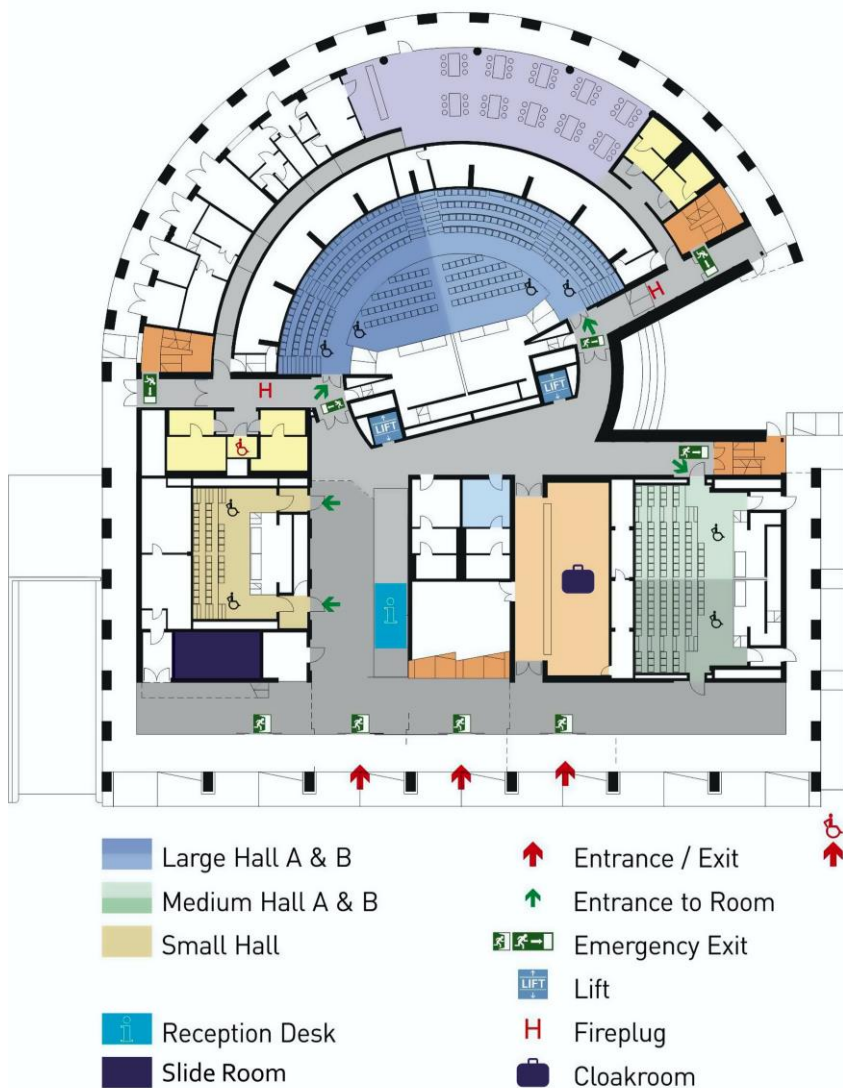
A huge 'Thank you!'

We would like to express our gratitude to everyone involved in the Local Organizing and Programme Committees who made this meeting possible with their initiative, engagement and hard work.

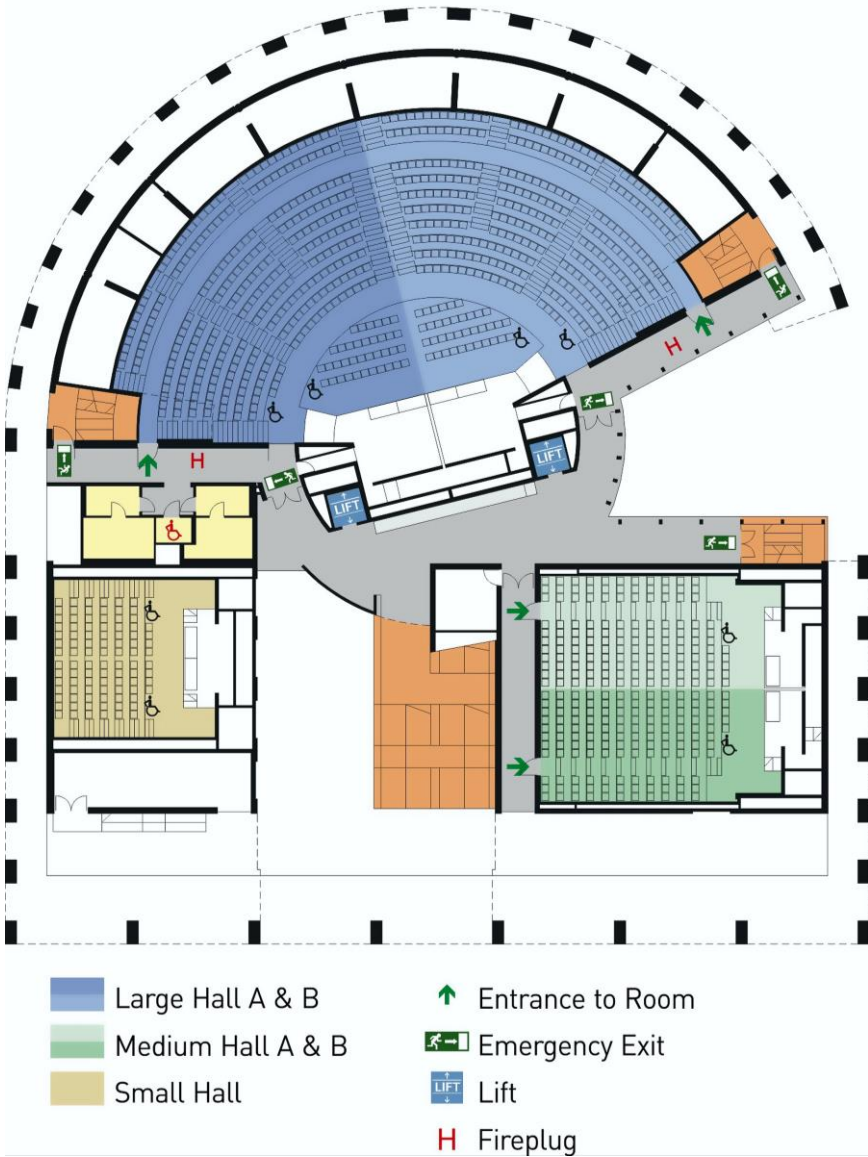
Finally, we thank you - dear conference delegates and presenters - for your attendance and contribution. We wish you a very enjoyable conference!

Svenja Taubner, Felicitas Rost, Krzysztof Rutkowski and Michał Mielimąka

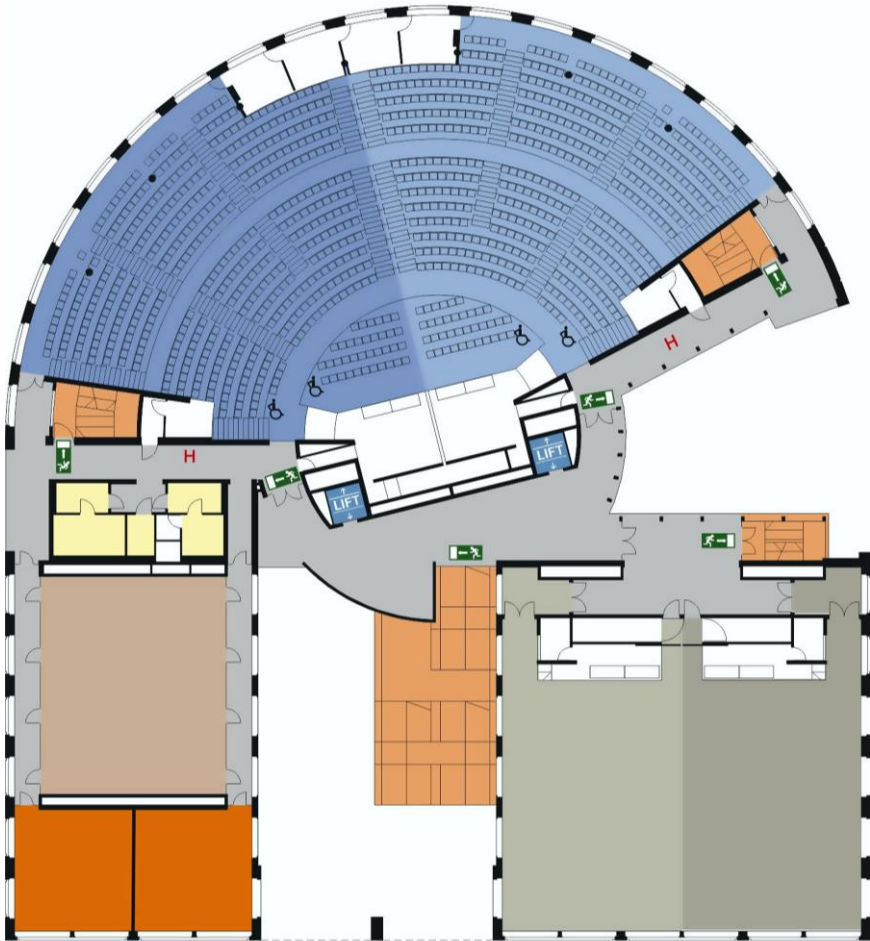
Auditorium Maximum – Ground Floor



Auditorium Maximum – Floor 1

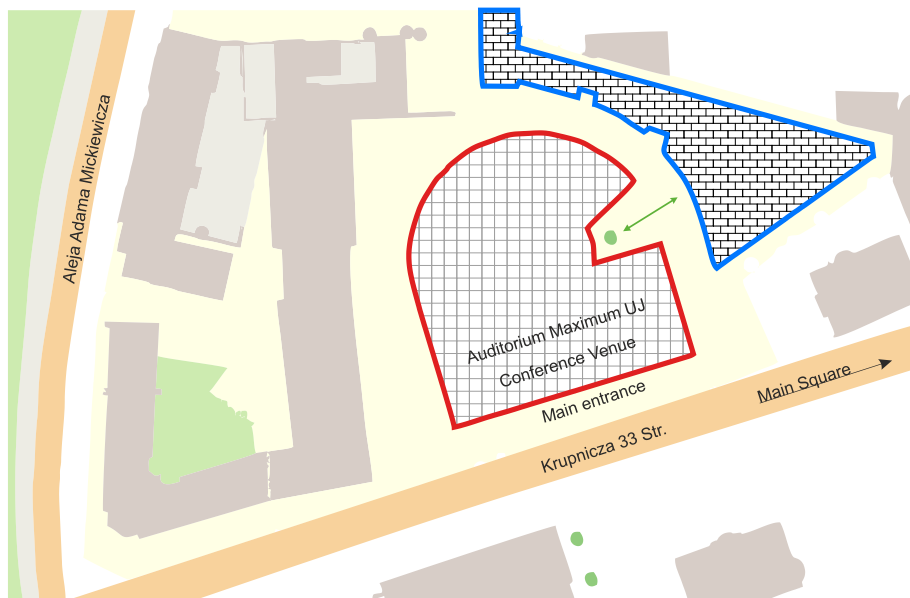


Auditorium Maximum – Floor 2



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| Large Hall A & B | Entrance to Room |
| Exhibition Room | <div style="position: absolute; top: -2px; left: 2px;">←</div><div style="position: absolute; top: -2px; right: 2px;">→</div> Emergency Exit |
| Seminar Room | <div style="position: absolute; top: 2px; left: 2px;">↑</div><div style="position: absolute; top: 2px; right: 2px;">↓</div> Lift |
| Conference Room | H Fireplug |

Jagiellonian University - Auditorium Maximum and the Didactic Centre of the Faculty of Law and Administration



Based on maps from: <https://www.openstreetmap.org/>
OpenStreetMap®

Auditorium Maximum JU - the Main Conference Venue



Rooms:

Large, medium, small lecture hall

Seminar room, Conference room, Exhibition room

Didactic centre of the Faculty of Law and Administration



Rooms:

203 and **209**

Thursday, 19 September

	Medium Hall A - Aula średnia A (134)	Medium Hall B - Aula średnia B (134)	Small Hall - Aula mała (100)	Seminar Room - Sala seminaryjna (60)	Room 203 (45)	Room 209 (45)
09:00 - 12:15 Pre-Conference Workshop p. 11	Introduction to research data management - Open workshop from the COST Action TREATme programm					
14:00-17:15 Pre-Conference Workshops pp. 11-12	The SPRISTAD Collaborative Longitudinal Multi-Site Study of Psychotherapy Training and Trainees	Addressing the Complexity of Psychotherapy: Nonverbal Synchronization in Human Change Processes	Cognitive schema of serenity prayer: Case study and clinical applications	Compassion Fatigue, Vicarious Trauma & Burnout	Q-Sort Methodology: Bridging the divide between qualitative and quantitative methodology. An introduction to an innovative tool for psychotherapy research	Epistemic trust and psychotherapy research
18:00-19:15 Keynote p. 13	Keynote - John Ogrodnick Understanding and Overcoming Obstacles to Better Mental Health Among Young Men Large Hall A [Aula duża] - Joint SPR and TREATme (COST-Action) initiative					
19:30-21:00	Welcome Reception Exhibition Room A & B - Sala Wystawowa					

