

The Society for Psychotherapy Research (SPR) invites submissions for the 51st Annual Meeting to be held in Amherst, Mass, USA, from Wednesday, June 17, to Saturday, June 20, 2020.

**Conference Theme:**

**Personalizing psychotherapy to its participants and moments**

In 2018, Norcross and Wampold summarized available evidence on how to tailor each treatment to the individual patient and his/her particular situation under the succinct heading "a new therapy for each patient". By choosing the theme for the SPR 2020 conference, "Personalizing psychotherapy to its participants and moments," we would like to encourage participants to further explore ways of tailoring treatments by their research. This does not need to be limited to tailoring to the unique patient, but also to the unique human being the therapist is, as well as to moment-by-moment change processes. For example, sexual orientation and gender have been identified as important patient characteristics having received too little research attention, so far. Also, advanced methods of capturing the complex interactions between participants' characteristics, therapeutic interventions, and process characteristics can be worth exploring.

We are looking forward to your many valuable submissions!

**Instructions:**

- Each participant may submit only one contribution as a first author in the following formats: brief paper, paper in panel, or discussant in a structured discussion.
- Each participant can submit only one poster as a first author.
- Each participant is asked to limit the total number of submissions to no more than five, including roles as presenter, moderator, discussant, or poster presenter.

**Pre-conference workshop:** If you would like to submit a pre-conference workshop, please contact the program chair, Martin grosse Holtforth, at "[martin.grosse@psy.unibe.ch](mailto:martin.grosse@psy.unibe.ch)". The total number of pre-conference workshops offered for SPR2020 will be limited to three.

**Conflicts:** Please tell us if there are any days/times when you are not able to present (for example, for observation of religion). Presentations will begin 8:30am Thursday, June 18th and end 6pm Saturday, June 20th.

**Problems:** If you have trouble with any part of the submission process, please contact Martin grosse Holtforth ([martin.grosse@psy.unibe.ch](mailto:martin.grosse@psy.unibe.ch)).