Wednesday, June 23

Auditorium	1	2	3	4	5	6	7	8	9	10	11
	Pre-Conference Workshops										
14:00-17:00	**Traditions and New Beginnings in Psychotherapy Research: The 50-year anniversary edition of the Bergin and Garfield Handbook of Psychotherapy and Behavior Change**	**Strategies for recognizing, addressing, and repairing ruptures in the alliance**	**Introduction to Latent Curve Modeling**	**Using Cross-Lagged Panel Models for Mechanisms of Change Research: An Introduction**			**Happy Tears: An Adoptee's Development of Identity through Reunification**	**Conceptual and analytical advances for core outcomes in psychotherapy research**	**Systemic and family therapy for social anxiety disorder: manual-based disorder-specific interventions and pilot randomized controlled trial**	**Working with the mind as an extension of online psychotherapy methods**	**Lighthouse MBT-Parenting Programme**
17:00-17:15	Break										
17:15-17:45	**Opening Ceremony**										
17:45-18:45	**Presidential Address—Growing a Psychotherapy Research Project**										
18:45-19:15	**Awards Ceremony**										
19:15-20:15	**Welcome Reception** (Virtual Meet Up)										
20:30-21:30	**Virtual Research Coffee Hour**										

Thursday, June 24

Auditorium	1	2	3	4	5	6	7	8	9	10	11	12	13	14
8:00-9:30	**Panels**													
	New developments in the personalization of treatments, measurement, and feedback	Individualized psychotherapy treatment for young people with mental disorders (TREATme)	Meaningful Moments in Psychotherapy: What is meaningful in psychotherapy?	New findings on psychotherapists' facilitative interpersonal skills	Enactments, Impasses, and Stalemates in the Psychotherapy Process	Research on Control-Mastery Theory	Clinical utility of countertransference identification	Advances in research on interpersonal synchrony	Rupture-resolution under the lens: tailoring the specificities of the alliance during the therapeutic process	Factors and process of change in child psychotherapy	Impact of COVID-19 on therapeutic practice	The assimilation of problematic experiences model: new challenges	Psychotherapy During Covid-19: Lessons from the U.S. and India	Physiological correlates of the therapeutic process and their association with outcome
9:30-12:30	**Workshop**													
	MBT - General Introduction and Specific Applications													
9:45-10:45			**Structured Discussions**		**Brief Paper Sessions**									
			The future of process research: What kind of methods for what kind of theories?	Mind the Research-Practice Gap: Researchers, Clinicians, and the Elusive Scientist/Practitioner	Psychotherapy & COVID-19 I	Alliance I	Therapist training and development I	Culture & identity	Personality					
11:00-12:30		**Panels**											**Panels**	