Friday, 20 September

	Medium Hall A - Aula średnia A (134)	Medium Hall B - Aula średnia B (134)	Small Hall - Aula mała (100)	Conference Room - Sala konferencyjna (80)	Seminar Room - Sala seminaryjna (60)	Room 203 (45)	Room 209 (45)
8:30-9:30 Plenary p. 13	Opening Plenary - 50 years of international SPR Large Hall A - Aula duża						
9:30-10:00	Coffee Break Exhibition Room A & B - Sala Wystawowa						
10:00-11:30 pp. 14-18	Stimulated Recall Interviews in couple therapy: A research instrument and a means of therapeutic intervention	Attuning in the Moment and Responsiveness in Psychotherapy	Therapeutic collaboration: How the dyad interaction process contribute to client's change	Synchronization phenomena in patient-therapist interactions: Indicators of mental disorder, innovative moments, change and therapeutic success?	Aspects of complexity in psychotherapy: Ways to estimate client's and therapist's synchrony, coregulation, and pattern formation	Internet-based interventions	Trauma
11:30-12:30 pp. 19-20	Treatment guidelines need a revised methodology. It's high time for a sea-change and viable alternatives	Therapist Training and Development (SPRISTAD) -- How is psychotherapy embedded in the national health care systems?	Complexity science and psychotherapy	Psychotherapy for adolescents and young people: What does research tell us so far?			
12:30-13:30	Lunch Exhibition Room A & B - Sala Wystawowa						
13:30-14:30 Chapters Meetings	European Chapter Meeting	UK Chapter Meeting					
14:30-16:00 pp. 20-24	Assimilation progress across the lifespan: Case studies of treatments: child trauma, adolescent identity issues, adult shame, and complicated bereavement grief	Different perspectives on dyadic processes	Narrative changes and emotional processing in meaning reconstruction therapy for prolonged grief disorder	Exploring in- session processes in short-term psychoanalytic psychotherapy with adolescents	Medical disorders	Mentalization- based interventions in different parent, parent-infant, and child therapies and how they promote change	Counselling and psychotherapy across the lifespan and in different settings
16:00-16:30	Coffee Break Exhibition Room A & B - Sala Wystawowa						
16:30-18:00 pp. 25-28	The attachment in group psychotherapy - Its use in groups and some measurement issues	Mentalization and the therapeutic process: Fostering the integration between theory and clinical practice	Personality disorders and social interaction in clinical settings	Adverse Effects in Psychotherapy	Creative techniques	Bio-physiological processes	
18:00-20:00 Posters presentations pp. 29-32	Poster Session Exhibition Room A & B - Sala Wystawowa						

Saturday, 21 September

	Medium Hall A - Aula średnia A (134)	Medium Hall B - Aula średnia B (134)	Small Hall - Aula mała (100)	Conference Room - Sala konferencyjna (80)	Seminar Room - Sala seminaryjna (60)	Room 203 (45)	Room 209 (45)
08:30-10:00 pp. 33-37	Advances in attachment-informed psychotherapy research: studies with the Patient Attachment Coding System	The therapeutic relationship in interaction: alignment vs. disalignment	Innovation and ambivalence in the process of change: theory, methods and practice	Measure development	Bio-physiological processes II	SPR Interest Section Meeting- Therapist Training and Development (SPRISTAD)	Therapy outcomes and Training
Coffee Break Exhibition Room A & B - Sala Wystawowa							
10:30-12:00 pp. 37-42	Psychosomatic complaints in psychotherapy	Assessing process and progress in psychotherapy with children and with parents.	Psychotherapy for patients with avoidant personality disorder	Change processes 1	New developments in patient-focused research - Generating decision support rules for practitioners	Eating disorders	Routine outcome monitoring
12:00-13:00 Business meetings and lunch p. 42		SPR Interest Section on therapist training and development (SPRISTAD) - lunch business meeting	Special Interest Group for Complexity Science in Psychotherapy - lunch business meeting		Special Interest Group for child, adolescent, and family therapy research (CAFTR) - lunch business meeting	Lunch Exhibition Room A & B - Sala Wystawowa	
13:00-14:30 pp. 42-47	Post-traumatic stress - new routes to recovery	The pivotal role of 'Private Theories' in psychotherapeutic treatment and psychotherapy research	Biomarkers and Environment - Moderators and treatment effects in psychotherapy with young psychotic patients	Therapeutic alliance	Change Process 2	Personality disorders II	Country coordinators meeting
Coffee Break Exhibition Room A & B - Sala Wystawowa							
14:30-14:45 14:45-16:15 pp. 47-51	Couples and family work	Psychotherapy training and professional development of trainees: SPRISTAD in action	Case studies of how therapists facilitate assimilation progress	Personality disorders I	Promoting resilience and positive mental health status in relation to prevention and education	Anxiety disorders	Process and outcome
16:15-17:00 Plenary p. 52	Closing Plenary - Unity and Separation - future directions of psychotherapy research across Europe						
18:00 p. 52	Banquet Wieliczka Salt Mine UNESCO World Heritage Site						

Thursday, 19 September

1.

Pre-Conference Workshop

*Moderator: Celia M. D. Sales,
Universidade do Porto,
Portugal*

Thursday | 09:00 AM--12:30 PM | Medium Hall A -
Aula średnia A (134)

**Introduction to research data management -
Open workshop from the COST Action
TREATme programm**

2.

Pre-Conference Workshop

*Therapist training and
development*

*Moderator: David E. Orlinsky,
University of Chicago, USA*

Thursday | 14:00 PM--17:30 PM | Medium Hall A -
Aula średnia A (134)

**The SPRISTAD Collaborative Longitudinal
Multi-Site Study of Psychotherapy Training
and Trainees**

*Presiders: David E. Orlinsky,
University of Chicago, USA;
Ulrike Willutzki,
Witten/Herdecke University;
Michael Helge Rønnestad,
University of Oslo, Norway;
Armin Hartmann, University of
Freiburg, Germany; Henriette
Löffler-Stastka, Medical
University of Vienna, Austria;
Erkki Heinonen, University of
Helsinki, Finland*

3.

Pre-Conference Workshop

*Moderators: Wolfgang
Tschacher, University of Bern;
Joana Coutinho, University of
Minho; Deborah Meier,
University Hospital of
Psychiatry and Psychotherapy,
University of Bern*

Thursday | 14:00 PM--17:30 PM | Medium Hall B -
Aula średnia B (134)

**Addressing the Complexity of Psychotherapy:
Nonverbal Synchronization in Human Change
Processes**

4. **Pre-Conference Workshop** Thursday | 14:00 PM--17:30 PM | Room 203 (45)
Q-Sort Methodology: Bridging the divide between qualitative and quantitative methodology. An introduction to an innovative tool for psychotherapy research
Moderator: Felicitas Rost, Tavistock and Portman NHS FT
5. **Pre-Conference Workshop** Thursday | 14:00 PM--17:30 PM | Room 209 (45)
Epistemic trust and psychotherapy research
Moderator: Alessandro Talia, Heidelberg University, Germany
6. **Pre-Conference Workshop** Thursday | 14:00 PM--17:30 PM | Seminar Room - Sala seminaryjna (60)
Compassion Fatigue, Vicarious Trauma & Burnout
Moderator: Kasia Wereszczynska, Oakton Community College
Compassion Fatigue, Vicarious Trauma, & Burnout [Kasia Wereszczynska, Oakton Community College](#)
7. **Pre-Conference Workshop** Thursday | 14:00 PM--17:30 PM | Small Hall - Aula mała (100)
Cognitive schema of serenity prayer: Case study and clinical applications
Moderator: Ilya Zakharov, Gannushkin Psychiatry Hospital
Presenter [Ilya Zakharov, Gannushkin Psychiatry Hospital](#)

8.

Plenary – Keynote

*Moderator: Michał Mielimąka,
Jagiellonian University Medical
College, Kraków, Poland*

Joint SPR and TREATme
(COST-Action) initiative

Thursday | 18:00 PM--19:30 PM | Large Hall A - Aula
duża (600)

Understanding and Overcoming Obstacles to Better Mental Health Among Young Men

Keynote speaker:

John Ogrodniczuk, University of British Columbia

Thursday | 19:30 PM--21:00 PM | Exhibition Room A & B - Sala Wystawowa

Welcome Reception

Friday, 20 September

9.

*Moderators: Michał Mielimąka,
Jagiellonian University Medical
College, Kraków, Poland;
Felicita Rost, Tavistock and
Portman NHS FT; Svenja
Taubner, University Hospital,
Heidelberg, Germany*

Friday | 08:30 AM--09:30 AM | Large Hall A - Aula
duża (600)

Opening Plenary - 50 years of international SPR

Discussants: David E. Orlinsky, University of
Chicago, USA; Horst Kächele, International
Psychoanalytic University Berlin; William B.
Stiles, Miami University, Oxford, USA; Hadas
Wiseman, University of Haifa, Israel; Bernhard
Strauss, University Hospital, Jena, Germany;
Wolfgang Tschacher, University of Bern;

Friday | 09:30 AM--10:00 AM | Exhibition Room A & B - Sala Wystawowa

Coffee Break

10.

Panel

Process and outcome

*Moderator: Uwe Altmann,
University Hospital, Jena,
Germany*

Friday | 10:00 AM--11:30 AM | Conference Room -
Sala konferencyjna (80)

**Synchronization phenomena in
patient-therapist interactions: Indicators of
mental disorder, innovative moments,
change and therapeutic success?**

**Synchrony and co-regulation in the treatment of
Depression** Dana Stolorowicz-Melman, Bar-Ilan
University; Ruth Feldman, Bar-Ilan University; Eva
Gilboa-Schechtman, Bar-Ilan University; Dana
Atzil-Slonim, Bar-Ilan University

**Vocal arousal synchrony and emotional
co-regulation as a mechanism of change during
psychotherapy** Adar Paz, Bar-Ilan University; Eshkol
Refaeli, Bar-Ilan University, Tel Aviv; Dana
Atzil-Slonim, Bar-Ilan University

**Micro-process analysis: Innovative Moments and
physiological synchronization** Giovanna Esposito,
University of Naples Federico II; Johann Kleinbub,
University of Padua; Anna S. Cutolo, University of
Naples Federico II, Italy; Miguel M. Gonçalves,
Universidade do Minho, Braga, Portugal; Arianna
Palmieri, University of Padova, Italy

**Associations between movement synchrony and
outcome in patients with social anxiety disorder: A
comparison of cognitive behavioral therapy and
psychodynamic therapy** Uwe Altmann, University
Hospital, Jena, Germany; Désirée Schoenherr,
University Hospital Jena; Jane Paulick, University
Trier; Anne-Katharina Deisenhofer, University Trier;
Brian Schwartz, University Trier; Julian A Rubel,
Justus-Liebig-University Gießen; Ulrich Stangier,
Goethe University Frankfurt/Main; Wolfgang Lutz,
Universität Trier, Germany; Bernhard Strauss,
University Hospital, Jena, Germany

**The Mirror Game as an outcome measure in
psychotherapy** Rinat Feniger-Schaal, University of
Haifa, Israel

11.

Panel

Systemic Case Studies

*Moderator: Maria Borcsa,
University of Applied Sciences
Nordhausen, Germany*

Friday | 10:00 AM--11:30 AM | Medium Hall A - Aula
średnia A (134)

**Stimulated Recall Interviews in couple
therapy: A research instrument and a means
of therapeutic intervention**

**Variations in responses to Stimulated Recall
Interviews** Jarl Wahlström, University of Jyväskylä;
Virpi-Liisa Kykyri, University of Jyväskylä; University of
Tampere

**Stimulated Recall in couple therapy: analyzing the
levels of the therapeutic system** Maria Borcsa,
University of Applied Sciences Nordhausen, Germany

**Couple therapists' capacity for reflective insight into
their in-session professional discursive
practices** Bernadetta Janusz, Jagiellonian
University, Kraków, Poland; Barbara Jozefik,
Jagiellonian University, Medical College Kraków,
Poland

Discussant: Anssi Peräkylä, University of Helsinki;

12.

Panel

Process and outcome

*Moderator: Hadas Wiseman,
University of Haifa, Israel*

Friday | 10:00 AM--11:30 AM | Medium Hall B - Aula
średnia B (134)

**Attuning in the Moment and Responsiveness
in Psychotherapy**

**Therapist responsiveness in Relational
Psychotherapy** Orya Tishby, Hebrew University,
Jerusalem, Israel

**Attachment theory as a framework for therapist
attunement and moment-to-moment
responsiveness** Hadas Wiseman, University of
Haifa, Israel

**Attuning to closeness and distance dynamics in
relation to clients' communication patterns** Sharon
Egozi, Tel Hai College, Israel; Alessandro Talia,
Heidelberg University, Germany; Orya Tishby, Hebrew
University, Jerusalem, Israel; Hadas Wiseman,
University of Haifa, Israel

Discussant: Gary Diamond, Ben Gurion University,
Beer Sheva, Israel;

13.

Panel

Change process

Moderator: Wolfgang

Tschacher, University of Bern

Friday | 10:00 AM--11:30 AM | Seminar Room - Sala
seminaryjna (60)

**Aspects of complexity in psychotherapy:
Ways to estimate client's and therapist's
synchrony, coregulation, and pattern
formation**

**Interpersonal synchrony as an entry point to
understand human change processes: The case of
cardiac synchrony in couple's interactions** [Joana
Coutinho, University of Minho; Alfredo Pereira,
University of Minho; Patrícia Oliveira-Silva, University
of Porto; Wolfgang Tschacher, University of Bern](#)

**Emotional co-regulation in the treatment of
depression** [Dana Atzil-Slonim, Bar-Ilan University;
Adar Paz, Bar-Ilan University; Eva Gilboa-Schechtman,
Bar-Ilan University; Eshkol Refaeli, Bar-Ilan University,
Tel Aviv](#)

**Modeling psychotherapy as causation and
chance** [Wolfgang Tschacher, University of Bern;
Hermann Haken, University of Stuttgart](#)

14.

Panel

Alliance

*Moderator: Eugénia Ribeiro,
Universidade do Minho, Braga,
Portugal*

Friday | 10:00 AM--11:30 AM | Small Hall - Aula mała
(100)

**Therapeutic collaboration: How the dyad
interaction process contribute to client's
change**

**Therapeutic collaboration: how the dyad interaction
moves toward the upper limit of the client's
TZPD** [Eugénia Ribeiro, Universidade do Minho,
Braga, Portugal; Adam \(Italy\) Horvath, Simon Fraser
University, Burnaby, Canada; William B. Stiles, Miami
University, Oxford, USA; Ângela Ferreira, Universidade
do Minho, Braga, Portugal; Dulce Pinto, University of
Minho; Gysele Melo, University of Minho; Cátia
Cardoso, University of Minho](#)

**Exceeding clients' Therapeutic Zone of Proximal
Development in a non and a manualized
Cognitive-Behavioural Therapies** [Cátia Cardoso,
University of Minho; Gysele Melo, University of
Minho; Eugénia Ribeiro, Universidade do Minho,
Braga, Portugal](#)

Counselling in UK universities and colleges:

Gathering outcome measures for the sector: a feasibility study Geraldine Dufour, University of Cambridge, UK; Michael Barkham, University of Sheffield, UK; Emma Broglia, British Association for Counselling and Psychotherapy; Mark Fudge, Keele University; Louise Knowles, University of Sheffield, UK; Alan Percy, University of Oxford; Afra Turner, Kings College London; Charlotte Williams, Birkbeck, University of London

The role of couples' experiences and perceptions of vulnerability and regret in facilitating regret and forgiveness in EFT-C Dr. Bar-Kalifa, Ben Gurion University, Beer Sheva, Israel; Ido Wiesel, Ben Gurion University, Beer Sheva, Israel; Ben Shahar, Hebrew University, Jerusalem, Israel

15.

Brief Paper Session

*Moderator: Derek Richards,
Trinity College, Dublin, Ireland*

Friday | 10:00 AM--11:30 AM | Room 203 (45)

Internet-based interventions

Effectiveness and cost-effectiveness of internet-delivered interventions for depression and anxiety disorders in the Improving Access to Psychological Therapies: results from a randomised control trial Derek Richards, Trinity College, Dublin, Ireland; Matthew Franklin, University of Sheffield, UK; Angel Enrique, Trinity College, Dublin, Ireland; Daniel Duffy, Trinity College, Dublin, Ireland; Caroline Earley, Trinity College, Dublin, Ireland; Jorge Palacios, Trinity College, Dublin, Ireland; Nora Eilert, Trinity College, Dublin, Ireland; Ladislav Timulak, Trinity College, Dublin, Ireland

Credibility and expectation and therapeutic outcome in blended therapy Sara Silva, University Institute of Maia; João Salgado, University Institute of Maia; Carla Cunha, University Institute of Maia

What are the mechanisms of change underlying the effects of internet-delivered interventions for depression and anxiety disorders? Results from a randomised control trial Angel Enrique, Trinity College, Dublin, Ireland; Derek Richards, Trinity College, Dublin, Ireland; Daniel Duffy, Trinity College,

Dublin, Ireland; Caroline Earley, Trinity College, Dublin, Ireland; Jorge Palacios, Trinity College, Dublin, Ireland; Nora Eilert, Trinity College, Dublin, Ireland; Ladislav Timulak, Trinity College, Dublin, Ireland

Face-to-face and Web-based Sessions in

Psychodynamic Psychotherapy: A Single Case

Study Aslı Uzel, Istanbul Bilgi University; Alev Cavdar, Istanbul Bilgi University; Rümeysa Oral, Istanbul Bilgi University; Güler Türeli, Istanbul Bilgi University; Dilan Özcan, Istanbul Bilgi University

16.

Brief Paper Session

Moderator: Rebecca Curtis, Adelphi University, New York, USA

Friday | 10:00 AM--11:30 AM | Room 209 (45)

Trauma

The function of avoidance: A qualitative analysis of soldiers diagnosed with panic disorder, social phobia and posttraumatic stress disorder. Nikolas Heim, Tavistock Clinic, London, UK; Robert J. Gorzka, Center for Mental Health, German Armed Forces Hospital Hamburg, Hamburg, Germany; Jenny Kaiser, International Psychoanalytic University, Berlin, Germany; Lutz Wittmann, International Psychoanalytic University, Berlin, Germany

Most helpful psychodynamic and cognitive-behavioral interventions for traumatized persons Rebecca Curtis, Adelphi University, New York, USA; John Tanner, Adelphi University, New York, USA; Andrea Keffer, Adelphi University, New York, USA

Compensatory Consequences Following Trauma in Men Deborah Powney, University of Central Lancashire

Relationship focused therapy for sexual and gender minority individuals and their non-accepting parents -- initial findings Rotem Boruchovitz-Zamir, Ben Gurion University, Beer Sheva, Israel; Gary Diamond, Ben Gurion University, Beer Sheva, Israel

17.

Structured Discussion

Adolescents

*Moderators: Celia M. D. Sales,
Universidade do Porto,
Portugal; Randi Ulberg,
University of Oslo, Norway*

Friday | 11:30 AM--12:30 PM | Conference Room -
Sala konferencyjna (80)

Psychotherapy for adolescents and young people: What does research tell us so far?

Discussants: Stig Poulsen, University of
Copenhagen, Denmark; Yianna Ioannou,
University of Nicosia, Cyprus; Celia M. D. Sales,
Universidade do Porto, Portugal; Henriette
Löffler-Stastka, Medical University of Vienna,
Austria;

18.

Structured Discussion

*Moderator: Felicitas Rost,
Tavistock and Portman NHS FT*

Friday | 11:30 AM--12:30 PM | Medium Hall A - Aula
średnia A (134)

Treatment guidelines need a revised methodology. It's high time for a sea-change and viable alternatives

Discussants: Krzysztof Rutkowski, Jagiellonian
University, Kraków, Poland; Svenja Taubner,
University Hospital, Heidelberg, Germany;
Catalin Zaharia, Asociatia Mind Master; Lynne
Rigaud, European Association for
Psychotherapy;

19.

Structured Discussion

*Therapist training and
development*

*Moderator: Ulrike Willutzki,
Witten/Herdecke University*

Friday | 11:30 AM--12:30 PM | Medium Hall B - Aula
średnia B (134)

Therapist Training and Development (SPRISTAD) -- How is psychotherapy embedded in the national health care systems?

*Presider: David E. Orlinsky,
University of Chicago, USA*

20.

Structured Discussion

Change process

Moderator: Wolfgang

Tschacher, University of Bern

Friday | 11:30 AM--12:30 PM | Small Hall - Aula mała (100)

Complexity science and psychotherapy

Discussants: Wolfgang Tschacher, University of Bern; Günter Schiepek, Paracelsus Medical University, Salzburg, Austria; Johann Kleinbub, University of Padua;

Friday | 12:30 PM--13:30 PM | Exhibition Room A & B - Sala Wystawowa

Lunch

21.

Chapter Meeting

Friday | 13:30 PM--14:30 PM | Medium Hall A - Aula średnia A (134)

European Chapter Meeting

22.

Chapter Meeting

Friday | 13:30 PM--14:30 PM | Medium Hall B - Aula średnia B (134)

UK Chapter Meeting

23.

Panel

Child & family

Moderator: Evrinomy Avdi,

Aristotle University of

Thessaloniki

Friday | 14:30 PM--16:00 PM | Conference Room - Sala konferencyjna (80)

Exploring in-session processes in short-term psychoanalytic psychotherapy with adolescents

Exploring Silence in Short Term Psychoanalytic Psychotherapy with Adolescents with

Depression [Rachel Alice Acheson, University College, London, UK;](#) [Evrinomy Avdi, Aristotle University of Thessaloniki](#)

Silence in the therapeutic work with depressed adolescents: An exploration of in-session silences and therapists' responses to long pauses in three STPP cases [Nia Verdenhalven, Anna Freud Center, London, UK;](#) [Evrinomy Avdi, Aristotle University of Thessaloniki](#)

Ruptures in the therapeutic alliance with adolescents: An exploratory study of micro-ruptures in two STPP treatments with depressed adolescents [Soledad Larrea, Anna Freud Center, London, UK; Evrinomy Avdi, Aristotle University of Thessaloniki](#)

An in-session exploration of working alliance ruptures and therapist attempts at resolution in Short-Term Psychoanalytic Psychotherapy with adolescents with depression [Holly Lee Dwyer Hall, Anna Freud Center, London, UK; Evrinomy Avdi, Aristotle University of Thessaloniki](#)

24.

Panel

Qualitative

*Moderator: Biljana van Rijn,
Metanoia Institute, London*

Friday | 14:30 PM--16:00 PM | Medium Hall A - Aula
średnia A (134)

**Assimilation progress across the lifespan:
Case studies of treatments: child trauma,
adolescent identity issues, adult shame, and
complicated bereavement grief**

**Approaching fearful emotions thru evolving play
themes: Application of the assimilation model to
understand change process in child
psychotherapy** [Tuija Aro, University of Jyväskylä](#)

**Contrasting use of avatar-base software by two
adolescents in school counselling: Theory-building
cases studies on the assimilation model** [Biljana van Rijn, Metanoia Institute, London; Evi Chryssafidou, Metanoia Institute, London; William B. Stiles, Miami University, Oxford, USA](#)

**"I don't know what others thought but for me it was
terrible shameful. I needed to develop a kind of shell
somehow to keep face"- A case study of the
development and change of shame in
psychotherapy** [Sami Kivikkokangas, University of Helsinki](#)

**Slow assimilation progress in work with a client
experiencing complicated/prolonged grief** [John Wilson, York St John University, UK](#)

Discussant: William B. Stiles, Miami University,
Oxford, USA;

25.

Panel

Process and outcome

Moderator: Ulrike Dinger,

Heidelberg University, Germany

Friday | 14:30 PM--16:00 PM | Medium Hall B - Aula
średnia B (134)

Different perspectives on dyadic processes

Intercorporeality and synchronisation: two important aspects for a better understanding of psychotherapeutic processes [Frederic Bülow, University Hospital, Heidelberg, Germany](#)

Nonverbal synchrony, empathy and depressive symptom severity in a diagnostic setting with Depressed Patients [Anna Sandmeir, University Hospital, Heidelberg, Germany](#); [Christoph Nikendei, University Hospital, Heidelberg, Germany](#); [Ulrike Dinger, Heidelberg University, Germany](#)

Influence of patient and therapist agreement and disagreement about their alliance on symptom severity over the course of treatment: A response surface analysis [Simone Jennissen, Heidelberg University, Germany](#); [Christoph Nikendei, University Hospital, Heidelberg, Germany](#); [Johannes Ehrental, University Hospital, Heidelberg, Germany](#); [Henning Schauenburg, University Hospital, Heidelberg, Germany](#); [Ulrike Dinger, Heidelberg University, Germany](#)

Discussant: [Ulrike Dinger, Heidelberg University, Germany](#);

26.

Panel

Treatment process and outcome

Moderator: Anna Georg,

Heidelberg University, Germany

Friday | 14:30 PM--16:00 PM | Room 203 (45)

Mentalization-based interventions in different parent, parent-infant, and child therapies and how they promote change

Treating regulatory disorders in infancy by fostering parental reflective functioning: Results from an RCT on focused parent-infant psychotherapy [Anna Georg, Heidelberg University, Germany](#); [Manfred Cierpka, University Hospital, Heidelberg, Germany](#); [Paul Schröder-Pfeifer, University Hospital, Heidelberg, Germany](#); [Sandra Kress, University Hospital, Heidelberg, Germany](#); [Svenja Taubner, University Hospital, Heidelberg, Germany](#)

How does mentalization predict treatment outcome in psychodynamic child psychotherapy? [Sibel Halfon, Istanbul Bilgi University](#)

Illuminating the 'child-in-mind'. Mentalization-based treatment for parents (MBT-P) in complex and high risk families [Gerry Byrne, Oxford Health NHS Foundation Trust](#)

Discussant: Svenja Taubner, University Hospital, Heidelberg, Germany;

27.

Panel

Age group diversity

Moderator: Charlie Emma Duncan, British Association for Counselling and Psychotherapy

Presider: Charlie Emma Duncan, British Association for Counselling and Psychotherapy

Friday | 14:30 PM--16:00 PM | Room 209 (45)

Counselling and psychotherapy across the lifespan and in different settings

Student counselling embedded in UK Higher Education: A national initiative to identify student mental health trends [Emma Broglia, British Association for Counselling and Psychotherapy;](#)
[Michael Barkham, University of Sheffield, UK](#)

Using an online outcomes monitoring system in private practice: outcomes and implementation [Charlie Emma Duncan, British Association for Counselling and Psychotherapy](#)

The feasibility of implementing counselling within a care home [Jo Pybis, British Association for Counselling and Psychotherapy](#)

Counsellors' experiences of working in the NHS: A survey [Gemma Ryan, British Association for Counselling and Psychotherapy](#)

28.

Panel

Change process

Moderator: João Batista, Universidade do Minho, Braga, Portugal

Friday | 14:30 PM--16:00 PM | Small Hall - Aula mała (100)

Narrative changes and emotional processing in meaning reconstruction therapy for prolonged grief disorder

Changes in Narrative Disorganization and their Relation to Symptomatic Change in PGD Following Narrative Reconstruction Therapy [Tuvia Peri, Bar Ilan University](#)

Meaning reconstruction and narrative innovation on psychotherapy for prolonged grief disorder João Batista, Universidade do Minho, Braga, Portugal; Rita Castro, Universidade do Minho, Braga, Portugal; Miguel M. Gonçalves, Universidade do Minho, Braga, Portugal; Robert A. Neimeyer, University of Memphis

Emotional processing during the reconstruction of the grief experience: a case study Patrícia Pinheiro, Universidade do Minho, Braga, Portugal; Daniela Nogueira, Department of Social Sciences and Behavior, Maia University Institute (ISMAI), Portugal; Rui Pereira, School of Sport, Exercise and Health Sciences, Loughborough University, Loughborough, United Kingdom; Daniela Alves, Universidade do Minho, Braga, Portugal; Miguel M. Gonçalves, Universidade do Minho, Braga, Portugal; João Salgado, University Institute of Maia

29.

Brief Paper Session

*Moderator: Evangelia (Eva)
Fragkiadaki, University of West
of England*

Friday | 14:30 PM--16:00 PM | Seminar Room - Sala
seminaryjna (60)

Medical disorders

Psychotherapy's impacts on the experience and management of Multiple Sclerosis (MS) symptoms: a mixed -- method longitudinal naturalistic study Evangelia (Eva) Fragkiadaki, University of West of England; Fotios Anagnostopoulos, Panteion University of Social and Political Studies; Sofia Triliva, University of Crete

Interpersonal dynamics and therapeutic relationship in patients with functional somatic syndromes: a metasynthesis of psychotherapy case studies Juri Krivzov, Ghent University, Belgium; Reitske Meganck, Ghent University, Belgium; Shana Cornelis, Ghent University, Belgium; Fleur Bart, Ghent University

Trajectories of mental well-being and social support among people with HIV: Examining gender paradox Marcin Rzeszutek, University of Warsaw; Ewa Gruszczyńska, SWPS University of Social Sciences and Humanities

Friday | 16:00 PM--16:30 PM | Exhibition Room A & B - Sala Wystawowa

Coffee Break

30.

Panel

Attachment & development

*Moderator: Bernhard Strauss,
University Hospital, Jena,
Germany*

Friday | 16:30 PM--18:00 PM | Medium Hall A - Aula
średnia A (134)

**The attachment in group psychotherapy - Its
use in groups and some measurement issues**

**The impact of attachment and group cohesion on
outcome in intensive multimodal therapy for
depression** Johannes Ehrenthal, University Hospital,
Heidelberg, Germany; Henning Schauenburg,
University Hospital, Heidelberg, Germany; Ulrike
Dinger, Heidelberg University, Germany

**Attachment and Group Therapy in Day Treatment
Care** Rainer Weber, University Hospital of Cologne,
Germany; Johannes Ehrenthal, University Hospital,
Heidelberg, Germany

**Searching for the convergence of attachment
measures - Give network analyses a try** Bernhard
Strauss, University Hospital, Jena, Germany

31.