		The impact of therapist effects: Improving patient outcomes and therapists' wellbeing	"Young Outcomes": Why Psychotherapy Outcome Research Requires an Adolescent Perspective	Language use as an unobtrusive marker of mental health and psychotherapy outcome	Negative effects of psychotherapy	Current trends in contemplative and psychotherapy research	Adherence and dropout in psychotherapy with children and adolescents	Going beyond the alliance-outcome association: Advancements in research to further understand alliance effects on psychotherapy outcome	Quarantine, confinement, and social distancing due to COVID-19: meanings, effects, and coping strategies on Chilean and Peruvian populations	From the brain to clinical practice: bridging the gap between psychotherapy research and affective neuroscience	Alliance Ruptures and Repairs in a Group Context		What can we learn from synchronous body movements?	The impact of cultural differences and biases on the process and outcome of psychotherapy
12:30-13:30		**Meetings**												
		UK Chapter Meeting	EU Chapter Meeting											
12:30-14:00	**Lunch Break**													
14:00-15:20	**Panels**													
	Therapist Contributions to the Working Alliance in Psychotherapy	Understanding Patient Characteristics, Treatment Processes, and Outcome in a Comparative Effectiveness Study of Cognitive and Dynamic Therapies in a Community Mental Health Clinic	Contextual and clinical approaches to implementing routine outcome monitoring and clinical feedback – bottom up stakeholder perspectives	Using cross-sectional and longitudinal studies to personalize psychotherapy	New CBT Adaptations for Mental Health Services	Three large multinational surveys during the early months of COVID-19: stress, distress, psychiatric status, defenses, coping, and health-protective behaviors	Personalizing Psychotherapy: Aligning with the client	Individualizing treatments for personality disorders : empirical perspectives	From a Symptom-Oriented to a Person-Centered Approach in Treating Eating Disorders: How Identifying New Treatment Targets May Improve Therapy Process and Outcome	Becoming a psychotherapist: First Steps into the profession				
15:20-15:30	**Break**													
15:30-16:50	**Semi-Plenary**		**Semi-Plenary**											
	Bridging the past, the future, and breadth of SPR and psychotherapy research: Lessons and recommendations based on a 50-year legacy		What works for whom? Tailoring the therapy relationship											
16:50-17:00	**Break**													
17:00-17:55	**Structured Discussions**				**Brief Paper Sessions**									
	The art of and in psychotherapy: from theory to praxis	Memory reconsolidation in psychotherapy research	From individual to societal change: Discussing the response of psychotherapy research and SPR to climate change	The incorporation of telepsychotherapy into routine practice during the pandemic: Challenges for research and training of psychotherapists	Adolescents	Alliance in Teletherapy	Attachment & development I	Other	Treatment process and outcome I	Anxiety				
17:55-18:00	**Break**													
18:00-19:20	**Plenary**													
	Tailoring Psychotherapy to the Person, Context, and Moments													
19:20-19:30	**Break**													
19:30-20:30	**Meetings**													
	NA Chapter Meeting	LA Chapter Meeting												