Panel

Mentalization

*Moderator: Svenja Taubner,
University Hospital, Heidelberg,
Germany*

Friday | 16:30 PM--18:00 PM | Medium Hall B - Aula
średnia B (134)

**Mentalization and the therapeutic process:
Fostering the integration between theory
and clinical practice**

**Coding mind-mindedness in
five-minute-speech-samples of early prevention
experts** Sophie Hauschild, Heidelberg University,
Germany; Svenja Taubner, University Hospital,
Heidelberg, Germany; Lea Kornhas, University
Hospital, Heidelberg, Germany; Paul Schröder-Pfeifer,
University Hospital, Heidelberg, Germany; Anna
Georg, Heidelberg University, Germany

**Assessing dimensions of in-session mentalizing --
results from the ANTOP-anorexia trial** Svenja
Taubner, University Hospital, Heidelberg, Germany;
Jana Volkert, University Hospital, Heidelberg,
Germany; Max Zettl, University Hospital, Heidelberg,
Germany; Almut Zeeck, University of Freiburg,
Germany; Armin Hartmann, University of Freiburg,
Germany

Reflective functioning in patients with irritable bowel syndrome [Henriette Löffler-Stastka](#), Medical University of Vienna, Austria; [Larisa Dzirlo](#), III Medical Department for Internal Medicine and Psychosomatic, St Vincent Hospital, Vienna; [Felix Richter](#), University of Klagenfurt, Austria

Discussant: [Alessandro Talia](#), Heidelberg University, Germany;

32.

Panel

Personality

*Moderator: [Anssi Peräkylä](#),
University of Helsinki*

Friday | 16:30 PM--18:00 PM | Small Hall - Aula mała (100)

Personality disorders and social interaction in clinical settings

Patient (dis)engagement in diagnosis of personality disorder [Anssi Peräkylä](#), University of Helsinki

Grandiose and vulnerable self in couple therapy interaction [Bernadetta Janusz](#), Jagiellonian University, Kraków, Poland; [Jörg Bergmann](#), University of Bielefeld; [Feliks Matusiak](#), Jagiellonian University, Kraków, Poland; [Karolina Dejko](#), Jagiellonian University, Kraków, Poland; [Anssi Peräkylä](#), University of Helsinki

Bodily practices of disengagement in couple therapy [Mariusz Furgał](#), Jagiellonian University, Kraków, Poland; [Karolina Dejko](#), Jagiellonian University, Kraków, Poland; [Bartłomiej Taurogiński](#), Jagiellonian University, Kraków, Poland; [Bernadetta Janusz](#), Jagiellonian University, Kraków, Poland; [Feliks Matusiak](#), Jagiellonian University, Kraków, Poland; [Barbara Jozefik](#), Jagiellonian University, Medical College Kraków; [Anssi Peräkylä](#), University of Helsinki

Discussants: [Michael Buchholz](#), International Psychoanalytic University Berlin; [Peter Muntigl](#), Simon Fraser University, Burnaby, Canada;

33.

Brief Paper Session

Moderator: Zbynek Vybíral, Masaryk University, Czech Republic

Friday | 16:30 PM--18:00 PM | Conference Room - Sala konferencyjna (80)

Adverse Effects in Psychotherapy

Paradoxical nature of psychological treatment and negative effects [Zbynek Vybíral, Masaryk University, Czech Republic](#); [Matthias Ochs, Fulda University of Applied Sciences, Germany](#)

Exploring harm in psychotherapy -- perspectives from clinicians' working with children and young people [Daniel Hayes, University College, London, UK](#); [Barbara Castro Baltic, University College, London](#)

Risk to premature termination: Profile and predictors [Ângela Ferreira, Universidade do Minho, Braga, Portugal](#); [Eugénia Ribeiro, Universidade do Minho, Braga, Portugal](#); [Inês Sousa, Universidade do Minho, Braga, Portugal](#)

34.

Brief Paper Session

Moderator: Idit Shalev, Ariel University, Israel

Friday | 16:30 PM--18:00 PM | Room 203 (45)

Bio-physiological processes

Inter-network connectivity of the salience brain network predicts psychotherapy effects in depression after 7 weeks. [Anselm Doll, Max Planck Institute of Psychiatry](#); [Johannes Kopf-Beck, Max Planck Institute of Psychiatry](#); [Julia Fietz, Max Planck Institute of Psychiatry](#); [Nils Kappelmann, Max Planck Institute of Psychiatry](#); [Philipp Sämann, Max Planck Institute of Psychiatry](#)

How and when the body reacts: patterns of somatic reactions and their meanings in psychotherapy process [Oya Masaracı, Istanbul Bilgi University](#); [Irmak Gültekin, Istanbul Bilgi University](#); [Alev Cavdar, Istanbul Bilgi University](#); [Sezgi Ermergen, Istanbul Bilgi University](#)

Efficient-causes and "teleo-causes" of the induced psychotherapeutic changing processes [Catalin Zaharia, Asociatia Mind Master](#); [Alexandru Caragea, Asociatia Mind Master](#)

Motivational mechanisms of change in the context of psychotherapy process [Idit Shalev, Ariel University, Israel](#)

35.

Brief Paper Session

*Moderator: Kevin John Robert
Wright, SPR UK Chapter*

Friday | 16:30 PM--18:00 PM | Seminar Room - Sala
seminaryjna (60)

Creative techniques

The use and benefits of expressive writing in treatment of PTSD and other traumas, particularly for male clients in brief therapy settings such as EAPs & Primary Care (IAPT). [Kevin John Robert Wright, SPR UK Chapter](#)

How actions in the group can be helpful? Change process through the eyes of the participants of psychodrama based, experiential group training for psychology students [Krzysztof Mariusz Ciepliński, The John Paul II Catholic University of Lublin](#)

Patients experience and conceptualisation of their paedophilic disorder: a qualitative study [Imke Eliese Ahlers, Tavistock Clinic, London, UK; Felicitas Rost, Tavistock and Portman NHS FT](#)

Short-term Psychodynamic Intercultural Therapy with migrants from Eastern Europe: Its potential, advantages and limitations through therapists' perspectives [Tatsiana Steven, Manchester University, UK](#)

36.

Poster Session

Friday | 18:00 PM--20:00 PM | Exhibition Room A & B - Sala Wystawowa

1. Experimental Study of Effects of Therapist's Affirmation on the Therapeutic Relationship in Early Session: Used the Video of Simulated Psychotherapy [YUUKI YOKOTA, National Center of Neurology and Psychiatry, Tokyo, Japan; Sampei Mariko, ALspective Co. Ltd. EASE Mental Management, Japan; Yoshida Sumiko, National Center of Neurology and Psychiatry, Tokyo, Japan; Takahashi Yuta, Yamaki Counseling office, Tokyo, Japan; Kimizuka Chie, National Center of Neurology and Psychiatry, Tokyo, Japan; Iwakabe Shigeru, Ochanomizu University, Tokyo, Japan](#)
2. Changes in displays of agency during the early phase of psychotherapy: A case study [Minna-Leena Seilonen, Private practice; Jarl Wahlström, University of Jyväskylä](#)
3. Potential effect of repetitive hypnotic procedures on hypnotizability [Anna Dominika Kaczmarska, Jagiellonian University, Kraków, Poland; Patrycja Jęda, Jagiellonian University, Kraków, Poland; Ewa Guśtak, Jagiellonian University, Kraków, Poland; Michał Mielimąka, Jagiellonian University Medical College, Kraków, Poland; Krzysztof Rutkowski, Jagiellonian University, Kraków, Poland](#)
4. Psychometric Evaluation of the Czech version of CORE-GP in Three Independent Samples [Adam Kłoczek, Masaryk university, Faculty of social studies; Tomáš Řiháček, Masaryk university, Faculty of social studies](#)
5. How do therapists deal with sexual preferences considering attachment styles and sociosexual orientation? [Bettina Kumpan, Alpen-Adria-Universität Klagenfurt](#)
6. The role of patient agency in the psychotherapeutic process: a mixed methods study [Emma Acke, Ghent University, Belgium; Reitske Meganck, Ghent University, Belgium](#)
7. Psychotherapists' Understanding of Obesity: A Qualitative Study [Karolina Maria Laniusz, Jagiellonian University, Kraków, Poland](#)
8. Personal Therapeutic Approach of Gestalt Therapists: Working with Clients Suffering from Medically Unexplained Symptoms [Roman Hytych, Masaryk University, brno, Czech Republic; Jan Roubal, Masaryk University, Brno; Tomas Rihacek,; Michał Ceveliczek, Masaryk University, Brno](#)
9. Psychotherapy in treatment of headaches attributed to anxiety, somatoform and personality disorders [Patrycja Dagmara Jęda, Jagiellonian University, Kraków, Poland; Krzysztof Rutkowski, Jagiellonian University, Kraków, Poland](#)
10. The associations between subjective perception of mental health, the quality of intimate relationship and resiliency in people suffering from schizophrenia: A pilot study. [Benita Wielgus, Jagiellonian University, Kraków, Poland; Michał Mielimąka, Jagiellonian University Medical College, Kraków, Poland](#)

11. Adolescents' perspectives on change: Exploring Innovative Moments with young patients treated for depression [Fritz Mende, Faculty of Psychology and Education Science of the University of Porto; João Batista, Universidade do Minho, Braga, Portugal; Sally O'Keeffe, Anna Freud Center, London, UK; Nick Midgley, Anna Freud Center, London, UK; Margarida Rangel Henriques, Faculty of Psychological and Sciences of Education of the University of Porto; Miguel M. Gonçalves, Universidade do Minho, Braga, Portugal](#)
12. Systematic review of patients' and therapists' intersession experiences [Pauline Leonie Herrmann, University of Klagenfurt, Austria; Sylke Andreas, Alpen-Adria-Universität Klagenfurt; Thorsten-Christian Gablonski, University of Klagenfurt, Austria](#)
13. The relation between affective tone in play and mental state talk [Merve Açıl, Istanbul Bilgi University, Turkey; Istinye University, Turkey; Burcu Besiroglu, Istanbul Bilgi University; Sibel Halfon, Istanbul Bilgi University](#)
14. The relation between children's mentalization and behavioral problems: The mediating role of children's emotion regulation [Burcu Besiroglu, Istanbul Bilgi University; Merve Açıl, Istanbul Bilgi University, Turkey; Istinye University, Turkey; Sibel Halfon, Istanbul Bilgi University](#)
15. Client Attachment to Therapist: Review and Meta-Analysis [Slimane Djillali, University of Lausanne, Switzerland; Yves de Roten, University of Lausanne, Switzerland; Jean-Nicolas Despland, University of Lausanne, Switzerland](#)
16. Psychotherapy: from an empty speech to a full speech. [Liza Notaerts, Ghent University, Belgium; Mattias Desmet, Ghent University, Belgium; Reitske Meganck, Ghent University, Belgium](#)
17. Assessing Change in Mentalization in Psychodynamic Child Psychotherapy [Ayşenur Coşkun, Istanbul Bilgi University; Sibel Halfon, Istanbul Bilgi University](#)
18. Facilitators and Barriers of the Therapeutic Alliance in Videoconferencing Therapy: A qualitative inquiry of the therapist's perspective [Alexandros Kapatais, University College, London, UK](#)
19. The influence of metacognitive training on the reduction of depressive and anxiety symptoms in children with ADHD [Natalia Kajka, The John Paul II Catholic University of Lublin](#)
20. Short therapeutic intervention for mentally disordered offenders with schizophrenia or schizoaffective disorder [Kirstine Højgaard Dichmann, Psychiatric Hospital, Region Zealand; Sidse Arnfred, Psychiatric Hospital, Region Zealand; Mette Brandt-Christensen, Psychiatric Center Glostrup, The capital Region of Denmark; Jette Møllerhøj, Center of Competence, department of Forensic Psychiatry, The Capital Region of Denmark; Liv Os Stølan, Center of Competence, Department of Forensic Psychiatry, The Capital region of Denmar](#)

21. The influence of psychotherapy on the cognitive functioning of patients with anxiety disorders - research plan [Magdalena Anna Konop, Jagiellonian University, Kraków, Poland](#)
22. Suicide attempts and prehospital emergency services in Portugal: Practices and conceptions of health professionals [Margarida Rangel Henriques, Faculty of Psychological and Sciences of Education of the University of Porto; Isabel Nogueira, FPCE of University of Porto; Ana Paula Coutinho, FPCE of University of Porto; Inês Rothes, FPCE of University of Porto](#)
23. Linear time series analysis methods: Lack of convergent validity and evidence of different facets of movement synchrony [Désirée Schoenherr, University Hospital Jena; Jane Paulick, University Trier; Susanne Worrack, University Hospital Jena; Bernhard Strauss, University Hospital, Jena, Germany; Julian A Rubel, Justus-Liebig-University Gießen; Brian Schwartz, University Trier; Anne-Katharina Deisenhofer, University Trier; Wolfgang Lutz, Universität Trier, Germany; Ulrich Stangier, Goethe University Frankfurt/Main; Uwe Altmann, University Hospital, Jena, Germany](#)
24. Therapeutic collaboration and assimilation of problematic experiences: a case study [Raquel de Queiroz, Universidade do Minho, Braga, Portugal; Eugénia Ribeiro, Universidade do Minho, Braga, Portugal; Fernanda Serralta, Universidade do Vale do Rio dos Sinos; Vânia Silva, Universidade do Minho, Braga, Portugal; Isabel Basto, ISMAI](#)
25. Short version of the Bielefeld Partnership Expectations Questionnaire (BFPE-12): Evaluation of factor structure and psychometric properties [Uwe Altmann, University Hospital, Jena, Germany; Elmar Brähler, Universität Leipzig, Germany; Markus Zenger, Hochschule Magdeburg-Stendal, Germany; Ana Nanette Tibubos, Universitätsmedizin der Johannes Gutenberg-Universität Mainz, Germany; Katja Brenk-Franz, University Hospital, Jena, Germany; Bernhard Strauss, University Hospital, Jena, Germany](#)
26. Emotional intelligence in patients with anxiety disorders and personality disorders and its impact on the outcome of treatment in psychotherapeutic group [Paweł Zakrzewski, University Hospital of Kraków; Magdalena Zalewska, Jagiellonian University, Kraków, Poland](#)
27. Short-Term Focused Group Analytic Psychotherapy (SFGAP) [Steinar Lorentzen, University of Oslo, Norway](#)
28. Development of a New Scale for Immigrant Children: The Children's Life Changes Scale (CLCS). The Preliminary Findings of Migrant Syrian vs. Non-migrant Turkish Children's emotions. [Elif Gocek, Istanbul Bilgi University; Serra Muradoglu, Istanbul Bilgi University; Ece Gunduz, Istanbul Bilgi University; Gozde Aybeniz, Istanbul Bilgi University; Canan Tugberk, Istanbul Bilgi University; Ece Soysal, Istanbul Bilgi University; Gulbahar Eda Erbas, Istanbul Bilgi University; Ezgi Emiroglu, Istanbul Bilgi University](#)

29. Negative experiences and outcomes in psychotherapy [Anton-Rupert Laireiter](#), [University of Salzburg, Austria](#); [Isabella Christina Gruber](#),
30. Determinants of the therapeutic alliance among patients with neurotic and personality disorders -- presentation of the research project [Joanna Mostowik](#), [Jagiellonian University, Kraków, Poland](#); [Michał Mielimąka](#), [Jagiellonian University Medical College, Kraków, Poland](#); [Tadeusz Ostrowski](#), [Jagiellonian University, Kraków, Poland](#); [Krzysztof Rutkowski](#), [Jagiellonian University, Kraków, Poland](#)
31. Neurotic and personality disorders -- a relationship between time perspective and intensity of neurotic symptoms, anxiety and defense mechanisms [Joanna Mostowik](#), [Jagiellonian University, Kraków, Poland](#); [Michał Mielimąka](#), [Jagiellonian University Medical College, Kraków, Poland](#); [Katarzyna Cyranka](#), [Clinic of Adult Psychiatry, Department of Psychiatry Jagiellonian University Medical College](#); [Tadeusz Ostrowski](#), [Jagiellonian University, Kraków, Poland](#); [Krzysztof Rutkowski](#), [Jagiellonian University, Kraków, Poland](#)
32. Psychotherapy trainees healing and stressful work involvement and childhood trauma [Marie-Kristin Apel](#), [Universität Witten Herdecke](#); [David E. Orlinsky](#), [University of Chicago, USA](#); [Ulrike Willutzki](#), [Witten/Herdecke University](#)
33. A systematic review of EMA design for studying mood and anxiety disorders: Preliminary results [Mila Hall](#), [Justus-Liebig University of Giessen](#); [Katharina Michael](#), [Justus-Liebig University of Giessen](#); [Paloma Scherner](#), [Justus-Liebig University of Giessen](#); [Evelina Demtschenko](#), [Justus-Liebig University of Giessen](#); [Julian A Rubel](#), [Justus-Liebig-University Gießen](#)
34. A systematic review and meta-analysis of guided self-help interventions in patients suffering from anorexia nervosa and their carers [Gaia Albano](#), [University of Palermo](#), [John Hodsoll](#), [Carol Kan](#), [Gianluca Lo Coco](#), [Valentina Cardi](#)
35. The professional and experiencing self of the family therapist [Antonina Bryniarska](#), [Jagiellonian University, Kraków, Poland](#); [Aleksandra Katarzyna Tomasiewicz](#), [Jagiellonian University, Kraków, Poland](#); [Bernadetta Janusz](#), [Jagiellonian University, Kraków, Poland](#)
36. Anorexia Readiness Syndrome, the Perception of Parental Bonding, and Body Image Attitudes in Adolescent Girls [Aleksandra Ściegienny](#), [Uniwersytet Jagielloński, Kraków, Poland](#)

Saturday, 21 September

37.

Panel

Attachment & development

Moderators: Alessandro Talia, Heidelberg University, Germany; Svenja Taubner, University Hospital, Heidelberg, Germany

Saturday | 08:30 AM--10:00 AM | Medium Hall A - Aula średnia A (134)

Advances in attachment-informed psychotherapy research: studies with the Patient Attachment Coding System

Negotiating a secure base: secure attachment and rupture resolution Alessandro Talia, Heidelberg University, Germany; Svenja Taubner, University Hospital, Heidelberg, Germany; Chris Muran, Adelphi University, New York, USA; Catherine Eubanks, Yeshiva University; Madeleine Miller-Bottomo, New School University, New York, USA

Validation study of the PACS in a German sample of adolescents Jana Schindler, Heidelberg University, Germany; Leonie Fleck, Heidelberg University, Germany; Alessandro Talia, Heidelberg University, Germany; Anna Fuchs, Heidelberg University, Germany; Michael Kaess, Heidelberg University, Germany

Understanding the underlying mechanisms of physiological synchronization: an attachment-based perspective Johann Kleinbub, University of Padua; Alessandro Talia, Heidelberg University, Germany; Marta Zanon, University of Padua; Arianna Palmieri, University of Padova, Italy

Discussant: Bernhard Strauss, University Hospital, Jena, Germany;

38.

Panel

Moderator: Peter Muntigl, Simon Fraser University, Burnaby, Canada

Presiders: Peter Muntigl, Simon Fraser University, Burnaby, Canada; Adam (Italy) Horvath, Simon Fraser University, Burnaby, Canada; Adam (Italy)

Saturday | 08:30 AM--10:00 AM | Medium Hall B - Aula średnia B (134)

The therapeutic relationship in interaction: alignment vs. disalignment

Getting to yes: Psychotherapists' interactional practices for recruiting client participation in chair work in emotion-focused therapy Peter Muntigl, Simon Fraser University, Burnaby, Canada; Adam (Italy) Horvath, Simon Fraser University, Burnaby, Canada; Lynda Chubak, University of Toronto, Canada

*Horvath, Simon Fraser
University, Burnaby, Canada;
Lynda Chubak, University of
Toronto, Canada*

**First encounters in therapy: Relationship-building
and introduction to therapeutic discourse** Claudio
Scarvaglieri, Ghent University, Belgium

**Gender as interactional resource for managing
therapeutic relationship in psychotherapy with
women suffering from bulimia** Joanna Pawelczyk,
Adam Mickiewicz University in Poznan; Elena Faccio,
University of Padua

39.

Panel

Change process

*Moderator: Cátia Braga,
Universidade do Minho, Braga,
Portugal*

*Presider: João Batista,
Universidade do Minho, Braga,
Portugal*

Saturday | 08:30 AM--10:00 AM | Small Hall - Aula
mała (100)

**Innovation and ambivalence in the process
of change: theory, methods and practice**

**The association of narrative innovation and
emotional regulation in psychotherapy for
emotional disorders** Miguel M. Gonçalves,
Universidade do Minho, Braga, Portugal; João Batista,
Universidade do Minho, Braga, Portugal; Diogo
Medeiros, Universidade do Minho, Braga, Portugal;
João T. Oliveira, Universidade do Minho, Braga,
Portugal

**Feedback Initiated Narrative Development (FIND)
Protocol to elicit resources in psychotherapy: An
exploratory study** Carina Magalhães, Universidade
do Minho, Braga, Portugal; Andreia Milhazes,
Universidade do Minho, Braga, Portugal; Miguel M.
Gonçalves, Universidade do Minho, Braga, Portugal;
Robert A. Neimeyer, University of Memphis; Pablo
Fernández-Navarro, Universidade do Minho, Braga,
Portugal; Cátia Braga, Universidade do Minho, Braga,
Portugal; João Batista, Universidade do Minho, Braga,
Portugal

**Resolving ambivalence in Psychotherapy - an
illustrated presentation of the Unified Ambivalence
Resolution Coding System** Helena Ferreira,
Universidade do Minho, Braga, Portugal; Cátia Braga,
Universidade do Minho, Braga, Portugal; Miguel M.
Gonçalves, Universidade do Minho, Braga, Portugal

40.

Brief Paper Session

*Moderator: Marija Farrugia,
Cambridgeshire and
Peterborough NHS Foundation
Trust*

Saturday | 08:30 AM--10:00 AM | Conference Room -
Sala konferencyjna (80)

Measure development

The structure of common factors across different therapies for different disorders [Ingvild Finsrud, University of Oslo, Norway](#); [Helene Nissen-Lie, University of Oslo](#); [Paal Ulvenes, Modum Bad Research Institute, Vikersund, Norway](#); [KariAnne Vrabel, Modum Bad Research Institute, Vikersund, Norway](#); [Bruce E. Wampold, Modum Bad Research Institute, Vikersund, Norway](#)

The concepts of mental health and illness from the point of view of MetaSystemic Psychotherapy. In memory of Dan Pokorny. [Andrzej Nehrebecki, Instytut Psychoterapii MetaSystemowej](#)

Translation of the Clinical Outcomes in Routine Evaluation Outcome Measure (CORE-OM) into Maltese [Marija Farrugia, Cambridgeshire and Peterborough NHS Foundation Trust](#); [Chris Evans, University of Sheffield, UK](#); [Ivan Zammit, East London NHS Foundation Trust](#)

Reliability and validity of the PCEPS-YP: An adapted measure for counselling adherence with young people. [Gemma Ryan, British Association for Counselling and Psychotherapy](#); [Mick Cooper, University of Roehampton](#)

41.

Brief Paper Session

*Moderator: Yona Teichman,
Tel-Aviv University*

Saturday | 08:30 AM--10:00 AM | Room 209 (45)

Therapy outcomes and Training

Positive Psychotherapy compared to Cognitive Behavioral Therapy in groups in the treatment of depression - a randomized controlled study [Anton-Rupert Laireiter, University of Salzburg, Austria](#); [Raphael Schuster, University of Salzburg](#); [Linda Maria Furchtlehner, Kepler University Hospital Linz](#)

The influence of mental health of the psychotherapists on their effectiveness, psychotherapeutic competencies and their clients satisfaction. [Milena Karlinska-Nehrebecka, Sigmund Freud University, Vienna, Austria](#); [Chris Evans, University of Sheffield, UK](#)

Supervisees' evaluation of the contribution of supervision to psychotherapy outcome Yona Teichman, Tel-Aviv University; Ety Bernt, IDC-Herzeliya; Geva Shenkman, IDC-Herzeliya; Guy Ramot, IDC-Herzeliya; Meir Teichman, Tel Aviv University

Affective micro - expressions as an indicator for a successful therapeutic process - differences in nonverbal communication in initial and further training of starting trainees and advanced therapists Henriette Löffler-Stastka, Medical University of Vienna, Austria

Case Studies in Psychotherapy -- their significance and their application during Psychotherapy Training using the example of Austria Ela Neidhart, Medical University of Vienna, Austria

42.

Brief Paper Session

Moderator: Krzysztof Rutkowski, Jagiellonian University, Kraków, Poland

Saturday | 08:30 AM--10:00 AM | Seminar Room - Sala seminaryjna (60)

Bio-physiological processes II

Intra-nasal Oxytocin (IN-OT) to facilitate psychotherapy processes among hospitalized psychiatric patients: A case report Ariella Katie Grossman Giron, Ariel University, Israel; Dana Tzur Bitan, Shalvata Mental Health Center; Sigal Zilcha-Mano, Haifa University, Israel; Hagai Maoz, Shalvata Mental Health Center

The cortisol awakening response in patients with anxiety and personality disorders starting psychodynamic combined group and individual psychotherapy Edyta Dembińska, Jagiellonian University, Kraków, Poland; Krzysztof Rutkowski, Jagiellonian University, Kraków, Poland; Jerzy A. Sobański, Jagiellonian University, Kraków, Poland; Michał Mielimąka, Jagiellonian University Medical College, Kraków, Poland; Anna Citkowska-Kisielevska, Department of Psychotherapy Jagiellonian University Medical College, Kraków, Poland; Katarzyna Klasa, Jagiellonian University, Kraków, Poland

Physiological synchrony in psychotherapy sessions Deborah Meier, University Hospital of Psychiatry and Psychotherapy, University of Bern; Wolfgang Tschacher, University of Bern

Hyperprolactinemia phenomenon among patients with neurotic and personality disorders and prolactin level changes after psychotherapy -- long-term observations Krzysztof Rutkowski, Jagiellonian University, Kraków, Poland; Edyta Dembińska, Jagiellonian University, Kraków, Poland; Jerzy A. Sobański, Jagiellonian University, Kraków, Poland; Michał Mielimąka, Jagiellonian University Medical College, Kraków, Poland; Anna Citekowska-Kisieleska, Department of Psychotherapy Jagiellonian University Medical College, Kraków, Poland; Katarzyna Klasa, Jagiellonian University, Kraków, Poland

43.
Interest Section Meeting
Therapist training and development
Moderator: David E. Orlinsky, University of Chicago, USA

Saturday | 08:30 AM--10:00 AM | Room 203 (45)
SPR Interest Section Meeting--Therapist Training and Development (SPRISTAD)

Saturday | 10:00 AM--10:30 AM | Exhibition Room A & B - Sala Wystawowa

Coffee Break

44.
Panel
Change process
Moderator: Tomáš Řiháček, Masaryk University, Faculty of Social Studies

Saturday | 10:30 AM--12:00 PM | Medium Hall A - Aula střednia A (134)

Psychosomatic complaints in psychotherapy

On psychosomatics and the maps in our hands: modelling change over twelve months of counselling practice John Hills, University of Leeds, London, UK

Change mechanisms in adult patients with medically unexplained physical symptoms: Literature review Martina Pourová, Masaryk University; Adam Kłoczek, Masaryk university, Faculty of social studies; Tomas Rihacek,; Michał Cewelicek, Masaryk University, Brno

Mediators of change in patients with medically unexplained physical symptoms: Preliminary results of a multi-site naturalistic study [Tomas Rihacek](#); [Martina Pourová](#), Masaryk University; [Jan R. Boehnke](#), University of Dundee

Change after group psychotherapy in patients with medically unexplained physical symptoms: A qualitative study [Lucia Polakovská](#), Masaryk University; [Michal Cevelicek](#), Masaryk University, Brno

Discussant: [Martin grosse Holtforth](#), University of Bern, Switzerland;

45.

Panel

Child & family

*Moderator: [Orya Tishby](#),
Hebrew University, Jerusalem,
Israel*

Saturday | 10:30 AM--12:00 PM | Medium Hall B -
Aula średnia B (134)

Assessing process and progress in psychotherapy with children and with parents.