Friday, June 25

Auditorium	1	2	3	4	5	6	7	8	9	10	11	12	13	14
8:00-9:30		**Panelss** (cols 2-8)								**Panels** (cols 10-14)				
		Outside the Box and Inside the Therapeutic Relationship: Epistemic Trust and its' Determinants in Psychotherapy.	Factors contributing to change in psychotherapy	In-Session Process in Psychodynamic Psychotherapy	The challenge of training psychologists: Proposals for supervision models to develop therapeutic skills	Treatment failure in psychotherapy: Perspectives on premature termination	Playing Defense – Assessment and Clinical Relevance of Child, Adolescent, and Parental Defenses and Personality Styles	How to Personalise an Internet Intervention?		Therapy's Matchmaking: The congruence in pre-therapy traits, attachment, and emotional regulation between the therapist & patient.	Psychotherapy Trainees' Quality of Life: Demographic and Personal Factors and Implications	Clinical Feedback Systems: Digging Deeper	Using routine outcome measures in practice	What's really going on here? The application of 3RS to elucidate negative process
9:30-9:45	Break													
9:45-10:45	**Structured Discussions** (cols 1-3)			**Brief Paper Sessions** (cols 4-8)										
	Principles for Guiding Common Factors Therapy	Honoring Professor Horst Kaechele	The Responsive Therapist in Different Therapeutic Approaches	Change process I	Attachment & development II	Psychotherapy - Specific Approaches	Qualitative I	Therapist training and development II						
10:45-11:00	Break													
11:00-12:30	**Panels** (cols 1-3)				**Panels** (cols 5-7)					**Panels** (cols 10-14)				
	Clinical trials of personalized treatment selection and adaptation approaches	Emotion Focused Therapy (EFT) in various forms – controlled trials on their effects and more	Exploring effects of the therapeutic relationship and its predictive relationship with treatment outcome		Therapists' emotions and their role in the client-therapist relationship and therapy process	Dyadic collaborative interaction: Contributes to understanding processes of change in cognitive behavior therapy	The Secret Sauce: What Makes Child Psychotherapy Work in Three Treatment Models?			Promoting change through resource activation and ambivalence resolution	Relationships between Contextual Factors and Psychotherapy Outcomes	Pandemic and Mental Health: therapist experience and changes in clinical practice	The impact of attachment-based interventions on interpersonal functioning and functioning in therapy for children and adolescents	Exploiting the Public Health Potential of Internet-based Interventions	Nonverbal synchrony in the psychotherapeutic process
12:30-14:00	Lunch Break													
14:00-15:20	**Panels** (cols 1-12)													
	Novel Understandings of the Working Alliance and Ruptures in Psychotherapy	Outcomes and Processes in Psychodynamic Child Therapy Amid a Changing World	Enhancing the treatment of depression with novel technologies	Conflict Analysis: Inpatient, online, and psychoeducational implementations	Adherence, Flexibility, and Technique Diversity in the Implementation of Psychotherapies	Who works for whom? Understanding and harnessing therapist effects in naturalistic mental health care	Synthesizing qualitative research	Monitoring the emotional and relational interplay of the therapeutic dyad	Barriers and gateways to healing: Negative self-associations, emotion regulation, and self-compassion as predictors of psychotherapeutic outcome in depression and anxiety	Genetic and Physiologic Markers in Psychotherapy Research: Integrating Neuroimaging, Physiologic, and Genomic Methods as Measures of Process and Outcome				
15:20-15:30	Break													
15:30-16:50	**Semi-Plenaries** (cols 1-3)													
	Attending to Power, Privilege, and Oppression in Psychotherapy Research	Studying Mechanisms and Moderators in Psychotherapy	Recommendations for a Transdiagnostic Clinical Practice Guideline on Emotion Regulation											
16:50-17:00	Break													
17:00-17:55	**Structured Discussions** (cols 1-3)			**Brief Paper Sessions** (cols 4-10)							**Meeting** (col 11)			
	Generating practice-oriented research: Guidelines from the integration of research/practice/training, implementation science, and community based participatory research.	Personalizing Psychotherapy by Using Case Formulation: A Research Challenge	Complementary Research Perspectives on Alliance Ruptures	Child & family	Evidence-based psychotherapies	Depression	Assessment	Practice-training-research networks	Change process II	Therapist training and development III	Interest Section Meeting: SPRISTAD			
17:55-18:00	Break													
18:00-18:55	**Meeting**													
	General Membership Meeting													
18:55-19:00	Break													
19:00-20:00	**Meeting**													
	Past Journal Editor's Meeting													
19:00-20:00		**Meeting**												
		Past President Meeting												
19:00-20:00			**Meeting**											
			Interest Section Meeting Child, Adolescent and Family Therapy (CAFTR)											
21:00-22:00	Student-Post Doc Virtual Trivia Night													