Therapeutic alliance trajectories and their association with outcome in psychodynamic child psychotherapy [Sibel Halfon](#), Istanbul Bilgi University

Therapist's interventions in animal assisted child psychotherapy, and its relations to therapy process and outcome [Tamar Axelrad Levy](#), [David Yellin College](#); [Orya Tishby](#), Hebrew University, Jerusalem, Israel

Investigating the processes in families where parents appear 'stuck' in pre-mentalizing their children and members of their family. Findings from Collaborative Based Case Research [Sophie Holmes](#), [Williams Rd. Family Therapy Center](#)

Improvement of mother's mind-mindedness in attachment focused mother-child psychotherapies [Agnes von Wyl](#), ZHAW

46.

Panel

Treatment process and outcome

Moderator: Julian A Rubel, Justus-Liebig-University Gießen

Saturday | 10:30 AM--12:00 PM | Seminar Room - Sala seminaryjna (60)

New developments in patient-focused research - Generating decision support rules for practitioners

Beyond Pre-to-Post Comparisons in a Randomised Controlled Trial: Patterns of Change in Group and Individual Psychotherapy for Depression Danilo Moggia, Universitat de Barcelona, Spain; Wolfgang Lutz, Universität Trier, Germany; Alice Arndt, Universität Trier, Germany; Guillem Feixas, Universitat de Barcelona, Spain

Differences in adherence to exposition and relaxation and their impact on outcome in an internet based intervention targeting anxiety disorders Alice Arndt, Universität Trier, Germany; Julian A Rubel, Justus-Liebig-University Gießen; Thomas Berger, University of Bern, Switzerland; Wolfgang Lutz, Universität Trier, Germany

How does social support affect the impact of the therapeutic bond? Dirk Zimmermann, Universität Trier, Germany; Julian A Rubel, Justus-Liebig-University Gießen; Viola Schilling, Universität Trier, Germany; Wolfgang Lutz, Universität Trier, Germany

Are some patients less predictable than others? A tool for the identification of patients for which psychometric feedback might not work Julian A Rubel, Justus-Liebig-University Gießen; Wolfgang Lutz, Universität Trier, Germany

47.

Panel

Personality

Moderator: Theresa Wilberg, Oslo University Hospital, Norway

Saturday | 10:30 AM--12:00 PM | Small Hall - Aula mała (100)

Psychotherapy for patients with avoidant personality disorder

Personality functioning in patients with Avoidant personality disorder - Relevance for psychotherapy planning, the therapeutic relationship and treatment processes Ingeborg Helene Ultveitmo Eikenæs, Oslo University Hospital; Geir Pedersen, Oslo University Hospital, Norway; Theresa Wilberg, Oslo University Hospital, Norway

Subjective experience of treatment for avoidant personality disorder: Reports from a qualitative research project Kristine Dahl Sørensen, Sørlandet Hospital Norway; Theresa Wilberg, Oslo University Hospital, Norway; Eivind Stie, Sørlandet Hospital, Norway; Marit Råbu, University of Oslo, Norway

Combined group- and individual psychotherapy for patients with Avoidant personality disorder - a pilot study Theresa Wilberg, Oslo University Hospital, Norway; Eivind Normann-Eide, Oslo University Hospital, Norway; Geir Pedersen, Oslo University Hospital, Norway; Merete Selsbakk Johansen, Oslo University Hospital, Norway; Ingeborg Helene Ultveitmo Eikenæs, Oslo University Hospital; Elfrida Hartveit Kvarstein, Oslo University Hospital, Norway

Countertransference feelings when treating patients with personality disorders - A psychometric evaluation of a shortened version of the Feeling Word Checklist (FWC-12) Randi Breivik, Oslo University Hospital, Norway; Theresa Wilberg, Oslo University Hospital, Norway; Julie Evensen, Oslo University Hospital, Norway; Jan Ivar Røssberg, Oslo University Hospital, Norway; Hanne Sophie Dahl, University of Oslo, Norway; Geir Pedersen, Oslo University Hospital, Norway

48.

Brief Paper Session

*Moderator: Timo Storck,
Psychologische Hochschule
Berlin*

Saturday | 10:30 AM--12:00 PM | Conference Room -
Sala konferencyjna (80)

Change processes 1

How does psychotherapy evolve over time? An approach based on network analysis Giulio de Felice, Sapienza University of Rome & NC IUL University, London.; Franco F. Orsucci, University College of London & NC IUL University, London.; Silvia Andreassi, Sapienza University of Rome, Italy; Omar Gelo, Sigmund Freud University, Vienna & University of Salento, Lecce.

Comparative Conceptual Psychotherapy

Research Timo Storck, Psychologische Hochschule Berlin; Christian Sell, Universität Kassel, Germany; Jana Volkert, University Hospital, Heidelberg, Germany; Felix Brauner, Psychologische Hochschule Berlin

When does the time slow down for the

therapist? Mehpare Selcan Kaynak, Bilgi University; Alev Cavdar, Istanbul Bilgi University

49.

Brief Paper Session

*Moderator: Susanne Lunn,
Copenhagen University,
Denmark*

Saturday | 10:30 AM--12:00 PM | Room 203 (45)

Eating disorders

Evaluating empirically valid and clinically meaningful change in integrative inpatient treatment for severe eating disorders

Laura Muzi, Sapienza University of Rome, Italy; Laura Tieghi, Eating Disorder Clinic "Residenza Gruber"; Michele Rugo, Eating Disorder Clinic "Residenza Gruber"; Vittorio Lingiardi, Sapienza University of Rome, Italy

A discussion of a completed RCT study comparing Cognitive Behavior Therapy and Psychodynamic Psychotherapy for Bulimia nervosa Susanne Lunn, Copenhagen University, Denmark; Stig Poulsen, University of Copenhagen, Denmark

The acquisition of body image - exploring the psychological experience of embodiment in eating disorders

Hannah Katznelson, University of Copenhagen, Denmark; Susanne Lunn, Copenhagen University, Denmark; Stig Poulsen, University of Copenhagen, Denmark; Sarah Daniel, University of Copenhagen, Denmark; Jan Magnus Sjögren, University of Copenhagen, Denmark

50.

Brief Paper Session

*Moderator: Ulrike Dinger,
Heidelberg University, Germany*

Saturday | 10:30 AM--12:00 PM | Room 209 (45)

Routine outcome monitoring

The effect of using the Partners for Change Outcome Management System in psychotherapy - a systematic review and meta-analysis Ole Karkov Østergård, Aalborg University, Denmark

Waiting for inpatient psychotherapy for depression: Effects on symptom change [Ulrike Dinger, Heidelberg University, Germany](#); [Simone Jennissen, Heidelberg University, Germany](#)

Routine change measurement in a complex multicentre service: first year's findings [Chris Evans, University of Sheffield, UK](#); [Antoni Grau, ITA, Barcelona, Catalonia, Spain](#); [Joan Carles Medina, University of Barcelona, Spain](#); [Guillem Feixas, Universitat de Barcelona, Spain](#)

Saturday | 12:00 PM--13:00 PM | Exhibition Room A & B - Sala Wystawowa

Lunch

51.

Moderators: Ulrike Willutzki, Witten/Herdecke University; David E. Orlinsky, University of Chicago, USA

Saturday | 12:00 PM--13:00 PM | Medium Hall B - Aula średnia B (134)

SPR Interest Section on therapist training and development (SPRISTAD) - lunch business meeting

52.

Moderator: Orya Tishby, Hebrew University, Jerusalem, Israel

Saturday | 12:00 PM--13:00 PM | Seminar Room - Sala seminaryjna (60)

Special Interest Group for child, adolescent, and family therapy research (CAFTR) - lunch business meeting

53.

Moderators: Franco F. Orsucci, University College of London & NC IUL University, London.; Wolfgang Tschacher, University of Bern

Saturday | 12:00 PM--13:00 PM | Small Hall - Aula mała (100)

Special Interest Group for Complexity Science in Psychotherapy - lunch business meeting

54.

Moderators: Stig Poulsen, University of Copenhagen, Denmark; Svenja Taubner, University Hospital, Heidelberg, Germany

Saturday | 13:00 PM--14:30 PM | Room 209 (45)

Country coordinators meeting

55.

*Moderator: Markus Hayden,
Alpen-Adria-Universität
Klagenfurt*

Saturday | 13:00 PM--14:30 PM | Seminar Room -
Sala seminaryjna (60)

Change Process 2

Ego strength and defence mechanisms as indicators of change in individual and group

psychotherapy [Katarzyna Cyranka, Clinic of Adult
Psychiatry, Department of Psychiatry Jagiellonian
University Medical College](#)

Mentalization as predictor of defense

mechanisms [Markus Hayden,
Alpen-Adria-Universität Klagenfurt; Klea Beyer,
Alpen-Adria-Universität Klagenfurt; Maria Dehoust,
University Medical Center Hamburg-Eppendorf,
Germany; Sylke Andreas, Alpen-Adria-Universität
Klagenfurt](#)

Differences in therapist and lay expectations of the active mechanisms of change in

psychotherapy [Dana Tzur Bitan, Shalvata Mental
Health Center; Shiran Abayed, Ariel University](#)

56.

Panel

*Treatment process and
outcome*

*Moderator: Thomas Schröder,
University of Nottingham, UK*

Saturday | 13:00 PM--14:30 PM | Medium Hall A -
Aula średnia A (134)

Post-traumatic stress - new routes to recovery

Trauma-focussed therapy - debates and

directions [Thomas A. Schröder, University of
Nottingham, UK; Stephen Regel, University of
Nottingham, UK](#)

Development and evaluation of a brief self-practice Compassion Focused Therapy (CFT) intervention for

trauma patients. [Claire Rycroft, Cornwall
Partnership NHS Foundation Trust; Thomas A.
Schröder, University of Nottingham, UK; Rachel
Sabin-Farrell, University of Nottingham, UK; Paul
Gilbert, University of Derby; Stephen Regel, University
of Nottingham, UK](#)

57.

Panel

Qualitative

*Moderator: Felicitas Rost,
Tavistock and Portman NHS FT*

Brain Work Recursive Therapy (BWRT) for non-complex trauma: a case series. Hayley Rose, Nottinghamshire Healthcare NHS Trust, UK; Dave Dawson, University of Lincoln; Thomas A. Schröder, University of Nottingham, UK; Anne Abey, Lincolnshire Partnership NHS Trust

Saturday | 13:00 PM--14:30 PM | Medium Hall B -
Aula średnia B (134)

The pivotal role of 'Private Theories' in psychotherapeutic treatment and psychotherapy research

Therapists' private theories on the helpful and hindering factors of long-term psychoanalytic psychotherapy for treatment-resistant depression (TADS study) Felicitas Rost, Tavistock and Portman NHS FT; Guy Maissis, University College, London, UK; Peter Fonagy, University College London

Private theories of patients and therapists in comparison: a multiple-case study in the preliminary phases of the psychoanalytic treatment. Mariagiulia Chichi, Catholic University of the Sacred Heart of Milan; Emilio Domenico Fava, Catholic University of the Sacred Heart of Milan, State University of Milan.; Davide Margola, Catholic University of the Sacred Heart of Milan; Claudio Galvano, Italian Psychoanalytic Society, State University of Milan; Valentina Nuzzaci, Italian Psychoanalytic Society; Paolo Chiari, Italian Psychoanalytic Society; Licia Reatto, Italian Psychoanalytic Society; Anna Daniela Linciano, Italian Psychoanalytic Society

Private Theories of a psychoanalytic équipe: Clinical reflections on the administration of the Private Theories Interview Anna Daniela Linciano, Italian Psychoanalytic Society; Mariagiulia Chichi, Catholic University of the Sacred Heart of Milan; Licia Reatto, Italian Psychoanalytic Society; Claudio Galvano, Italian Psychoanalytic Society, State University of Milan; Valentina Nuzzaci, Italian Psychoanalytic Society; Matteo Terranova, Italian Psychoanalytic Society; Emilio Domenico Fava, Catholic University of the Sacred Heart of Milan, State University of Milan.

58.

Panel

Severe mental illness

Moderator: Henriette

Löffler-Stastka, Medical

University of Vienna, Austria

Saturday | 13:00 PM--14:30 PM | Small Hall - Aula
mała (100)

Biomarkers and Environment - Moderators and treatment effects in psychotherapy with young psychotic patients

**A naturalistic and prospective study on preventive
interventions in children and adolescents at clinical
high risk for psychosis** [Henriette Löffler-Stastka,](#)
[Medical University of Vienna, Austria;](#) [Stefanie J](#)
[Schmidt, University of Bern, Switzerland](#)

**Social cognition and psychopathology in connection
with chromosomal aberrations - the 22q11 deletion
syndrome: A review** [Henriette Löffler-Stastka,](#)
[Medical University of Vienna, Austria;](#) [Branka Milic,](#)
[Medical University of Vienna, Austria](#)

**Effectiveness and moderators of psychotherapeutic
interventions for young people with psychotic
disorders** [Vera Gergov, University of Helsinki,](#)
[Finland;](#) [Branka Milic, Medical University of Vienna,](#)
[Austria;](#) [Tamara Prevendar, Sigmund Freud University,](#)
[Vienna, Austria;](#) [Eleni Vousoura, Athens University](#)
[Medical School;](#) [Stig Poulsen, University of](#)
[Copenhagen, Denmark;](#) [Henriette Löffler-Stastka,](#)
[Medical University of Vienna, Austria](#)

**What is the incremental contribution of the
variables of parental bonding, attachment
representation, (unresolved) trauma and
mentalizing for schizophrenic psychosis?** [Henriette](#)
[Löffler-Stastka, Medical University of Vienna, Austria;](#)
[Felix Richter, University of Klagenfurt, Austria](#)

Discussant: Randi Ulberg, University of Oslo,
Norway;

59.

Brief Paper Session

Moderator: Marit Råbu,

University of Oslo, Norway

Saturday | 13:00 PM--14:30 PM | Conference Room -
Sala konferencyjna (80)

Therapeutic alliance

**"Where did we arrive in the end?" Conjoint
explorations of improvements in the last phase of
psychotherapy** [Marit Råbu, University of Oslo,](#)
[Norway;](#) [Hanne Haavind, University of Oslo, Norway](#)

Efficient, Safe or Smooth: Affective Correlates of Clients' Session Experiences and the Mediating Role of Therapeutic Alliance [Alev Cavdar, Istanbul Bilgi University](#); [Mehmet Emin Demir, Istanbul Bilgi University](#); [Oyku Turker, Istanbul Bilgi University](#)

What fits whom? Patients' psychological resources and vulnerabilities as predictors of working alliance in three models and durations of therapy [Erkki Heinonen, University of Helsinki, Finland](#); [Erkki Heinonen, University of Helsinki, Finland](#); [Erkki Heinonen, University of Helsinki, Finland](#)

60.

Brief Paper Session

Moderator: Henning Schauenburg, University Hospital, Heidelberg, Germany

Saturday | 13:00 PM--14:30 PM | Room 203 (45)
Personality disorders II

Patterns of Countertransference in Psychotherapy with Persons with Borderline Personality Disorder [POORNIMA BHOLA, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India](#); [Kanika Mehrotra, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India](#)

Fractionated psychotherapy: symptom-assessed effectiveness [Jerzy A. Sobański, Jagiellonian University, Kraków, Poland](#); [Katarzyna Klasa, Jagiellonian University, Kraków, Poland](#); [Edyta Dembińska, Jagiellonian University, Kraków, Poland](#); [Michał Mielimąka, Jagiellonian University Medical College, Kraków, Poland](#); [Anna Citkowska-Kisielevska, Department of Psychotherapy Jagiellonian University Medical College, Kraków, Poland](#); [Krzysztof Rutkowski, Jagiellonian University, Kraków, Poland](#)

Anxiety and personality disorder - a randomized controlled comparison between behavioral therapy and psychoanalytic therapy [Henning Schauenburg, University Hospital, Heidelberg, Germany](#); [Dorothea Huber, Internatiopnal Psychoanalytic University, Berlin](#); [Miriam Henkel, University of Kassel, germany](#); [Hermann Staats, University of Potsdam, Germany](#); [Heinrich Deserno, International Psychoanalytic University, Berlin](#); [Silke Wiegand-Grefe, University of Hamburg, Germany](#); [Cord Benecke, University of Kassel, Germany](#)

Coping styles, strategies and self-efficacy of patients treated with psychotherapy for neurotic and personality disorders.

Michał Mielimąka, Jagiellonian University Medical College, Kraków, Poland; Krzysztof Rutkowski, Jagiellonian University, Kraków, Poland; Edyta Dembińska, Jagiellonian University, Kraków, Poland; Jerzy A. Sobański, Jagiellonian University, Kraków, Poland; Anna Citkowska-Kisieleska, Department of Psychotherapy Jagiellonian University Medical College, Kraków, Poland; Katarzyna Klasa, Jagiellonian University, Kraków, Poland; Joanna Mostowik, Jagiellonian University, Kraków, Poland

Saturday | 14:30 PM--14:45 PM | Exhibition Room A & B - Sala Wystawowa

Coffee Break

61.

Panel

Therapist training and development

Moderator: Ulrike Willutzki, Witten/Herdecke University

Saturday | 14:45 PM--16:15 PM | Medium Hall B - Aula średnia B (134)

Psychotherapy training and professional development of trainees: SPRISTAD in action

Psychotherapy training centers in the SPRISTAD study: Their structure and processes in the Training Program Description Form (TPDF) Erkki Heinonen, University of Helsinki, Finland; Armin Hartmann, University of Freiburg, Germany; Marie-Kristin Apel, Universität Witten Herdecke

Pathways into the profession: Psychotherapy trainees' personal and professional background in the Trainee Basic Information Form (TBIF) Ulrike Willutzki, Witten/Herdecke University; Erkki Heinonen, University of Helsinki, Finland; Irene Messina, Universitas Mercatorum; Henriette Löffler-Stastka, Medical University of Vienna, Austria; Michael Helge Rønnestad, University of Oslo, Norway; David E. Orlinsky, University of Chicago, USA

Sources of psychotherapist development: A map of the SPRISTAD study of psychotherapy trainees and some preliminary findings on trainee development

David E. Orlinsky, University of Chicago, USA; Ulrike Willutzki, Witten/Herdecke University; Michael Helge Rønnestad, University of Oslo, Norway; Armin Hartmann, University of Freiburg, Germany

62.

Panel

Moderators: Agnieszka

Fusińska-Korpik, Andrzej Frycz

Modrzewski Cracow Academy;

Łukasz Cichocki, Andrzej Frycz

Modrzewski Cracow Academy

Saturday | 14:45 PM--16:15 PM | Seminar Room - Sala seminaryjna (60)

Promoting resilience and positive mental health status in relation to prevention and education

Is 50-minutes educational consultation a potent tool for decreasing depression risk?

Krzysztof Walczewski, Andrzej Frycz Modrzewski Cracow Academy; Agnieszka Fusińska-Korpik, Andrzej Frycz Modrzewski Cracow Academy

Resilience in children and the youth - promoting and therapy Iwona Sikorska, Jagiellonian University, Kraków, Poland

Psychiatry education and its role in enhancing students' positive mental health Łukasz Cichocki, Andrzej Frycz Modrzewski Cracow Academy

63.

Panel

Change process

Moderator: Isabel Basto, ISMAI

Saturday | 14:45 PM--16:15 PM | Small Hall - Aula mała (100)

Case studies of how therapists facilitate assimilation progress

Therapeutic strategies and the evolution of the assimilation of problematic experiences Isabel Basto, ISMAI; Carla Monforte, Ismai; Leonor Pereira, Ismai; William B. Stiles, Miami University, Oxford, USA; João Salgado, University Institute of Maia

Therapeutic activities after assimilation setbacks Isabel Caro Gabalda, University of Valencia, Spain; William B. Stiles, Miami University, Oxford, USA

Use of digital imagery as meaning bridges in avatar-based counselling: helpful and unhelpful process as discussed by school counsellors [Evi Chryssafidou, Metanoia Institute,London; Biljana van Rijn, Metanoia Institute,London](#)

Discussant: William B. Stiles, Miami University, Oxford, USA;

64.

Brief Paper Session

*Moderator: Felicitas Rost,
Tavistock and Portman NHS FT*

Saturday | 14:45 PM--16:15 PM | Conference Room - Sala konferencyjna (80)

Personality disorders I

Change process through dynamic patterns in personal positions of a patient diagnosed with Borderline Personality Disorder (BPD) and her therapist in a long-term psychotherapy [Augusto Pedro Mellado, Pontificia Universidad Católica de Chile, Santiago; Fernanda Abarca, Universidad Diego Portales, Santiago, Chile; Marena Soto, Universidad Diego Portales, Santiago, Chile; Claudio Martínez, Universidad Diego Portales, Santiago, Chile; Alemka Tomicic, Universidad Diego Portales, Santiago, Chile; Mariane Krause, Pontificia Universidad Católica de Chile, Santiago](#)

Paraphilias, Violence and Personality Disorder: Changes in personality functioning as a result of long-term psychoanalytic psychotherapy [Nikolas Heim, Tavistock Clinic, London, UK; Imke Eliese Ahlers, Tavistock Clinic, London, UK; Alexandra Busse, Tavistock and Portman NHS Foundation Trust; Felicitas Rost, Tavistock and Portman NHS FT](#)

Fractionated psychotherapy effectiveness assessed with multiple administrations of MMPI-2 personality inventory. 50 cases aggregation study [Katarzyna Klasa, Jagiellonian University, Kraków, Poland; Jerzy A. Sobański, Jagiellonian University, Kraków, Poland; Edyta Dembińska, Jagiellonian University, Kraków, Poland; Michał Mielimąka, Jagiellonian University Medical College, Kraków, Poland; Anna Cítkowska-Kisiełewska, Department of Psychotherapy Jagiellonian University Medical College, Kraków, Poland; Krzysztof Rutkowski, Jagiellonian University, Kraków, Poland](#)

65.

Brief Paper Session

Moderator: Charlie Emma Duncan, British Association for Counselling and Psychotherapy

Saturday | 14:45 PM--16:15 PM | Medium Hall A - Aula średnia A (134)

Couples and family work

Relationship counselling in the UK: who attends and how effective is it? [Charlie Emma Duncan, British Association for Counselling and Psychotherapy;](#) [Gemma Ryan, British Association for Counselling and Psychotherapy](#)

Online unguided French-speaking intervention for bereaved or separated people: results from a pilot study. [Liliane Efinger, Lausanne University, Switzerland;](#) [Anik Debrot, Switzerland;](#) [Valentino Pomini, Lausanne University, Switzerland](#)

Phases in achieving an empathic stance within one session [Soile Satu Sinikka Tikkanen, Clinical psychotherapist and child neuropsychologist;](#) [William B. Stiles, Miami University, Oxford, USA;](#) [Mikael Leiman, University of Eastern Finland](#)

66.

Brief Paper Session

Moderator: Kevin John Robert Wright, SPR UK Chapter

Saturday | 14:45 PM--16:15 PM | Room 203 (45)

Anxiety disorders

Experiences of Cognitive Group Therapy for Anxiety and Depression in Danish Mental Health Services: a qualitative study. [Anne Bryde Christensen, University of Copenhagen, Denmark](#)

The effectiveness of brief therapy provided through an Employee Assistance Programme (EAP) in the UK: gender differences in changing coping strategies for managing stress. [Kevin John Robert Wright, SPR UK Chapter](#)

Obsessive-compulsive symptoms and personality traits in patients with diagnosis of Obsessive-Compulsive Disorder (OCD) and Generalized Anxiety Disorder (GAD). [Anna Cйтkowska-Kisieleyska, Department of Psychotherapy Jagiellonian University Medical College, Kraków, Poland;](#) [Krzysztof Rutkowski, Jagiellonian University, Kraków;](#) [Michał Mielińska, Jagiellonian University Medical College, Kraków;](#) [Jerzy A. Sobański, Jagiellonian University, Kraków;](#) [Edyta Dembińska, Jagiellonian University, Kraków, Poland](#)

Do they really protect our psychological comfort? Defense mechanisms as predictors of self-esteem and anxiety. Marta Mrozowicz-Wrońska, Jagiellonian University, Kraków, Poland

67.

Brief Paper Session

Moderator: Stig Poulsen, University of Copenhagen, Denmark

Saturday | 14:45 PM--16:15 PM | Room 209 (45)

Process and outcome

Echoing the Potential Space: Exploring the Content of Successful Psychodynamic Psychotherapies using the MATRIX Mor Bar, Tel Aviv University; Shlomo Mendlovic, Shalvata Mental Health Center; Amit Saad, Shalvata Mental Health Center; Noga Baron, Bar Ilan University; Dana Atzil-Slonim, Bar-Ilan University

Inter-session experiences and its association with in-session processes and outcome Thorsten-Christian Gablonski, University of Klagenfurt, Austria; Jennifer Kadur, University of Klagenfurt, Austria; Jonas Lüdemann, University of Klagenfurt, Austria; Luisa Wirth, University of Klagenfurt, Austria; Gabriele Lutz, Hospital Witten/Herdecke; Sylke Andreas, Alpen-Adria-Universität Klagenfurt

Using machine learning analysis to clarify the relationship between the content of psychodynamic psychotherapies and their outcome Amit Saad, Shalvata Mental Health Center; Uri Roll, Ben Gurion University, Beer Sheva, Israel; Shlomo Mendlovic, Shalvata Mental Health Center

The CROP study: designing an observational, internet-based study of psychotherapy in private practice Stig Poulsen, University of Copenhagen, Denmark; Line Rettig Lauritzen, University of Copenhagen, Denmark; Birgit Bork Mathiesen, University of Copenhagen, Denmark; Jan Nielsen, University of Copenhagen, Denmark; Jan Nielsen, University of Copenhagen, Denmark; Susanne Lunn, Copenhagen University, Denmark

68.

Saturday | 16:15 PM--17:00 PM | Large Hall A - Aula
duża (600)

*Moderator: Felicitas Rost,
Tavistock and Portman NHS FT*

**Closing Plenary - Unity and Separation -
future directions of psychotherapy research
across Europe**

Discussants: Svenja Taubner, University Hospital,
Heidelberg, Germany; Lynne Rigaud, European
Association for Psychotherapy; Krzysztof
Rutkowski, Jagiellonian University, Kraków,
Poland; Catalin Zaharia, Asociatia Mind Master;
Randi Ulberg, University of Oslo, Norway;

Saturday | 18:00 PM--23:30 PM | World Heritage Wieliczka Salt Mine
Departure from Auditorium Maximum – main entrance

Banquet

Index to Participants

- Abarca, Fernanda: 64
Abayed, Shiran: 55
Abey, Anne: 56
Acheson, Rachel Alice: 23
Açıl, Merve: 36
Acke, Emma: 36
Ahlers, Imke Eliese: 35, 64
Albano, Gaia: 36
Altmann, Uwe: 10, 36
Alves, Daniela: 28
Anagnostopoulos, Fotios: 29
Andreas, Sylke: 36, 55, 67
Andreassi, Silvia: 48
Apel, Marie-Kristin: 36, 61
Arndt, Alice: 46
Arnfred, Sidse: 36
Aro, Tuija: 24
Atzil-Slonim, Dana: 10, 13, 67
Avdi, Evrinomy: 23
Axelrad Levy, Tamar: 45
Aybeniz, Gozde: 36
Bar, Mor: 67
Bar-Kalifa, Dr.: 14
Barkham, Michael: 14, 27
Baron, Noga: 67
Bart, Fleur: 29
Basto, Isabel: 36, 63
Batista, João: 28, 36, 39
Benecke, Cord: 60
Berger, Thomas: 46
Bergmann, Jörg: 32
Bernt, Etty: 41
Besiroglu, Burcu: 36
Beyer, Klea: 55
Bhola, Poornima: 60
Boehnke, Jan R.: 44
Borcsa, Maria: 11
Boruchovitz-Zamir, Rotem: 16
Braga, Cátia: 39
Brähler, Elmar: 36
Brandt-Christensen, Mette: 36
Brauner, Felix: 48
Breivik, Randi: 47
Brenk-Franz, Katja: 36
Brogia, Emma: 14, 27
Bryde Christensen, Anne: 66
Bryniarska, Antonina: 36
Buchholz, Michael B: 32
Bülöw, Frederic: 25
Busse, Alexandra: 64
Byrne, Gerry: 26
Caragea, Alexandru: 34
Cardoso, Cátia: 14
Caro Gabalda, Isabel: 63
Castro Baltic, Barbara: 33
Castro, Rita: 28
Cavdar, Alev: 15, 34, 48, 59
Cevelicek, Michał: 36, 44
Chiari, Paolo: 57
Chichi, Mariagiulia: 57
Chie, Kimizuka: 36
Chryssafidou, Evi: 24, 63
Chubak, Lynda: 38
Cichocki, Łukasz: 62
Ciepliński, Krzysztof Mariusz: 35
Cierpka, Manfred: 26
Citkowska-Kisielevska, Anna: 42, 60, 64, 66
Cooper, Mick: 40
Cornelis, Shana: 29
Coşkun, Ayşenur: 36
Coutinho, Ana Paula: 36
Coutinho, Joana: 3, 13
Cunha, Carla: 15