Saturday, June 26

Auditorium	1	2	3	4	5	6	7	8	9	10	11	12	13	14
	Panels												**Panel**	
8:00-9:30	Novel methods for bottling old wine: Biological and statistical innovations for studying interpersonal processes in psychotherapy	New Approaches to Better Understand the Process of Couple Therapy	Psychotherapy of depression and anxiety: challenges and solutions for treatment pathways	Going broad and going deep: research on how mentalizing relates to psychotherapy in different psychotherapy modalities and populations	Advances in psychopathology, psychosocial correlates and processes of change in personality difficulties	Trans-diagnostic client variables that impact outcome	Changes in Psychotherapy as a Result of the COVID-19 Pandemic	A new ROM for each country: Can we customize Routine Outcome monitoring (ROM) to National Health Care characteristics?	Ambivalence, Resistance and Engagement: The interplay between intra and interpersonal tensions in psychotherapy	Treatment and Subjectivity of Depression in Public Health and Primary Health Care (PHC)	Impacts of the Covid-19 Pandemic on Mental Health and Mental Health Care in Austria and Italy		International Students and Psychotherapy	
	Workshop													
9:30-12:30	When, why and how do patients change in psychotherapy? - Measuring, Predicting and Tracking Change in Psychotherapy													
		Structured Discussions				**Brief Paper Sessions**								
9:45-10:45		The role of the body in psychotherapy research – old wisdom and new directions	Systematic Case Studies in the context of COVID - 19 Pandemics	Training therapists in These Changing Times	Abusive Science	Process and outcome	Psychotherapy & COVID-19 II	Qualitative II						
		Panels												**Panel**
11:00-12:30		Examining the Effects of Therapist Attachment-Related Behaviors and Client Perfectionism on the Process and Outcome of Psychotherapy	Tailoring psychotherapy in children and adolescents by focusing on a dynamic network approach, developmental peculiarities and mechanisms of change	Using Event Sampling Methodology in Clinical Psychology and Psychotherapy to Better Understand the Development, Maintenance and Change in Mental Disorders	The Society for Psychotherapy Research Interest Section on Culture and Psychotherapy (SPRISCAP) Collaborative Project: Experiences of Depression Across the World.	Online, Blended, and Face-to-Face Therapy before and during COVID-19	The impact of the collective trauma from the COVID-19 pandemic on processes of affective and symbolic representation.	Research of therapeutic technique from common factor perspective: contemporary research projects	The Development of Responsive Therapists Through Training and Supervision: From Helping Skills to Assimilation of Life Script Themes	Personality Pathology: Findings and Implications for the Process and Outcome of Psychotherapy	Operationalized Psychodynamic Diagnosis (OPD-2) in Latin America: a Practice-Oriented Research Tool	Studies on psychotherapy training		Implementing Routine Outcome Monitoring. International Contributions.
12:30-14:00	**Lunch Break**													
	Panels													
14:00-15:20	Common and specific processes in dynamic psychotherapy – advances in the study of alliance, agency and insight	Relevance of family and group processes in psychotherapy with children, adolescents and emerging adults	Bringing clinicians and researchers together: Integrating research on and clinical implementation of principles of change in the treatment of depression	Changes of Reflective Functioning in Psychotherapy	The Challenge of Responsiveness for Research and Practice	Facilitating Access to Psychological Care: Adapting and Developing Remote Treatment and Assessment in the Context of COVID-19	Everything online? What do patients and staff want and need in times of Corona?	Meta-analyses of group treatment efficacy and mechanisms of change	How to personalize psychotherapy? Three distinct approaches	"It's not what you said, but how you said it": Voice characteristics in psychotherapy				
15:20-15:30	**Break**													
	Structured Discussion		**Structured Discussions**		**Brief Paper Sessions**									
15:30-16:25	Meet the Editors of the SPR journal "Psychotherapy Research"		Generating practice-oriented research: Guidelines from patient focus research, practice evidence, and practice research network	Tailoring or stitching? On the future of psychotherapy training	Alliance II	Change Process III	Alliance III	Psychoanalysis	Treatment process and outcome II	Mentalization				
16:25-16:30	**Break**													
	Panels													
16:30-17:50	Emotional activation of therapists during the Facilitative Interpersonal Skills performance task	Therapist Courage	Personalizing Psychotherapy for Clients at Risk: Assessment, Client Experience, and Treatment	Using Natural Language Processing and Machine Learning Approaches to Advance Psychotherapy Research	Adaptations of psychotherapy for depressed patients with specific vulnerabilities	Routine clinical assessment and feedback: Innovative approaches to assessments of psychotherapy process and progress	IMPLEMENT 2.0: A Comprehensive Trial of Cognitive-Behavioral Therapy for Generalized Anxiety Disorder	A dyadic framework for understanding and assessing countertransference feelings	Scrutiny in psychotherapy outcome research: Interindividual differences in treatment effects, risk of bias, and intensity of control groups					
17:50-18:00	**Break**													
18:00-19:00	**Past Presidential Address—After all these years…Are we progressing?**													
19:00-19:15	**Farewell**													
20:00-22:00	**Online Social Event**													