Curtis, Rebecca: 16
 Cutolo, Anna S.: 10
 Cyranka, Katarzyna: 36, 55
 Dahl, Hanne Sophie: 47
 Daniel, Sarah: 49
 Dawson, Dave: 56
 de Felice, Giulio: 48
 de Queiroz, Raquel: 36
 de Roten, Yves: 36
 Debrot, Anik: 65
 Dehoust, Maria: 55
 Deisenhofer, Anne-Katharina: 10, 36
 Dejko, Karolina: 32
 Dembińska, Edyta: 42, 60, 64, 66
 Demir, Mehmet Emin: 59
 Demtschenko, Evelina: 36
 Deserno, Heinrich: 60
 Desmet, Mattias: 36
 Despland, Jean-Nicolas: 36
 Diamond, Gary: 12, 16
 Dichmann, Kirstine Højgaard: 36
 Dinger, Ulrike: 25, 30, 50
 Djillali, Slimane: 36
 Doll, Anselm: 34
 Duffy, Daniel: 15
 Dufour, Geraldine: 14
 Duncan, Charlie Emma: 27, 65
 Dwyer Hall, Holly Lee: 23
 Dzirlo, Larisa: 31
 Earley, Caroline: 15
 Efinger, Liliane: 65
 Egozi, Sharon: 12
 Ehrental, Johannes: 25, 30
 Eikenæs, Ingeborg Helene Ultveitmo: 47
 Eilert, Nora: 15
 Emiroglu, Ezgi: 36
 Enrique, Angel: 15
 Erbas, Gulbahar Eda: 36
 Ermergen, Sezgi: 34
 Esposito, Giovanna: 10
 Eubanks, Catherine: 37
 Evans, Chris: 40, 41, 50
 Evensen, Julie: 47
 Faccio, Elena: 38
 Farrugia, Marija: 40
 Fava, Emilio Domenico: 57
 Feixas, Guillem: 46, 50
 Feldman, Ruth: 10
 Feniger-Schaal, Rinat: 10
 Fernández-Navarro, Pablo: 39
 Ferreira, Ângela: 14, 33
 Ferreira, Helena: 39
 Fietz, Julia: 34
 Finsrud, Ingvild: 40
 Fleck, Leonie: 37
 Fonagy, Peter: 57
 Fragkiadaki, Evangelia (Eva): 29
 Franklin, Matthew: 15
 Fuchs, Anna: 37
 Fudge, Mark: 14
 Furchtlehner, Linda Maria: 41
 Furgat, Mariusz: 32
 Fusińska-Korpik, Agnieszka: 62
 Gablonski, Thorsten-Christian: 36, 67
 Galvano, Claudio: 57
 Gelo, Omar: 48
 Georg, Anna: 26, 31
 Gergov, Vera: 58
 Gilbert, Paul: 56
 Gilboa-Schechtman, Eva: 10, 13
 Gocek, Elif: 36
 Gonçalves, Miguel M.: 10, 28, 36, 39
 Gorzka, Robert J.: 16
 Grau, Antoni: 50
 grosse Holtforth, Martin: 44
 Grossman Giron, Ariella Katie: 42
 Gruber, Isabella Christina: 36
 Gruszczyńska, Ewa: 29
 Gültekin, Irmak: 34
 Gunduz, Ece: 36

Guřtak, Ewa: 36
 Haavind, Hanne: 59
 Haken, Hermann: 13
 Halfon, Sibel: 26, 36, 45
 Hall, Mila: 36
 Hartmann, Armin: 2, 31, 61
 Hauschild, Sophie: 31
 Hayden, Markus: 55
 Hayes, Daniel: 33
 Heim, Nikolas: 16, 64
 Heinonen, Erkki: 2, 59, 61
 Henkel, Miriam: 60
 Henriques, Margarida Rangel: 36
 Herrmann, Pauline Leonie: 36
 Hills, John: 44
 Holmes, Sophie: 45
 Horvath, Adam (Italy): 14, 38
 Huber, Dorothea: 60
 Hytych, Roman: 36
 Ioannou, Yianna: 17
 Janusz, Bernadetta: 11, 32, 36
 Jęda, Patrycja: 36
 Jęda, Patrycja Dagmara: 36
 Jennissen, Simone: 25, 50
 Johansen, Merete Selsbakk: 47
 Jozefik, Barbara: 11, 32
 Kächele, Horst: 9
 Kaczmarska, Anna Dominika: 36
 Kadur, Jennifer: 67
 Kaess, Michael: 37
 Kaiser, Jenny: 16
 Kajka, Natalia: 36
 Kapatais, Alexandros: 36
 Kappelmann, Nils: 34
 Karlinska-Nehrebecka, Milena: 41
 Katznelson, Hannah: 49
 Kaynak, Mehpare Selcan: 48
 Keffer, Andrea: 16
 Kivikkokangas, Sami: 24
 Klasa, Katarzyna: 42, 60, 64
 Kleinbub, Johann: 10, 20, 37
 Kloczek, Adam: 36, 44
 Knowles, Louise: 14
 Konop, Magdalena Anna: 36
 Kopf-Beck, Johannes: 34
 Kornhas, Lea: 31
 Krause, Mariane: 64
 Kress, Sandra: 26
 Krivzov, Juri: 29
 Kumpfan, Bettina: 36
 Kvarstein, Elfrida Hartveit: 47
 Kykyri, Virpi-Liisa: 11
 Laireiter, Anton-Rupert: 36, 41
 Laniusz, Karolina Maria: 36
 Larrea, Soledad: 23
 Lauritzen, Line Rettig: 67
 Leiman, Mikael: 65
 Linciano, Anna Daniela: 57
 Lingiardi, Vittorio: 49
 Löffler-Stastka, Henriette: 2, 17, 31, 41, 58, 61
 Lorentzen, Steinar: 36
 Lüdemann, Jonas: 67
 Lunn, Susanne: 49, 67
 Lutz, Gabriele: 67
 Lutz, Wolfgang: 10, 36, 46
 Magalhães, Carina: 39
 Maissis, Guy: 57
 Maoz, Hagai: 42
 Margola, Davide: 57
 Mariko, Sampei: 36
 Martínez, Claudio: 64
 Masaracı, Oya: 34
 Mathiesen, Birgit Bork: 67
 Matusiak, Feliks: 32
 Medeiros, Diogo: 39
 Medina, Joan Carles: 50
 Meganck, Reitske: 29, 36
 Mehrotra, Kanika: 60
 Meier, Deborah: 3, 42

Mellado, Augusto Pedro: 64
 Melo, Gysele: 14
 Mende, Fritz: 36
 Mendlovic, Shlomo: 67
 Messina, Irene: 61
 Michael, Katharina: 36
 Midgley, Nick: 36
 Mielimąka, Michał: 8, 9, 36, 42, 60, 64, 66
 Milhazes, Andreia: 39
 Milic, Branka: 58
 Miller-Bottomo, Madeleine: 37
 Moggia, Danilo: 46
 Møllerhøj, Jette: 36
 Monforte, Carla: 63
 Mostowik, Joanna: 36, 60
 Mrozowicz-Wrońska, Marta: 66
 Muntigl, Peter: 32, 38
 Muradoglu, Serra: 36
 Muran, Chris: 37
 Muzi, Laura: 49
 Nehrebecki, Andrzej: 40
 Neidhart, Ela: 41
 Neimeyer, Robert A.: 28, 39
 Nielsen, Jan: 67
 Nikendei, Christoph: 25
 Nissen-Lie, Helene: 40
 Nogueira, Daniela: 28
 Nogueira, Isabel: 36
 Normann-Eide, Eivind: 47
 Notaerts, Liza: 36
 Nuzzaci, Valentina: 57
 O'Keeffe, Sally: 36
 Ochs, Matthias: 33
 Ogrodniczuk, John: 8
 Oliveira, João T.: 39
 Oliveira-Silva, Patrícia: 13
 Oral, Rümeyza: 15
 Orlinsky, David E.: 2, 9, 19, 36, 43, 51, 61
 Orsucci, Franco F.: 48, 53
 Os Stølan, Liv: 36

Østergård, Ole Karkov: 50
 Ostrowski, Tadeusz: 36
 Özcan, Dilan: 15
 Palacios, Jorge: 15
 Palmieri, Arianna: 10, 37
 Paulick, Jane: 10, 36
 Pawelczyk, Joanna: 38
 Paz, Adar: 10, 13
 Pedersen, Geir: 47
 Peräkylä, Anssi: 11, 32
 Percy, Alan: 14
 Pereira, Alfredo: 13
 Pereira, Leonor: 63
 Pereira, Rui: 28
 Peri, Tuvia: 28
 Pinheiro, Patrícia: 28
 Pinto, Dulce: 14
 Polakovská, Lucia: 44
 Pomini, Valentino: 65
 Poulsen, Stig: 17, 49, 54, 58, 67
 Pourová, Martina: 44
 Powney, Deborah: 16
 Prevendar, Tamara: 58
 Pybis, Jo: 27
 Råbu, Marit: 47, 59
 Ramot, Guy: 41
 Reatto, Licia: 57
 Refaeli, Eshkol: 10, 13
 Regel, Stephen: 56
 Ribeiro, Eugénia: 14, 33, 36
 Richards, Derek: 15
 Richter, Felix: 31, 58
 Rigaud, Lynne: 18, 68
 Rihacek, Tomas: 36, 44
 Řiháček, Tomáš: 36, 44
 Roll, Uri: 67
 Rønnestad, Michael Helge: 2, 61
 Rose, Hayley: 56
 Røssberg, Jan Ivar: 47
 Rost, Felicitas: 4, 9, 18, 35, 57, 64, 68

Rothes, Inês: 36
 Roubal, Jan: 36
 Rubel, Julian A: 10, 36, 46
 Rugo, Michele: 49
 Rutkowski, Krzysztof: 18, 36, 42, 60, 64, 66, 68
 Ryan, Gemma: 27, 40, 65
 Rycroft, Claire: 56
 Rzeszutek, Marcin: 29
 Saad, Amit: 67
 Sabin-Farrell, Rachel: 56
 Sales, Celia M. D.: 1, 17
 Salgado, João: 15, 28, 63
 Sämman, Philipp: 34
 Sandmeir, Anna: 25
 Scarvaglieri, Claudio: 38
 Schauenburg, Henning: 25, 30, 60
 Scherner, Paloma: 36
 Schiepek, Günter: 20
 Schilling, Viola: 46
 Schindler, Jana: 37
 Schmidt, Stefanie J: 58
 Schoenherr, Désirée: 10, 36
 Schröder, Thomas A: 56
 Schröder-Pfeifer, Paul: 26, 31
 Schuster, Raphael: 41
 Schwartz, Brian: 10, 36
 Ściegienny, Aleksandra: 36
 Seilonen, Minna-Leena: 36
 Sell, Christian: 48
 Serralta, Fernanda: 36
 Shahar, Ben: 14
 Shalev, Idit: 34
 Shenkman, Geva: 41
 Shigeru, Iwakabe: 36
 Sikorska, Iwona: 62
 Silva, Sara: 15
 Silva, Vânia: 36
 Sjögren, Jan Magnus: 49
 Sobański, Jerzy A.: 42, 60, 64, 66
 Sørensen, Kristine Dahl: 47
 Soto, Marena: 64
 Sousa, Inês: 33
 Soysal, Ece: 36
 Staats, Hermann: 60
 Stangier, Ulrich: 10, 36
 Steven, Tatsiana: 35
 Stie, Eivind: 47
 Stiles, William B.: 9, 14, 24, 63, 65
 Stolorowicz-Melman, Dana: 10
 Storck, Timo: 48
 Strauss, Bernhard: 9, 10, 30, 36, 37
 Sumiko, Yoshida: 36
 Talia, Alessandro: 5, 12, 31, 37
 Tanner, John: 16
 Taubner, Svenja: 9, 18, 26, 31, 37, 54, 68
 Taurogiński, Bartłomiej: 32
 Teichman, Meir: 41
 Teichman, Yona: 41
 Terranova, Matteo: 57
 Tibubos, Ana Nanette: 36
 Tieghi, Laura: 49
 Tikkanen, Soile Satu Sinikka: 65
 Timulak, Ladislav: 15
 Tishby, Orya: 12, 45, 52
 Tomasiewicz, Aleksandra Katarzyna: 36
 Tomicic, Alemka: 64
 Triliva, Sofia: 29
 Tschacher, Wolfgang: 3, 9, 13, 20, 42, 53
 Tugberk, Canan: 36
 Türeli, Güler: 15
 Turker, Oyku: 59
 Turner, Afra: 14
 Tzur Bitan, Dana: 42, 55
 Ulberg, Randi: 17, 58, 68
 Ulvenes, Paal: 40
 Uzel, Aslı: 15
 van Rijn, Biljana: 24, 63
 Verdenhalven, Nia: 23
 Volkert, Jana: 31, 48

von Wyl, Agnes: 45
Vousoura, Eleni: 58
Vrabel, KariAnne: 40
Vybíral, Zbynek: 33
Wahlström, Jarl: 11, 36
Walczewski, Krzysztof: 62
Wampold, Bruce E.: 40
Weber, Rainer: 30
Wereszczynska, Kasia: 6
Wiegand-Greife, Silke: 60
Wielgus, Benita: 36
Wiesel, Ido: 14
Wilberg, Theresa: 47
Williams, Charlotte: 14
Willutzki, Ulrike: 2, 19, 36, 51, 61
Wilson, John: 24
Wirth, Luisa: 67

Wiseman, Hadas: 9, 12
Wittmann, Lutz: 16
Worrack, Susanne: 36
Wright, Kevin John Robert: 35, 66
Yokota, Yuuki: 36
Yuta, Takahashi: 36
Zaharia, Catalin: 18, 34, 68
Zakharov, Ilya: 7
Zakrzewski, Paweł: 36
Zalewska, Magdalena: 36
Zammit, Ivan: 40
Zanon, Marta: 37
Zeeck, Almut: 31
Zenger, Markus: 36
Zettl, Max: 31
Zilcha-Mano, Sigal: 42
Zimmermann, Dirk: 46